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Fall Semester



SPORTS

NMU Hockey kicks off their first season with head coach Grant Potulny with a series against Lake Superior State.

► See PAGE 13



FEATURES

Learn the basics of vinyl record collecting and check out the upcoming NMU Vinyl Record Sale this weekend.

See PAGE 8 & 9







@NorthWindNews /NMUNorthWind

NMU No. 1 in student loan default

By Jackie Jahfetson

contributing writer

NMU is the No.1 Michigan public university for student loan default rates with just over 1 in every 10 students who graduated in 2014 defaulting on loans, according to a recent data report from Department of Educasuch as Michigan Tech University had just 2 percent of students defaulting on loans.

Historically, NMU fell right in line with being consistently higher than other Michigan Universities, Shawn Olson, financial aid assistant director at NMU, said. If one year out of the three-year period increases too much, it will majorly affect the average

percentage, Olson Parr. nools n't get default der conwill lose their financial eligibility," Olson said. "It's the school's best interest to inform

report revealed that nearly 1 of 8 student borrowers in Michigan, just under 13 percent, have defaulted between Oct. 1, 2013 and Sept. 30, 2016.

NMU's percentage peaked at 11 percent from 2014 graduates, whereas other public universities

s about their which is one

st affordable institutions in the state, holds the highest number of borrowers with roughly 275 defaulting on student loans. This might be because NMU has a slightly higher percentage of undergraduates that receive federal Pell grants, typically reserved for low-income students, than other universities in the state.

First generation students might not have parents who are experienced in the loan process, Olson said. She added that those who drop out after one or two semesters also often have difficulty paying loans off.

Financial Aid sends notices three times a year to scheduled default students to avoid building up the default rate. After the 270day period, there's still time to regain the loan before it enters into default but students should aim to pay it off sooner.

"The longer you let it go, the worse it gets," Olson said on bypassing loan payments. "This may lead to future problems with credit, wages and income."

Students unaware of the loan process should talk to a financial aid adviser, she said.

"We don't make the rules. We interpret them," Olson said.

Students like sophomore forensic biochemistry major Aaryn Cooper plan to stay on top of loans by planning ahead with a budget and not taking the maximum number of unsubsidized loans from financial aid.

"Too many college students take out loans and fail to pay them off after graduation because they have a difficult time finding work," Cooper said.

It's not easy picking out the right plan and some things are coated away from the surface, Cooper added.

"With the refund money I get back, I plan to use some of it for books and supplies and send the rest back," Cooper said.

"It's better to exhaust other options and try to find as many scholarships you can," Cooper said for advice to other student borrowers.

To control your loans, the best way is to reduce your debt by trying not to repeat classes and avoid changing your major, Olson said.

"Money is a difficult topic for people but the best way to stay on top is to keep yourself wellinformed," Olson said.

Sitting down with a financial aid advisor more than once a year can bypass many of the obstacles, Olson said.

"You Know What You Owe" are sit-down sessions held twice a year by financial aid representatives that teach students ways that they can track their loans and how to pay them off after college. The next session will be held at 6 p.m. Monday, Oct. 23, in room 1213 at the University Center. Students can register at www.nmu.edu/skillbuilders.

Former student pleads guilty to two felonies

By Trevor Drew sports editor

Former NMU student Allen Teppo will be sentenced in November after pleading guilty to two felonies stemming from an incident where he assaulted three police officers and damaged university property while on the influence of a synthetic form of LSD.

Teppo originally was charged with one count of malicious destruction of property costing \$1,000 to less than \$20,000, four counts of resisting and obstruction and two counts of assaulting a police officer.



Teppo

The Newberry native pleaded guilty to one count of resisting and obstruction and one count of assaulting a police officer. The rest of his charges were dropped.

On the night of the arrest, officers were dispatched to Gant/Spalding area in response to reports of a disorderly person, according to police reports.

When officers found Teppo, who was in a violent state, he assaulted three of the officers and injured one.

Once secured, the 19-yearold was taken to Marquette General Hospital for medical attention due to injuries obtained before the arrest.

He is expected to return to Marquette County Courthouse Nov. 17 where he will be sentenced.

Public Safety outlines active shooter guidelines

By Winter Keefer

editor-in-chief

Run, hide and lock down.

This is the guideline Public Safety gives on its website in the case of an active shooter on campus.

"The only time we think about it is when something happens," said Detective Lt. Guy LaPlante. "It's the only time we start thinking well, 'What if? What if?"

"What if?" might be on the minds of students after the deadliest mass shooting in United States history shook Las Vegas Sunday night, with 59 people dead, including the shooter, and over 500 injured.

If something seems out of order, the first thing to do is report it, Laplante said.

"Being aware of your sur-

roundings is key," he said.

In the case of an active shooter situation find a safe place and lock down, LaPlante said.

walls, thick desks or filing cabinets that can protect from bullets.

If someone is injured, signs can be placed on exterior windows to The response guidelines say identify the location of the person

Being aware of your surroundings is key.

— Guy LaPlante Detective Lt.

to lock and barricade doors, turn off lights, close blinds, block windows, turn off computer monitors and silence cell phones. Occupants should remain calm, quiet and out of sight while taking adequate cover such as concrete

who needs aid.

"Communicate the best you can to authorities and just plan on chaos," LaPlante said. "Plan on it. Plan on being hunkered down for awhile."

If in close quarters to the assail-

LaPlante said. "If you're in a situation where you have an opportunity to quell

ant, fighting may be an option,

it, maybe fighting is the only thing you have left," he said. "That's a call on you. That's a tough call but that would be a last-ditch ef-The entire campus is able to

lock down in one minute and 38 seconds with a push of a button from public safety and is equipped with mass notification systems. Public safety can also take over laptops and send out a text alert to every student signed up for the Emergency Text Alert Program.

To stay informed about any emergency situation on campus, students can sign up for Public Safety's Emergency Text Alert Program through the Public Safety website.

The North Wind Thursday, Oct. 5, 2017

Dining services switches to local food vendor



Lindsey Eaton/NW

Servers at the Wildcat Den prepare food for a line of NMU students. The Den is one primary location to find new food products from Reinhart.

By Noah Hausmann

features editor

This summer, NMU switched its primary food vendor the company from which the university purchases about 90 percent of its food from Gordon Food Service (GFS) to Reinhart Foodservice.

The new prime vendor contract with Reinhart began on

July 1. It is a five-year agreement, with the option of one additional two-year extension, and it is for \$3.2 million in food purchases annually.

"If we're able to provide better quality products at a better price, it's a difference you can taste and it's a difference that we should be able to pass on to students," Paul Schoonveld, associate director of Dining Services, said. "If we're successful in managing our finances, it directly impacts the students in a positive way."

NMU had been in a prime vendor relationship with GFS since 2005, but when the university's contract with that food service expired on June 30, new options were explored.

A committee from Dining Services and the Purchasing Department collaborated on the process, which began in August with writing a request for proposal. The request was sent out broadly, and three food distributors bid on the contract with NMU: Reinhart, Sysco and GFS.

Representatives from each of the vendors attended a mandatory preproposal conference and tour of campus on Dec. 6, so each company would understand NMU's specific needs.

The 11-person committee that included administrators, NMU's executive chef and registered dietician, as well as input from faculty, began the careful process of tastetest comparisons and reviewing each of the company's offers, and eventually the group made the final unanimous decision to choose Reinhart.

So far the university has pur-

chased about 1,900 different food products from Reinhart to serve at the different Dining Services locations, which include the Marketplace, the Wildcat Den, Fieras, Melted, Cat Trax, Simply Superior catering, concessions at the Superior Dome and more. The food products are also used for the culinary education programs.

With such a large need in the vendor selection process rather than comparing thousands of products from each of the three vendors, the committee focused on about 140 items that chefs particularly wanted to ensure the food distributers could supply in quantity and with good quality.

"We had to know they could stock those products because we're very loyal to a certain caliber of food. It's a sampling from across the board of some of those top items and looking at appropriate costs," Schoonveld explained. "We weren't willing to sacrifice quality for price.

"We also compared ingredients because we don't want to get something with a lot of garbage in it; we want a clean product," he added.

