

# THE NORTH WIND



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## MQT resort opens earliest in decades



Photo courtesy of Andrew Farron

**SHOOPIN', SLIDIN' SLOPES**—Marquette Mountain invites skiers and snowboarders for its earliest opening of the year at 2 p.m. on Friday, Nov. 22. Regardless of recent warm temperatures, the resort workers predict a good turnout with the use of their snow machines.

By *Jessica Parsons*  
**opinion editor**

Thanksgiving break for Wildcats will be met with the opening day of Marquette Mountain on at 2 p.m. Friday, Nov. 22. This is the earliest in the season that the mountain has opened in quite a few years.

"This is the earliest we've opened in a decade or so. Snow-making has been way better than in the past," Marquette Mountain Marketing and Events Director Kyle Lafrinere said. "Our snow-makers and garage crew have been working tirelessly to put in the hours and effort to gang up and they've done an amazing job."

The whole mountain is unable to open due to warming tem-

peratures of almost 40 degrees this week, leading up to opening day, but the mountain will still have a few runs open. Workers predict that a decent amount of people still plan to head out and hit the slopes, regardless of temperature.

"We'll have a couple runs open for this weekend, then when the temperatures go back down to below freezing, that will allow us to get back to making snow," Lafrinere said.

Since February of 2019, new management practices under General Manager Andrew Farron have garnered excitement among those who enjoy outdoor activities, and now community members are looking forward to a new season on the slopes, Lafrinere said.

"Everyone, even in the community, was pretty hyped up and excited at the end of last year for the changes that were made and things that were put into place," Lafrinere said. "I think everyone is really excited to get out this year."

Working alongside Farron has boosted the confidence of Lafrinere, who took on his new position in marketing only a couple of weeks ago.

"Andrew is a guy [whom] radiates motivation and positivity. He's super gung-ho to make a difference at Marquette Mountain and [with] everything he does," Lafrinere said. "I knew him personally before taking this job, and everything he does is 110% all the time. He's a great person to work next to."

A change has been made in the cost of season passes. This year, two types of passes exist: unlimited (\$259) and limited (\$169). The limited pass may cost less, but includes a restriction against the ticket-holder preventing them from skiing before 4 p.m. on Saturdays and Sundays, whereas the unlimited pass has no "black out" days or restrictions, Lafrinere said.

Though these prices have increased from \$99 last year, Marquette Mountain passes are still cheaper than those surrounding resorts.

"At \$99 as they were last year, it was way too cheap and it wasn't sustainable for operations," Lafrinere said.

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## Inclusion, equity, diversity Campus discussion addresses gaps

By *Akasha Khalsa*  
**news editor**

Students can expect to see a flurry of small changes around campus as part of an effort to make the university more inclusive for its diverse student body.

These changes are likely to

come after a Thursday, Nov. 14 meeting that brought together policy groups on campus, to discuss how NMU can improve its approach on diversity.

The joint meeting came about after the Strategic Planning and Budget Advisory, which advises President Fritz Erickson on issues of campus interest, ended an Oc-

tober meeting with a discussion on how the university might better approach more inclusive holiday celebrations, Co-chair of the Strategic Planning and Budget Advisory Leslie Warren said.

This discussion of holidays, which came about at the end of the meeting, sparking interest in holding a meeting centered solely on issues of diversity. With the aid of Chief Diversity and Inclusion Officer and chair of the President's Committee on Diversity Jessica Cruz, the meeting brought together several groups on campus, as well as individuals positioned well to make tangible changes.

"We realized it would be more productive and much more interesting, rather than having these separate conversations going on about inclusion and equity and diversity issues, to have a joint meeting," Cruz said.

The groups represented included many faculty members, the president's council on gender and sexuality, the president's council on diversity, Queers and Allies student organization, the Diversity Student Alliance and ASNMU. Erickson attended, along with Director of Athletics Forrest Karr.

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# Low-income households receive energy assistance

By Jackie Jahfjetson  
editor-in-chief

With cooler temperatures already settling in the U.P., low-income households will be eligible to apply for financial energy assistance to help heat their homes this winter.

The Superior Watershed Partnership (SWP) received a total of \$2.46 million on Oct. 1 to help low-income households

with their energy assistance program services throughout the 15 counties in the U.P.

The Michigan Public Service Commission, in partnership with the Michigan Department of Health & Human Services (MDHHS), approved Michigan Energy Assistance Program (MEAP) grants totaling \$54.5 million. The SWP was one of nine recipients to receive state and federal funding for the fiscal year.

"It's a good feeling," SWP Program Manager Tonya Swenor said. "We've been able to help a lot of families. We've been able to help up to 2,800 families a year with their energy bills, energy education and also home-energy assessments."

This is the seventh year the SWP has been a Navigation and Referral Partner for the MEAP, and the organization hopes to continue this program, Swenor noted. Energy conservation is a

core principle the SWP tries to uphold, and by assisting people with heat and electric bills, the SWP can ensure that people will be more informed on their energy consumption, she said.

"It's important for us because we're here to help people in the U.P. and we're able to make a more rounded approach to help [people] with energy assistance as well as educational opportunities," Swenor said.

Households who have an energy crisis can apply for the State Emergency Relief (SER) program, either at their MDHHS office or online at MI Bridges through michigan.gov. Or people can visit the SWP to receive guidance at its office located at 401 E. Fair Ave. in the Lakeview Arena. MDHHS will then determine eligibility for Low Income Home Energy Assistance Program assistance. For those who qualify for SER energy services, they will be eligible for SWP MEAP direct payment assistance, such as the

Affordable Payment Plan (APP), Swenor said.

This funding allows for the SWP to help a family by giving them up to \$2,000 of energy assistance per year, and the APP allows for households to be put on a plan for 24 months without stressing over expensive bills, Swenor said.

"It's really good for the clients to be able to budget better for their other needs because we have some of the highest rates in the United States for electric, so a lot of families struggle here," Swenor said. "Sometimes they just need help with their bills once or twice and that's all they need to stay on track."

Without this energy funding, some households may not otherwise be able to stay in the U.P. due to the high costs of energy, Swenor added.

For information on energy assistance, call the SWP at 273-2742 or visit superiorwatersheds.org/energy-conservation.



Jackie Jahfjetson/NW

HERE TO HELP—The Superior Watershed Partnership's location at 2 Peter White Drive on Presque Isle is home to the initiative which aids impoverished families in the U.P. with financial assistance to help cover the energy

## GREEN GATE



Jackie Jahfjetson/NW

HOMEWARD BOUND—Students preparing to travel downstate over the Mackinac Bridge for Thanksgiving Break can expect relatively balmy conditions on the iconic green structure.

### Correction

In the Nov. 7 issue, Senior chemistry major Josie Mollohan was incorrectly quoted in the article, "New Lab for Student Research." The correct quote should have been, "I was making serial dilutions in my dreams two nights ago."

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# SAG opens first exhibit with cash prize

By Adan Mulwaney  
contributing writer

The Student Art Gallery, resplendent with its most recent student art exhibit, has been relocated from the University Center due to construction, and it reopened in Harden Hall in the Lydia Olson Library on Nov. 18.

The newest exhibit in the Student Art Gallery, "Bare," is an exploration of simplicity. It features many different types of media, such as photography, jewelry and paintings. A majority of the students who submitted to the show are current art students, but submissions were welcome from all NMU students. The most notable submitted projects were selected by the university.

"It's always juried by faculty

from the Art Building. People submit their work, and a juror decides what comes in, what doesn't, what's honorable mention and what's best in show," current Student Art Director for the exhibit and senior art and design major Bea Schuil said.

There are three to four art exhibits sponsored by the Art Department per year, each exhibit based around a new prompt given to students to stimulate their explorations within their own respective media.

"Bare" is the first exhibit hosted by NMU to award a cash prize—the runner up piece of art earned \$100 for the artist, and the best in show earned \$300.

"It's a great space for people to build their portfolio and gain experience showcasing their art professionally," Schuil said.

Senior photography major Maddie Pederson and senior psychology major Sydney Warren both have art displayed in the new exhibit.

"For me, not being an art major, it was great being able to create outside of [academics]," Warren said.

Warren is displaying a mixed media project, while Pederson's piece is a photography work.

