

Tim Eggert/NW NMU President Fritz Erickson explains details of the SRA Implementation Task Force Report to the Board of Trustees at its December meeting. Accord-ing to the ITF report, preliminary implementation plans will be in place by July 1 and presented to the BOT for approval at its July meeting.

transformation plans due soon

By Akasha Khalsa & Tim Eggert contributing writer & editor-in-chief

crucial deadline set by NMU's Strategic Resource Al-location (SRA) Implementation Task Force (ITF) is rapidly approaching.

Academic transformation plans for programs in Quintile 4-recommend transformation with revised resources as appropriatemust be turned into Academic Affairs by May 1.

"The bias is to accept the majority of the recommendations," Provost and Vice President for

Academic Affairs Kerri Schuiling said. "This is a very faculty-driven process.

The academic transformation proposals will be reviewed by President Fritz Erickson and the ITF in one-on-one meetings with the department head and/ or associate dean overseeing the program. Support transformation plans are currently in the process of being submitted and reviewed.

Unit managers of programs in Quintile 3-recommend continuing with reduced resourcesprovided proposals in March of where and how they plan to reduce their budgets.

"This [the SRA process] defi-nitely was not cut-driven," Vice

President for Finance and Administration Gavin Leach said.

The intent of the ITF is not to purely cut costs by cutting programs, but to combine or alter programs, Leach said.

Comprised of all vice presidents, the dean of students, the associate provost and the assistant vice president for budget and finance, the ITF composed the report after reviewing the recommendations suggested by the Academic and Support Task Forces in their reports, respectively. Of the 607 recommendations provided by the task forces, the ITF accepted 569. No student funded programs were recommended for transformation.

Erickson presented the first draft of the SRA ITF Report to the Board of Trustees (BOT) at its December meeting.

"We've made some pretty significant recommendations to help our students be as broadly and diversely educated as they possibly can," Erickson said in De-cember. "We believe empowering our students is a central aspect of the entire SRA process. The more we can empower our students to make the kind of educational decisions that they want, we think the quality of their education and the opportunities after graduation will continue to expand.'

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Israeli historian talks conflict, one and two-state solutions

By Akasha Khalsa contributing writer

On the eve of Israel's election, Benny Morris, often called the leading historian of the Arab-Israeli conflict in the Middle East, lectured and held a discussion on the 1948 Arab-Israeli War and the Israeli-Palestinian Conflict.

The event, held in Reynolds Recital Hall from 7:00 to 9:00 p.m. on Monday, April 9, was put on by the Center for Acade and Intellectual Freedom (CAIF) and the Jewish Student Union.

"It's important for us to host him, because he's someone who symbolizes, in his work and his career, the courage of speaking the Israeli universities among the up even when people want to shut you down," English professor and CAIF Director Gabriel Brahm said. "We have to be able to talk about controversial things in ways that are controversial to some.

Morris' scholarship on the conflict has in the past often called into question the standard understanding of other scholars. Today he still finds himself somewhat in opposition with his colleagues in academia.

"The extreme left in

faculty now tend to think in terms of a solution to the Israeli-Palestinian conflict with a onestate solution, in other words essentially discarding the Zionist Jewish nature of

Israel and turning it into a binational state, with which I don't agree because I think the idea of a lewish state was moral and correct," Morris said, who has always considered himself a proponent of a two-state solution.

A large theme during the discussion was the issue of moral high ground in the Arab-Israeli conflict. One student asked Morris if Israel should rightly be seen as the oppressor.

"I don't accept your definition of Israel as an oppressive society," Morris said in response. "I understand you don't like Israel '

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Following a probable cause conference Wednesday, the man accused of serial criminal sexual conduct on the campus of NMU and in the city of Marquette will appear in district court for a preliminary hearing next week.

Caleb Scott Anderson, 19, of Marquette faces seven counts of fourth-degree criminal sexual conduct.

Anderson was released from Marquette County Jail March 25 on a personal recognizance bond of \$5,000.

On March 21, he was arrested on a warrant for an additional count of fourth-degree criminal sexual conduct after he was arraigned the same day upon six counts of fourth-degree criminal sexual conduct in the 96th District Court.

The six counts involved separate victims and took place in August 2018 and January, February and March in Marquette County, Judge Roger Kangas said at the arraignment

Each of the six counts is a high-court misdemeanor punishable by up to two years in jail, a fine of not more than \$500, or both.

According to a March 15 press release from Marquette County Prosecuting Attorney Matthew Wiese, Anderson allegedly would "run up to unsuspecting women, grab them on their buttocks against their will and run away

Anderson's preliminary hearing is scheduled for 2 p.m. on April 17.





NMU's Marching Band stands on the ice of the Berry Events Center during a hockey game against Lake Superior State. The marching band is using ASNMU-funded Cat Cleats.

By Kelsii Kyto news editor

As the tail end of winter continues, students are still looking for ways to amuse themselves amongst the cold weather and snow. After ASNMU collaborated with Outdoor Recreation Center (ORC), students can now safely wander outside in the winter wearing "Cat Cleats," which are ice cleats that students can check out for free

ASNMU Student Affairs Board member Richard Hamilton found the cleats in the ASNMU office one day after moving some things around. They were purchased about 4 or 5 years ago, and were used previously to promote AS-

NMU. However, there was no inventory for the cleats or a checkout process to verify that people using them were current students.

"It was obvious this would need more structure if it was going to be a resource that could be effectively utilized by all the students and not become a money drain for ASN-MU," Hamilton said.

After attending the Wildcat Wellness Health Fair last year, Hamilton began the project when students talking to ORC staff expressed interest in using ice cleats. When the ORC staff commented that they didn't have any, Hamilton decided to step in and bring up the cleats he found in ASNMU's office.

"The staff at the ORC table were pretty stunned by this and so I asked if they thought it would be at to purchase better cleats, wrote a and have the ORC distribute these

all possible if we could partner up proposal on why the ORC should keep the cleats in its department through a check out basis whilst and finalized the contract between

The program is a great way for students to stay active during the winter months.

- Richard Hamilton **ASNMU Student Affairs Board member**

Hamilton said. Hamilton then drafted a budget

SRA

promoting ASNMU in return," the ORC and ASNMU.

Roughly 40 students have used the program so far, including the

TALK Continued from Page 1

The discussion was passionate, and the student interlocutor left, but Brahm was pleased to have some viewpoint diversity present at the lecture on this "inherently difficult" topic.

"I think it's important because Northern students are very caring, thoughtful individuals, and the conflict in the Middle East is one that we all need to be concerned about," Brahm said.

A number of students and faculty were present and contributed to a lively question and answer session.

"Could they find Israel on a map? I can tell you, when I teach my course in Israeli literature, I ask them before anything to look at a map to give me something you know. List some things you know about Israel,

and I've had answers like 'Oh isn't it that country where the women are covered in black? Oh no, wait, that's Iraq, or something like this. I'm sorry, I don't know about Israel." Brahm said about NMU students, adding that there is certainly "room to grow."

Many attendees expressed their appreciation that Morris came to Marquette to present his research and answer their questions.

"I thought that it was a very interesting talk on campus about the intricacies of the Arab-Israeli Conflict," freshman general university studies major Greg Mihalopoulos said after the presentation. "It taught me a lot that I previously didn't know, and it showed me how deep the ethnic and religious tensions in the area are. It's something that from a third-person perspective we can never really get an idea of."

Continued from Page 1 According to its report, the ITF recommends five Academic Transformation Initiatives:

"diversifying the academic experience; merge general university studies into two degrees; review all secondary education programs and determine demand/need/alignment; create two new colleges: Honors College and the College of Graduate Studies and Research and restructure Northern's academic organizational structure."

To implement the first initiative, the ITF calls for requiring fewer credit hour requirements for majors and bachelor degrees and discontinuing a minor as a graduation requirement, though students will still have the option to choose one.