Sustainability was also a key factor in the decision. With Reinhart, food deliveries come from a warehouse located 8 miles from campus, which in turn is supplied by a distribution center in Shawano, Wisconsin, whereas with GFS, trucks came from Brighton, which is over 400 miles away.

"I think it's a good move for our students, and I think it's a good move for [Reinhart]," Director of Dining Services Sharon Carey said. "For sustainability, it's good to know trucks aren't going 450 miles to bring product up and go back to bring more product up. I like that it supports the local economy. I think it's a win-win for us as well as Reinhart foods."

Other advantages of Reinhart include only a 2-percent markup over wholesale costs, five-day-aweek delivery, and "value added" benefits such as student scholarships, internships, guest speakers and donated products for events like the NMU's Welcome Back Picnic.

Schoonveld said the relationship between vendor and client has also been better, partly because sales representatives are now closer and more accessible. In addition, the Reinhart sales representative assigned to the contract, Weston Bellefeuille, an NMU hospitality and tourism management alumnus, has been doing an impressive job.



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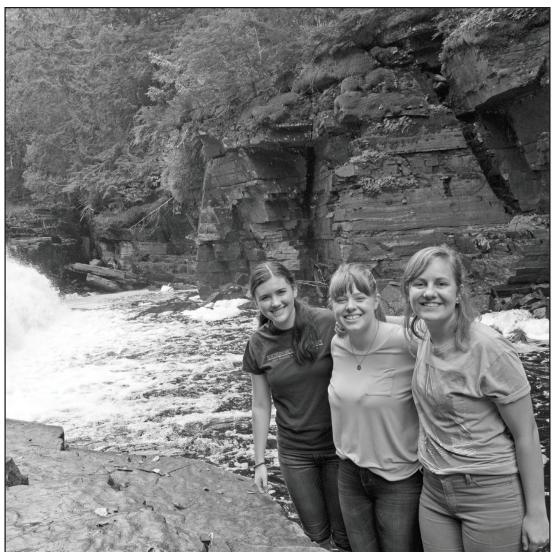
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Canyon Falls & Friendship



indsey Eaton/NW

NMU students Marissa Wall, Brook Burlingame, and Shelby Roesner (pictured right to left), embrace for a photo during Adventure Day for NMU's Cru chapter, a campus ministry group.

STATE NEWS

In a 31-5 vote on Wed. Oct. 3, the Michigan Senate passed a bill prohibiting Michigan communities from imposing an excise tax on food, pop or chewing gum. Excise taxes, often included in the price of a product, are taxes paid when purchases are made on a specific good, such as food or gasoline. Meanwhile, under a bill introduced last week in the Michigan House of Representatives, low-income residents who qualify for food assistance would be prohibited from buying soda and other carbonated beverages. The bill HB 4278 which is sponsored by Rep. Beau LaFave, R-Iron Mountain, would seriously impact the Upper Peninsula, which has a large percentage of households who qualify for food assistance.

NATIONAL NEWS

In reportedly the biggest mass shooting in U.S. history, at least 58 people were killed and at least 500 others were injured before the shooter turned the gun on himself, ending his own life. Standing before first responders, police, the mayor of Las Vegas and the governor, President Trump addressed Nevada citizens on Oct. 4, saying, "You're not alone. We will never leave your side." He also lauded first responders in Las Vegas, saying, "Americans defied hate with love' and 'courage. The shooter was identified as 64-year-old Stephen Paddock, who was from Mesquite, Nevada.

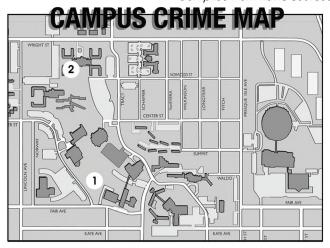
INTERNATIONAL NEWS

The five-hour presidential trip to San Juan on Tuesday Oct. 3, came two weeks after Hurricane Maria devastated the island, and followed complaints that the U.S. government's handling of the storm's aftermath was too slow. During his televised meeting with emergency responders and officials of Puerto Rico, Trump heavily praised the federal response team. After the meeting, he reportedly toured in and around San Juan, stopping at a church to hand out relief supplies and throwing paper towels into the crowd.

WEIRD NEWS

On Monday, 68-year-old boxing legend George Foreman used Twitter to challenge 65-year-old action-movie star Steven Seagal to a 10-round fight in Las Vegas. "One on one, I use boxing you can use whatever," Foreman tweeted. He later clarified it would be "hand to hand" combat only, with "no weapons" allowed, and suggested the battle could be broadcasted on pay-per-view. Seagal, a Michigan-born actor who became a Russian citizen in 2016, last week called NFL pregame protests "outrageous," "a joke" and "disgusting" and has yet to comment on the proposal.

— Compiled from news sources



1. Larceny of a parking pass was reported at 2:43 p.m. Tuesday Oct. 3 in lot 29.

2. Attempted fraud by phone was reported at 3:17 p.m. Monday, Oct. 2 in Gant Hall.



Lindsey Eaton/NW

Students use newly acquired cardio exercise equipment at the Wildcat Fit Zone, an extension of the PEIF into the housing and residence life part of campus. The Fit Zone will host a grand opening at the end of October.

New facility brings Stair Master, fitness room to rec pass carriers

By Von Lanier

news editor

Another recreation center, serving as an extension of the Physical Education Instruction Facility (PEIF), is now available on campus for students who opted for a PEIF pass this semester.

The Wildcat Fit Zone is located on campus between the Hunt/Van Antwerp and Magers/Meyland residence halls. It now occupies the roughly 10,500 square feet of facility space between the two housing structures. The new facility has hand weights ranging from 5 pounds to 50, a cable cross, plyometric equipment, 15 cardio pieces, which include treadmills, bikes, and ellipticals, a newly acquired Stair Climber, as well as a fitness studio.

"For all 15 years that I've been here at Northern, the students on campus have always complained about having to walk to the PEIF to work out and we couldn't sell them on the fact that it was their warm up and their cool down after their workout," Tricia Bush, associate director of intercollegiate athletics and recreational sports, said. "This has been something we've wanted to do for a long time and it just so happened with the passing of the student rec fee going into tuition and fees last summer, that the money was then there that we could start taking from to build a new extension of the PEIF.

"It is for students only, whereas the PEIF rec center is for students faculty staff and community."

Bush noted the facility's exclusive availability to students is the result of money from the student rec fee, which is added to tuition if students don't choose to opt

"The project dollar amount was \$500,000, and we're taking \$100,000 from the student rec fee for five years," Bush said. "The \$500,000 was spent this year to build it but it's getting paid for over the next five years."

Because the space for the Fit Zone is extremely limited, Bush said there is not much more that can be added in terms of activities but the recreation department will potentially swap out pieces of exercise equipment over the years, depending on what is working and what isn't.

Equipment was chosen for the facility based on the space that was available and following trends from other facilities in campus recreation, said Katie Moe, campus recreation and fitness manager of intercollegiate athletics and recreational sports. Moe was responsible for designing the Fit Zone and deciding what pieces of equipment to include.

"Some of the pieces that we have here, we don't even have at the PEIF rec area," Moe said.

Those pieces of equipment include the Stair Master and two adaptive motion trainers students can use for elliptical workouts. Moe said the new facility has helped create more space at the PEIF, where sometimes the weight equipment would have to be placed right next to the cardio equipment. She added this used to cause deterioration of the structure from the constant dropping of dumbbells.

"It's not like the PEIF rec center weight room because we don't have enough space for that," Moe said.

She added students who prefer to just work specific body parts by lifting can essentially do so at the Fit Zone, using the cable cross instead of going to the weight room at the PEIF

The Fit Zone, which has been open since Sept. 18, will be magaged soley by the recreational sports department. During the first week of operation, 543 people visited the Fit Zone with 144 people on just a single day. During the second week, there were 593 visitors, Moe said.

A grand opening of the facility planned will likely take place at the end of October, Bush said, adding, "We're waiting on signage."

The fitness studio is now available to rent and utilize for group fitness classes, like Zumba, or for NMU's Hip Hop Dance Team. All students who purchased a student recreation pass are able to access and utilize the Wildcat Fit Zone as well as the PEIF Recreation Center during available times.