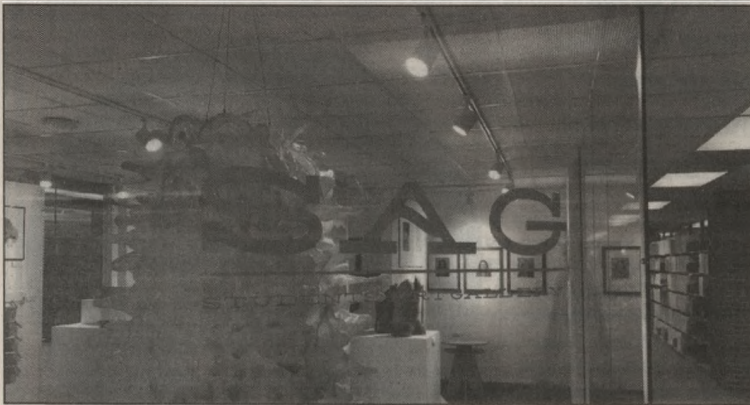
"The best thing for me was getting to create without being defined by grades. The whole university can submit here, which is super cool. You don't have to be an art major," Pederson said.

The exhibit will be free and open to the public from noon to 7 p.m. on weekdays and from noon to 5 p.m. on Saturdays. It will remain in place in Harden Hall until Dec. 6.



Adan Mulwaney/NW

**BEST IN SHOW**—Students submitted their own works of art to be judged by Art Department faculty with the goal of being displayed in the gallery.



Adan Mulwaney/NW

**NEW DIGS**—The Student Art Gallery (SAG) can be found on the main floor of the Lydia Olson Library, in Harden Hall. Entrance is free and open for students and the public.

## MEET

Continued from Page 1

"Each of these people will have ideas that they're going to take back, that they're going to think about, and bounce their ideas off of someone else," Warren said. "I have the feeling...that this is something [Erickson] will want to continue too. I suspect we're going to see more of these meetings where diversity and inclusion are topics not just of the president's committee on diversity but of everybody talking about tangible things we can do."

The meeting focused on broad issues of diversity, including LGBTQ+ initiatives. As an introduction, Cruz spoke on the difference between inclusivity and equitability.

The meeting then split into small group discussions, each group including university policy makers and students. Within these small groups, members of different bodies based conversations on simple questions about diversity. What does an inclusive and equitable campus look like? What can we do

to make more of that happen here? How do we continuously reaffirm our commitment to diversity, equity and inclusion?

Dean of Academic Information Services and co-chair of the Strategic Planning and Budgeting Advisory Committee Leslie Warren said these conversations aided in envisioning a new future for diversity on campus.

"We can lay out this vision, and then we can go into the conversation, as we did, and we can think about what would we change to get there," Warren said.

The joint meeting was held partly to solve the problem of little communication between different parts of campus taking actions toward the same goal.

"What was helpful about the conference when everybody came together was how many departments on campus were represented," junior History major and Director of External Affairs for ASNMU Logan Hartz said. Hartz said he hopes one next step might be changing bathroom signs from

the old unisex bathroom sign to a more inclusive all gender family bathroom with a mobile wheelchair design.

"There's a lot of momentum and folks willing to roll up their sleeves and get to work," Cruz said. "Quite a few things that came up that I think were tangible, that were action items."

Cruz is hoping a retreat with the diversity committees would come next. Another change she hopes to see would be the establishment of a diversity liaison in all departments to deliver support services for students with disabilities. Students would know who to go to receive help.

Warren also said she sees some things that can come out of it quickly. One of these practical and quick changes is faculty adding pronouns to signature blocks on their emails.

"These concepts are ones that are tied into the university's values. So we see this bigger context of giving voice to more issues relating to inclusion and equity. This is a piece of that. I suspect we're going to see more," Warren said.

## OPEN

Continued from Page 1

"If you were to look at other resorts in the area, we are still one of the cheaper passes. In the grand-scheme of things, [this is] a very reasonably-priced season pass for what you're getting."

The physical mountain may speak for itself, but there is a lot that happens behind the scenes that many community members don't get to witness, Lafrinere explained.

As far as marketing strategies go, the Marquette Mountain Instagram page is "actively growing," and talks have been going on indicating that there will be a Snapchat page started and maybe even a web-series similar to that of vlogging, Lafrinere said.

"We're really capitalizing on social media, [something] I feel has been lacking with Marquette Mountain in the past," Lafrinere said. "A monthly video or something of what's happening at the mountain [will help] people

see behind the scenes and be involved that way."

What people will notice right away, however, is the coming change in retail space and the efforts done to create a more inviting space for customer service.

"Last year, our retail space was up in the old Alpine Room. We moved our retail space back downstairs to a place we call 'guest services,' which will be like a sports shop and ticket office, all in one location," Lafrinere said. "That gave us back the Alpine Room for people to bring in their gear, have a place to put their bags and get ready."

Those who lived in Marquette last year witnessed a snowfall record that surpassed 200 inches, and though we can never be sure as to how much snow this winter will bring in, Lafrinere concluded, "The more snow, the better."

Season passes can be purchased in person or online at [marquettemountain.com](http://marquettemountain.com).

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# NEWS BRIEFS

## STATE NEWS

### Kent expecting first pot shop

Residents of Kent County in the Lower Peninsula can expect to see the opening of their first recreational marijuana shop, Meeds Cafe, as soon as the coming January of 2020, according to the store's owners. The shop will be located in Lowell, Michigan and will be placed in a former Family Video storefront on Main Street. Owners Scott Schroeder and Michael Atkins, who have opened another shop in a different location before, said they already have state pre-qualification for the business.

## NATIONAL NEWS

### Confederate statue removed

After 112 years standing before the courthouse of the small town of Pittsboro, North Carolina, a Confederate monument was removed in the early morning hours of Nov. 20. This action was the conclusion of many months of debate, conflict and occasional violence surrounding the statue's status in the town. The statue shows a Confederate soldier and was originally a gift from the town's chapter of the United Daughters of the Confederacy. It was placed by the courthouse on a license that was revoked in August.

## WORLD NEWS

### Failed election held in Israel

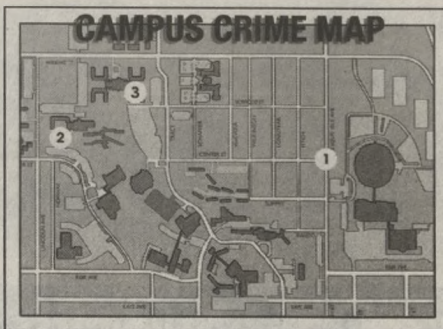
Israel has yet again failed to form a government, after two elections which ended in deadlocks and three attempts to form a government.

Centrist military leader Benny Gantz of the country's Blue and White Party has repeatedly attempted to remove Prime Minister Benjamin Netanyahu from his position due to the Minister's conservative policies. Netanyahu may be indicted on corruption charges by Thursday, Nov. 21, and it is likely that a third election will have to be held.

## WEIRD NEWS

### Puppy born with tail on head

A Missouri rescue group which specializes in dealing with dogs with special needs due to birth defects, injuries or abuse called Mac's Mission is currently taking care of a very special puppy indeed. The aptly-named baby Narwhal, a 10-week-old puppy, was born with an extra tail protruding directly from his forehead. He is receiving a great deal of media attention for this characteristic. The tail is not connected to his spinal cord, but it poses no health risk to Narwhal.



1. Minor in possession was reported at 7:20 p.m. Monday, Nov. 18, on Presque Isle and Center St.

2. Criminal Sexual Conduct was reported at 2:45 p.m. Friday, Nov. 15, in Spalding Hall.

3. Domestic violence was reported at 2:23 p.m. Friday, Nov. 15, in Mangers Hall.

# Visiting poets to electrify

By Jake Bekemeyer  
contributing writer

Two award-winning experimental writers will visit NMU this week to perform their new augmented and virtual reality show that incorporates poetry along with other forms of media.

The NMU Visiting Writers Series in conjunction with the math and computer science department and the extended learning and community engagement office will host writers Jen Scappettone and Judd Morrissey at 7:30 p.m. on Nov. 21 in Ballroom 1 of the Northern Center for their performance of "Lament: Or, The Mine Has Been Opened Up Well."

**"It's a great cross between electronic literature and performance art."**

— Rachel May  
Director of the Visiting Writers Series  
and assistant professor  
of English

Director of the Visiting Writers Series Rachel May said she is excited for this performance because it's unlike anything else they are putting on this year.

"It involves copper pipes in some way I don't know about yet, metal detectors, pennies," May said. "It is a great cross between electronic literature and performance art."



SCAPPETTONE

Scappettone conceived of the project out of a curiosity for where the copper was extracted from after learning about an abandoned manufacturing site. She decided to further her study of copper in the Keweenaw Peninsula, May said.

The night will begin with Scappettone and Morrissey discussing their creative process, and then they will begin the performance.

"There will be things on screen. There's a soundtrack. Different sounds will play at different times," May said.



MORRISSEY

Scappettone has published many works of art and poetry, including "From Dame Quickly: Poems," and her most recent publication, "Smokepenny Lyrichord Heavenbred: Two Acts,"

an e-chapbook designed to be performed live with Morrissey.

