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Women's Lib Evidenced In NMU Summer Employment



Northern Michigan University coeds, Cheryl Kronemeyer (left), Spring Arbor, and Liz Delano, Okemos, prove that their thumbs are just as green as the men's. The NMU ground maintenance crew was made up of men only -- until Cheryl and Liz joined the staff. The girls are responsible for tending the grounds of the southern campus, which includes gardening, hedge trimming, and grass mowing. (NMU Photo)

MARQUETTE, Mich. -- Woman's liberation seems to have set a trend in summer employment at Northern Michigan University, as evidenced in the number of women working at everything from custodial jobs to ground maintenance.

Among those employed in what were traditionally men's tasks are Liz Delano, a sophomore from (4600 Comanche) Okemos, and Cheryl Kronemeyer, a Spring Arbor native and senior at NMU. The girls are employed by Northern's Operations and Maintenance Department and work with the ground maintenance crew. They are responsible for the weeding, tree trimming, and grass mowing of the southern campus.

"We love the job," the girls agreed. "And we were lucky to be chosen for it."

The two girls worked with the ground maintenance crew last summer also.

"I must admit, I was quite hesitant in hiring women for this type of work," says Max Muelle, grounds superintendent of Operations and Maintenance. "Ground maintenance has been traditionally men's work, and I

thought it would be too strenuous for women."

"We badgered Mr. Muelle for a month before he finally agreed to hire us," Liz says.

"I've come to find that the girls do a better job at tending the grounds than the boys do," Muelle notes. "Men seem to find the work too monotonous."

Because of a limited budget, only three women are employed by Operations and Maintenance this summer. However, women do seem to be interested in this type of work, as evidenced in the growing number of women who apply for maintenance jobs.

"Two years ago not one woman applied for maintenance work," Muelle says. "But fifteen women applied this summer."

The reason for this does not seem indicative of a lack of womanly-type jobs for the coeds; but a true liking for maintenance jobs.

"I was offered a secretarial job for the summer," Cheryl says, "but I refused it. I'd much rather be outdoors getting some sun and exercise."

"I agree that the women like the work," noted Muelle. "In fact, I

had a hard time finding a girl who would do our office work."

Northern Michigan University employs some 250 students during the summer months through student employment and the Work-Study Program.

Bacon Danger

(ZNS) The Center for Science in the Public Interest (C.S.P.I.) says that the most dangerous food in your refrigerator is probably that innocent-looking package of bacon.

The danger, says the center, is caused by the presence of "sodium nitrite," which acts as a coloring, flavoring and preservative agent in bacon. Small amounts of nitrite are not dangerous; but nitrite can combine with other chemicals -- either in the food or the stomach -- to form "Nitrosamines." And tiny amounts of "Nitrosamines" have caused cancer in every species of animal tested.

According to the Center, nitrites are found in many meats and fish -- but higher levels of the toxic Nitrosamines are found in bacon than in any other food.

Anne Sexton To Read Here

On Tuesday evening, July 10, at eight o'clock in IF 103 Lecture Hall at Northern Michigan University, the Pulitzer prize-winning poet Anne Sexton will give a reading of her own poetry.

Ms. Sexton, internationally known writer, is the author of six widely read and highly acclaimed books of poetry -- *To Bedlam and Part Way Back*, *All My Pretty Ones*, *Live or Die*, *Love Poems*, *Transformations*, and most recently *The Book of Folly*. She is presently at work on two new volumes -- *The Life Notebooks* and *The Awful Rowing Toward God*. Her publisher Houghton Mifflin will publish her *Death Notebooks* early next year.

Anne Sexton began writing in 1957. She studied at Boston University in 1959 and at Brandeis University in 1960. The same year she held the Robert Frost Fellowship at Breadloaf Writers' Conference. A Scholar at Radcliffe Institute for Independent Study from 1961 to 1963, she has taught creative writing at Radcliffe and Harvard. In 1963 she was awarded the first travelling fellowship of the American Academy of Arts and Letters, in 1964 a grant from the Ford Foundation for residence with the Charles Playhouse in Boston, and in 1965 she received the first literary magazine travel grant under the Congress for Cultural Freedom. In 1970 she was

awarded a Guggenheim Grant. She is a Fellow of the Royal Society of Literature in London. In 1967 she received the Pulitzer Prize for her book *Live or Die*.