The Fit Zone is open from 7 a.m. to 11 p.m. Monday to Thursday; 7 a.m. to 10 p.m. on Friday; 10 a.m. to 6 p.m. on Saturday, and from noon to 8 p.m. on Sunday. The facility will never open on holidays or holiday breaks.

The Fit Zone is also fully staffed by NMU students. Recreation students pursuing an internship are encouraged to consider working at the Fit Zone, Bush said.

"Established during the Fall 2017 academic year, the Fit Zone was created to better serve the wellness needs of Northern Michigan University students who may be living on campus," The NMU recreational sports website said. "This NMU-student-only recreation area allows those commuting to campus and living down campus the ability to "work out" between classes or attend a group fitness class when there is not extra time to get over to the much larger PEIF Recreation Center."

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Campus Briefs

COMMUNITY

Nurses of UP Health System-Marquette are following through with an intended strike on the Marquette General Hospital, citing a unsafe level of nurse-to-patient staffing ratios and demanding that the hospital hire more nurses. The notice to strike was given over 10 days in advance, as lawfully required. In the event that negotiations cannot be reached before the intended strike date, the hospital will use an outside staffing firm to tend to patient needs. The strike is scheduled for today at 7 a.m. and will continue until Friday, Oct. 6, 2017.

PUBLIC SAFETY

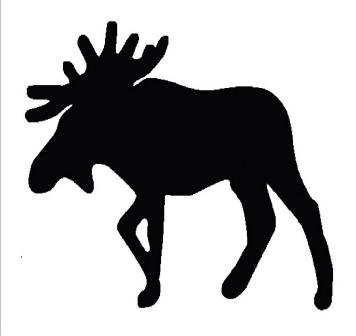
A campus-wide email was sent out to students on Wednesday afternoon, warning them of an IRS scam targeting students for personal information. The scammers are using a technique that makes it appear as if they are calling from the Public Safety number, according to the email. The callers will reportedly identify themselves as a Public Safety Officer or a Federal Agent with a heavy foreign accent. "They state that they have a warrant for your arrest for tax evasion," the email said. Public safety officials are warning students to be cautious when asked to share personal information because NMU will never ask for personal information over the phone or via email, according to the email.

DIVERSITY AND INCLUSION

The Associated Students of Northern Michigan University alongside students from the Native American studies department are going through with a celebration of Indigenous People's Day in place of Columbus Day despite the Board of Trustees choosing not to vote on the issue at its last meeting. The celebration will take place on from 11 a.m. to 5 p.m. on Monday, Oct. 9, at the academic mall of the university. Other student organizations, colleges and tribes outside of the Anishinaabe are invited to join in the celebration, according to a mass email released by students involved with the Native American Studies program at NMU.

POLITICAL SCIENCE

A Democratic candidate running for Governor of Michigan is coming to NMU on Monday to speak with the NMU College Democrats. Abdul El-Sayed, a 32 year old Rhodes scholar, is the former Health Commissioner for the City of Detroit. He is currently running to replace Snyder as the Governor of Michigan. El-Sayed is currently traveling across the state for his second statewide Listening Tour. He will speak at the Don. H Bottum University Center - Marquette Room at at 7:30 p.m. on Oct. 9, 2017.





Lindsey Eaton/NW

The Academic Mall, pictured above, contains an empty field where the old Jamrich Hall once stood. The desolate area will become reinvigorated with the arrival of native tree species that will be planted throughout fall.

NMU acquires native trees through private donor fund

By Von Lanier

news editor

An anonymous donor recently gave an unspecified dollar amount to NMU to support the planting of over 100 trees containing a mix of native deciduous species to be planted this fall. Deciduous species, in this case, refers to trees that lose their leaves seasonally.

The private donor, who does not prefer to be identified, said in a press release from NMU, "During a recent visit to Northern, I was made aware of an initiative by university leadership to enhance landscaping of the campus. I saw an opportunity that aligned with my own interests in connecting people and places. It is a pleasure to support this project for the ultimate benefit of the entire community."

Jim Thams, director of engineering and campus planning facilities, said the trees will have 3-inch diameter trunks and when planted they will range anywhere from 15 to 20 feet in stature.

"If you think of some of the areas like where the old Jamrich building used to sit, there's not a lot there," Thams said. "The land-scaping is really pretty sparse."

Over the summer, NMU maintenance crews trimmed and in some cases removed trees and shrubs that were either overgrown, damaged or that encroached on buildings, sidewalks or parking areas. Thams explained that there was more to it than just tearing trees down, stating that trees with low-hanging branches were

I will say, we trimmed far more trees than we took down.

— Jim Thams director, engineering and planning facilities

trimmed or ultimately removed to improve visibility on campus for safety reasons.

Thams explained that when branches extend near the ground or encroach on a building entrance, like ones that were recently removed from outside of the Hedgcock building, it creates a potential hiding spot for people with malicious intent. Trees that weren't completely removed over the summer were trimmed to an appropriate height of 6 to 7 feet off the ground, Thams noted.

"I will say, we trimmed far more trees than we took down," Thams said. "We did take trees down, but we spent far more time trimming trees up than we did taking trees down this summer," Thams said, adding, "The trees that were taken down were trees that had really kind of outgrown the spot that they were or had some kind of physical damage to them."

Many of the new trees will be planted in the academic mall, which is framed by the Learning Resources Center, New Science Facility, West Science Building and Jamrich Hall. Other trees will extend east from the Mc-Clintock area through the pedestrian "spine" to Seventh Street. Canopy-style species will be planted on both sides of Eliza-

beth Harden Drive from the Fair Avenue entrance to the West Science building. Additional trees are expected be planted on campus in the spring.

"We are grateful to the donor for this creative way of giving," NMU President Fritz Erickson said in a press release. "These trees will be a gift that students, faculty, staff, families, returning alumni and community members will be able to enjoy for generations to come. The project enhances our physical campus and supports our sustainability initiative, but in a way that does not compromise safety."



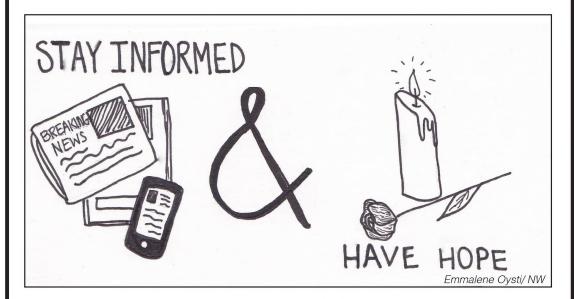
ERICKSON

G & J Site Solution, a landscaping company from Calumet, was chosen by the university to plant the trees after they submitted a successful bid for the project last week.

CORRECTION

In the story from Sept. 28 titled, "Documentary detailing creation of Mormonism, founder's life set to broadcast on U.P. stations;" the voice-over for the film was done by Gregory Peck, who was identified as Richard Peck.

EDITORIAL -



Awareness isn't limited to coverage

Natural disasters, social justice and political callousness were at the forefront of national headlines last month. Just as quickly as the storms cleared, so too was their coverage erased and replaced by fresher, more controversial news. Now, as the nation continues the post-Maria healing process and initiates recovery from the deadliest mass-shooting of modern U.S. history, it's essential that we don't forget about dated problems, even though they disappear from our newsfeeds.

Just because stories on DACA were exchanged for coverage of hurricanes, the NFL shadowed North Korean tensions and bullets canceled out health care bills, their impacts linger on our lives. Our position in the Upper Penninsula doesn't insulate us from national trends and tragedies-in our own backyard experienced recently premature loss of community members.

There are fellow Wildcats with families and friends enduring the effects of these disasters first-hand. As college students, it's easy to be distracted by immediate obligations, alternative stresses and individual adversities, but, we're not isolated from each other, nor from those

who exist beyond the screen.

Being thousands of miles away from Puerto Rico and Las Vegas makes it seem like we can't better the situations in any way. But, as we navigate these crises through social media, let's utilize networking platforms for their capacity to share perspectives and unite communities to introduce meaningful change. Remember that for those who have undergone these events, their problems aren't expiring and neither are opportunities for promoting assistance and awareness.