"By reorganizing, it's much more efficient for students,"

Schuiling said of the academic restructuring. "It's much more understandable and the campus as a whole understands it better."

The report also suggests 10 Support Transformation Initiatives, including: "redefine the role of the Multicultural Education and Resource Center in supporting Northern's university-wide diversity and inclusion effort; develop an enhanced advising and student-faculty mentoring model; restructure Northern's international student services, recruitment and activities, as well as internationally related faculty activities.'

According to the ITF report, preliminary implementation plans will be in place by July 1 and presented to the BOT for approval at its July meeting. All SRA reports are available

at nmu.edu/sra.

marching band when they marched on the ice during a hockey game, Hamilton said.

"The program is a great way for students to stay active during the winter months when there is a lot of snow and ice on the trails that make them difficult to trek," Hamilton said, adding that the ice caves are a great place to put the cleats to use.

The cleats can also easily accommodate large groups of people, Hamilton said.

"I really hope students utilize this so that they may safely enjoy the trails all year long," Hamilton said.

Cat Cleats are free to rent out for up to three days at the ORC in the PEIF. Students must have their university IDs.



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Marquette is known for many natural wonders, from lakes ers, trails, forests and geological wonders. NMU's Rock and Mineral Club is a student organization that explores the geol-ogy of Marquette and surrounding areas such as the Keweenaw Peninsula and Alger County. The organization focuses on the history of the geological features that are in our own back the club as a way to get out and explore Marquette during her area to collect samples of different types of rocks and minerals and try to take trips, weather permitting. Participation is free

Want to see your org. nominated for the spotlight? E-mail news.northwind@gmail.com.

WEIRD NEWS

Remember back in elementary school when your science teacher would have you stand in a little plastic tub of soapy water then dip in a hula-hoop and raise it up to your head putting you in your very own bubble? It would usually just last one split-second before popping, but it would still leave youngsters in awe of the wonders of science. Well, North Carolina's Steven Langley broke the Guiness Book of World Records record for "putting the most number of people in a soap bubble in 30 seconds" on Saturday at the Huntersville Arts & Cultural Center. Langley was able to put 13 people in individual bubbles within a 30-second time frame. This isn't the only world record Langley has broken. His other world records include most paddle balls controlled simultaneously by a person (7); longest hanging chain of soap bubbles (35) and most people making bubbles with garland wands simultaneously (317). This bubble record awards Langley seven record-breaking titles.

WEIRDER NEWS

Are our house cats smarter than we think? Whether it be Mittens or something more nontraditional like Barbra, a new study suggests that cats can respond to the sound of their own name. According to a researcher in Tokyo, cats do not associate meaning to their names but the sound of their name takes on a meaning. They often get attention or treats after hearing their names so the sound becomes special, even if they do not understand that it refers to their identity. Some cat owners are not the slightest surprised by these new findings, but it is the first time scientific research has concluded it as well.

- Compiled from news sources

A walk through history

Thursday, April 11, 2019

Director and Curator of the NMU Beaumier Heritage Center to give historical tour of campus

By Nate Jacobs

contributing writer While students are shuffling off

NEWS

to class, heads down and phones out, they often look past some of the beautiful, historic buildings on campus. Director and Curator

and how its history has changed throughout the years. "They will learn a lot about the

history of Northern," Truckey said. "Not only the past 70 years, but the past 120 years."

We walk around this campus not even knowing these significant architects designed these buildings.

Daniel Truckev director and curator, Beaumier Heritage Center

of the NMU Beaumier Heritage Center Daniel Truckey hopes to change that with his tour of "Walking Through the campus, Past: 70 Years of Architecture at NMU.'

The tour will take place from 1 to 3 p.m. this Saturday, April 13, and will begin at Cohodas Hall. Designed to heighten students

awareness about the history of

votes tallied

assistant news editor

The results for ASNMU's

Candidates for president and

vice-president ran unopposed

and Cody Mayer was reelected

into the president position and

Paige Pucelik was elected into

the vice-president position. Lana

Wilson was elected to the On-

Campus Apartment representa-

Thomas Kelter was elected to

Richard Hamilton and Ma-

rissa Bekkering were elected Off-

Emma Drever, Sam Metcalf, Jake Putala and Logan Hartz

were elected College of Arts and

Dhruv Patel was elected to the

Lauren Leslie was elected to

the College of Health Sciences

and Professional Studies repre-

The three non-binding ref-

erendum questions regarding

making election day an academic holiday, recognizing Indigenous Peoples' Day and a change to the ASNMU constitu-

tion were all voted 'ves'

College of Business representa-

the Quad II representative.

Campus representatives.

Sciences representatives.

sentative

2019 election have been tallied.

By Sophie Hillmever

ASNMU

The tour will start at Cohodas Hall, located on the east side of campus, and will tour almost the entirety of the school ending at the New Science building. Along the way, Truckey will highlight the significance and history of the buildings, including Lee Hall, the oldest structure on campus.

With a rich campus history, NMU, features many buildings

campus, Truckey wants students advancing on becoming eligible to appreciate Northern's campus to be on the National Historic Register, and others have been designed by well known architects. Alden B. Dow, a nationally renowned architect and Michigan native, was in charge of designing the Learning Resources Center on campus.

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"We walk around this campus not even knowing these significant architects designed these buildings," Truckey said.

Truckey hopes that with this architectural tour people gain more appreciation of the buildings that they walk past every day. "Architecture is a part of our heritage and our history," Truckey said.

It is important that students do not take for granted the historic campus they live on, and understand the importance of learning about the history of Northern, he added.

If students are interested in architecture and or the history of NMU, there are classes offered in architecture, design and history. Truckey urged students to check out the Beaumier Heritage Center. The hours are 8 a.m. to 5 p.m. Monday through Friday, and 10 a.m. to 4 p.m. on Saturday.





'Big Ideas' reviewed

By Jessica Parsons copy editor

The Internal Campaign Plan-ning Committee (ICPC) received nearly 100 "Big Idea" submissions in the recent weeks, which will be used in Northern's upcoming campaign that will demonstrate NMU's the Big Ideas website. impact on student lives, according to the Big Ideas website.

Currently under review, the ICPC will develop recommendations and identify priority themes for compilation into a report, Director of Prospect and Database Management Jane Surrell said in an email. The report will be presented to administration in May at the NMU Foundation's Campus Leadership Retreat.

"This project was very important because, as a campus, we've been collecting big ideas through strategic planning, the Strategic Resource Allocation (SRA) project and development of the Campus Master Plan," Surrell said. "This was one more effort to solicit innovative proposals from students,

faculty and staff that didn't really fit into any of those initiatives.

The ideas under review, should be innovative, distinctive, have the ability to leverage NMU's current academic strengths, encourage collaboration and have potential for high student impact, according to

University leaders, the NMU Board of Trustees and the NMU Foundation Board of Trustees will use the report as a launching point for deeper evaluation and development of proposals and projects for donor investments, Surrell said.

"We were particularly excited that so many students took time out of their busy schedules to share their ideas," she said.

In addition, the "Big Ideas" report will provide important opportunities to gather the insight and feedback of community and business leaders, alumni and friends as the university enters the next stages of preparation for future fundraising endeavors, Surrell said. To find more about Big Ideas, go

to foundation.nmu.edu/big-idea.

NMU ticket sales undergoes transformation

NMU has been working with

the same outdated ticket sales

vendor for nearly eight years.

By Kirsi Wildfong contributing writer

Northern Michigan Uni-Local fans and students commuversities athletic department nicated a difficulty when trying wasn't making any jokes this April Fools' Day when launchto buy tickets online. The previous site was designed primarily ing the new and improved ticket for computer use and not mobile sales website. The site includes

I think people were just at a point when we needed to be more up to date and modern.