Ms. Sexton is an Honorary Phi Beta Kappa at Radcliffe and Harvard. She holds the Honorary Doctor of Letters from Tufts University and Boston University.

Her poems have appeared in such magazines as *The New Yorker*, *Harper's*, *Hudson Review*, *Yale Review*, *Partisan Review*, *The Nation*, *Saturday Review*, *Poetry*, and *Encounter*.

Her *Play Mercy Street* was the first production of the American Place Theatre in New York in 1969. She has taught at Wayland High School, McLean Hospital and Oberlin College and is currently teaching creative writing at Boston University.

Anne Sexton's poetry reading is free of charge and open to the public.

The Old Timer



"Influence is what you think you have until you try to use it."

Orienteering Meet This Fall

LTC Allen D. Raymond 111, Professor of Military Science at Northern Michigan University, recently announced that his Department was hosting a United States Orienteering Federation meet in Marquette on September 22, 1973. It will be the first of eight national meets used to select the United States team for international competition.

Orienteering is a sport in which the competitors must find marked controls in unknown terrain with the aid of a map and compass in the shortest time possible.

An awards ceremony will feature sky divers and helicopters. The meet is scheduled to start at 8:30 a.m. on Saturday, September 22, 1973. The awards ceremony and sky diving will commence around 1:30 p.m.

An orienteering clinic will be conducted on Friday. The clinic will be taught by elite orienteers from the United States Orienteering Federation. The public is invited to attend the clinic.

For registration forms or additional information interested participants should contact CPT David Kline, the meet organizer, by writing to the Department of Military Science, NMU, or calling (906) 227-2236.



THE NORTHERN WEEK

Thursday, July 5 - Band Concert - Presque Isle band shell 7:30 p.m.
 Monday, July 9 - Film "The Birds" IF-102 8:30 p.m.
 Tuesday, July 10 - Anne Sexton poetry reading IF-103 8:00 p.m.
 Wednesday, July 11 - Marquette Choral Society summer concert Presque Isle band shell 7:30 p.m.
 Thursday, July 12 - Jam "Stash" Quad 1, 7:30 p.m.
 Band Concert - Presque Isle band shell 7:30 p.m.

WORKSHOP

NMU's Center for Community Education will sponsor a Workshop in Community Education for Upper Peninsula community educators, July 9-20, 1973, University Center. Components in Achievement Motivation; Vocational Education - Career Education; Michigan Educational Legislation, Funding, and Programs; Recreation, Behavioral Objectives; Senior Citizen Involvement; and Advisory Councils will be included in the Workshop. The Michigan Community School Education Association Board of Directors will meet in conjunction with the Workshop, July 12-13. Upper Peninsula educators will be invited to attend these sessions.

MISCELLANEOUS ACTIVITIES

Marquette County Historical Society Museum, North Front St., open 9 a.m. to noon and 1 to 4 p.m. Monday through Friday, except holidays.

National Ski Hall of Fame, Mather Ave., Ishpeming; open 10 a.m. to 4 p.m. daily through Labor Day.

Jackson Mine Museum, U.S. 41, Negaunee, just west of airport; drop by afternoons or evenings.

July 1 - Open House at Sawyer Air Force Base from 11:00 a.m. to 5 p.m.

July 4 - City of Marquette, parade and fireworks. 2:30 p.m. and dusk, respectively.
 July 4 and 5 - Old Fashioned Independence Day - Grand Marais July 5 through July 8 - Negaunee-Ishpeming Founders Day Celebration: Negaunee Day - July 5; Ishpeming Day - July 6; July 7 Day of Togetherness; and July 8 Pioneer Day.

Pictured Rocks cruises - Munising city dock. From July 1 to Sept. 1, 5 trips will be scheduled at 9 and 11 a.m. and 1, 3 and 5 p.m.

Supreme Court Will Rule On Marijuana

(ZNS) The United States Supreme Court will soon be asked to decide whether the lab tests used by police to identify marijuana are legally valid.