Scappettone has received a grant from the Civitella Ranieri Foundation, and a fellowship at the Stanford Humanities Center from 2018-2019. She is currently an associate professor at the University of Chicago.

Morrissey's works of digital literature have appeared in two volumes of the "Electronic Literature Collection." He authored the 2011 poem, "The Procession: An 80 Foot Long Internet Art Performance Poem."

He is a recipient of the Creative Capital/Andy Warhol Foundation Arts writers grant as well as the Fulbright Scholars award for digital culture. Morrissey is an associate professor of technology studies and writing at the University of Chicago.

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## EDITORIAL



Sam Rush / NW

### Have a restful, successful Thanksgiving break

We can all give thanks to Thanksgiving because our one week off is finally here.

Enjoy some food, time off, family, friends, being back in your hometown, etc. Enjoy it like there's no coming back. But, unfortunately, or fortunately for some, that time will come back and before we know it, December will be here.

It may motivate you if we mention that when you do come back, it'll be Dec. 2, and the second-to-last week of the semester will jump out like a surprise and a relief.

Because of that, though, it is important that you're encouraged to not be afraid to pick up your studies maybe a little bit over this Thanksgiving break. It will help your memory, if you have an exam to face when you return, or will help you get caught up to speed for projects.

Imagine it's half-way through the week after break, and you're

in panic mode and struggling to catch up with things you've put off. Sure, those mashed potatoes were delicious, but maybe not worth the frustration we should set ourselves up to face the week before finals.

You've worked all semester to finish strong, and no one is here to argue that breaks aren't necessary, especially for our mental health. But don't throw all of that hard work away for a turkey that will soon be digested.

Take a couple days to recharge. Let yourself process what's been going on since August. Don't even look at your work for a bit. Put it away. Cover it up. Do what you have to do to shut it out for a while, if permitting, of course.

Hydrate.

Sleep.

Slow down.

We're all about to dive off the academic deep end, but stop and make sure there's enough air first. Happy Thanksgiving.

## THE NORTH WIND

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### Colin Kaepernick's career in NFL continues to face hardships



Staff Column

Travis Nelson

I am conflicted on Colin Kaepernick and I can't describe it in another way. I root for the guy. I want him back in the NFL. Going into the stand or not stand for the national anthem thing is unnecessary, but that is what people think of Kaepernick. People don't think of him stunning Boise State as a college quarterback for Nevada, or when he tore the Packers' defense apart in back-to-back seasons in the playoffs. It's really a shame the path that he has had to go down since his last NFL game on Jan. 1, 2017, but he was given a new chance.

Last week on Tuesday, Nov. 12, the NFL announced that Kaepernick would be performing at a league-sanctioned workout at the Atlanta Falcons practice facility on Saturday, Nov. 16. After nearly three years of no opportunities, the NFL gave Kaepernick his new chance to earn a roster spot. To me, what Kaepernick did next was frustrating. Originally, 25 teams were scheduled to attend the workout, but on the day of the workout, Kaepernick switched the location to over an hour away because the workout wasn't allowed to be taped. He then proceeded to have a great workout and tell the media that the NFL and commissioner Roger Goodell need to stop running. Eight teams did make it to the workout even with the sudden changes, but I don't think there's any way that he will be signed.

Kaepernick had his chance, even though I thought it was more of a public relations stunt by the NFL than anything. He decided to do things his own way, and it will probably cost him a contract. I want him to be back in the league, but after this, does he even want to be? Obviously, it wasn't a guarantee that he would've got signed anyways, but he hurt himself more than helped himself.

I dislike the politics. I dislike the hate and distrust. The NFL did him dirty, there's no denying that, but at this point Kaepernick should be focusing on football and football only.

Nobody has questioned his talent or how much he belongs, but he has to give in to a point if he wants to be an NFL quarterback again.

I don't think he has to stand. I don't think that he has to stop believing in what does. But he needs to understand what the NFL is wanting of him. If he really wants to play that bad, he needs to show it, in my opinion. I would love to see him starting again, but it won't happen with the choices he is currently making. I heard earlier this week on ESPN, that Kaepernick is getting wrong information from his camp. He is not making the right football decisions currently, and that is what he needs to do if he wants another shot.

The NFL also wishes that Kaepernick completely conforms to what they want him to be, and I don't think that will or should happen. The league has screwed him over, he has been blackballed.

There is a lot of mistrust between the two parties, but the problem for Kaepernick is that the NFL doesn't have to give in at all. The ball is in the NFL's court, and that will have to be tough to swallow for him. It's either Kaepernick gives in a bit to the league, or he will remain out of it, in my eyes.

This is where the confliction comes in. I feel horrible for Kaepernick, but I am also very frustrated with him. He really needs to decide if he wants to play, but I think his intentions were made loud and clear by changing the time and location of his lone shot the NFL was probably going to give him. It is very unfortunate for Kaepernick, who has been wrongfully faded away from being a quarterback in this league.

Overall with injuries and bad players, there is no way that there are 32 better NFL quarterbacks than Kaepernick. He deserves to play on a team again with his talent, and most agree. It will ultimately come down to the trust issues between Kaepernick and the NFL, but it will be a tough bridge to rebuild. If he wants to play again, he'll build it right back up. If not, he'll continue to pour more gasoline on the fire of the burning bridge and the disintegration of his playing career.

# Pseudoscience doesn't belong in Title IX training



## Guest Column

Joan Roberts

Is Title IX training (for on-campus assault investigations) promoting unscientific assertions that could bias investigations? Is the foundation of that training sound, or does it lend itself to potential violations of due process? After 10 years of researching the abusive junk science of regressive memory therapy (that often circumvents due process), I was disappointed to read about similar pseudoscience interjected into sexual assault training, this time on some campuses through Title IX.

I contacted NMU's Title IX Coordinator, Janet Koski, who said, "When investigating allegations of sexual misconduct, the university strives to provide a fair and equitable process for all individuals involved that is consistent with federal law and guidance, and the university's sexual misconduct policy. NMU also strives to determine facts and assess the

credibility of the witnesses in each investigation and to provide due process to both the complainant and respondent."

Her department had a very informative display recently on NMU's campus with many handouts for students regarding sexual assault; however, according to numerous articles about Title IX, all campuses are not on board with facts. The Association of Title IX Administrators issued a position statement last month on "Trauma-Informed Training and the Neurobiology of Trauma," warning that training for the field is going in an "unhealthy direction." That same "direction" has been exposed for years in books, documentaries, news stories and court transcripts, crying for help to stop bad theories that emotionally and mentally harm.

The continued efforts fall on deaf ears, as the falsely accused unsuccessfully battle similarities behind current training trends. It is disheartening. Given proof of errors in more recent false allegation-related exonerations, the problem warrants a thorough investigation.

In a 2017 Atlantic article ti-

led "The Bad Science Behind Campus Responses to Sexual Assault," Emily Yoffe writes, "Rebecca Campbell, a professor of psychology at Michigan State University, has taught the science of trauma to law-enforcement officials and Title IX administrators," though Campbell "acknowledged that she is not a neuroscientist, but rather is translating others' work."

Considering past decades of therapy abuse and its supposed "science," bad law enforcement training, courts presented trauma misinformation, wrongful convictions and the destruction of families and children, Campbell's information should be inclusive of scientific evidence admissible in court. Even award-winning, expert witness and memory researcher, Elizabeth Loftus weighed in on the "trauma" terminology, saying that it "[s]ounded disturbingly like a return of 'recovered memory' theory, with some neurobiology thrown in 'to give luster' to the argument," Yoffe wrote.

If this problem is not corrected everywhere, then the accused can kiss due process or any hope of an unbiased investigation, good-bye,

## Title IX Defined

No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.

notwithstanding potential harm endured by already vulnerable accusers. They are not too dissimilar to psychologically-controlled memory therapy patient-victims, also vulnerable to suggestion, the crux of "trauma investigations."

Regrettably, Yoffe's comment regarding memory therapy abuse, "The frenzy eventually burned out . . ." is misinformation; there was never a "burnout." License boards and legislators will not regulate theory diagnosing, allowing for insurance reimbursement and state funding; therefore, if the trend continues with trauma investigations, the potential is real, not manufactured, that damages to accusers could mimic the

repressed memory false claims that have bilked billions from insurance companies and untold amounts from state funding. Reflecting on junk science history (1980s and 1990s satanic panic era) regarding incorrect interviewing (preceding social workers' theory beliefs) criminal justice courses could counter the problem with facts.

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## LETTER TO THE EDITOR

As a member of the Academic Senate, I participated in the discussion at last week's meeting about the proposal to end the requirement that most students at NMU need to complete a minor in order to graduate. (Despite last week's North Wind headline titled "Academic Senate chips away grad barriers by eliminating minors," this was not a proposal to "eliminate minors.")