The constant bombardment of content can be suffocating, and sorting through authentic and fake news can be discouraging to understanding national concerns, but some objective issues fall through the filter regardless of their subjective headlines. When we read and communicate opinions reacting to these events, we can't let our own get in the way of helping those suffering or blind us to the issues that deserve attention.

As we move forward and pick up the pieces, keep in mind that coverage is temporary, but its context is permanent. Prioritize what you post, and share stories that need it the most.

THE NORTH WIND



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Health care reform lacks inclusivity



Staff Column

> Kara Toay

While scrolling through Twitter one day, I came across the hastag #GrahamCassidy. When I saw the hashtag, I was intrigued. What could it possibly be about? As I looked into the hashtag more, I found out it was talking about the latest health care bill that was being brought before Congress. I didn't like what I saw, and there were many other people who didn't either.

In an article by NPR, I saw some of the concerns over the bill. What was going to happen with Medicaid was just one of them. This bill would transform the structure of Medicaid, giving states control and cutting funding for Medicaid over time. It also addressed essential health benefits, including: maternity care, mental health, hospitalization, prescription drugs, emergency care, children's health and the fear of not having enough time to set rates for 2018.

But the biggest issue and concern I had, and saw on Twitter and in the article, was how the bill would deal with pre-existing conditions. With the Cassidy-Graham bill, and other bills that have been proposed, it would waive the requirement of the Affordable Care Act (ACA) wherein insurers have to cover pre-existing conditions without charging more for doing so.

I have a pre-existing condition. I have had it since birth, and I know other people who have a pre-existing condition as well. The fact that this bill, and other bills that have been proposed by the Trump administration, want to take away the requirement that insurers cover pre-existing conditions is heart-

Luckily, the Cassidy-Graham bill did not go through the Senate, therefore killing it. When I saw this, I was extremely pleased. I'm proud of the people who stood up and advocated against the bill. The people who spoke up on Twitter, or any form of social media are getting it right. We should stand up for what we believe in and what is right. Be proud that you did.

Everyone should be able to get the health care that they need. I shouldn't have to be worried about my health care coverage because of a condition I have had since I was born, nor should anyone else who has one. It is something we have no control over. This bill doesn't just affect the condition I have, but it affects people who have diabetes, cancer, chronic diseases and mental illnesses. For those who have these conditions, health care could become unaffordable.

Health care involves everyone; even children would be affected by a bill like this. Children are our future and should be getting the best care possible along with people who have pre-existing conditions. I don't have a solution on how to solve these issues to include everyone, but we should be coming together and finding a way to make this happen.

We shouldn't pass health care bills that don't cover everyone who needs it. People shouldn't be held liable for something that they can't control. No one can control if they have a chronic disease, diabetes or cancer. I have seen what people with diabetes and cancer go through—my own grandfather died of cancer when I was younger.

We shouldn't be making health care more complicated and unaffordable. If anything, we should be helping these people get the care that they

WRITERS WANTED

The North Wind is hiring opinion writers who can intelligently argue one side of political and social campus issues. To apply, stop in The North Wind office at 2310 University Center, 1401 Presque Isle Ave., Marquette, MI 49855

LETTER POLICY

Letters to the Editor must include a full name, year, major and phone number for verification. Limit letters to 250 words or less. All letters may be edited for grammar and length.

Letters can be mailed to The North Wind, 2310 University Center, 1401 Presque Isle Ave., Marquette, MI 49855.

Letters can also be submitted via email to editor.northwind@ gmail.com, or through a website submission on www. thenorthwindonline.com.

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Solitude fosters reflection



Guest Column

Zoe Maki

Over the weekend, I made the seven-hour excursion to my hometown. Alone. I did not talk to a single soul for four movie lengths of time, and because of this, I became more acutely aware of the sounds, sights and smells of my surroundings.

In those hours of solitude, I learned more about myself than I have over the span of months, and discovered that the root of happiness doesn't need to be found in shared moments with others. Instead, happiness can be found in witnessing the complex organ in our skull wander without hindrance.

We exist in a society that celebrates independence, yet we are perpetually connected to each other and fear being alone. In college cultures, people have cell phones glued to their hands and rarely have a moment of stillness. Some individuals give solitude a bad rap, and because of this, isolating yourself leads to unintentional stereotypes of being a misanthropic loner.

This view of seclusion, however, stems from the reality that most people are afraid of spending time alone without any distractions. In fact, a study conducted by the University of Virginia revealed that a quarter of women and two-thirds of men would prefer an electric shock over spending 15 minutes with their own thoughts.

I can understand that a majority of people are terrified of being alone, but how can we possibly thrive without becoming intimate with living in our own skin?

There is vast beauty to be found in silence and solitude. It starts with simply being cognizant. If we are not preoccupied by our phones or the constant chatter around us, then we tap into the secret to self-awareness: no distractions.

Not engulfing ourselves in negligent diversions means we aren't having meaningless conversation to avoid the silence we dread. We can listen to the world that engulfs us and can witness things we would otherwise miss because of our loud, frantic distractions. If we are engaged in a conversation, then we may not listen to what the other is saying, but rather be preparing our response. However, when we

are alone, we have the freedom to reflect on our day, our life and our relationships; through solitude we can discover and create.

I'm not alone in my emphasis of the significance of solitude. Thomas Edison thought that "The best thinking has been done in solitude;" Pablo Picasso claimed that "Without great solitude no serious work is possible;" even Jack Kerouac appreciated aloneness; "No man should go through life without once experiencing healthy, even bored solitude in the wilderness, finding himself depending solely on himself and thereby learning his true hidden strength."

However, companionship can also be essential for growth, creativity and happiness. Humans have been dubbed "social creatures" for a reason most of us have a thirst for company. But, what is there to share from a mind that's always distracted?

In order to fully flourish, isolation provides the quiet stillness so many of us necessitate. Whether it's sipping a cup of coffee in the morning or solohiking up the backside of Sugarloaf, aloneness may be exactly what we need while navigating through the chaotic, distracting and congested mess we call college.

SOUND OFF

What do you think about the impending UP Health System nurse strike?



Zach Salmi, freshman biology physiology

"The reputations of general health and the hospital is at stake. Nurses need to be well-trained and knowledgeable."



Andrew Taylor, junior environmental studies and sustainability

"I think it's absolutely justified; people responsible for human life shouldn't be working mandatory 16 hour shifts."



Anastasia Fiebig, sophomore neuroscience

"There're really good nurses in that hospital, but a lot of mismanagement. Things need to change through a peaceful platform."



Anna Young, freshman Cinical Laborartory Science

"It sucks for patients that nurses will be gone, but the nurses have the right and it's a good cause."

compiled by Kat Torreano

An open letter to President Trump



Guest Column

Tyler Young

Since the President has apparently availed himself of his right to free speech while criticizing others who do so, I thought that I'd throw in my two cents while I still can. Though I know that Twitter is his preferred means of communication, I've decided, instead, to draft him an open letter.

Mr. President, first let me congratulate you on your victory in the most recent presidential election. While I do not personally support you, it must be said that your straightforwardness is a quality that is rare in politics. The throngs of people that classify you as "not my president" are sore

losers, and should accept the fact that you did, indeed, win. Now that you're the occupant of the most important office in the free world, I thought I'd share some insights that might help you along in your governance.

Even though the people who have previously held your office have enjoyed the "bully pulpit," as Theodore Roosevelt called it, you've taken things to a new level. Twitter is not an appropriate tool for the president of the United States to use when it comes to foreign policy. I really never thought that spelling that fact out would be necessary, but apparently, that's the world in which we live. As a matter of fact. Twitter shouldn't be a means. of communication between the president and the American people, either, at least not to the extent to which you have taken it during your first year in office. Your use of the social media platform to bash and disparage many fine, upstanding people and organizations is, at best, alarming, and at worst, criminal. I wonder how you'd react if the roles were reversed, and you were the one being criticized by a person of your considerable power.