If the high Court finds that the pot tests don't work, most Federal and State anti-pot laws could be overturned. The case being appealed to the Supreme Court is based on an ingenious argument developed by San Francisco Attorney Michael Metzger and Harvard Botanist Doctor Richard E. Shultes. The Metzger-Shultes Challenge has already resulted in the acquittal of one marijuana defendant in Florida.

In a nutshell, is how the Metzger-Shultes argument works: Metzger and Shultes demonstrated that there is not one kind of "Cannabis" plant in the world - but three different types of "Cannabis" plants. There is Cannabis Sativa, Cannabis Indica and Cannabis Ruderalis. The catch is that virtually all A. S. Anti-Pot Statutes outlaw only "Cannabis Sativa," without even mentioning the other two plants.

Doctor Shultes has demonstrated that once leaves from any of the three plants are dried and ground up, there is no chemical method of determining from which plant the leaves have come. Thus, Metzger

and Shultes are arguing that people busted for possessing "Cannabis Sativa" might be in fact possessing the perfectly legal Cannabis Ruderalis. They insist that pot tests used by police simply cannot prove that most marijuana is, in fact, illegal.

Metzger took this argument to a S. S. Appeal Court in New York earlier this month - and won a partial victory: The three Judge Court acknowledged that the argument is valid, but dismissed the appeal on other technical grounds.

Metzger says he will now take his Cannabis Challenge to the U. S. Supreme Court within the next two weeks for a final decision ZODIAC

Dying's cheap

(ZNS) The cost of living may be skyrocketing, but the cost of dying apparently is not.

Amos Dunn, the president of the National Funeral Directors Association, complains that the cost of dying isn't keeping up with inflation. Dunn says that funeral prices have risen only 20 percent in the past five years, and that this is not enough for morticians to make a decent living-ZODIAC

A Personal Note On Anne Sexton



By Phil Legler

Note: Phil Legler is a poet and a member of the NMU English Department. His review of Anne Sexton's "Live or Die" appears in the May 1967 issue of "Poetry" magazine.

Northern students, even those who think they don't like poetry and who don't attend poetry readings, will want to hear Anne Sexton when she appears at Northern Michigan University on July 10th at 8 p.m. in IF 103 Lecture Hall.

I first met her eight years ago at a small college in Virginia, though I had met her in her poems years before that. She had come there from Weston, Massachusetts, where she lives, to read us her poetry, and on that occasion she was accompanied by her daughter Linda, for whom she has written several poems. It was April 22nd, 1966. Sitting across from her at the kitchen table, I sensed immediately that she was the most intense person I would ever know. Her intensity is what she calls, in one of her poems, a "weird abundance", and that word characterizes both the woman and her poetry. When I gave her a yellow tulip to take back to Boston with her, I thought she would eat it.

Now at age forty-five she is even lovelier than she was then, and she is more intense. And the poems she writes are more open, more varied, each one taking a risk of some kind, as if it were being pursued by death itself. Like the woman, the poetry is a constant struggle with the self and with existence. Over and over Anne Sexton writes, explores the abundance of her experience - her self, family, love, death, sex, religion. She has stayed with the major themes through six volumes of poetry and I couldn't guess how many hundreds of poems.

When she read at Northern Michigan University three years ago, the moment she walked on the

stage we could feel her presence; it surrounded us. She is all talent and a bundle of nerves. And there she stood, powerful and helpless, all by herself, all alone, reading her lovely and terrifying words. It was an experience I will never forget.

Over the years Ms. Sexton has fashioned a poetry both honest and personal, and the voice it speaks is the voice within us all. She reminds us of so many things - how painfully alone we are without love; how alone the young can be; her daily fear of cancer (her mother died of it); Jesus, the man; mother and daughter taking a nap together. She can be humorous as in "Woman with Girdle" or tender as in "From the Garden" or hysterical as in "Flight."

All of her poetry sings with the pain and joy of daily living - the death we feel when we hang up the phone after talking long distance; what to tell a daughter about her body's changing; the isolation a married couple feel - all the experiences that can cripple us. She knows that we are all addicts, that we all have hang-ups like tiny deaths. She knows, too, in one of the most beautiful collections of love poems I've ever read, the importance of touch; she is never afraid of her body, though it weighs her down. She knows about going barefoot, the nude swim, the red nightgown, a lover going back to his wife. Nothing escapes her eye or heart, even a "knee Song."