The proposal—despite my eloquent rhetoric in opposition—passed. Thus, the requirement that students complete a 20-credit minor will, in most cases, no longer apply. I don't think this change will help us compete with other schools. I do think it will reduce somewhat the number of students who earn a minor, and that's a shame.

My late mother was "only" a Spanish minor, but she used her Spanish during her early professional life as an educa-

tor, as well as around the house with her children. What she learned in college enriched all of our lives and made us more curious about the wider world. Her example inspired me to take Spanish classes in college, and that is why I am teaching Spanish at NMU today.

So don't tell me that a minor can't make a difference in the life of a student—I know from personal experience that it can. I urge you, my reader, to consider broadening your intellectual horizons by picking up a minor. Of course, you may enjoy the courses so much that your minor turns into a second major. This pleasant transformation happens frequently to our language students.

To conclude: minors are very much alive and kicking, and they stand ready to enhance your academic experience at NMU.

Michael Joy  
Spanish professor

## LETTER POLICY

Letters to the Editor must include a full name, year, major and phone number for verification. Limit letters to 250 words or less.

All letters may be edited for grammar and length.

Letters can be mailed to The North Wind, 301 Gries Hall, 1401 Presque Isle Ave., Marquette, MI 49855.

Letters can also be submitted via email to editor.northwind@gmail.com, or through a website submission on www.thenorthwindonline.com.

## 'CATS COFFEE CORNER

RATING (5/5)



## SERIOUSLY GOOD VELODROME

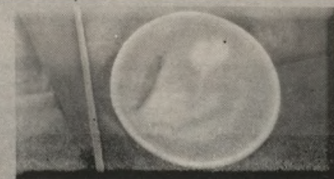
REVIEW AND PHOTOS BY DENALI DRAKE

The scream of the espresso machine greets me as I walk into Velodrome Coffee Co. in an attempt to drink something that is both warm and will wake me up. With finals just around the corner, I wanted to save some of the best for last, the coffee shop that has what I think to be the best all-around coffee in town. A nine spice latte and a black pepper mocha? Those kinds of drinks exist in the big city, but to find them in this small town is a treasure.

Drip coffee is available for a cool price of \$3 and as someone who only drinks drip in a pinch, this coffee is different. I sit in front of the giant window and enjoy the smooth flavors of the coffee. Now, don't get me wrong, almost always, I go for a sweet latte which goes up to \$5.50, more if you add oat milk (a must). A small transparent case holds assorted pastries. Sweet, healthy and savory choices offer a welcoming variety for the whole crowd.

This shop is a treat; you feel like you are taking care of yourself, and it is the ideal place to admire the fresh snow. The study space is not great, if you're choosing to bring simply a laptop, then you might get by, or a small book, but leave your Oxford History of Modern War at home. Velodrome is the place to write obscure poetry, finish that screenplay or sincerely just vibe out to your newest song playlist and enjoy a seriously good cup of coffee.

This minimalist chic meets small-town quirky cafe is located at 519 W. Washington St. so put it on your list to try before the new year.





# Celebrating intergenerational collegiate women

American Association of University Women honor second annual mentoring event

By Denali Drake  
copy editor

Ornate red curtains, white lace and gold statues adorned the Women's Federated Clubhouse, but this event was not your grandmother's tea party.

The American Association of University Women (AAUW) hosted their second annual Mentoring Women as They Launch Their Careers Event on Nov. 14 on West Ridge Street. The goal of the intergenerational event was to inspire conversation to promote a sense of community between the Marquette women.

The AAUW Marquette Chapter has connections that reach across city limits, and events like this are centered around students so that they can break into the post-graduate world feeling like they are not alone, NMU graduate student and co-chair of the event Taylor Susa said.

"This event is a way for students to have an outlet to the community, particularly in networking with professional women," Susa said. "We as college students keep to our own little box of campus so it's definitely something I wish I had when I was here."

They discussed their education and careers, the wins and failures that came along with both and acknowledging the differences in their generations. Ann Arnold, a current Marquette health profes-

**"My advice to women now is you need not take yourself so seriously, embrace change."**

— Ruth Ziel  
AAUW community member

sional, gave tips to students about the future of the workforce.

"Get ready, you will have three to five careers in your lifetime," Arnold said. "The old model that you will have the same career is gone."

The crowd was mostly community members with a few students sprinkled in, this enabled the group to not only focus on the future of college students but their future as well, in terms of retirement.

"In the 70s when you graduated high school you were expected to become a nurse, a secretary or a teacher," AAUW community member Ruth Ziel said. "My advice to women now is you need not take yourself so seriously, embrace change."

Some of the questions that were available for discussion were emo-

tional, such as: what scares you? Answers ranged from access to rural healthcare to birth to the safety of schools for children. Less weighted questions such as: name one thing you learned today, sparked a positive response from sophomore psychology major Hannah Kaull.

"I've learned how to be assertive, learning how to be okay with how I feel and expressing it," Kaull said.

Attendees were able to see how building friendships and connections between members who are 19 years old and some who are 80 years old could do in bridging the generational gap.

"This is totally something that I just mold right into, being able to talk and connect with people is something that fills me up inside," Kaull said. "Seeing this dynamic is super fascinating for me, you see people come from all walks of life, each person I talk to that is older has such a different story than the other."

The question of what you are doing next intrigued NMU '76 alum, Susan Payant. Now retired, she spends her days as a beekeeper, with over 20 hives to call her own that produce over 108 gallons of honey a year. In her spare time, she helps homeless women by making sure their basic needs are met.

"Life is so exciting, there are so many cool things to do," Payant said. "Now I have the opportunity to look at the women's movement and raise money to help them be successful."



Photo courtesy of the Central Upper Peninsula and NMU Archives  
**IT FITS**—In this archived photo from 1998, Miriam Hilton (left) and Jane Huibel, members of American Association of University Women, gather for a meeting where they showed off their hat collection.



Denali Drake/NW

**HERE'S TO LEARNING**—Women of various ages share wisdom about their collegiate and professional experiences.



Photo courtesy of the Central Upper Peninsula and NMU Archives

**THROW BACK STYLE**—Members of the American Association of University Women with their hat collection circa 1998.



Denali Drake/NW

**MADEYA LAUGH**—Ann Arnold (left), Barbara Trudeau and Barb Doubek share a laugh at the second annual Mentoring Women as They Launch their Careers event on Thursday, Nov. 14, at the Women's Federated Clubhouse.

# Happy Thanksgiving from the North Wind



Jackie Jahfetson/ Editor-in-Chief

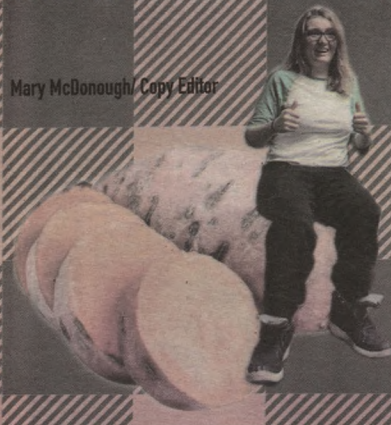
Ah, the belly of the beast. The day of giving began with the smell of giblets bubbling in a pot as my mom would dice up celery and onion ready to mix with her secret recipe of stuffing. As my mom would mix and line the empty base of the Butterball turkey with stuffing, as seven kids would help with the daily rituals of running a dairy farm—help our dad finish up the milking chores, feed calves, clean up and bed the cows, haul wood into the woodbox from the woodshed into our kitchen, shovel the freshly fallen snow and of course, help tidy up the house before the rest of the extended family came over for the finalized dinner. After five hours, my mom would unveil the golden prize from the oven. When she took the cover off of the roaster, a heavenly smell glazed the air. My uncle Gordon would hop over to tell us kids about his time as a National Guard in the 70s and the men would relive their deer hunting tales as my older sisters would pull out desserts and serve coffee after our bellies finally settled. The night would always end with us curled up on the couch watching reruns of "Gone with the Wind" or "It's a Wonderful Life."



Jessica Parsons/ Opinion Editor

Thanksgiving in my family has always felt like Christmas round one, a ton of food (buffet style), the same relatives over and sometimes even Christmas music. Usually, we have our Christmas decorations out at this point, too. At dinner, we go around the table saying something we're thankful for to get us in a thankful mood, then just chat for the rest of the night, enjoy some alcohol or coffee, depending on the person, and have amazing dessert always brought by my aunt and uncle. My favorite part is watching my dad prep the turkey. Not only does he have a fun, cheery attitude with a funny apron on, but being in charge of the turkey seems like such a big role, and obviously, the most important. I wonder if I'll be able to do that in my future if no one else will.

