Remidten as C. 7 (1970)

Chapter 8

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at least party religious in its inspiration and rationale—

that a sapient human being, exercising free moral choice, chose

consciously to do wrong rather than right. And if Randall Kirk

had no recollection of killing Connie Spurrier did not his

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successful plea of insanity, namely, a lack of conscious wrong—

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about a man who could calmly snuff out the life of a woman he

said he adored?

I knew that while insanity was one of the chanciest and prickliest defenses in the whole broad arsenal of criminal defenses, that at least when it worked it possessed the enormous utility of being one of the most effective of all: it was a total defense. In this it was akin to the claim of self-defense in the realm of homicide; the two differed in that self-defense claimed justification, insanity excuse; in the former the defendant came into court saying in effect, "Yes, I killed the deceased but I had to in order to save my own life" while in the other he said, "I may have killed him, granted, but I didn't know what I was up to or that it was wrong, so please kindly excuse me."

Put another way, every punishable crime required two things, a criminal act done with criminal intent; if either ingredient was lacking the accused could not be held responsible. Just as self-defense went to the first element so too did alibi: "I couldn't possibly have done it because I wasn't there" while insanity went to the second: "I may have done it but I really didn't mean to be mean." All this was elementary, of course, apparent to even a moderately savvy first-year law student.

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The rub came when one tried to apply the defense of insanity to the "facts" in a particular case—especially when one's client couldn't remember what happened and his lawyer wasn't sure what those facts were.

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Old Parnell had recently put it this way: "Nobody can teach or learn all the law," he had declaimed. "All any law school can possibly do is help an aspiring lawyer to think like one." And so I sat of a Sunday perspiring in my waders trying to think like one.

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test of M'Naghten had become one of the most controversial and bitterly criticized in the whole tangled forest of criminal law.

I knew further that in Michigan—unlike in most northern

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defense of "irresistible impulse"—though in current psychological

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"Yes, I admit I knew I was doing wrong, but, alas, in my

addled mental state I simply couldn't resist doing it."

I was further aware the irresistible impulse and all the other enlightened legal devices designed to relieve against the claimed simplistic harshness of the prevailing "right and wrong" doctrine of M'Naghten—and there were many such devices— pretty well boiled down to the proposition that the rule of M'Naghten too much ignored the realities of modern psychological knowledge and progress; that it isolated and capriciously rewarded but one type or symptom of mental aberration—only that fortuitously

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I sighed and stirred in my hot waders and lit an Italian cigar. These esoteric ruminations on the ramifications of legal insanity were depressing me. And anyway how did any of this apply to the situation of poor Randall Kirk who had simply forgot that he had strangled his lady love and who moreover was presently manifestly as sane as, say, our own shrewd Judge Maitland?

I thought of my client sitting in his stinking cell poring despondently over his Sunday papers and rummaging in his paper bag. How could we possibly make out a plausible case of insanity for a man who could only keep telling the jury he couldn't remember? But a conscientious lawyer had to explore the legal waterfront, hadn't he?

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Especially when he had only the hazitat idea concerning the efficacy of any possible alternatives?

Another and bigger trout rolled below me but still I did not stir; this time I was in the midst of exploring some of the reasons why we shouldn't plead insanity in the case of People versus Randall Kirk. Let's see ... One, because in the present state of our case we lacked sufficient data; two, because under the law we would have to give the prosecution advance notice of our defense and thus tip our hand; three, and perhaps most serious, because all defendants pleading insanity in Michigan took a calculated risk because the state law provided, as did that of most states, that a defendant who was acquitted on such grounds might nevertheless be held and hospitalized indefinitelya legislative device calculated to discourage phoney pleas of insanity; four, because under an insanity plea the trial could rapidly become reduced to an expensive and uncertain war of opposed psychiatrists; five, because of the growing skepticism toward and reluctance of juries over allowing the defense; six,

because, win or lose, of the lasting stigma frequently haunting those who invoked the defense; seven, because—coming full circle—we lacked at the moment sufficient data to risk making such a chancy defense...