- Robin Burke associate athletic director, business and finance

a number of new features that make buying tickets that much simpler, especially from your smart phone.

difficult," NMU's Associate Athletic Director for business and finance Robin Burke said. "I think people were just at a point when we needed to be more up to date and modern."

The new site is not only visually appealing, but it is also easy to use. New features include. view from the seat, text handoff, QR codes and Apple Pay. The "View From Seat" feature allows the buyer to not only see where they'll be sitting, but also what their view will be. Text Handoff, OR codes and Apple Pay make using your mobile device to buy, sell and use tickets much simpler. "We feel like we are finally at

a good place with being modern and up to date," Burke said.

The new and improved site can be tested by purchasing a ticket for the Marquette Symphony Orchestra, Forest Roberts Theatre or an NMU athletic event.

"Everything (other sale websites) are so user-friendly and visually friendly and our system was just not that way, it was very



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Study reminds us of local journalism's impact

On April 3, a study published in Urban Affairs Review examined the relationship between newspapers and healthy local governments. The results: a well-staffed newspaper was linked to both higher voter turnout and more candidates running for office, among other things. In short, a healthy media means a healthy democracy.

The role the fourth estate plays in communities shouldn't be surprising. Prior studies have shown that strong local newspapers contribute to reduced government corruption, financial health of cities and increased split ticket voting. Having a well-staffed newsroom means that there's a watch dog eyeing the local government and reporting to the community, keeping the government honest and the citizens informed.

Unfortunately, the last decade has introduced extreme challenges to local papers, leading to major staff cuts and closures in many cases. As internet media expands, local papers are losing circulation and ad revenue that fund their businesses. The reduced staff size means a narrowed scope of ability for the paper. In turn, citizens receive less information about their local

government, which isn't being held as accountable as before. Consequently, politicians are less likely to face challengers and citizens are less likely to cast ballots.

In a well-functioning democracy, citizens need to be engaged and aware of their representatives doings. Newspapers serve as the mean for this communication, and the catalyst for civic engagement.

When considering local journalism, it's crucial to remember that a journalist is also a citizen. In community journalism especially, we are an integrated part of the community we represent. In both positions, we have a responsibility to capture and project the voices of our neighbors. Thus, it's through local media that citizens have the opportunity to truly make their voices heard and tell their stories.

The same ideology applies to a university community. If journalists can empower their fellow citizens, then student journalists can empower their fellow students. As students, journalists and citizens, our commitment to a healthy press and an active democracy is triple-fold and stronger than ever.

THE NORTH WIND

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The North Wind is an independent student publication serving the Northern Michigan University community. It is partially funded by the Student Activity Fee. The North Wind has a circulation of 2,500 and is published every Thursday during the fall and winter senseters except on university holidays and during excan weeks. The North Wind is published by The North Wind Board of Directors, composed of representatives of the student body, faculty, administration and area media. Subscriptions are available for \$40 a year or \$25 a senseter.

Reducing stigma around anxiety



For those dealing with anxieties, the diagnostic can often seem rather confusing. Questions begin to circulate that you don't have the answer to—am I just having a bad day? Is it because of a poor diet? How long should I wait to talk to someone and will I be in way over my head?

Anxiety works to manipulate your rationale enough that you feel like a burden to those around you. In anxiety's mind, you are nothing more than another statistic and victim to a disorder.

From an outsider's perspective, I've lived a pretty normal life. I was born the eldest to two parents who worked their tails off to provide for my sister and L Growing up, we had cats, dogs and a roof over our heads. We had warm meals on the table. Life was simple, so it was good.

For all of my parents triumphs, I feel like I was always in the middle driving things apart. I was often injured, incapacitated or in the hospital. Following immediate heart surgery after birth to sustain my existence we moved from Louisiana to Michigan. Then I broke my wrist, clavicle and left fernur bone, supposedly the hardest bone in your body to break.

When I was eight, I suffered third-degree burns spanning the entirety of my back and endured two months of treatment at the University of Michigan Trauma Burn Center. Looking back now after countless surgeries, I don't have negative memories surrounding my stay there, but I know that it was a dark time for our family.

My parents were having to commute from Lansing every day while trying to manage their work schedules and other expenses that began stacking up. There's no proof, but I know that the situation led to my parents splitting up just two years after the accident. The amount of stress that I put them through was just too much.

In high school, I was diagnosed with Crohn's disease, an inflammatory bowel disease that has tried to derail any achievement I could set for myself. Crohn's disease has no cure—it's something that has to be kept in check with medicine and mental

toughness, and there's no guar-

antee to either. Upon graduating high school in 2012, my transition into an

in 2012, my transition into an adult life has been sabotaged by an invisible monster. There has not been a day where I haven't prayed to live somewhat of a normal existence because of the excruciating stomach cramps or bathroom issues that Crohn's disease presents. Because of my disability, I've had to remove myself from college courses for four semesters. The anxiety of your graduating class moving on with their lives while you are perpetually stuck in limbo is the biggest slap in the face I could endure.

What makes this disease so toxic mentally is the randomness in which it acts while constantly being a distraction. It's not chronic pain that I experience, but a constant pressure that seems to be building. It's a struggle waking up every day wondering how much you're going to hurt and when that pain is going to strike. Crohn's disease has stopped me from enjoying a more prominent social life because of the threat of experiencing these issues while away from somewhere comfortable

The stress that I put on my family is worse. Because they're so far away, they don't get to experience the good days that I go through. When they check up on me it's much easier to talk about my negative symptoms because I don't know what normal feels like. Someday I'd like to have a conversation with my dad that doesn't involve me mentioning a recent hospital stay, as it currently often does.

Opening up about your anxieties and disabilities can be challenging, but breaking down barriers to these taboo topics is the equalizer that we need to do in order to begin healing

Having family who listen or even a platform on the internet for communities of people experiencing similar trauma can help open the door for people like myself to begin a road to recovery. Sitting on your thought and trying to bottle up your emotions can only lead to harm developmentally.

Reach out to somebody if you ever feel like the world is too much to take on, because we all experience moments that are too tough to take on alone. Talk to your parents, a friend or reach out to a counselor. There will always be somebody who will listen to your story. You aren't a burden and you deserve a voice.

OPINION

Next step: recognize freedom of conscience



The North Wind

The individual freedoms protected in this nation are our most cherished cultural heritage. From John Locke's "A Letter Concerning Toleration" to Thomas Paine's "Rights of Man," the appropriate role of government in preserving freedoms of conscience and morality was a pressing topic for English and American philosophers. On the shoulder of these political philosophers, we can enjoy whichever congregations we choose, can associate with whomever we want and can even publish scathing reviews of universities in university newspapers.

This level of self-sovereignty that the United States enjoys is coveted by many. Nations throughout history have been inspired by our political theory, and we still attract countless immigrants who want to share in our cultural riches.

From British common law to the Magna Carta, to religious toleration in the American colonies and the establishment of our constitution, the Anglo-American sphere revolutionized individual sovereignty. Think of the ways we now enjoy the freedom of

eligion, speech, press, assembly and petition which are protected within the First Amendment. Muhammed Ali was able to be a conscientious objector, we give tax exemptions to churches and Native American churches are able to even use some illegal substances for worship. These seem like victories in toleration of other beliefs, but I wonder if Jefferson, Madison and Paine would be happy with these religious "exemptions.

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Jefferson, for example, did not take to Locke's use of the word "toleration" and instead pre-ferred "religious freedom." This was to imply that a person's right to conscience was not something which the government had any power to limit in the first place. In his "Notes on the State of Virginia," he stated, "Our rulers can have authority over our natural rights only as we have submitted to them. The rights of conscience we never submitted, we could not submit. We are answerable for them to our God. The legitimate powers of government extend to such acts only as are injurious to others.'