Retelling seventeen of Grimm's fairy tales, she knows that to be Cinderella and the prince is to be "never bothered by diapers and dust." She knows the folly of it all - of our existence, even of her writing her poems. In her latest work not yet published in book form, she knows the fury of the bone bag man, of earth, of sunrises and sunsets, of rain storms, of flowers and worms, of Sundays.

When Ms. Sexton read here three years ago, she left us stunned by her words and charmed by her beauty. Since then we have all gone around calling her Anne.

The Assassin

The correct death is written in.
 I will fill the need.
 My bow is stiff.
 My bow is in readiness.
 I am the bullet and the hook.
 I am cocked and held ready.
 In my sights I carve him
 like a sculptor. I mold out
 his last look at everyone.
 I carry his eyes and his
 brain bone at every position.
 I know his male sex and I do
 march over him with
 my iron finger.
 His mouth and his anus are one.
 I am at the center of feeling.

A subway train is
 traveling across my crossbow.
 I have a blood bolt
 and I have made it mine.
 With this man I take in hand
 his destiny and with this gun
 I take in hand the newspapers and
 with my heat I will take him.
 He will bend down toward me
 and his veins will tumble out
 like children . . . Give me
 his flag and his eye.
 Give me his hard shell and his lip.
 He is my evil and my apple and
 I will see him home.

Anne Sexton, From
 "The Book of Folly",
 1972

Permission to reprint given by
 Houghton Mifflin Company

In the current issue of the "American Poetry Review," Anne says that "On January 4, 1973, I stopped giving readings." Strange. Then she writes a column on the poetry reading as a freak show, on how people come to a reading to see what you wear or what you really look like, to hear your voice. Yet she also says that a reading is worth everything if she can reach that one person.

And she ends her article by saying "Who knows? Some day I may go forth on some jet to some college and look for that one person again and read my goddamned heart out."

Yes, that's Anne talking. Perhaps that one person could be you.

Free Abortions

(ZNS) The Denmark Parliament has passed a new law which provides for free abortions for all women living in Denmark.

Under the new provision, to take effect October 1st, the abortions will be free as long as they are conducted within the first three months of pregnancy in an accredited hospital.

There is one problem with the new abortion law, however; the provision requiring the use of accredited hospital facilities. Presently, there are not enough hospital facilities in Denmark to handle all requested abortions - and it's feared that there will still not be enough new hospitals completed to meet the demand on October first. This means that women waiting in line for hospital space may pass the three-month deadline, and be unable to obtain abortions-ZODIAC

Northern Experiments With Waitress Training School

MARQUETTE - At the request of Marquette area restaurant and supper club owners and managers, Northern Michigan University's Division of Continuing Education and Extension is offering a pilot program in Waitress Training.

Those restaurants and supper clubs choosing to take part in the program include the Coachlight Restaurant, Heritage House, Holiday Inn, Northwoods, Ramada Inn, and Wahlstrom's Parkway Restaurant.

Twenty-four waitresses and hostesses were chosen from the above restaurants and supper clubs to take part in the one-week course, concluding Friday at the Heritage House.

Topics covered in the course are personality, customer relations, the mechanics of service, duties and working relations, safety and sanitation, and team work.

"I believe the waitress training program -- and the exchange of ideas between personnel of the

various local establishments -- to be very beneficial to Marquette businesses," said Dick Lutey, owner and manager of the Heritage House.

"Afterall, our waitresses and hostesses are like a mini Chamber of Commerce -- ambassadors of the city."

Mrs. Ruth Lauzer, Menominee, is instructing the course. Mrs. Lauzer has had 25 years of experience in all facets of food service; and instructed a similar waitress training program in the Menominee - Marinette area.

Participating waitresses, owners, and managers will evaluate the course at completion.

"Although this is a first-attempt pilot program, I'm sure if the need is shown the program will be continued and perhaps expanded," said Ted Sell, director of manpower training and economic development at NMU.