A tremendous splash in the pool below shattered my reveries, and I grabbed up my fly rod and plunged down the steep bank accompanied by a shower of sliding gravel. I waded in knee-deep chilled below the rise, my boots suddenly clamping tight against my there legs, busily paying out line in false casts until I had his range. Then I hauled back for the crucial cast and, accompanied by a wee prayer, sent the little dry fly out on its way.

The singing line sped forward, undulant as a fleeing serpent,
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Suddenly the mighty fisherman slipped and performed a curious shot into the air, possed for a moment in a built of suspended swan dive, matinee dance and then fell abruptly on his can, over his waders,

over his head, emerging gasping just in time to hear the faint ping of his leader and see his line go slack.

I had lost him.

I stood there looking and dripping and then I saluted the river with my rod. All was not lost; at least for several precious moments Randall Kirk and his case had been banished from my conscious mind. Even, poetically thought, M'Naghten Limbel acress had been forgotten. Then I sighed and specied the river and sloshed and squished my way back to my car where I knew I would find dry clothes and plents of wet bourbon. It had been a great day.

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the mans only chance," Parnell said; stifling a
garun, whereppy tired as we were the garen, wherefrent tired as we were, the two of us talked any and up about any enginationer case For intruth a flawyer with a ting case an his hands is life a man newly fallen in love: lie thing obsesses him, and whether hours shavingor bathing drafting a leave or downing a drunk, fishing orgenien fornicating, eternally he is bannted by his lovely baffling goldam case and explore it a title "Both Parnell and I know that while also one of left now in triminal law that when it worked it defende, In this it was abin to the claim of self defense in the realin of homicide; they differed in that self-defense claimed legal justification, mounty excuse I that in the former the accessed came into court in effect saying, yes, I killed the deceased unt I had to in order to save my com life while and he was mounted saying & "Fook, I may have billed him, granted, line I didn't know what I was doing or that ut was wrong,

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Rewritten + replaced (70)

Chapter 7

There is a certain high, lonely, wooded, water-blasted river bank overlooking a slow double bend on the Big Escanaba river, one of my favorite places, and that Sunday afternoon I sat there under the tall white pines in my waders, drinking in the sights and sounds and smells—looking at the sweep and rush and glitter of the broad river, listening to its subdued purl and gulp and gurgle mixed with the discreet strum of the pines overhead, smelling the hot resinous odor of the matted cushion of rusted pine needles where I sat—ostensibly looking for trout rises but really brooding about my case.

For in solemn truth a lawyer with a big case on his hands is like a man newly fallen in love: the thing obsesses him, and whether he is shaving or bathing, drafting a lease or downing a drink, fishing or fornicating, eternally he is haunted by his lovely, enigmatic, goddam case and by how in his wooing he might win it.

That Sunday morning I had visited my client at the jail

2 final in duplicate, please some of maybe making "Are you thinking of making some kind of insanity plea?" politely Parnell inquired, stifling a yawn. "Sort of," I said, spreading my hands. "What other chance has , sensely home the poor bastard got?" "Let's," I said, and tired as we were we talked helplessly began helplessly began and on exploring the tangled subject of the defense of insanity monthly rapidly in criminal law and its possible application to our client. For in solemn truth a lawyer with a big case on his hands is like a Thorugher man newly fallen in love: the thing utterly absorbs him, and mo maller what he is bathing or shaving, drafting a lease or downing a drink, fishing or even fornicating, every waking hour he is obsessed by his lovely baffling goddam case and how he might win finally he falls wheth it dependably it. And when he sleeps it haunts his dreams.

bare Parnell, a bit of a pedagogue at heart, was also a stickler for getting down to the hare fundamentals of any new legal situhe faced, he faced, that which ation, and so he began by reviewing what we both well knew, namely, the fact that that while insanity was one of the chanciest and prickliest of all criminal defenses in criminal law, it was when it worked also one of the best in that it was a total defense. In this it was akin to the claim of self-defense in the realm of homicide; they differed in that self-defense claimed # justification, insanity excuse, and that in the former the accused came into court in effect saying, "Yes, I killed the deceased but I had to in order to save in effect my own life" while under insanity he was instead saying, "Look, I may have killed him, granted, but I didn't know what I was doing or that it was wrong."

to put it another way, pard," I chimed in, "every punishable crime requires two things, a criminal act done with, a criminal intent, and if either ingredient is lacking there can be no criminal responsibility.