The entire crux of the political belief for these American founders was this-that the "legitimate powers of government" can only limit injurious acts. The government of our day, which acts as a house-mother reprimanding its constituents on right and wrong,

would be a terrible sight for Jefferson's eyes.

In their times, Jefferson and Paine particularly struggled with the public perception of their religious beliefs. They were both Deists in their own ways, and like many of our founding fathers, they had to fight off critics who slandered them as Atheists. To put it simply, they believed in individualistic and rational examination of religious ethical questions, and not Christian or any other dogmatic proscription.

To put it simply, they believed in individualistic and rational examination of religious ethical questions, and not Christian or any other dogmatic proscription.

Now this might not even be considered "religious" today, and is very similar to the popular perspective encompassing both believers and non-believers. What sort of protections could be offered for Jefferson and Paine if they had found belief in using DMT or peyote, or conscientious objection to the draft or whatever was in line with their search for truth? Unlike followers of Christianity. Islam or other religions,

a Deist doesn't have a organized religious body with which to leverage their rights. A Deist has only their conscience and the various ethical wisdoms which he explores in the philosophies of the world. This personal, internal spring of virtue is most vital for the Deist.

Perhaps society wasn't ready to adopt a radical freedom of conscience in 1789 with our Bill of Rights, but we live in a time when everyone is Deist in many ways. Religiosity surveys show the

majority believe in a very distant and non-intervening god-similar to a Deist conception. We live in a religiously pluralistic world, where the teachings of Buddha, Jesus and Mohammed blend and reflect at every turn.

The "Nones" are on the rise: those who may have spiritual beliefs, but don't ascribe to any religion in particular. Because of the shrinking influence of organized religion in the last century, more

than before we require a protected freedom of conscience

A more bravely and explicitly legislated liberty would ensure our right to act in a way in accordance with our own moral compass. How empowering it would be to see each person as one's own church-to smoke whatever, say whatever and act however one will by the guidance of one's own ethical vision

This situation where only organized and state-recognized religious institutions can enable particular rights is precisely what our most visionary founders would not have wanted. I wonder how differently our nation would have developed if each individual's ethical and spiritual sovereignty were more explicitly recognized. and our ability to pursue our idea of right and wrong were surely protected.

Perhaps it was a shame that Madison's initial draft of the First Amendment wasn't accepted as was: "The civil rights of none shall be abridged on account of religious belief or worship, nor shall any national religion be established, nor shall the full and equal rights of conscience be in any manner, or on any pretext, infringed."

DeForest Dalbec is a guest student and a member of Think Tank and Young Americans for Freedom.

LETTER

POLICY

Cardi B controversy blatantly sexist



I am only going to say this once: stop comparing Cardi B to Bill Cosby. Cardi B, a female rapper from the Bronx, has recently fallen under the criminal spotlight of Twitter due to a video that recently resurfaced. She recounts that during her stripping days, she would often drug men after luring them from the strip joint with the promise of sex. She would then rob them of whatever valuables they possessed.

As you can guess, this caused a complete uproar among fans and non-fans alike. Once again, we see a darling star fall from their venerated pedestal-a pedestal that arguably was obtained because of their rough upbringings that we seem to idolize, especially among rap stars. Before I go more indepth on this issue alone, the real problem was when people started comparing her to Bill Cosby. Yes, Bill Cosby, a repeat sex offender who drugged and raped women

through multiple decades. That's these type of analogies are used right; a large majority of the public has made the comparison of rape to material goods.

Besides drugs being involved, as far as I can tell, these two stories have nothing in common. Bill Cosby, a man of affluence and power, used his position to drug and rape women. Cardi B was a sex worker who was not in a position of power, and drugged men to take material goods. In fact, property after they got married.

in reoccurring context, we just see the reaffirmation of one idea and thought: a woman is an object. This idea is not new by any means. In fact, this whole incident reminds me how quick people are to forget that women for the longest time were considered their husband's property. Most of our grandmothers, for example, were considered our grandfather's

In fact, this whole comparison serves as a perfect example of how a female's worth is often equated to that of an object.

this whole comparison serves as a perfect example of how a female's worth is often equated to that of an object.

I am not going to argue that what Cardi B did was not wrong; I believe that drugging anyone for any reason is wrong. I believe that stealing someone's wallet and raping someone are both wrong, but are completely different crimes. If a tendency to idolize celebrities is a senior studying Anthropology.

My grandmother was fired from her job as a flight attendant because she got married. This idea of women being equated to an object is sadly nothing new. Cardi B is just another name on a long list of sad stories. I cannot help but wonder if we are ever going to see past this idea. As I stated earlier, we also have

from different cultures and social norms. We then have a tendency to hold them to the same standards as our social norms and structure. Cardi B, once again, is just another example of a fallen idolized celebrity. She has never been anything but upfront with her past as a sex worker. In fact, this work is possibly why she gained notoriety as a rapper in the first place. Her depictions of in-vour-face sexuality is something the mainstream public eats up. Nevertheless, as soon as we see the other side of what her life was like-the side of sex workers we do not show in music videos we attack the individuals with the same feverish ferocity we initially praised them with.

I am not here to criminalize Cardi, nor expunge her for all her sins. My point is that we have a long history of comparing women to objects. We also have a history of not calling it out. Therefore, I will say it again for good measure: stop comparing Cardi B to Bill Cosby. Stop comparing women to objects.

Letters to the Editor must include a full name, year, major and phone number for verification. Limit letters to 250 words or less.

All letters may be edited for grammar and length.

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Elena Torongo

FEATURES

Thursday, April 11, 2019 www.thenorthwindonline.com

Biking for triple

NMU grad hopes to break the Triple Crown record on the Arizona & Colorado Trail Race and the Tour Divide

By Jackie Jahfetson copy editor

At the end of forest road at the United States-Mexico border lies the start of a 750-mile race. A strenuous test of physical and mental strength depicts a competition for survival where only the strongest and fastest prevail. Never-ending stretches of desolate Southwest terrain where it's only you, the lurking chatter creeping from behind your brain and a Giant Anthem Full Suspension mountain bike.

Twelve-hour shifts of mad pedaling coincide with a 2 to 4 hour nap will erode your sense of willpower and confidence. But you must force your legs to keep pedaling, for turning back means another hundred or more miles in the opposite direction. Some might give up after a few days when they can no longer push out the average mileage of 100 miles per day.

But Dylan Gonda and "Fernando" aim to finish this Arizona Trail Race in 7 to 8 days. Then, take a little siesta, hop back on Fernando for another two enduring races in an attempt to shatter a new record in the Triple Crown Mountain Bike Series.

After graduating from NMU in December, Gonda knew he wanted to accomplish something different this summer and decided now is the time. The Triple Crown includes the Arizona Trail Race on April 18, the Colorado

Trail Race and the Tour Divide. Competing in the Tour Divide

in 2016 at age 20 prepared him for this epic challenge. Gonda hopes to knock out the 500-mile Colorado race in 4 to 5 days and the 2,700-mile Tour Divide in 16 days. Only 10 people have completed all three races in one year, and Gonda said he's determined to be the 11th.

"There's something amazing about being in the most beautiful landscapes and pushing your mind and body as hard as you can for 24 hours straight, riding your bike, sleeping for a little bit and then trying to do it all over again," Gonda said. "You learn something new about yourself each time. There's something weirdly addicting about that push and feeling that struggle."

Since deciding to tackle this obstacle in September 2017, Gonda has been training nonstop. Throughout the winter, he'd train through his "deck of cards" method: where each card number would mean a certain amount of pushups, sit-ups or curls. And to build up muscle mass, Gonda incorporated weight lifting into his schedule.