TIPS TO WAITRESSES - Buffy Hammerlee, Heritage House, demonstrates the correct "order-taking technique" during a session of a Waitress Training course sponsored by Northern Michigan University at the Heritage House. Fellow classmates and area waitresses are (seated from left) Ellen Frost, Heritage House; Shirley Street, Wahlstrom's; Kathy Donohue, Holiday Inn; and Eunice Gregorich, Northwoods Supper Club. Course instructor Mrs. Ruth Lauzer, of Menominee, briefs Coachlight Hostess Patty McMahon in the background. (NMU Photo)

NMU Admissions Director Resigns

MARQUETTE, Mich. - James Hoffman, director of admissions at Northern Michigan University, has resigned to become director of public relations and admissions at Huntington College, Huntington, Ind., effective August 1.

Hoffman, who has occupied his present position at Northern since 1968, will also become executive secretary of the Huntington College Foundation.

"We at Northern appreciate Jim Hoffman's determined efforts on behalf of the University," said Dr. John X. Jamrich, NMU President.

"We can understand his desire to return to his alma mater and we wish him and his family well."

A successor to Hoffman has not been named.

Dr. Jamrich has named an eight-member advisory committee to screen candidates for the

vacancy created by Hoffman's resignation. It is chaired by R. Thomas Peters, assistant to the president for administrative affairs.

Hoffman, 36, was dean of students at Huntington College during 1967 and 1968.

Prior to that he was an admissions counselor at NMU from 1965 to 1967.

Hoffman received his bachelor of science degree from Huntington

College in 1959, and his master's degree from Eastern Michigan University in 1964, where he majored in counseling and guidance.

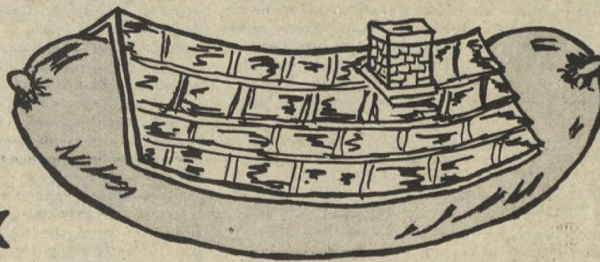
He is a member of the National Association of Collegiate Registrars and Admissions Officers, Michigan Association of Collegiate Registrars and Admissions Officers and National Association of College Admissions Counselors.



"He's waiting to greet the dawn of his promising future."

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You Only Laugh Twice . . . ☺

YOU ONLY LAUGH TWICE RETURNS, OR THE
HOOSIER SCHOOL BOY GOES TO GRAD SCHOOL

By Robert Colclasure

Five years ago, when I was a senior at Northern, I was supposed to write an article for the now defunct "Northern News", describing what profound feelings I was supposed to feel about graduation. The editor thought it would be a neat idea; since I had been writing a so-called humorous column every week, he thought it would balance things out if I wrote something serious for a change. Somehow, it didn't pan out, because the article deteriorated into an essay of mean jabs at a fellow columnist, Pete Fogo, whom I accused of being an advocate of bad spelling, poor paragraph structure, and bad breath. I did that because Pete was a better writer than I was and I was envious; besides, I was so damn happy to be graduating I couldn't take anything seriously anyway.

In addition, the stuff I used to write appeared in a column called "You Only Laugh Twice", and with a heading like that, nobody could expect anything serious. That column was a regular, or irregular, event; it depended on your bowel movement reaction to it, for in those days it was called "gutsy" writing. To go around writing tear-jerking articles about halls of ivy would have let down my reading audience. It was said my column was a great success. Student opinion polls showed that no less than three people read it a week, right after the Pizzeria ads.

Now that I have returned to Northern for summer school, I have noticed some changes, and maybe I can finish the article I was supposed to write five years ago.

Of course, the first thing I noticed was that Kaye Hall is gone. I am not sure whether it fell in on its own volition, or had help, but it's gone. Ah, there were many memories of the classes held there. Kaye Hall was an exciting learning environment; you never knew when it would adjust itself and send unquivering tremors coursing through its corridors, making professors grab the edges of the lecture stands with whitened knuckles and students take up positions like carrier-based fighters about to be launched through an impending hail of falling sandstone and dried pigeon droppings. Now the old edifice is gone, and the huge cavity in the well-ordered periphery of glass, aluminum, and brick of new classrooms and dormitories is like a missing incisor in a row of gleaming teeth.