Mary McDonough/ Copy Editor



When I was little, I always sat at the dining room table and watched my mom, cousins and aunts zip around the kitchen. The older I got, the different jobs they handed me, arranging cheese trays, chopping vegetables and soon it settled on peeling potatoes. It was a quiet way that my grandma acknowledged I was growing up. Every year without fail, someone looks over my shoulder and quietly suggests that I could use more butter. Everyone trades stories and memories, ideas and other experiments from holiday dinners gone by. To this day, my favorite part of coming home is that afternoon by oven heat.



Akasha Khalsa/ News Editor

As we grew up, my cousins and I always maintained the tradition of shucking corn cobs while the rest of our family prepared the rest of our Thanksgiving feast. My two younger cousins and I would sit on the step of my aunt's McMansion and shove the yellow corn silk and long green leaves into paper bags, freeing the golden, sweet corn cobs to be boiled and seasoned by our moms and grandma. Although my cousins and I have somewhat grown apart through the years, this tradition keeps us coming together year after year to stoop on the porch steps and talk about whatever the last year has been like for each of us.



Travis Nelson/ Sports Editor

Every Thanksgiving, my favorite team, the Dallas Cowboys play. Once 4:30 p.m. hits, football takes over my day. We always eat at 4:00 right in between the games, so once we're done eating my focus can shift to going into the complete rage and emotional rollercoaster that is watching my favorite team play. My favorite Thanksgiving food is mashed potatoes with gravy, and my plate also consists of turkey, stuffing and dinner rolls. I always remember when I was younger how my cousins and I would play games or be completely oblivious in the background of my dad and uncles trying to watch the Lions-Packers game.

Denali Drake/ Copy Editor



I grew up with a very big extended family, so Malarkey Thanksgivings (my mom's side) were one of my favorite holidays of the year. My family would always make our take on cranberry sauce, which is chopped cranberries, walnuts, oranges and a bit of sugar. I looked forward to it every year and still love it to this day. In recent years I have been developing new traditions with my friends. We now run the 10K Detroit Turkey Trot. We buy fun turkey hats, brave the frosty temperatures and then treat ourselves to brunch after. Since we now live all across the globe, it's the best way to catch up and make new memories.



Maggie Dohy/ Features Editor

Thanksgiving has always been one of my favorite holidays, mainly because it offers a sneak peak into the Christmas festivities. When I was younger my mom's side of the family would get together to spend the day preparing food, catching up, reminiscing on old times and watching football. One of my favorite dishes at the huge feast is cornbread with actual corn kernels in it. There's a little sweet and salty and I like the mixed warm doughy bread with the corn kernel crunch. Thanksgiving always reminds me how thankful I am to have such a big, caring family and group of friends. I remember when I was younger my mom wouldn't let us listen to Christmas music until after Thanksgiving was over, so that made the day even better.



Sam Rush/ Layout Editor

I've grown to appreciate Thanksgiving more as I have gotten older. Now that I am unable to see my family and hometown friends as often as I would like to, the time that we do get to be together is cherished. My mom and I hate pumpkin pie so we always make our own apple pie, which is one of my favorite Thanksgiving traditions. Despite eating far too much food at dinner, there is always space for dessert. My families outlook is always "the more, the merrier" when it comes to dinner at our house, so every year there are different people who join us.



# Open mic night memorializes Toni Morrison

English department presents event for students, staff to recognize famous author

By Jesse Wiederhold  
contributing writer

Students, professors and community members gathered in Lydia M. Olson Library atrium Tuesday, Nov. 19, gingerly holding their favorite literary pieces written by the late author Toni Morrison to perform live readings in her admirable memory.

Many in attendance wished to read passages from Morrison's masterpieces like "The Bluest Eye," "Sula" and "Beloved." Everyone listened receptively throughout the event.

"Toni Morrison is one of the most important American writers of the 20th and 21st centuries," English associate professor Lesley Larkin said. "She really changed American literature quite dramatically by putting out narratives focused on the lives of black people, and written quite deliberately for black people."

Morrison addressed issues in society through her writing such as racial discrimination and class differences in a way that demanded to be heard by everyone.

Larkin said that Morrison gives responsibility to the readers, her work has a way of drawing attention to those responsibilities and

**"Her writing is beautiful, on a sentence-to-sentence level. It's lyrical and poetic."**

— Lesley Larkin  
English associate professor

nobody is left off the hook. Morrison's texts teach us to use language in a way that is life affirming, Larkin added.

"Her writing is beautiful, on a sentence-to-sentence level. It's lyrical and poetic," Larkin said. "It is full of arresting and concrete imagery."

Larkin highly recommends that everyone check out Morrison's work.

"When 'Beloved' came out, it really took the literary world by storm because nobody had ever done anything like that before," English Department Head Lynn Domina said.

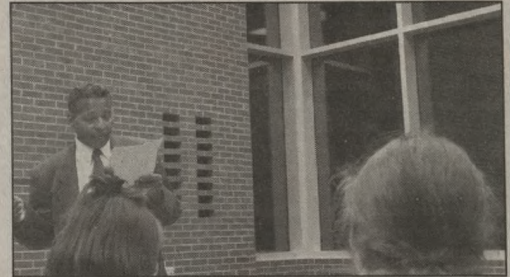
Morrison was an accredited writer, to say the least. She won a Nobel Prize for Literature in 1993, and her book "Beloved" also won a Pulitzer Prize in fiction in 1987.

"It incorporates this magical realism, but is really persuasive and readers had to really think about the experience of slavery differently," Domina said. "I think she really challenges us as human beings to act humanely toward each other. To think about how even some of the little actions we do can have a profound effect on someone."

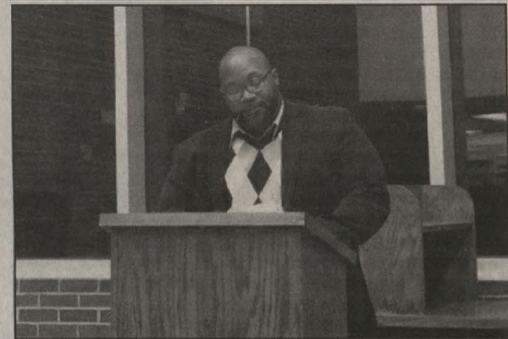
In 2010, Morrison was awarded the Presidential Medal of Freedom. This award was given for "an especially meritorious contribution to the security or national interests of the United States, world peace, cultural or other significant public or private endeavors," according to britannica.com.

Morrison passed away at age 88 and she left behind a legacy of fictional, as well as non-fictional knowledge. Her work serves as a vessel for issues of inequality to make way in the popular light.

As said by Morrison, "We die. That may be the meaning of life. But we do language. That may be the measure of our lives."



Jesse Wiederhold/NW  
AN ODE TO TONI—Political Science Department Head Carter Wilson reads a personal piece in memory of Toni Morrison at the open mic night Tuesday, Nov. 19.



Jesse Wiederhold/NW  
IN REMEMBRANCE—Keenan Colquitt, adjunct professor of political science, recites some of late author Toni Morrison's work during a memorial open mic night put on by the English department.

# Let's GROW

# WILD

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Also participate by helping fill the NMU Food Pantry!

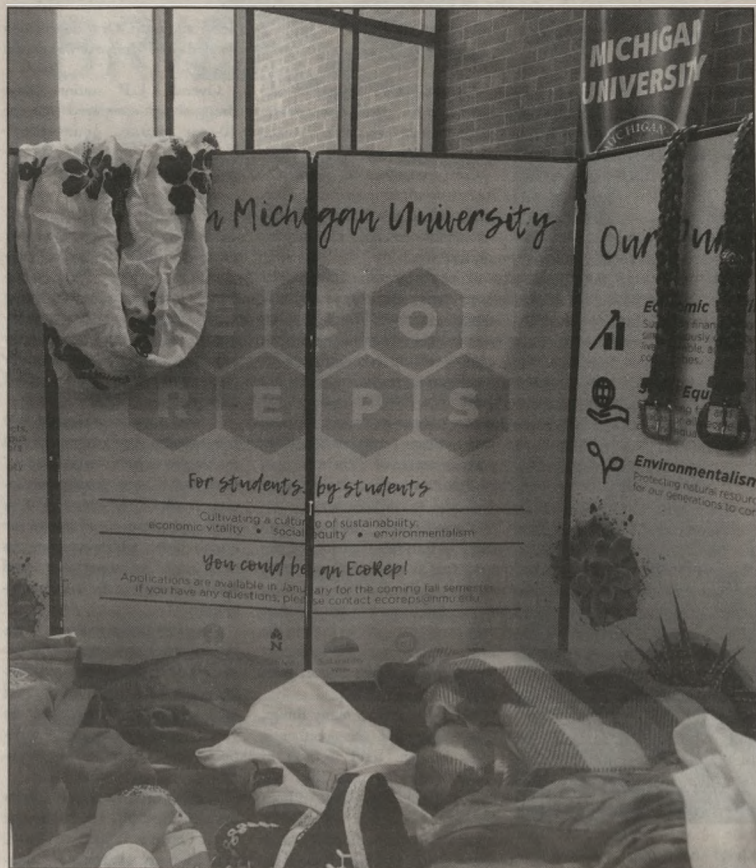
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NORTHERN MICHIGAN UNIVERSITY

# Thrifting to promote sustainable fashion

EcoReps hosts Clothing Swap for students to reduce waste, reuse attire, recycle



Maggie Duly/NW

FOR STUDENTS BY STUDENTS—EcoReps aims to promote, by peer-to-peer coaching and education, the club's three pillars of sustainability: economic, social and environmental.