However, the most challenging thing about the Arizona race will be the 22-mile hike through the Grand Canyon where Gonda will have to strap his bike onto his back, to avoid his tires touching the ground. Preparing for that trek. Gonda carried his bike on his back and walked once or



Recent NMU graduate Dylan Gonda trains for the most strenuous series of races of his life. He fine-tunes his body and bicycle through months of preparation for the desolate and rugged Southwest terra

twice a week from his house to said. "But also, the mechanical she said with a slight chuckle. the top of Mt. Marquette, a 13mile round trip.

Whether it was writing in his blog, designating a day for logistics, working on gear or going for a 20 to 100 mile ride, Gonda made sure to stay on top of his regiment. Training in the heart of the frigid Upper Peninsula, being originally from New Mexico and understanding the layout of the desert will also pay off.

"Arizona is so much different than riding here in the Midwest. But riding in the slush-snow right now from the back roads is very similar to riding in sand. Living and training in the U.P., it's [those] rough conditions that makes you really tough, really fast," Gonda said. "Dirt roads around here are amazing, so it makes you get into a really good mental space of how to slug through a few hundred miles."

Most racers only carry the bare necessities such as 5 to 6 liters of water, a sleeping bag, some extra biking clothes and a bundle of zip ties, which doesn't leave much room for food. But when you're burning near 10,000 calories per day, raiding the high calorie gas station food will be a life saver, Gonda said. The race is 80 percent mental, he added.

By riding his full suspension bike, he's definitely doing something different compared to other racers. Though it be slightly slower, it's more comfortable and Gonda said if you're more at ease you'll end up going faster. Fernando has been through "hell and back," with 30,000 miles but it's Gonda's "pride and joy." The bike is the most efficient vehicle ever invented. Gonda noted.

"[With biking, there's] the ability to do it with others in racing or touring with others, or very much solo. You can play soccer by yourself but it's not great," he

side of it is really fun. With football or basketball, you just have that and shoes. I love the science behind bikes and trying to finetune it and make it as efficiently as possible and being really knit picky about stuff is pretty fun."

With a competitive edge and always trying to improve his own endurance strength, Gonda said it's all about testing your own pressure points and being o.k. with suffering. Another challenge Gonda will have to face is the long stretches of being alone, but having fiancé Olivia Walcott, senior environmental science, by his side is amazing, he added.

"He has the most grit of anyone I ever met. He's stubborn. He's just so stubborn and in the face of adversity he just keeps on going. And I get it because I'm the same exact way. You can call it passion, but really it's just being stubborn in a good way," Walcott said.

Though it will be difficult not having Gonda here, Walcott's more "wildly jealous" that he gets to ride his bike in the desert while she remains here at school,

"In the grand scheme of things, I don't view supporting my partner on his dreams as a sacrifice," Walcott said. "I'm less worried than most people would think I'd be. He's really experienced in the backcountry [and] he's so mentally strong even if conditions are bad. I think his bike frame would have to break in half for him to not finish this

Without a doubt, there will be some "hairy sections," Gonda admitted, explaining, one wrong turn could could end up badly. But knowing he'll be tracked by the race system with an SOS button at hand, Gonda said he's looking forward to those 24hour long rides.

"Seeing new places is pretty epic and the sensation of flying down a dirt forest road surrounded by mountains or canyons and just by yourself when you know there's nobody around you for who knows how many hundreds of miles," he said. "And proving to myself that I'm capable of these incredibly hard feats and that sense of accomplishment is addicting."



Photo courtesy of Scott Crady Accompanied by his mountain bike Fernando, the two set off to start the 750-mile race on April 18th.



The Arizona Trail Race includes a 22-mile hike through the Grand Canyon, which requires Gonda to treck with Fernando on his back.

Breaks and Swells The Journey of an Upper Peninsula Surfer By Isabelle Tavares

f you hang on too tightly, you're not being one with the water. Cocooned in 5mm winter surfing gloves, his knuckles turned white from the death-grip he had on his icy, waxed board.

In survival situations, relaxation is key when every oxygen molecule counts. Born on Michigan Street but raised in Lake Superior, relaxing in stressful situations is second nature for Dan Schetter, a man locally known as "Surfer Dan."

Although it was February, he wore a thin Christmas sweater and a black puffy coat. Resting on a tall, sunflower-orange stool in a tiny grocery store cafe, he had faded grey canvas pants on. He tapped his black coffee cup on the polished wooden table with his weathered hand, revealing short-clipped fingernails. The tapping steadily increased as he spoke.

After Schetter got his first taste of riding freshwater waves, he couldn't break the feeling it gave him. He went in windstorms and blizzards. with icicles and his board turned

into a slippery icicle. After years of relentlessly returning to the water, media caught attention and Schetter became the unofficial ambassador of U.P. ruggedness-however, reluctantly.

"I was getting inundated with people wanting to put me in movies, on billboards, commercials and taking my image without asking and then using it for their business es," Schetter said, tapping his coffee cup more fevertly. "I don't go surfing for likes or fame, I go because it makes me feel good."

> Schetter is happy to share his message through photos and stories he tells people, with the knowledge that they will post with "good intentions," he said. Like holding on to his board too tightly, Schetter has learned to loosen his grip on what is said about him in the viral articles, videos and photos.

"I can't control what people are going to do with the images-what their intentions and motivations are," Schetter said. "All I know is He surfed until his beard was heavy that I love surfing and when I immerse myself in it, I feel good and

better. I'm breathing clean air." His primary focus is to "come back

to his center" and find out what's important-stay physically and mentally healthy and take care of his family and friends, he said. The tapping of the black coffee cup gradually became more rapid as he spoke. He strives for pure fitness because there are those who are paralyzed yet live vicariously through him, he added.

While in the hospital recovering from a surfing injury, Schetter couldn't wait to get outside and play. This is when his dreams and anxiety to get back to the water flooded in

"In my dreams, once I got to the ocean, I couldn't get to the waves. Or if I could get to see the waves, I wouldn't have a board. There's always this conflict of striving to reconnect with my favorite place and something blocking me," Schetter said. "And then I realized [that conflict] was myself. Once I started surfing again, that's when the nightmares stopped."

healthy. I get great exercise. I sleep Now Schetter describes the act of preparing to surf as a "daymare" with the delicate planning it entails: ding repairs, waxing his board, a good wetsuit and leash, having hot water at hand and securing a safe driver for the ride.

> "You can die surfing or you can have the best time of your life," Schetter said. "It can bring an addiction. I need more waves, I need more waves, I need more waves. It can feel so good, which I think can be a healthy addiction but there's a balance."

Lake Superior surfers plan their day according to the weather. Whenever there's a high wind speed, long-wind duration and fetch, or the water surface area that the wind affects, it's time to hit the waves. A storm modeled on a weather map is characterized by pressure. Low pressure is represented with closely-packed circles called isobars, resembling the layers of an onion. On days with very close isobars, popular surf locations are dotted with 10 to 15 black wetsuited surfers, eagerly waiting to gobble up a tasty wave.

It was a blustery day in October. Gales wrestled heaps of water onto Lakeshore Boulevard, ripping red flags from their beach posts. Spectators sat in their cars at a safe distance away from Lady Superior's wrath, but close enough to capture her strong talons clawing into the shore. Though it be a reckless scene and a potential catastrophe waiting to happen, it's a day surfers long for.

Fellow surfer, Darrin Bergman, sophomore secondary education and social studies major, recounted this day as the day that almost took his life. Two days before the storm rolled in, Bergman got a call from his buddy, warning him against surfing unless he wanted to die.

"I had no business going out there. The bank of the shore was torn up, it was just raw dirt and pine trees had fallen into the lake," Bergman said. "I made it through the break and was exhausted. As I was coming into a wave I saw there was a pointy boulder and a flat boulder. and thankfully it spat me onto the flat boulder."