"Very good," Parnell said, spurring me on.

"And just as self-defense goes to the first element of any a crime--the criminal act--so too does alibi in which the accused in effect says: 'I couldn't possibly, have committed any crime, gulle of folks, because I wasn't there so insanity goes to the second element, the criminal intent, where he in effect says: 'I may have done it, folks, but I didn't mean to be mean. "

All this was elementary, of course, readily apparent to even a moderately savvy first-year law student, but Parnell and I also what was knew that the big rub came when one tried to apply the essentially the upper medical defense of insanity to the "facts" in a particular case—especially when one's client couldn't remember what happened and his groping lawyers weren't sure what the facts were.

"How about our chances for making the defense of irresistible impulse?" Parnell put in at this stage in our exploration.

In Michigan this was a possible defense under the general defense of insanity in which the accused in effect argued: "Yes, I know I killed the deceased and at the time I knew it was wrong but due mental to my addled/state I simply couldn't resist doing it."

We knew that the doctrine was aimed at ameliorating the alleged harshness of the "right and wrong" insanity test, still prevailing in most states, inherited from England following the advisory opinion.

we what knew that the defense of irresistible impulse (in modern psychological circles more often called "dissociative reaction") was aimed at ameliorating the claimed harshness of the off "right and wrong" insanity test—still followed in most states—of the famous and controversial English M'Naghten's Case, decided in 1843, wherein the House of Lords in an historic advisory opinion bluntly laid down that thenceforth the sole judicial test of mental responsibility for crime was whether the accused—I had learned the magic phrase by heart, even to the English spelling—"was labouring

-5-

under such defect of reason, from disease of the mind, as not to know the nature and quality of the act he was doing; or if he did know it, that he did not know he was doing what was wrong."

We knew too that still other jurisdiction had invented other legal pleas and devices aimed at relieving against the claimed simplistic harshness of the prevailing "right and wrong" test, most with the classic rule of which stemmed from the growing belief that the classic rule of M'Naghten too much ignored modern psychological knowledge and progress; that it isolated and capriciously rewarded but one type or symptom of mental aberration—only that which fortuitously involved moral blackout; and that consequently it tended to distort, restrict and ultimately pervert medical testimony on the issue of insanity, making a forensic game out of it as well as liars out of many who testified.

the "right and wrong" insanity test, was that if under M'Naghten

a mentally afflicted person who didn't know he was doing wrong

deserved to be excused from his crime, as the rule permitted,

wasn't that all the more reason for pitying and excusing the poor

tormented bastard who knew he was doing wrong yet still genuinely

couldn't help doing it. And so the battle raged...

"Parn," I finally said looking at my watch, "seems to me we still don't know enough about our case or our man to make any decision on insanity or irresistible impulse."

"Agreed," he said. "Pretty hard sledding to have a man who claims his mind was blank also to have almost try to claim he couldn't help doing what he did."

"Seems to me one of our big research problems," I continued,

"is to find out whether amnesia is ever a defense to crime, either

generally or under a plea of insanity."

· Parnell said

"Agreed, "And if he killed her by strangling, she being a healthy

below ambulant and

outdoor gal and all, he must have possessed considerable muscular coordination

and control-right?"

"Right," I said, "which in turn may suggest some form of sleepwalking." Then

"And if he can't remember what he did maybe he did it unconsciously."

"Yes," I said, making as though to get up. "So maybe not only

amnesia but some form of somnambulism and unconsciousness are smack in the middle of our case. Who's for bed?"

"Agreed," Parnell said, waving me back down. "But before we disband let's wrap up what we may have going for us if we should make an insanity plea."

"Let's have it," I said.

"First, isn't it elementary that criminal responsibility in motion our Western society is bottomed on the venerable nehow that a sapient human being, exercising free moral choice, consciously chooses to do wrong rather than right?"