By Maggie Duly  
features editor

Ever wonder how much waste is produced by the clothes on your back? It's probably a lot more than you think. Nearly 20 % of global water waste is produced by the fashion industry, according to United Nations Partnership on Sustainable Fashion and the Sustainable Development Goals.

EcoReps, a student led sustainability group on campus, has been doing their part to combat clothing waste with their reoccurring Clothing Swap in Jamrich Wednesday, Nov. 20. Junior communications major Heather Vivian EcoReps regular programming executive director helped organize the event.

"We did it to help promote sustainable fashion because fashion is actually the second largest polluter behind oil in the world. Promoting for people to buy used clothes and swapping clothes instead of buying new stuff and having stuff end up in the landfill is kind of the idea," Vivian said.

The student organization has four executive directors that are heads of individual committees—workshops, outreach, regular programming and campus-wide initiatives.

"There's three different pillars [of sustainability]. There's economic, social and environmental and all of our events, programs and work that we do is focused on promoting those pillars and trying to get more people aware and involved in how to help those issues," Vivian said.

The group began about three years ago after a campus-wide initiative was taken by the university president, said Megan Khodl senior environmental studies major

and member of the EcoReps advisory board.

"We are the student branch off of the sustainability advisory council here at Northern which is a group of faculty and staff that was appointed by the president to advise him on sustainable initiatives and efforts that need to be done on campus," Khodl said.

Clothing Swap is just one of the many events EcoReps brings to campus to practice sustainability with students. This is the second year the event has been on campus and this last event was the second time this semester. They plan on doing two more Clothing Swaps next semester as well.

"We usually partner with Pack Ratz which is the women's shelter downtown and we donate the excess clothing to that," Vivian said. "This time we have a lot of stuff so we might end up spreading it out amongst the different thrift shops around town."

Vivian said that they received a surprising amount of men's clothing this time around even though it's usually harder to get male participation.

Sophomore psychology major Emi Hunt did a little fall cleaning before break and brought lightly used clothes to the swap.

"The fast fashion industry uses a huge amount of water to produce and any way we can do our part and help out is important," Hunt said. "It's a great way to recycle and prevent still wearable items from going into landfills. All environmental reasons aside, it's fun to find unique pieces that you wouldn't find otherwise."

EcoReps will hold their last meeting of the semester at 6 p.m. on Tuesday, Dec. 3 in Jamrich 1311.



Maggie Duly/NW

TAKE IT OR LEAVE IT—Heather Vivian (right), EcoReps cohort executive director, staffs the Clothing Swap table in the Jamrich main lobby Wednesday, Nov. 20. Everyone is welcome to drop off clothes or come shop around for different items they might need.



Maggie Duly/NW

SO THRIFTY—Freshman sports science major Savanna Fassio picks out some clothes from the EcoRep's swap.



## BAGGIN' LESS BUCKS ON OPENING DAY

Firearm season kicks off U.P. holiday with fewer deer check-ins across region

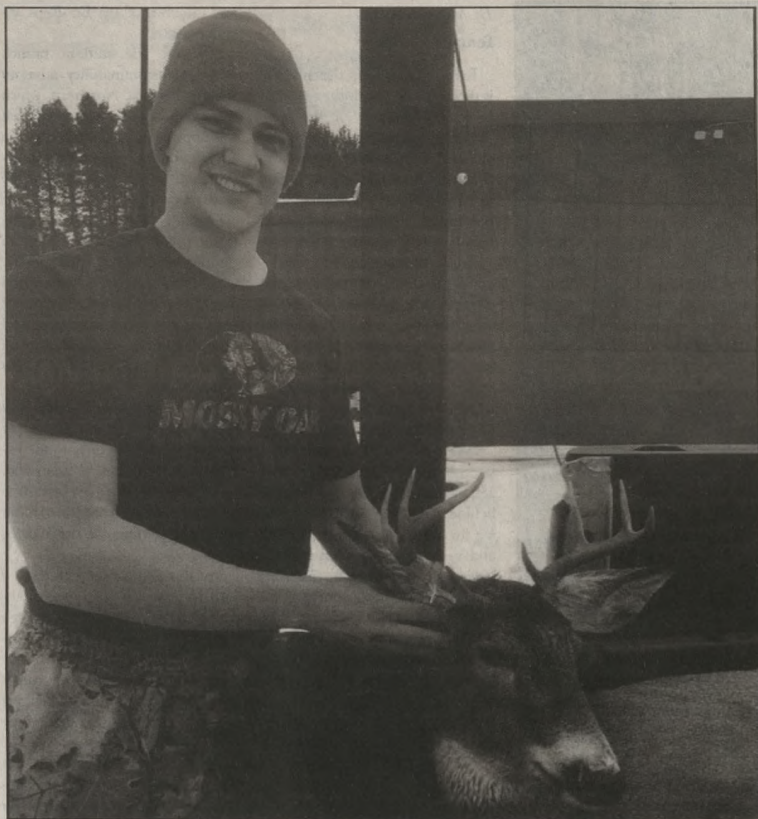


Photo courtesy of Jake Putala

**SHARP BROW TINES BUD**—NMU junior political science major Jake Putala bags an 8-pointer with a 15-inch spread around 8:45 a.m. Monday, Nov. 18, in Baraga County. The buck weighed 132 pounds.

By Jackie Jahfetsen  
editor-in-chief

Opening Day ignites an anticipation for many Yoopers and deer hunters who suit up each year with their orange and camouflage—regardless of the weather—in desire to scope out the biggest buck in the woods and with exercised precision, execute the perfect shot.

Though Opening Day sparked high hopes, deer numbers were down 4% from 2018 with 68 deer on Nov. 15 at the Marquette check station, according to a Michigan Department of Natural Resources (DNR) press release. Other stations in the U.P. revealed lower statistics compared to 2018, with decreases of 23% in Baraga, 18% in Newberry, 13% in Crystal Falls and 9% in Escanaba.

These figures, which are from Nov. 15 through Nov. 17, are still updating as more hunters check in their deer over the next two weeks and there are many factors that come into play to explain the lower percentages, DNR deputy Public Information Officer John Pepin said.

"It can mean so many things, like weather. If the weather is cold, hunters tend to stay in camp longer because they can leave their deer on a pole without having to process it," Pepin said. "But if it warms up and it gets in the 40s and 50s, you have a lot more people bringing in deer ear-

lier from camp. Or it depends on what day of the year the season starts."

Overall, U.P. stations have dropped but compared with the 10-year average, some check-points are seeing a boost including Marquette with a 24% increase, Pepin noted.

Along with seeing many slender bucks being weighed in at the Marquette station, several hunters have requested DNR biologists to extract the deer's lymph nodes to check for Chronic Wasting Disease (CWD) to allow for safe consumption, CWD Monitor and DNR Wildlife Assistant Mark Bash said.

"We're not in the Core [CWD Surveillance Area], but we're still looking to collect lymph nodes," Bash said. "So if people are concerned about the meat for their own consumption, we'll take the lymph nodes, which everyone has been really awesome about and [there's been] really good cooperation."

Core CWD Surveillance Areas include Dickinson and Menominee counties. Restrictions on baiting zones were put in place at the beginning of archery season on Oct. 1 and antler-point restrictions on deer combination licenses were waived in those areas.

Regular firearm season continues until Nov. 30. The Marquette DNR Office is located at 1990 S. U.S. Highway 41. For more information, call 228-6561.



Jackie Jahfetsen/NW

**TRUCK OF BUCKS**—Wildlife Assistant Mark Bash (right) helps tag three bucks—a 5-pointer, 6-pointer and an 8-pointer—Joe Baldasari of Gwinn brought in that his camp buddies took down near Dickinson County.



Jackie Jahfetsen/NW

**RIFLES, RACKS, BIG BUCK TRACKS**—The majority of deer checked at U.P. DNR check stations have been 2.5-year-old bucks and in good body condition with average antler development from 5 to 7-pointers. Overall, deer counts are down from the same time period in 2018, with a 4% drop in Marquette.