A young but versed surfer, Berg-

man has learned from many seasons of winter surfing that you have to get tossed around a few times before you learn your limits. Both Schetter and Bergman put their trust into what they can control: knowledge of the weather, the area they are surfing in and their own physical capabilities. The rest is up to the lake.

Schetter keeps his wits about him when braving the icy waters, though. Without a wetsuit in cold water, a person has under one minute to regulate their breathing after cold-shock, about 10 minutes of controlled movement and one hour until hypothermia creeps in, according to the National Oceanic and Atmospheric Association. For Schetter, after his bodily emergency response is lost, he exits the water.

"Once I'm not in pain from the cold and I'm going to a permanently happy place, I leave the water. What if I step on a rock and I can't feel it. [It] might be bruising my foot or ripping a tendon. I just don't want to see anybody die," Schetter said.

As a Marquette local, Schetter is used to hearing tales of "the stupid college kids" testing their limits in dangerous weather conditions. He explained that fear itself is what creates death and there needs to be deeper understanding of water safety. In 2018 alone, Lake Superior took six lives due to tragic accidents, not related to surfing, according to a report by the Great Lakes Surf Rescue Project.

"I'm an empathetic human being

so when I see someone doing

something dangerous, I feel an

Schetter said. "Sometimes those

good intentions can be lost be-

cause there's not always time to

sit and give people free [surfing]

lessons when they're paddling up

Schetter's soul is so intertwined

with the water that he said he's

the waves when someone is being

crazy enough to run back into

carried out of them, due to an

"What's that about? Am I Posei-

don? Was I born in the water? Is

that why I'm trying to get back

there? I get anxiety because I

know the waves are coming and

I have trouble sleeping," Schetter

said. "When I go surfing I'm not

just chilling at the beach. I'm

in strike mode. It's like heaven

opens up and then I try to absorb

the face of the wave."

injury.

obligation to mention it to them,"

as much as possible."

A self-described spiritual person, Schetter shares surfing in what he terms a "weird energy exchange." He buys and sells surfboards, but finds real value in teaching surfing, free of cost. In turn, that person might help in other meaningful ways, such as paying for a meal or plowing his driveway.

"It's not me using them as a market to sell a board. It's me sharing and doing the best with what we have," he said with an honest shrug.

Surfing season in The Great Lakes region extends from July to January, depending on severe weather patterns. Most of Schetter's surfing occurs during the fall and winter when waves are at their peak. The colder the weather, the better the surf. Winter months in the U.P. are hit with heavy amounts of precipi-

"When I go surfing I'm not just chilling at the beach. I'm in strike mode. It's like heaven opens up and then I try to absorb as much as possible."

tation and snow and active storms. The stronger and longer the wind blows on the water, the taller the waves are. Thus, the best times to surf are when the first eastern white pine needle has grown cold.

With winter spanning half of the year. Schetter said it's a struggle to survive in the U.P. But the Finnish motto, spotted around town on bumper stickers and a hallmark to the Scandinavian culture, keeps him stoically determined.

"I believe in SISU and think it's about guts and the will to survive. To be self-sustaining and let your cup fill over to help others and chop your own firewood, to get up in the morning to absorb as much sunlight as possible," Schetter said. "SISU could even be the responsi bility of taking a rest."







FEATURES

Environmental and indigenous fight

NMU departments to bring photos and videos that show intersection of two struggles

By Akasha Khalsa

contributing writer

The Amazon Rainforest: lush, green, ancient and heartbreakingly fragile. This jungle, which preserves an enormous portion of the world's biodiversity, is home to many indigenous communities struggling to protect their ways of life.

Faced with the unyielding menace of slash-and-burn deforestation and the steady encroachment of gas-producing cattle ranches, the beauty of this irreplaceable ecosystem, along with its ancient peoples, has been threatened for decades. For many activists, half the battle is promoting awareness of this ongoing and ignored

catastrophe-they must use the power of visual media to capture the limited, fickle attention of the global community.

Thursday, April 11, 2019

Two speakers will present "Imagining the Amazon: Film and Photography" April 11 and 12 that focuses on the Amazon, indigenous movements and environmental concerns from 6 to 8 p.m. in Weston Hall 2902. Today, Gustavo P. Furtado will present "The Amazonian Indigenous Cinema" and Carolina Sá Carvalho will present "Violence and Technology in the Amazon: Photographs of the Madeira-

Mamoré Railroad." "The Amazon in film and photography is an almost all-encompassing subject," event organizer

Through the analysis of images, students will gain perspective on some of the history of the region: environmental issues, indigenous movements, contacts and struggles.

> - Maria Arenillas Spanish language professor

and Spanish language professor Maria Arenillas, said in an email. "Through the analysis of images, students will gain perspective on some of the history of the region: environmental issues, indigenous movements, contacts and struggles...these talks can draw a variety of majors. As we live on the shores of Lake Superior, in the Anishinaabe land, we can relate to many of the concerns these images bring light to."

On Friday, April 12, a followup discussion on environmental issues and related indigenous movements, along with the screening of the short film "Ten Thousand Years Older" will play from 12 to 1:30 p.m. in Jamrich 1318. This 10-minute 2002 documentary by Werner Herzog explores the discovery of a Brazilian indigenous tribe and how the modern world impacts tribal members.

"It is not about taking images, or resources or people's stories, but to encounter them to produce something else, hopefully better, together," Arenillas said. "This is [what] interculturality looks like." Furtado is an assistant professor of Brazilian and Portuguese studies at Duke University spe-

cializing in Brazilian cinema and cultural studies, media theory,



MAGINING THE

AMAZON:

FILM AND

PHOTOGRAPHY

of Portuguese and Spanish at the University of North Carolina at Chapel Hill. Her areas of expertise include 19th and 20th century Brazilian and Latin American literatures, photography, studies of empire, mapping, memory and relationships between literature, science and technology.

"I have collaborated with Furtado in the past and I met

Latin American Studies Association conference last May in Spain," Arenillas said. "Their work dialogues very well, so I decided to invite them to our campus."

This event is presented by the Department of Languages, Literatures and International Studies, the Department of Earth, Environmental and Geographical Studies and the Office of Diversity and Inclusion.



The NMU Writing Center hosted "Coffee, Creatives & Canned goods," yesterday. The event, an open mic and canned goods drive, was held to benefit the Women's Center pantry in Marquette

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FEATURES

Thursday, April 11, 2019

Monday to Friday: students to celebrate the earth

Gamma Theta Upsilon members create events to educate and inspire

By Sam Rush layout editor

A group of NMU students believes that more than one day needs to be dedicated to celebrating the Earth. Starting next week, events promoting environmental protection are designed to raise awareness about environmental issues for students and the Marquette community

From April 15 to 19, NMU's Earth Environmental and Geographical Sciences (EEGS) Department will host its fifth annual Anderton's Earth Week. The week is packed with events: including a trivia night, nightly environmental film showings, guest speakers and an interactive art installation. Students will have an opportunity

the theme of the day from 11 a.m. until 2 p.m. where those responses will be displayed throughout the remainder of the week. The events will take place at various locations across campus.

to respond to a prompt relating to

The week-long celebration will be hosted in honor of John B. Anderton, a former EEGS professor who passed away several years ago. "This is actually the first year

that none of the board members were students of Professor Anderton so it's kind of special that we're keeping it going even though we never actually got to know him," geographic honor society Gamma Theta Upsilon President Kit Collins said

Each day will be themed with a particular focus. Monday begins

This is actually the first year that none of the board members were students of Professor Anderton so it's special that we're keeping it going

> - Kit Collins Gamma Theta Upsilon president

with land management and agri-culture. Tuesday's theme will be water: Wednesday: civic engagement; Thursday: climate and Friday will finish with municipalities. Several panelists will come to

campus and present, including government and community vitality educator at MSU extension Brad Neumann and Mary Martin, member of the NMU Biology Department, who will both talk about living off the grid at 6 p.m. on Monday,

The week will also feature NMU EEGS graduate Kathleen Henry, who will speak about her experience with the Peace Corps. Henry, who was recently accepted into Johns Hopkins University graduate program for environmental education, will speak about an experience that is of interest to many students. Collins said this is the event that she is most looking forward to as she is considering following down a similar path to Henry's post graduation.