The most fantastic new building is the library. It reminds me of the bridge of an ore boat that somehow stuck itself in the middle of the campus. No less imposing are the student aides in the building itself; before one can take a book out of reserve one needs the following: 1) student ID, 2) tuition receipt, 3) shot card, 4) a letter from your mother or nearest living relative, 5) photograph of right profile and fingerprint of fourth toe on left foot, 6) and certification from any qualified physical education instructor that you can successfully execute one (1) standing broad jump over a distance of 6'8". It is nice to know that some things have not changed; it is just as difficult to get an education now as it has always been.

Another obvious change is the style of dress of students. Many of the sources of satire which we would use for our articles lay in administration policy for governing the student body. Five years ago, bluejeans were not allowed in the cafeteria; room inspections were held once a week; holding hands and other forms of PDA's (public displays of affection) were punishable by three days in the stocks; drinking on campus was forbidden, and getting permission to live off campus when you were a senior was like trying to climb Mt. Everest in a pair of skivvies. Of course, nobody obeyed half of these rules, but their existence was ranking.

Now, it seems, the great issues of campus reform of our day have been resolved, which is, as they say, the "raison d'etre" (F) for a college newspaper. But I'm glad they weren't resolved when I was here as an undergraduate; first of all, there wouldn't have been much to poke fun at, and secondly I probably wouldn't have made it through school.

Girls are nicer looking now, probably because there is more to look at than when I was here last. The hardest thing to get used to is the language. Swearing used to be restricted, for the most part, to separate groups of males and females; now it is the vogue to let loose with epithets no matter who is around. One girl I overheard cussed worse than a drill instructor I once had; to re-pun a Shakespeare pun: "so foul and fair a dame I have not seen." It's the only bad change I've noticed.

But, it is good to be back at Northern. If you sit in the Union, or in your room, or under a tree, or anywhere where you can observe people in movement, you get a feeling for the place a sense of something good and true happening. It's taken me five years to realize it, and I had to travel all over the damn place to do it, but there is learning taking place here; there is no set pattern to it, or method, and it can't be dissected for analysis and slapped between the binders of some obscure journal for study, but somehow it works. Even though it seems to be kind of screwy sometimes, it works, because it is always changing and it is good to come back to it and be a part of it again.

I hope to be writing some more this summer if they will let me; I only hope it won't be five more years before I finish my next article.

NORTH WIND is Northern Michigan University's free and editorially independent student newspaper. Offices are located in Lee Hall. Telephone 227-2545. Editor: Don McLennan. Published weekly. Circulation 5,000.

DORM REFORMS: 73-74

By Mary Ann Ayres

Northern Michigan University students living in campus residence halls during the 1973-74 school year will enjoy the most liberal housing policy NMU has ever had.

After two months of negotiations among students, administrators, and Auxiliary Enterprises, the proposed housing reforms were enacted by Northern Michigan University's Board of Control during its March 22 meeting.

The new housing plan eliminates on-campus housing requirements for juniors with 56 or more credit

hours, seniors, students 22-years-old, those living with their parents or guardians in Marquette County, and veterans with at least one year of active duty.

New innovations in housing include one year contracts with a choice of meal plans. That is, if a student chooses to live in a room with one other roommate, he may contract to eat 20 meals per week in the cafeteria at a room and board rate of \$1,230; or he may contract 15 meals per week (excluding week-end meals) at a rate of \$1,170.

Triple occupancy of rooms is available on a voluntary basis --

and, of course, at lower rates. In a three-man room the student charge is \$1,180 per year for 20 meals per week; or \$1,120 for the 15 meal per week plan.

Single occupancy rooms are available in limited numbers at a rate of \$1,480 per year.

This fall, Carey Hall will be offering "room only" contracts without meals. There will be a mini-refrigerator installed in each room; and a kitchenette on each floor; however, the student may opt to purchase of separate, meal card. There are 160 doubles rooms available in Carey Hall at the rate of \$615 per year; and seven single occupancy rooms at \$865.

One wing of Spooner Hall is currently being renovated into studio-type apartments, with kitchenettes. When completed, 26 triple-occupancy apartments will be offered at \$670 per year, per student; three double-occupancy apartments at \$825; and three single apartments at \$1,275. These rates are exclusive of board, but the student may opt to buy a food card.