While I don't necessarily see your use of Twitter as the most important issue of your presidency so far, your latest outpourings on the site have been a mess. When I first saw your Tweets calling for athletes who knelt during the national anthem to be fired, I was appalled. Not only did you seem to contradict yourself (you had previously suggested that U.C. Berkeley should be cut off from federal funding for limiting free speech), you contradicted the First Amendment to the United States Constitution. Never have I known of a situation wherein

the sitting President shows such a blatant disregard for the principles on which our great nation was founded. By not allowing people to protest what they feel is unjust treatment, you put a stranglehold on free speech, and in doing so, oppress the people who are on the bottom of the societal pyramid. You don't necessarily have to agree with those people, Mr. President, but you do have to give them an opportunity to make their case.

As the quote from Evelyn Beatrice Hall famously asserts, "I disapprove of what you say, but I will defend to the death your right to say it." This sentiment is reflected by our founding fathers and our Constitution, and so should it be reflected by the leader of the United States. In that same vein, however, I must also apply these principles to myself. As long as you don't take any action

beyond voicing your opinion, Mr. President, I will defend your right to say what you believe.

But remember this, and remember it well: you have influence. You possess more power to create change in the world than almost anybody else alive, and you can do so by simply pressing "send" on a message that is 140 characters or fewer. Whether you like it or not, sir, your Tweets are viewed by the citizens of the United States and people around the world as America's official statements, and you should keep this in mind as you exercise your right to free speech. If you believe that anthem protesters should be fired or otherwise punished, that's fine. But unless you want the world to view the United States of America as an increasingly dictatorial nation, I strongly suggest another means of speaking out.

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Classical and folk musicians Evan Premo and his sister Laurel Premo jam at Reynold's Recital Hall on Friday, Sept. 29 as audience members have fortunate seats near the performers on stage.

'Beethoven and Banjos'

Classical meets folk in performance inspired by nature

By Jamie Glenn

staff writer

The sting of a cold fall night lingered in the air as students community members, young and old, gathered in the hall to hear the performance "Beethoven and Banjos," a seven-piece group that had composed a series of performances strung together with music, skits and poetry. The members have traveled across the Upper Peninsula to share their craft.

"Beethoven and Banios a cross-genre traveling show combining classical music and folk styles, performed at 7:30 p.m. Friday, Sept. 29 at NMU's Reynolds Recital Hall.

The group is a third-annual collaboration between members of Carnegie Hall's affiliate ensemble Decoda and folk artists. This year featured Michigan artist May Erlewine and celebrated the U.P.'s culture, heritage and landscape. The performance on NMU's campus was the first stop on the group's week-long 2017 Upper Peninsula tour. Other stops would include the Ontonagon and Crystal Falls theaters

on Saturday and Sunday, respec-

Bette Premo is executive director of the tour, meanwhile, two of the group's members are her son Evan Premo, who plays double bass and her daughter Laurel Premo, on banjo and fiddle. For them, this show is a bit of a family reunion.

"Evan is a classical musician and his sister Laurel is a folk musician," Bette Premo said. "They both are professional musicians, and they live elsewhere in the country, and so they love to come back and share their music with their home people. It's all just such beautiful music, and this particular program they're sharing has the theme [of] sacred places, so it's really fun."

The hall was packed with attendees, as an eager community filled every seat, and extra seating was even arranged along the sides of the venue and also on stage by the performers.

I've been to this event two years in a row, and it has been the highlight of my fall musical experience. The quality of the performers is just amazing and we are really lucky to have this in our community.

> -Mike Ryan audience member, NMU alumnus

Mike Ryan of Marquette, an alumnus of the NMU education program, awaited the performance with excitement.

"I've been to this event two years in a row, and it has been the highlight of my fall musical experience," Ryan said. "The quality of the performers is just amazing and we are really lucky to have this in our community."

Marquette community member Sue Vanderveen also had high hopes for the show.

"Well, I loved the poster, and jos, so why not?" Vanderveen explained. "I like folk music primarily. I like all kinds of good stuff, but folk music is probably my mainstay."

For Evan Premo, a native of Crystal Falls and also the artistic director of "Beethoven and Banjos," connecting with audience members is something he truly enjoys.

"I connect through music because music is something beautiful, language to connect through," he said.

The tones and theme of Earth conservation shined through much of the music that was performed throughout the night.

"Tonight I was struck by the message that came with our concert, which is something that I don't often get to participate in. I feel like it was such a strong message of conservation and taking care of our Earth and sacred places, so I feel like that was something that struck me tonight as we were doing the concert, that I was really proud to be a part of," he said.

"I'm looking forward to doing more of this, and I'm also a I like Beethoven and I like ban- composer and I love to create big works of art that send powerful messages, more of this and that," he added.

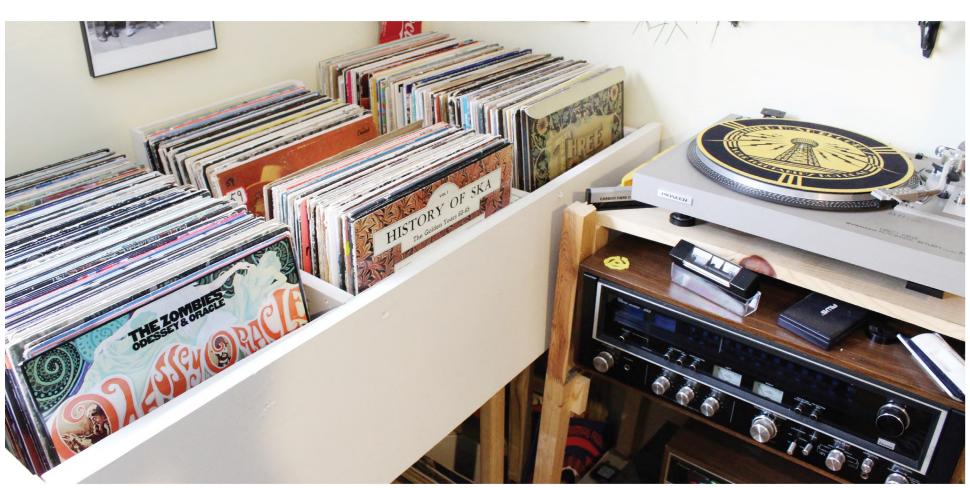
"The woods and the Earth are very important to me and always have been, and usually concerts that I do aren't this explicitly overt about that subject but a lot of the music that I write is certainly influenced by the Earth; and though I didn't have much of my own music on this program, except for the 'White Pine Waltz' at the very end, it certainly influences me as an artist and as a person who presents concerts as a performer as well as a composer."

Getting Into the Groove:

A beginner's guide to vinyl record collecting



Story and photos by Noah Hausmann /features editor



Greg Sandell's personal record stash and turntable.

What to look for

The most numerous type of vinyl record today is the 12-inch long-playing disc or LP, which tends to hold an album of eight to 12 songs. You can also find singles, called SPs or 45s. Most of these will be used records, but contemporary artists like Taylor Swift and Twenty One Pilots do offer songs on vinyl for a price.

Records are priced anywhere from 10 cents—for scratched and common albums—to hundreds of dollars for uber-collectible items. But most often, a \$3 used LP won't disappoint.

"Go after what you like and don't get caught up in collectability and collector's prices," Teichman said. "Stay within budget. There's a smart way to go about it."

Where to look

You can find vinyl at thrift stores as

well as retail and online. The site discogs.com is a vast database of record collecting info as well as a worldwide marketplace.

"Some people think that this stuff is outdated, that it's trash, but the reality is it's built to last," Teichman continued. "You can unearth something from an attic that hasn't been played in 40 years, and it'll still play great."

Ask relatives if they still have turntables and records gathering dust.

"The beauty of this is you may have a great record collection in your family and not know it. Ask your grandparents, aunts and uncles. Sometimes they're willing to let them go," Teichman added.

Marquette County offers several record stores. There's Gitche Gumee Café & Records on Third Street in Marquette, Mostly Music on Washington Street, Vinyl Destination in

Ishpeming, as well as Teichman's own Vintage Vinyl inside Irontown Antiques in Negaunee. Plus there's popup record sales on campus and at Ore Dock Brewing Co.

How to listen

One rather problematic element for a first-time collector is getting a sound system to play the music. You can get a suitcase-style record player with built-in speakers for \$50 online—which does work—but the traditional and higher-quality method is to connect a turntable, receiver amp and speakers. This is where you either have to fork out the big bucks or get thrifty. You can search eBay, Amazon and Craigslist for turntables, receivers, preamps and parts. Don't be afraid to channel your inner MacGyver.