# SPORTS BRIEFS

## VOLLEYBALL

### 'Cats advance in GLIAC Tourney

The NMU Women's Volleyball team is the sixth seed in the Great Lakes Intercollegiate Conference (GLIAC) Tournament, and they drew third seeded Ashland University (AU) in the quarterfinals. In a tight match on Wednesday, Nov. 20, the Wildcats pulled off the upset in five sets by scores of 25-23, 20-25, 25-22, 21-25, 15-9. Now awaiting the 'Cats in the semi-finals is none other than the second seeded Michigan Tech University (MTU) Huskies. MTU defeated NMU both times in the regular season.

## MEN'S SOCCER

### Palmbaum named All-Region

After winning GLIAC Freshman of the Year, NMU freshman midfielder Ryan Palmbaum was named to the NCAA Division 2 Conference Commissioners Association (D2CCA) All-Midwest Region Second Team. Palmbaum totaled 22 points on the season for the Wildcats with eight goals and six assists. His eight goals ranked second all-time in school history for goals in a single season. The Rocklin, California native also had the second-fastest hat trick in NCAA Division II history when he scored three goals in less than four minutes against Upper Iowa University.

## MEN'S BASKETBALL

### Wildcats split games in Minny

In two tough games, the NMU Men's Basketball team went 1-1 on its two-game Minnesota road trip. Last week, Head Coach Matt Majkrzak called the University of Minnesota-Duluth (UMD) a "national championship contender". However, NMU hung right in the game with UMD on Friday, Nov. 15, as the score was tied 31-31 at halftime before the Bulldogs pulled away for the 84-62 victory. The Wildcats returned to action on Saturday, Nov. 16 against the Southwest Minnesota State University (SMSU) Mustangs, and after once again being tied at the half, picked up the win in this one by a score of 72-63.

## Wildcat of the week

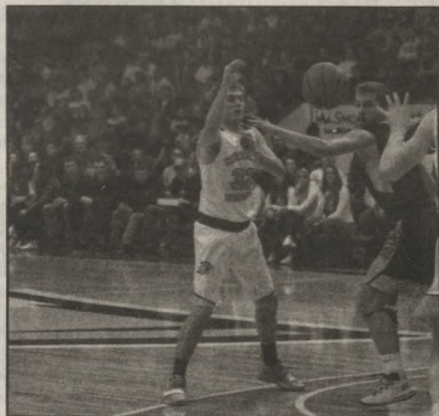


Photo courtesy of NMU Athletics

**SHARPSHOOTER**—Senior guard Marcus Matelski led the NMU Men's Basketball team to a victory over the Southwest Minnesota State (SMSU) Mustangs on Saturday, Nov. 16 with a career high 18 points. Matelski averaged 15 points per game over the weekend as he scored 12 points against the University of Minnesota-Duluth (UMD) on Friday, Nov. 15. The Boyne Falls, Michigan native knocked down a total of eight 3-pointers in the two games, and shot nearly 56% total from the field.

# 'Cats tied for WCHA lead

NMU splits tight series with Alaska-Fairbanks



Photo courtesy of NMU Athletics

**EXECUTING THE POWERPLAY**—Junior forward Joseph Nardi crashes the offensive end of the ice during his two powerplay-goal performance in the Wildcats' 2-1 win over Alaska-Fairbanks on Friday, Nov. 15.

By Travis Nelson

sports editor

In a battle for first place in the Western Collegiate Hockey Association (WCHA) standings, the NMU Hockey team split a home series with the University of Alaska-Fairbanks (UAF) Nanooks.

Both games came down to the wire, with NMU winning 2-1 on Friday, Nov. 15, and UAF winning 3-2 on Saturday, Nov. 16. Head Coach Grant Potulny was pleased with Friday's performance, and came away upset after Saturday's loss. After reviewing the game's film, Potulny said he feels good about the direction of the team.

"We're kind of trending in the right way again, we had a great week of practice," Potulny said. "I thought we played pretty good

on Friday. [On] Saturday there were moments we had to change, but you have to flush it too."

The 'Cats got off to a fast start in Friday's series opener, as two powerplay goals from junior forward Joseph Nardi gave them a 2-0 lead early in the game. UAF tried to claw back into it late in the game as a goal with 11 minutes left cut the lead to 2-1. However, the Wildcats fended off the Nanooks for the final half of the period, and held on for the victory.

Saturday's game didn't start out as well for NMU, as they trailed 2-0 within the first 10 minutes of the game. It was UAF who got an early lead and held on in this one. The Wildcats came back to tie it 2-2 behind goals by junior defenseman Ben Newhouse and

sophomore forward Ty Readman in the second period. UAF scored four minutes later to take a 3-2 lead, and that would round out the scoring.

The split between UAF and NMU leaves them both in a three-way tie for the WCHA lead with Minnesota State University-Mankato, who are ranked No. 1 in the country. After a tight series, NMU has another huge series coming up. It just so happens to be against the arch-rival Michigan Tech University (MTU) Huskies.

"They defend like crazy, if you look at their numbers, they give up two goals a game," Potulny said. "It's hard to win as an opponent when you only score two. We have to find a way to generate offense, they've won three of their last four games."

MTU comes into the series with a record of 5-6, including a sweep last weekend over the Lake Superior State University Lakers. The unique part of this rivalry is that it is a home-and-home series, where each team hosts one game of the two-game series. Potulny said he's waiting to see how his team will react to being on the road for a game in nearly a month.

"I'm looking forward to a different environment, being home for a month is a long time. I'm excited to go on the road," Potulny said. "I really look forward to this rivalry now that I can appreciate it to the level that I think being a part of it for three years now you understand it, and I think it's a great time for us to play them."

Puck drop between NMU and MTU in the first game of the series begins at 7:07 p.m. on Friday, Nov. 22 in Houghton. The Wildcats host the second game at 6:07 p.m. on Saturday, Nov. 23 inside the Berry Events Center.

The North Wind  
is looking for

# Sports Writers

Inquire at

sports.northwind@gmail.com

# Offense sputters in Minnesota road trip

Women's Basketball drops two games against Minnesota State and Minnesota-Duluth

By Travis Nelson  
sports editor

After averaging 44.5 points per game in two games in Minnesota, the NMU Women's Basketball team is looking to improve their offense as the season carries on.

The Wildcats drop to 1-3 on the young season after falling 83-57 against Minnesota State University-Mankato (MSU) on Thursday, Nov. 14, and 45-32 to the University of Minnesota-Duluth (UMD) on Saturday, Nov. 16. Head Coach Troy Mattson talked about his team's issues on the offensive end from the two losses.

"It was an offensive struggle all weekend for us, how will I sum it up? We're not even going to worry about Thursday because that's not the way we're going to play," Mattson said. "We got caught up in a game that we don't want to play that way, and I allowed us to play that way. We learned a lot from it."

Under Mattson, the Wildcats are a defense-orientated team, and got into a scoring match

against MSU, and that isn't the Wildcats style. Mattson said that his teams haven't been built that way over the past couple of years, and that is why it is important for the 'Cats to play great defense. NMU committed 26 turnovers in a fast paced game, and MSU capitalized with 24 points off of turnovers. The Mayericks outscored the Wildcats in all four quarters, resulting in a 47-35 halftime lead and 83-57 final score.

Junior guard/forward Lexi Smith led the Wildcats in scoring with 13 points in just 16 minutes, making four of eight shots. Senior forward Erin Honkala also scored in double digits with 10 points along with six rebounds. Junior guard Amber Huebner had an efficient game for NMU with eight points, five assists and five rebounds. The team shot just 5-25 from the 3-point line for a total of only 20%. The 'Cats looked to shoot better in its next game against the UMD Bulldogs, but the shots weren't falling all weekend.

NMU only shot 27.5% from

the field in the 45-32 loss to UMD, but Mattson was pleased overall with his team's play as they played good defense and that style fits the team.

"We made our adjustments on Friday and came back and played against Duluth, which is the telltale of what we're trying to accomplish here, and I thought we played really well," Mattson said. "For this point in the season we played well against Duluth, we held them to 45 points, that's a good basketball team. The problem was we just had this nightmare evening of putting the ball into the basket, and it just didn't go in."

The Wildcats had three quarters where they scored in single digits, and found themselves trailing 26-13 at halftime after only scoring five second quarter points. Both teams scoring 19 points in the second half, and that gave the Bulldogs a 13-point victory. Preseason All-GLIAC senior forward Jessica Schultz struggled on the weekend for NMU, combining to shoot 2-20 in the team's two games. Honkala had another good outing, posting 11 points and nine rebounds.

Northern will now take its home court for the first time of the season, as St. Cloud State University (SCSU) and Concordia University-St. Paul come to town on Saturday, Nov. 23 and Sunday, Nov. 24. Mattson said that both teams bring similar challenges that last weekend's opponents did.