The other wing of Spooner Hall will consist of 51 singles rooms at a rate of \$1,480 per year for both room and board.

In an effort to keep on-campus living costs down, the Board approved a proposal to close down the University Center Cafeteria on Sundays, thus saving the cost of staff wages. Students may choose to eat in the Wildcat Den or down campus at no additional charge for the same menu choices.

In a like vein, again to keep costs to a minimum, one quad cafeteria will be closed on week-ends. Students from both down campus quads will eat in the same cafeteria. The cafeteria closed would alternate between the two quads.

What these reforms come down to in dollars and cents -- in a comparable double room with 20 meals per week -- is an increase of \$45 per semester over the 1972-73 rate.

Perhaps the most liberal measure taken by the Board was the expansion of co-ed living in the dorms. Two-and-one-half years ago an experimental co-ed living situation was initiated in the Maxwell House of Hunt Hall, in which carefully screened male and female students were allowed to live in alternate suites on the same floor. In view of the success of the experimental program, co-ed living has been expanded to include Left Bank House.

In view of the expected room and board rate increase and the numerous options the students are now allowed by the "dorm Reform," the "North Wind" staff feels the NMU Board of Control has kept the rate hike to a minimum and has made dorm life considerably more attractive. Credit is due to those committee members pushing for reforms. The list includes Brad Arnold, last year's president of the Residence Hall Association; Dr. Lowell Kafer, dean of students; Dr. Robert Maust, assistant dean of the Residence Halls program; Stan Walker, director of Auxiliary Enterprises; Dick Wittman, director of food services; Joanne Adamczyk, past vice-president of RHA; Bob Bennin, chairman of the RHA food service committee; and Don Benze and Don Watson, co-chairmen of the RHA housing committee.



Some innovative student chose to rename Payne Hall. Sources say the new name is not necessarily indicative of conditions therein.

Introductory Lecture On TM

Transcendental Meditation (TM) is a simple, natural way of allowing the human mind and nervous system to experience a state that is characterized by deep restfulness and relaxation on the part of the body and increased alertness and awareness on the part of the mind. The technique which produces this state is effortless, merely a different way of experiencing thought. It is not a situation of force, control, suggestion, concentration, or coercion. TM is a gentle method of producing a natural response of the mind and nervous system which seems to be just the opposite of the response evoked by pressure and a stressful environment.

Those who begin TM discover that they have always had available to them a natural way of relieving stress and tension and thereby gaining increased clarity and stability of mind, like taking a vacation twice a day, enabling

them to enjoy life more. TM is practiced while sitting comfortably with the eyes closed for 15-20 minutes twice a day.

Educators are becoming interested in TM as a method of simultaneously increasing a student's ability to learn as he is exposed to more and more knowledge in school. The accompanying improvement in student-teacher relationships is also welcomed. And the technique, which was initially of interest to large numbers of students, has since attracted not only their parents, but also people from every walk of life.

There will be introductory lectures on the technique of transcendental meditation on Tuesday, July 10, at 3:30 p.m. and 7:30 p.m. in the Iroquois Room of the University Center.

WANT ADS

Going someplace and you need a ride? Tell about it in the Want Ads--they're free.

Peanut Smith: You've made it for eleven weeks, don't start again now.

Multifilter Mary

Students are needed to work at WBKZ during summer school. No experience needed. If you are interested in volunteering, call Marilyn at 224-1846.

For Sale: AM-FM Zenith radio. Powerful. Call 227-2545.

Wanted: Reporters for North Wind. Must be talented, hard-working, and cheap.

FACTS ON GAS SHORTAGE

(ZNS) If you're worried about the reported gasoline shortage, you may be interested in the following facts:

+ Air Conditioners in cars reduce gas mileage by 20 percent on a hot day in urban traffic.

+ Automatic transmissions increase fuel consumption by six percent.

+ Steel-belted radial tires can save 10 percent on gas mileage.

+ An increase of 500 pounds in car weight reduces mileage by as much as 14 percent.

+ And the emission controls required for all cars in 1975 will increase gas consumption by seven percent.

These statistics were all compiled by the U. S. Environmental Protection Agency -- ZODIAC.