"Two speakers works best," Sandell explained. "For speaker wire, you can

even cut up a lamp cord—it's the same stuff."

Who to talk to

Teichman is the adviser to NMU Vinyl Record Club, a group that welcomes folks of all ages and genders.

"There's no shame. Whether you're passionate about Barbra Streisand or Black Sabbath, they're all welcome at the turntable," Teichman said. "And we all help each other out."

For Sandell, vinyl is a love he grew up with and never gave up. He's thrilled to see when new people get into record collecting too.

"Get advice from someone who knows," Sandell suggested. "That's always, always good."

"Rock, country, blues, ska—they all started on vinyl," Sandell reminisced. "It's experiencing music the way the artist intended."

Those bins of colorful album art catch your eye. You wonder what it's like to rock out to the acoustics of analog grooves, and you feel the appeal of music without ads or buffering. You're eager to start, but you're scratching your head because this is your first time collecting vinyl. Here's some friendly advice with help from local record enthusiasts Jon Teichman and Greg Sandell.

Tips for caring for your records:

Never play a dirty or scratched record—it can damage both the vinyl and your needle. Clean even new records. Scratched vinyl can still sound decent, but avoid hurting a good turntable with a junky record.

Touch records on their outer edges only. Never touch their grooves with your bare hands because your natural body oils will transfer onto the record, attract more dust and impede sound quality.

Be careful when placing the playing needle by hand. You don't want to scratch the grooves.

Never place or pick up a record while the turntable is still spinning. Always wait for the turntable to come to a complete stop before touching the record.

Don't drop records into their sleeve or jacket. Hold it horizontally and carefully slide the record in.

Don't stack records on top of each other, whether it's in their sleeves or not, because the weight can cause them to warp and crack. Store them upright like books on a shelf.

Keep records in a temperate room. Heat and sun exposure causes vinyl to melt and warp.

Get a specialized record-cleaning brush, the older style the better. Otherwise, a lint-free cloth for cleaning eyeglasses can work too if you're gentle. Wash with liquid record cleaner or with distilled and de-ionized water. Err on the side of caution when cleaning vinyl.

Get started this weekend at the UC

By Jamie Glenn / staff writer

Record dealers from near and far are coming together for the upcoming Vinyl Record Sale that will be 10 a.m. to 4 p.m on Saturday, Oct. 7 at the Peter White Lounge of the University Center. New, used and collectible vinyl records will be up for sale and trade, along with plenty of music and pop culture memorabilia.

One of the event organizers, Jon Teichman, adviser to the NMU Vinyl Record Club since its beginning two years ago, looks to find community in the Marquette music scene.

"There's a community of collectors throughout this whole region, and it's gotten increasingly more popular over the last couple of years, so we're really excited to have another great event," Teichman said.

In addition to records, vendors will offer CDs, DVDs, vintage video games, movie and concert posters and comic books. Local music enthusiast Greg Sandell will DJ the event, filling the Peter White Lounge with turntable tunes.

"It's like a pop culture celebration," Teichman continued. "I mean, vinyl records are really where it's at, really something for everybody. [Sandell] plays a whole set of eclectic music during the entire sale, and he brings in a lot of interesting stuff, exotic instruments. He's got a whole display going."

Raffle prizes will be drawn throughout the day, and attendees are also welcome to bring records that they would like to trade with record dealers and other vinyl collectors.

"People who want to bring in a record to trade for something else can go to each individual dealer and see about trading in their records," Teichman said. "Really, it's just a fun event. It's a must-attend kind of event. I mean, a lot of this stuff is currently available online, but the chance to be together with a community of music fans and collectors is really what the event is about."

This is an opportunity for both young and old to come together and learn new things and meet new people.

"It's a chance for everybody to get together and celebrate music and learn about music and just embrace those passions that you share. It really is a chance to meet people from all over the state," Teichman added. "I think that every event that I go to I always learn something new. I like the look on someone's face when they see a record, it's about the whole experience, these physical media are touchstones for people."



Jon Teichman's record collection includes lots of collectibles from his many movie soundtracks, to his original "Yesterday and Today" by the Beatles with alternate artwork.



Jon Teichman and Greg Sandell present one of Sandell's records sitting in his basement where his other collection, his instruments, surrounds them.

10 The North Wind Thursday, Oct. 5, 2017 FEATURES

Magician aims to enchant Family Week

By Mason Wallace

contributing writer

Magic's newest rising star has performed all around the world with floating roses, bowling ball magic and doves appearing from thin air. The New York Times calls him "charming" and Mills Entertainment refers to him as "awesome."

Kid Ace is an American magician that blends modern music and fashion with the world of illusion.

The illusionist will perform at 8 p.m. on Friday, Oct. 6 in Jamrich Hall room 1100, in a free admission, family-friendly event hosted by PrimeTime Productions as part of NMU's Family Weekend.

"When coming to my show, people can expect it to feel like an intimate house party because there are no bad seats," Ace said. "The show is super interactive, and it's just not your typical magic show."

In 2009, Ace performed on Season 3 of "America's Got Talent" making it into the top 20.



Courtesy of Kid Ace/NW

Illusionist Kid Ace will perform his magic tricks in Jamrich Hall room 1100 this Friday, Oct. 6. The event is family-friendly and free admission.

He has also performed at the Ahoy Stadium in the Netherlands, headlined both a show at the Elecktra Theatre in New York, and Soft Touch's Productions Magic and Dance Circus.

He has had the opportunity

to perform for multiple celebrities including Madonna. He will also be included in the upcoming Season 2 of "Bill Nye Saves the World" on Netflix, where he will try to determine if and how animals react to magic. Ace will also

... there are no bad seats. The show is super interactive, and it's just not your typical magic show.

--Kid Ace magician and illusionist

be featured in Lil' Yachty and Young Thug's upcoming music video.

Ace is currently in the middle of a North American Tour, making stops at 70 different cities around the country, and Marquette is his next stop.

Originally from Harlem, New York, 27-year-old David Boyd, who goes by the stage name Kid Ace, said he began practicing magic at age 12 after his theater teacher showed him how to do his first magic trick.

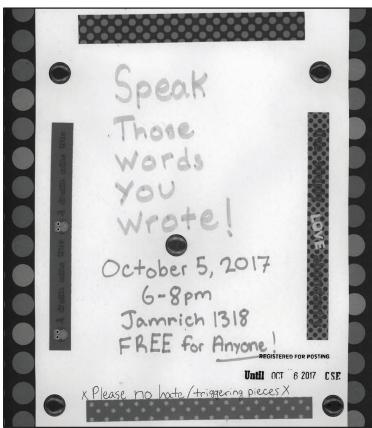
"After seeing that, I was bit by the bug," Ace said. "It was the one thing that stuck with me and gave me confidence and the identity of who I am."

Growing up, Ace performed in the streets of his neighborhood to neighbors and friends, but decided that he wanted something more for himself.

Ace said his best advice to other kids perusing their dreams is to never give up despite the obstacles found along the journey.

"The sky's the limit because anything is possible when you focus on what you love and you work hard," he explained. "There will be bumps along the way, but always try to make things work."

Open-mic event will feature creative writing



Lindsey Eaton/NW

Members of the student organization Creative Writers' Club hand-made posters to advertise for their event "Speak Those Words You Wrote."

By Von Lanier

news editor

Wordsmiths from across campus and the community will have an opportunity to showcase their expressive talent tonight at an open reading event hosted by the Creative Writers' Club at NMU.

"Speak Those Words You Wrote" will be from 6 to 8 p.m. in 1318 Jamrich Hall. It will be a free event for the public and open to any people who would like to read aloud pieces of their own creative writing.

The works could be anything from fiction and nonfiction, to slam poetry and even writing projects created for classes. The only writing not welcome is works that might be considered hate speech or trigger pieces.

Junior English writing and photography double major Susan Arnold, who is a co-president of the Creative Writers' Club, said this is the first time the student organization will offer the event, but they are hoping to offer it at least once a semester in the future.