Everyone is urged to participate in the event, Collins said, adding, especially those who are passionate about learning about environmental issues in the Marquette

area.



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eries of events will highlight sustainability issues, including off-grid living, changing the climate conversation and the Ripley Power Plant.

Fantasy world comes to fruition

Cosplay-related NMU student groups to host local comic-con

By Jessica Parsons copy editor

Humans jump out of anime movies and books with their realistic makeup stylings. Eyes are done up to resemble anime eves as large as tennis balls, high pony-tails swish and sway. Swords cut through the air among chatter of favorite costumes. People spend hours creating the perfect costume modeled after their favorite character. Piece by piece, their fantasy comes to fruition.

Superior Con will be held from 10 a.m. to 10 p.m. this Saturday, April 13, on the first and second floors of Jamrich Hall.

Admission is free for students and community members alike. Members from a collection of student organizations-includ-

ing Campus Cinema, Animated, Checkpoint Saved, Marquette After Dusk and Northern Duelist Academy-will join Cosplay-

Superior Con is Marquette's

to provide a similar experience where anyone can come to enjoy games, films, comics, cosplay and other forms of 'geek' entertainment," Shirilla said.

During the event, attendees can expect to find video gaming, Live Action Role Playing (LARP), card and board gaming, a cosplay cafe and panel programming, Shirilla said.

"It is my personal belief that



Photo courtesy of Cosplayers Unite

A group of students lines up for battle, donned in elaborate costumes. This year's Superior Con is hosted by a variety of NMU Cosplay groups.

out over, be it video games, super heroes, anime or costuming," Shirilla said. "Events like ours are meant to give people a space to enjoy what they love and share that experience with others.

Shirilla mentioned there will be new things happening with this year's Superior Con.

These organizations were able to receive funding to bring

everyone has something to geek two guests: a local Michigan cosplayer, Kira Elric-and anime voice actor/musician Brian Beacock.

> "Both will have panel sessions about their experiences. We will also be operating a small vendors hall that will include local businesses Taiga Games and The Game-Well, as well as NMU students featuring their own work," Shirilla said.



Superior Con will be an opportunity for students to show off their cos-tumes and makeup and provide a space to enjoy "geek" culture.

ers Unite to plan and participate in this year's Superior Con. very own local comic-con hosted at NMU and organized entirely

by students, Event Coordinator Em Shirilla said in an email. 'You don't really find popculture conventions in the U.P., so the goal of Superior Con is

12 SPORTS

Thursday, April 11, 2019 www.thenorthwindonline.com

Six victories, second place

Track and Field women smashed the competition in the Tiffelberg Open

By Travis Nelson contributing writer

The Northern Michigan University Women's Track and Field traveled down to Tiffin, Ohio, this past weekend to compete in the Tiffelberg Open. The Wildcats rode six individual victories and a provisional mark to a second place finish out of 11 teams.

"We had some great performances and perfect weather, [so] that helps," coach Jenny Ryan said. "We definitely had some great results for where we are right now; it's been a good start to the season and we're looking forward to see what we can do this coming weekend."

NMU, started the meet off strong, as junior Hannah Torvi took first place in the 3,000-meter steeplechase with a time of 11:20.00. Sophomore Elise Longley earned second place points for the 'Cats, and freshman Katrina Salmen earned third-place points, with times of 11:53.00 and 12:27.00, respectively.

Freshman Anna Kelly won the second event of the day for the Wildcats, as she won the 1,500-meter run with a time of 4:54.73. Senior Abby Fifarek wouldn't let the distance event success stop there, as she took first place in the 5,000-meter run with a time of 18:38.20.

Northern was also a forced to be reckoned with in the sprinting events, as the team was clicking on all cylinders.

Sophomore Lauren Alarie finished in a tie for first place in the 100-meter dash with a time of 12.40 seconds, and junior



Photo courtesy of NMU Women's Track and Field Shayla Hubener qualified for the 800-meter final at the 2019 Indoor NCAA Championships, breaking the school record of 2:10.13 in early March.

Megan Martin took home the of 17'5.25". 400-meter dash title in 1:04.41.

In the triple jump, sophomore Dunja Drobac was victorious with a jump of 35'3.25". Senior Michelle Juergen placed second in the high jump, as her jump of 5'6.25" set an NCAA Division II provisional mark. Juergen also took part in the long jump,

where she brought home anoth-

er second place with a distance

NMU finished the meet with a team total of 162 points, good enough for a second place finish. Tiffin University, who co-hosted the meet with Heidelberg University, took home first place.

The Wildcats also sent a few athletes to Bowling Green, Kentucky to compete in the Hilltopper Relays hosted by Western Kentucky University.

Leading the way was senior Shayla Huebner, as she won the 800-meter run with a time of 2:11.30, which earned her a provisional mark.

The team started the spring season off on a good note, coach Ryan said, adding, he is impressed with how the team is continuing its momentum from their indoor season.

"Everyone's effort is great,

their attitudes are great, I'm impressed with where we're at already this season," Ryan said. "I think we came off that great indoor season and we've kept it going."

The 'Cats will be back in action this weekend, as they travel to Oakland University to compete in the Golden Grizzly Invitational on April 15 to 16.

NMU takes second at Tiffelberg Open and sees two provisionals in their latest track and field meet.

We had some great performances and perfect weather, [so] that helps. We definitely had some great results for where we are right now; it's been a good start to the season and we're looking forward to see what we can do this coming weekend.

> Jenny Ryan coach, Track and Field

SPORTS

SPORTS BRIEFS

Women's golf

Northern Michigan University Women's Golf team took fourth place out of 19 teams at the NC4K College Classic at the Jefferson Country Club in Blacklick Ohio. Coming in with a score of 633, the 'Cats were only three strokes shy of scoring in the top three.

Junior Caro Els was named to the All Tournament Team and she finished third overall in individual scores with a final score of 147.

Senior Karissa Gutherie finished tied for 24th, senior Haley Hewer finished tied for 34th, freshmen Abigail Boozer finished tied for 40th and rounding off the NMU golfers. was senior Baylee Dunmire who finished in 98th place.

NMU was the top performing GLIAC team at the competition finishing ahead of five other GLIAC competitors. The 'Cats will return to Ohio this weekend for the Walsh Invitational at the Glenmoor Country Club.

Men's golf

The Northern Michigan University Men's Golf team competed in the Grayhound International, a three-day golfing event held at the Purgatory Golf Club in Nobelsville, Indiana

The 'Cats played against 18 other teams and defeated the Saginaw Valley State University Cardinal's. Senior Austin Elsner lead the Wildcats with a final score of

217 points and finished the event tied for 14th place.

Senior Owen Beyer and junior Chris Black tied for 51st place with a final score of 226 points, junior Kurtis Fontinha finished in 93rd place and rounding off the NMU golfers was senior Logan Haight, coming in right behind Fontinha, and he finished in 94th place.

The team will be back in action April 19 to 21 at the GLI-AC Championships.



Junior Graison Ringlever became the first NMU lacrosse player to score 100 career points in the team's return to the Superior Dome in the game against Concordia Univer-sity. She reached this milestone in an assist to sophomore Bianca Kinder. Ringlever finished by scoring five goals for the Wildcats.



Sophomore and midfielder Bianca Kinder carries the ball looking for an open player at the Superior Dome during a past game.

laxers take on rivals

By Alex Skinner sports editor

The Northern Michigan University Women's Lacrosse team has had a busy middle of the season stretch away from the Superior Dome after wrapping up its fourth straight road game against the Concordia University (CU), St. Paul Golden Bears. The 'Cats showed some midseason fatigue and dropped the contest 21-9.