Photo courtesy of NMU Athletics

**BETTER BASKETBALL**—Senior forward Erin Honkala drives to the basket during a game in the 2018-19 season against Lewis University. The Wildcats are looking to rebound on the offensive end.

**"The problem was we just had this nightmare evening of putting the ball into the basket, and it just didn't go in."**

— Troy Mattson  
head coach, women's basketball

"Same types of teams, St. Cloud State is very similar to Mankato and Duluth, they're big, athletic, strong and mature," Mattson said. "Then the same thing's going to happen when we play Concordia St. Paul on Sunday, I play these teams for a reason, it's to toughen us up and to

find out where we're at and what we need to work on."

Another pair of challenging games are awaiting the Wildcats this weekend, but this from the Berry Events Center. Tip-off between NMU and SCSU is at noon on Saturday, Nov. 23 in the first of two games.

## Wildcats tie bow on 2019 season



Photo courtesy of NMU Athletics

**SEASON FINALE**—Redshirt freshman running back Sebastian Toland carries the ball against Saginaw Valley State University on Saturday, Nov. 9 in the second-to-last game of the season for the Wildcats.

By Travis Nelson  
sports editor

In the final game of the season, the Wildcats Football team battled but ultimately fell 31-10 to the Ashland University (AU) Eagles on Saturday, Nov. 16 to end the year with a 1-9 record.

NMU had its chances to pick up a road victory, as they only trailed 14-10 at halftime after sophomore quarterback Keshawn Howard's 34-yard touchdown run in the second quarter. Head Coach Kyle Nystrom said that in the third quarter when the team trailed 17-10, he thinks they would've scored a touchdown to tie the game if the offense had executed an option play correctly. Instead, the Wildcats had to settle for a field goal on fourth down, but the kick was blocked. AU took advantage and tacked on two more touchdowns from running back Jeffrey Barnett in the fourth quarter. Barnett had a total of three touchdowns in the game for the Eagles, and the 21 points ul-

timately was the difference in the scoring column.

The 'Cats played two quarterbacks once again with Howard and sophomore Ryan Johnson, but neither could find their rhythm in the passing game. The duo of signal callers combined for 5-16 passing for 51 yards and two interceptions. Howard led the team in rushing with 16 carries for 87 yards, but Nystrom said that his team must be able to throw the ball in order to put pressure on defenses.

"We've got to be able to throw the ball, because everybody just packs the box," Nystrom said. "They got all 11 defenders, they got the coaching staff, they got the cheerleading squad, they got everybody packed in there. The only way to back them out of the box is to be able to go after them and hit them with the ball in the air."

Nystrom said he had to re-do the defense this week due to how Saginaw Valley State gashed them throwing the ball in the 56-10 loss

on Saturday, Nov. 9. The defense held up pretty well against AU, as NMU only gave up 144 passing yards in the season finale.

The season didn't go how the players or the coaching staff wanted it to go, but Nystrom takes away some positives from this season, including how much youth he will be returning in 2020.

"[We were] a team that was very young, and we got pushed around and ran by a little bit because we don't match up yet experience-wise," Nystrom said. "But that'll make you better with your younger players because they've been thrown in the fire earlier than most."

Nystrom added that the majority of the roster is either freshmen or sophomores, and that they will be adding transfers to the team next year that had to sit out this season. The Wildcats' coaching staff is off to recruit, and the players will be back in the spring to kick-off the first practices of next year's new season.

**TITLE**  
Continued from Page 6

The newer trauma theories find origin with the "Start by Believing Campaign," according to Lexi Lonas in an article titled, "Title IX professionals warn colleges to be wary of 'trauma-informed' ideology."

Fortunately, the emotionally powerful, yet misplaced "neurobiology of trauma" found challenge this time around by the Center for Prosecutor Integrity, the article reads.

"Regarding the 'center,' The impacts of trauma on memories and recall are widely variable," the rebuttal reads: It is possible for trauma to cause vivid memories, no memories, distorted memories or incorrect memories."

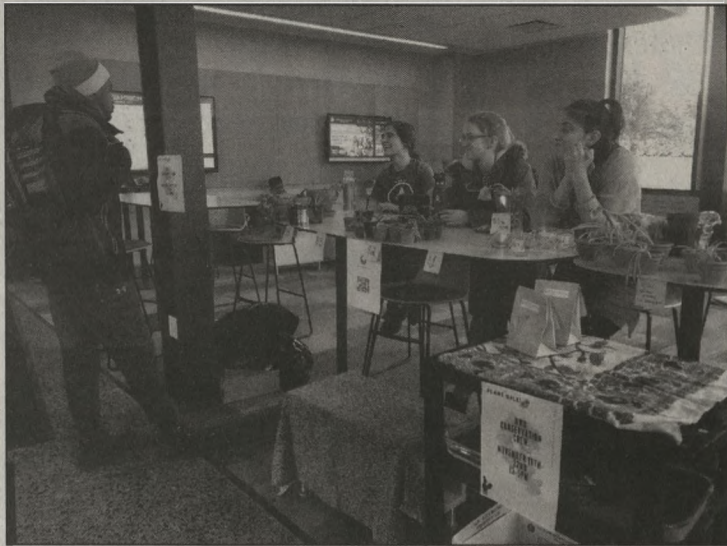
The refutation came following investigations into this statement: "Trauma leaves tracks on its victims. It is very difficult to fake or 'act' the sorts of symptoms [of trauma]. When someone displays these symptoms, this alone is evidence that they have been victimized," accord-

ing to the article.

The real "tracks" are factual, encompassing emotional harm and wrongful convictions when unsupported theories are spread through training. Protecting students is the goal. Report all assaults with fairness in mind, but seek policy change to protect the vulnerable from theories that harm.

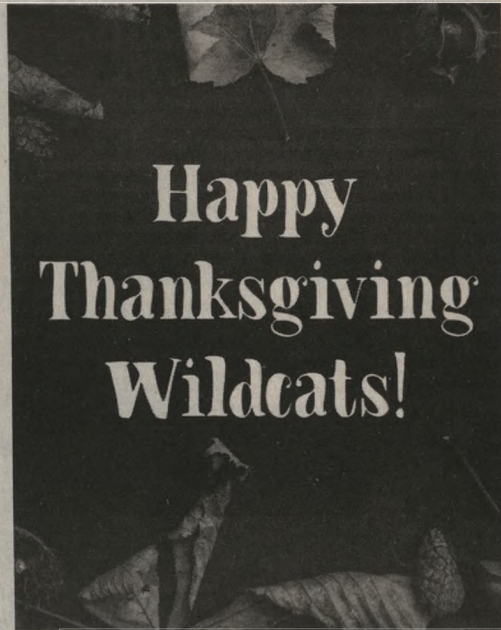
*Joan Roberts is a criminal justice major and a victim advocate.*

**Sellin' plants**



Maggie Duly / NW

**GREEN FOR GREENS**—NMU conservation crew members senior Lynnae Branhan (left), junior Jacklyn Lenten and freshman Isabel Mueller sell potted plants in Jamrich from noon to 5 p.m. on Monday, Nov. 18 through Friday, Nov. 22 to raise club funds.



**Happy Thanksgiving Wildeats!**

The North Wind is looking for

**writers in all sections**

Meetings every Friday at noon at 301 Gries Hall. All are welcome.

**WORD SEARCH OF THE WEEK**

Z H L S Q I X T F C A C I M D M H L S V  
 E L O R E S S A C N A E B N E E R G L A  
 Q G R D E O O C W E L F M S W F D Z L P  
 P S X J T L T F Z J M U I S F L O H O P  
 B E W F Z L C A O A E K T L E Q S R R L  
 H D Z Y E K R U T X C U S T T E D U T E  
 C R A N B E R R Y O F O L V I I W M N P  
 M N F V L E W R D F P R R P E E S Y E I  
 O P Y Z L N Z U I S U D N N W R Q L C E  
 Y Z O U X I B N E Q I I E A B T L P S M  
 T V P Y E W G X Q L K Z S H A R G A E U  
 P L A A X W W D Y P D M N F S B E O R U  
 D I U R E Z Y S M I Z A N B Q A W A C X  
 P I E G G Y B U O G O S L K C F M U D D  
 U C S V O M P T L W B Q E P J N J A N Z

**THEME:**

**Thanksgiving Dinner**

- TURKEY
- CRESCENT ROLLS
- MASHED POTATOES
- APPLE PIE
- PUMPKIN PIE
- CORNBREAD
- GRAVY
- CRANBERRY
- GREENBEAN CASSEROLE
- STUFFING

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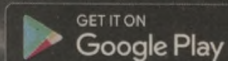
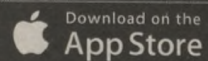
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