"The club last year was pretty much all new members," Arnold explained. "We spent last year figuring out how to run the club and figuring out what works for our members.

"Then, I went to the Leadership Banquet, and I was super inspired by all these people winning nice things. I was like 'Let's do more as a club rather than just meet once a week," she said.

Arnold encourages anybody with any kind of creative piece to come out and share that work with the Northern community.

"As long as it's not hate," she clarified.

"I'm hoping that it's more than just club members that show up," Arnold continued. "But regardless, as long as someone reads, I think it will be successful."

Next semester if the event is hosted again, Arnold added, the club will try reaching out to local high schools in the area to "open up the bridge" and possibly also do some advertising at DIGS Gastropub's Tuesday poetry night events in order to promote to a broader range of people in the community.

The press release for the event reads, "If you've been working on a project or if you had a brain-blast the hour before, we accept any writing (within reason) and we encourage all to share!"

The Creative Writers' Club meets weekly from 6 to 8 p.m. on Fridays in room 311 of the Learning Resource Center at NMU. Any people are welcome to join and to share their creative works with the group.

The club is formatted as an open-minded, inclusive, constructive workshop-style environment for writers to get feedback and encouragement from fellow writers, as well as to make new friends.

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Whodunit?! No, really?

Mockumentary series uses humor and genital graffiti to explore social commentary



Series: 'American Vandal'

First Episdoe Date: Sept. 15, 2017

Genre: Mockumentary

Network: Netflix

Creators: Tony Yacenda, Dan Perrault

Starring: Jimmy Tatro, Tyler Alvarez

Rating:



By Andrew Ridolphi

contributing writer

A new Netflix original series hit the internet like a storm. "American Vandal" is boldly unique and draws questions to issues of justice, like how easy it is with a strong enough narrative to paint basically anyone with guilt, that is simultaneously relatable despite a ludicrous plot.

For anyone who saw "Making of a Murderer," the documentary about the alleged unfair treatment and imprisonment of Stephen Avery, they will immediately notice the similarities. That documentary sparked a heavy social media buzz and even started petitions to try to get Avery exonerated.

However, the big difference with "American Vandal" is this new series is totally fictitious and satirical.

The premise of "American Vandal" is, admittedly, a hard sell because of its immaturity. It takes the form of a student documentary, based around a vandalism that left 27 school faculty members' cars each spray-painted with an image of male genitalia.

The characters seem like real high school kids. Furthermore, they are realistic because no one is really a true antagonist; there is no villain or hero in this tale. Each person has good and bad qualities and makes good choices and questionable choices.

Dylan Maxwell, played by Jimmy Tatro, is the kid in class who always has something up his sleeve. Being disruptive, goofy, a stoner and self-admitted prankster, Dylan is the perfect scapegoat for the school to blame. But you go through this journey with Dylan and his friends, the "Way-

back Boys" (because they go way back), and can even find yourself rooting for him. Plus, Tatro is truly hilarious from start to finish.

Even though you're rooting for Dylan, you can't help but shake your head at some of the things he says or does because he does not do a great job at making himself look innocent.

Peter Maldonado, the documentarian, played by Tyler Alvarez, uses interviews, security footage, filming of the school board's meeting with Dylan, social media videos, diagrams, charts and almost everything in between to create a living, breathing universe. All these tools make this documentary look, sound and feel like a real event. Facebook invites and Snapchat stories and Twitter hashtags are vehicles to drive home Peter's theories.

Peter runs with different theo-

ries, investigating a plethora of characters from class president, to a foreign exchange student, back to Dylan and around again. It is done with such thoroughness and objectivity that at some point you find yourself believing most of the theories could have happened.

The further away from a definitive answer, the more you get involved and want to know.

This show has social commentary elements driving it, but it does so in a smart and clever way. It says that with a strong enough narrative, add in reputation and string together a loose motive, and you can make a believable witch-hunt against anyone, whether against the class clown or a staff member.

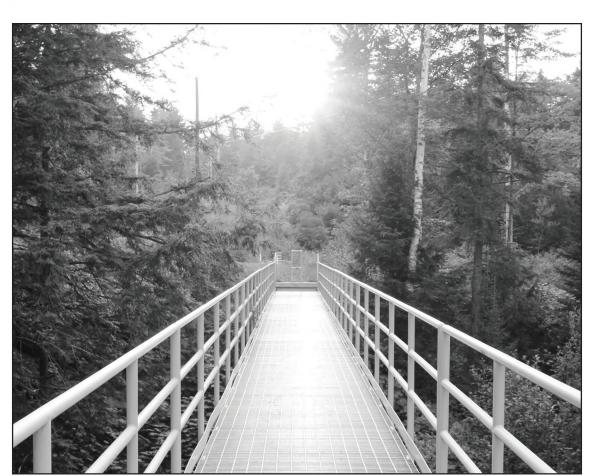
That theme can make you question the justice system as a whole and the impact of prejudices on our own judgment. How much do our preconceived notions affect our behavior? If people think you are the bad guy every day, do you start believing them?

"American Vandal" at a glimpse is immature and hard to take seriously, until the show actually begins and is done beautifully and realistically enough that it is believable regardless of the ridiculous premise.

It's stylishly edited with documentary-like trophs, and has a young cast who all do great. But undeniably the standout is the performance by Tatro that will break up your investigative thinking with laughs until the finale.

Its believable setting and characters plus its comedy makes it a standout series.

...with a strong enough narrative, add in reputation and string together a loose motive, and you can make a believable witch-hunt against anyone...



Noah Hausmann/NW

Hey! Wildcats, got Wild Art?

The North Wind calls photos like this one to the left 'Wild Art'

If you would like one of your photos featured as Wild Art in the newspaper next week, send the photo and a description to photo.northwind@gmail.com or use the hashtag #nmuwildart when posting on social media!

Rays of sunshine beam from the horizon onto the yellow footbridge near Dead River Falls in Marquette.



HOMECOMING WINNERS

Dead River Games

Obstacle Course: 4th Floor Cedar West

Ice Cream Drop: Malibu House

Stepping Competition:

1st: The Woods 2nd: Magers Hall 3rd: Spalding Hall

King & Queen Competition:

King & Queen: Kelvin Getuno & Autumn Beeman 1st Runner Up: Lee Johnson & Sam Robison 2nd Runner Up: Ryan Meister & Aleesa Gatton

Change That Makes Cents:

Winner: Spalding Hall

OVERALL WINNERS:

Housing Category: Magers Hall

Student Organization Category: All Nations Club



















SPORTS

An NMU defender guides the puck behind the net in a practice leading up to their season opening series against Lake Superior State University. Last season the team finished overall 13-22-4.

By Ryan Spitza

staff writer

Fans wanted change, and fans got that change. Whether the seats will be full at the Berry Events Center this season is a matter of whether new head coach Grant Potulny can get the Northern Michigan Hockey team back to its winning ways.

The last time the Wildcats were over .500 was the 2011-12 season, posting a record of 17-14-6 under former head coach Walt Kyle and a member of the now-extinct Central Collegiate Hockey Association at the time.

Kyle's contract was not renewed after the season's end in March of this year after the Wildcats finished with a record of 13-22-4, making way for Potulny, a North Dakota native, who played college hockey for the Minnesota Golden Gophers. Potulny was a three-year captain for the Gophers, leading the team to back-to-back national championships in 2002 and 2003. Potulny was also an assistant coach at Minnesota for the last eight years before coming to NMU.

In his introductory press conference in March, Potulny mentioned

playing with speed and playing to the size of the Berry's Olympicsized ice sheet. After several preseason practices, Potulny echoed that statement at Tuesday's game week press conference.

"You hear a lot about lack of offense that was generated in the past, and I think they've done a good job with the new concepts we've brought to them," Potulny said. "I do think we have some guys that can play fast, and you don't always have to be fast to play fast, but we have some guys who can think it and move the puck pretty fast."

The Wildcats scored 93 goals last season, and while that seems like a lot, that's an average of 2.38 goals per game, good for 48th in the county out of the 60 Division I teams.

This season the Wildcats return several top point-getters including Robbie Payne, Darien Craighead and Zach Diamantoni.