The Wildcats fell behind early in the match 3-0 before star freshman attack/midfielder Aleya Speas added a tally on a pass from junior midfielder Graison Ringlever to put NMU on the scoreboard.

The Golden Bears sensed weakness in the Wildcat defense and quickly pounced and scored two more goals to take a 5-1 lead.

Ringlever captured a goal off of a free-position shot and sophomore attack/midfielder Ellie Bahr would also score as NMU once again fight back to within a two-goal deficit.

The 'Cats weren't done yet as Ringlever scored her second goal of the day at the 17:16 mark of the first half before freshman attack/midfielder Emily Renfrew scored just a minute later to tie the game at 5-5 apiece.

Unfortunately for NMU, its shot at the comeback began to fizzle when CU added two quick goals shortly after to jump back ahead by two goals. Ringlever scored on another free position shot but the Golden Bears would score three more times before the end of stoppage, and would lead 10-6 at halftime.

CU opened the half with two goals straight out of the gate to resume play in the second half before Ringlever would score again for NMU, her fourth goal of the game. It was here however that the Golden Bears began to run away with the game, answering with six-straight goals. Speas and Renfrew would add tallies for the Wildcats but the offense wasn't able to overcome the deficit as the 'Cats went on to drop the match by a score of 21-9

Turnovers would prove to be the achilles heel of the match as NMU committed 20 compared to CU's 13. NMU also lost the ground ball battle by only collecting 16 compared to CU's 23.

Despite the loss, the Wildcat offense has continued to produce big names and big point totals with Ringlever leading the team with 26 goals. The freshmen duo of Speas and Renfrew continue to produce with both players adding to a stellar rookie cason: Speas with 19 goals and Renfrew with 17.

Next up for the Wildcats is a rematch against CU, this time on home field on Wednesday, April 10. The Golden Bears have a plus-.500 record with a 7-4 mark, 4-2 in GLIAC play and currently reside tied for third place in the conference with McKendree University. The 'Cats are 3-7 overall and carry a 2-4 GLIAC record and are still within striking distance of making up points in conference after finding itself tied for sixth place with Ashland University.

Photo courtesy of NMU athle

Sophomore Shannon Walus defends a ball at the Superior Dome against the Concordia University Golden Bears. The women's lacrosse team took on three rivals from the GLIAC conference this week.

Sustained injuries hurt more than victories



14 The North Wind

April is a holy time of the year in the sports world and you would be hard pressed to find a contradictory opinion on the matter.

The juggernaut of college sports that is March Madness has just concluded, congratulations to Virginia University. A year removed from suffering the most shocking upset of all time in all of college basketball history, a loss against a sixteen-seed and the first in tournament history, to follow up with a national championship is nothing short of astounding

Since the tournament's inception, nobody has recorded a perfect bracket and with good reason as to why. With 64 teams in the tournament and 32 games played, the chances of a perfect bracket are 1 in 9,223,372,036,854,775,808 (that's 9.2 quintillion), according to an article published by Duke University.

Many fans, including myself, fill out more than one yet I'm still lucky to see just one of my final Four predictions come true. That's why as a sports enthusiast I

turn my gaze to a different sports bracket, the NHL Playoffs.

Thursday, April 11, 2019

Beginning on Wednesday, April 10, the top sixteen teams in the NHL face off for a chance to hoist the most desireable trophy in all of professional sports, the Stanley Cup. It is mythologized as the "hardest trophy to win in sports" and the hype truly lives up to the journey.

Hockey players are known for their toughness, and examination of patient hospital records after the Stanley Cup Playoffs concludes shows just that.

Take the legend of Boston Bruins forward Patrice Bergeron into consideration. In the 2013 Finals against the Chicago Blackhawks, Bergeron appeared to be ailing but pushed through the pain before the Bruins finally the series in six games.

It was revealed that Bergeron was playing a Herculean task of keeping up with a smorgasbord of threatening issues. Bergeron suffered a torn rib cartilage in game 4 of the finals, a broken rib in game 5 before separating his left shoulder and piercing his left lung during game 6.

In this series, Bergeron pushed his body to the absolute limits and then some with plenty of fans exclaiming, "Is it worth it?" These top athletes have access to training and therapy sessions that are the best in the world. You could argue that if there was anybody who could overcome this sort of injury, it would be these athletes. But at what point should you start to consider the longterm physical effects?

In sports such as the NFL, we are finally starting to see the conception of organizations devoted to the health of former stars, such as the Concussion Legacy Foundation, committed to providing

The memories of a championship must be amazing, but a lifestyle of permanent damage should far outweigh that mindset.

assistance and resources to former players.

The competitive drive that stacks the building blocks of these athletes is something to be considered when discussing such a taboo topic such as physical and mental health. It's not surprising to see athletes want to push themselves to the limits to achieve their goal, a championship. Winning is their job. That is why they are paid, to

Chicago to give his team a competitive edge. Team doctors told him there was no chance that was happening and transported him

play the game and win champion-

ships for their teams, for their cit-

ies and their personal validation.

They train year round to stand on

a pillar at the end of the season to

But why does it seem that hock-

ey players take this to the most ex-

treme? Is it the physique that we

have built them up to be tougher

than they actually are, that they're

Bergeron said after game 5 that

he was actively seeking consul-

tation to return to the game in

doing this for us?

say one thing, "I'm the best."

to a local hospital. To start game 6, Bergeron admitted he wasn't sure that he would be able to play. After discussing with team doctors, a nerve-block procedure would do the trick long enough to give Bergeron the playing time he so

desperately sought.

He suffered a punctured lung in the first period and was administered another nerve-blocking procedure during the first intermission. It wasn't enough to win the game, however, as Boston would lose in the final seconds and Chicago would win the championship.

Where is the separation between wanting the best for our teams as fans and wanting the best out of our players? This point can be argued for now until eternity with no correct answer in sight. Obviously the lights and glamour of the spotlight can be glaring and interfere with logic and choice. I would tell these players to put it all out on the line just as Bergeron did but that just wouldn't be fair. The memories of a championship must be amazing, but a lifestyle of permanent damage should far outweigh that mindset.

I applaud anyone who is as dedicated to their sport enough to risk life-threatening consequences. They give us fans hope and promise, a tall-tale that will live on for eternities. If they are willing to lay everything out, who am Ito judge? Sports comradery can mend any wounds through time.

LIGHT THE LAMP

NMU men's ice hockey 2018-19 season in photos

Editor's note: Although the season officially ended for the 'Cats in March, the ice hasn't melted. This photo collection highlights notable moments in a season of 21 total wins and a second-place finish in the WCHA.

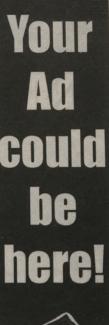


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MODE

pretty phonetic ... she already began layout how inspirational it's 7:06 p.m. wut is this weekly calcium discussion as long as you're budget-ing for it, drink the milk your body will crumble like a witch in the rain Poetry with Soph's Apple Watch (TM): On my way. In a meeting. Call you later? Hello Sorry, can't talk right now.... Sorry, no. The end. muscle weight or muscle mass? jackies got new lotionnnn so much inspo tonight buy the dang ad feel better alex !!!!!!! pie grasshopper pie iron bay my cocks t shirt hi kaden hey riley antivax she plays gOlf i wrote butt sophie is the more inspirational did u get it? UUUhhh? today, we are sporty screw vending machines! scammas tim stress-humming he used "community" 21 times in his 1.5 pg paper is it an nmu or a nmu our brains hurt riley the cutout king *whispers* "nothing" -jackie j open mic ladies!!!! it better be good

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