"It certainly is," I said.

"So that if our man truly had no recollection of killing his lady love doesn't his case have at least one of the crucial elements of a successful insanity plea?"

"What's that?"

"Lack of conscious wrongdoing?"

"Seems like, pard," I said. "Very good, in fact."

"And isn't there something basically screwy and unbalanced about a man who can calmly snuff out the life of a woman he says he adored?"

"Rather," I agreed, unsuccessfuly stifling a massive yawn and again moving as though to arise.

"Just a few minutes more," Parnell begged. "Let's take a quick

gander at why maybe we shouldn't plead insanity. You first."

"Easy," I said. "We still don't have enough dope."

"Yes, and prof because under Michigan law, as in most states, we'd have to give the prosecution advance notice of our insanity rustle around and defense and thus tip our hand." "And that way also alert the other side to gather and prorebuttal medical and other testimony on the insanity issue," I came back. "True, Paul, and maybe worst of all because Michigan law, again like that of most states, provides that any defendant acquitted on indefinitely his successful plea of insanity may nevertheless be held and hospim is hoosegow emphemistically called a hospital for a tradized indefinitely—a legislative device calculated, as you know, e erimunally madere -to protect the public, and to discourage phoney insanity pleas." "Against that," I said, "is that here we have the rather (we selm to have a > obvious situation that our man is not now crazy and we could probably block any post-acquittal detention under a writ of habeas corpus or some such." "Possibly," Parnell agreed, pushing on. " and making an mounty plea might reduce the trial to an expensive and uncertain war of no ment this days sum psychiatrists." "Yes, and again because of the insanity defense, so many of which are phoney. " yes "I ran on " and because there have been outlandish and made made made many obviously phoney insanity pleas in the be the resent past that sheptical juross they growing

reluctant to allow any insanity defense.

"True, Paul, and further because, win or lose, of the lasting got up and stigma that often haunts anyone invoking the defense." If I made no composent but restead faces for the door. peopled and "Back to you," Parnell prompted me. "I've run out of gas," I said. "Moreover I'm heading home to the sack. Wanta ride?" "Nope, I'm staying right here, boy. Genna sleep on your sofa."

Sure but but butter you Better go home, Parn," I suggested. (I fm stayin) here," he repeated, wagging his head. "Goodnight, "Goodnight, David," I said, Jurching on my way. Chet."

Two Grand, please. Chapter 8 The next morning, Sunday, it was nearly noon before I showed up at the country fail in my frohing clothes. I found challing that the Sherif wallenstein on duty visiting with the his day juiler and, after our greetings, larranged to let me with the shiriff the henceforth visit my client up in his all, It will save all of us time and bother all around, "I told him. "and thanks for suggesting its also it want cost anylordy a deme." Call Ser C. 8, &1

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Chapter 7

There is a certain high, lonely, wooded, water-blasted river bank overlooking a slow double bend on the Big Escanaba river, one of my favorite places, and that Sunday afternoon I sat there under the tall white pines in my waders, drinking in the sights and sounds and smells—looking at the sweep and rush and glitter of the broad river, listening to its subdued purl and gulp and gurgle mixed with the discreet strum of the pines overhead, smelling the hot resinous odor of the matted cushion of rusted pine needles where I sat—ostensibly looking for trout rises but really brooding about my case.

For in solemn truth a lawyer with a big case on his hands is like a man newly fallen in love: the thing obsesses him, and whether he is shaving or bathing, drafting a lease or downing a drink, fishing or fornicating, eternally he is haunted by his lovely, enigmatic, goddam case and by how in his wooing he might win it.

That Sunday morning I had visited my client at the jail

2 final, please. I remonstrated, "But arent you overlooking, good "dedicated intelligate their time really tried to do a decent job of law inforcement." "You could count sem on the fingers
of one hand," Parnell came back, "and moreover to a man they got their ass beat! He showh his head. "It's the system that's throng, not the men who run for sheriff." "Its' the obsolete office that furning, not the meets and who run for it a the C8 P. 32