Payne was second in team scoring last year with 29 points. Craighead was fourth with 25 while Diamantoni was sixth with 20.

Potulny recently named Payne and Diamantoni team captains this season with senior defenseman Jordan Klimek serving as the alternate captain.

"It's definitely a huge honor," Diamantoni said. "It's something we're proud of, and we're really excited for the year too. We were in those guys' shoes [the freshmen] not too long ago and it's cool to see them coming up now and getting used to everything. Now I think we're just really excited to start playing and to see what happens with the team."

Klimek said game week practice has gone well so far and he's looking forward to hitting the ice on Friday.

"The first day of game week went well," Klimek said. "The process of keeping the momentum going for opening night is obviously important."

Another big asset for the Wildcats this upcoming season will be junior goaltender Atte Tolvanen. Tolvanen was 18th in the nation in save percentage last year with a .918 in 38 games played and posted five shutouts, all five of those consecutive. The shutout streak tied a NCAA record and propelled the Wildcats into WCHA playoff positioning. Tolvanen had a scoreless streak of 339:05 and stopped 220 shots.

Potulny said Tolvanen can match any Division I goaltender out there.

"Personally I think Atte [Tolvanen] is up there, not only with the WCHA, but I think any goalie in college hockey," he said. "You can stack him against anybody and he'll be right in the conversation."

After an eighth place finish and a first-round playoff exit last season, the Wildcats were tabbed to finish seventh in both the WCHA preseason coaches' and media polls. Tolvanen was named to the preseason All-WCHA Second Team. Freshman forward Joseph Nardi also received a vote for WCHA Rookie of the Year.

"I don't think our team is really concerned with the outside opinion of where we're at," Potulny said. "I think there's a lot of confidence in our own group and our own locker room and that's what counts at the end of the day."

The Wildcats open the season on Friday at Lake Superior State. The Lakers then return the favor by making the trek to Marquette on Saturday in what will be a nonconference home-and-home tilt between the two WCHA schools.

The Wildcats will also honor former head coach Rick Comley by dedicating the ice in his honor.

The two schools tied the season series last year 1-1-2 with the Wildcats capturing the Cappo Cup by having the most goals throughout the season series.

Potulny said while he's done his homework on the Lakers, he's mainly worried about his own team.

"They do a good job on the breakout and supporting the puck," he said. They flood one side of the rink and if you aren't mindful of your responsibilities on the forecheck you can get caught in some odd-man rushes.

"But I've always felt you should worry about your own team, and there's going to be certain things that the other team does and certain players you're going to have to worry about when they're on the rink. I think you do what you do well and hopefully you put the bar right here, and if somebody gets to that bar and beats you, you tip your cap to them but you don't want to beat yourself."

Cross Country takes first in Escanaba, Wildcats sweep top-five finishes

By Jackie Jahfetson

contributing writer

Northern Michigan University's Cross Country team placed first against four other competing teams at the Bay College Invitational on Sept. 30 in Escanaba, Michigan, and took five of the top six individual spots. With the GLIAC Championships on the rise, they're not about to back down.

After a two-week absence, senior Kameron Burmeister was more than ready to lace up her shoes again, topping the race with a time of 18:22. Junior

third spot with a time of 20:16. Rounding out the top-five spots were freshman Ellise Longley and sophomore Victoria Harris, finishing fourth and fifth with times of 20:21 and 20:31. NMU's final point scorer, junior Hannah Lonergan, placed sixth with a time of 21:05.

"We've had a solid season thus far regardless of the many athletes who were not able to compete due to illnesses," said coach Jenny Ryan. "The team has not completed one race at full strength but they've never been a stronger group."

Kalina Pfannenstiel claimed the She explained that this year's team we are." performance is much stronger because more have stepped up from last year.

> "There's such a positive atmosphere with the team. They all work together. Every athlete on the team is part of the success, and this really shows our depth as a team," added Ryan.

> The unity of the team was not only apparent to Ryan but is also visible to athletes.

> "Everyone feels they are an important part of the team," said junior Hannah Lonergan. "I hope we can keep it on a steady roll and be the strong

The coach and team are preparing to compete against 12 other teams for the GLIAC Championships coming up on October 21, and NMU will be hosting the event for the first time since 2005. Though the team has showed great strength so far this season, they will have some competition with Grand Valley State University, who ranks as the No. 1 team in the nation.

"They're going to be tough to beat, but I believe we have a solid chance for sure to get second place," Ryan predicted.

Ryan said the team will be focusing more on "individual success" at the Lewis University Conference Crossover in Romeoville, Illinois, Oct. 7.

"This will be more of a prechampionship race, so we'll be backing off this weekend and making adjustments as we go," said Ryan. Of the 37 teams representing 15 different states that will compete Saturday, six make up the top 10 of the entire nation. With a lot of competition to choose from, NMU runners will have one last test run before the GLIAC Championships.

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SPORTS BRIEFS

WOMEN'S GOLF

Northern's Womens Golf team claimed second out of nine teams at The Meadows Golf Course for the Gilda's Club Laker Fall Invite on Sept. 20. Senior Haley Hewer was the top finisher for the Wildcats, taking second for the weekend with a final score of 147. Junior Karissa Guthrie tied for 12th, with a score of 157, and sophomore Caro Els tied for 16th with a final score of 158. Senior Avery Rochester earned the 18th spot with a score of 159. Junior Alyce Krumm, with a score of 165, and junior Lillian Torres, with a score of 176, were the final competitors for the 'Cats. The team will compete next in Sheboygan, Wisconsin at the Kohler Collegiate Classic on Oct. 23 to 24.

MEN'S GOLF

The Men's Golf team tied for 10th with a score of 895 at the Tiffin University Kyle Ryman Memorial on Saturday, Sept. 30. Junior Martin Eliasson tied for third, finishing with a score of 212. Junior Logain Haight finished in the top 50, tying for 39th with a score of 225. Junior Owen Beyer ended the three rounds with a score of 232. Rounding out the Wildcats were freshman Landon Elsner, with a score of 233, and sophomore Kurtis Fontinha with a score of 246. The team will travel to Sheboygan, Wisconsin to compete at the Kohler Collegiate Classic Oct. 23 to 24.

ATHLETICS DEPARTMENT

NMU's Football and Men's Basketball teams will open online apparel stores beginning Oct. 2 and running through Oct. 16. The stores will carry a full range of items for fans to support each team. Visit www.bsnteamsports.com and use the access code NMUFBALL17 to access NMU's football apparel, and NMUBB17 to access NMU's men's basketball apparel. All items must be ordered by Oct. 16.

Wildcat of the week



Photo courtesy of NMU athletic

Senior Kameron Burmeister claimed the top spot at the Bay College Invitational on Sept. 30 after a two-week absence. Her time of 18:22 was nearly two minutes faster than the runner-up at the event. This was also Burmeister's first event since her fourth place finish at season-opener at the Wisconsin-Parkside Godfrey Open.



Photo courtesy of NMU athletics

The Men's Wildcat Soccer team huddles up, and puts their hands in at a home game earlier in the season. The team has accumulated a conference record of 1-5 after last weekend's home games.

By Nate Belville

contributing writer

Creating shots and opportunities to score were key to the weekend as the Northern Michigan University Men's soccer team split home match ups with a 1-0 loss to the Tiffin University Dragons and a 3-0 win over the Ashland University Eagles.

"After we came back home from our first road trip, we started to create more chances to score and that comes from good defending," Wildcats head coach David Poggi said. "We've been getting those chances, we just haven't succeeded on them."

Freshman forward Birkir Baldursson said that the team is slowly improving on attempting more shots into the net more often.

"We made some basic changes and we've been working really hard to try to improve on our shots, and I felt we did a good job from that," Baldursson said.

Last Friday against Tiffin, the Wildcats came out and controlled the game throughout the first half. NMU outshot the Dragons 8-1, with a pair on target for goal. Sophomore defender Lewis Murray and midfielder Edgar Astorga were recorded with the shots landing towards the net.

However, near two minutes into the second half, Tiffin's Matthew Tait landed the lone goal of the game and secured the win at

1-0. After the goal, both teams were physical controlling the ball, combining for five fouls and one shot on goal throughout the rest of the game.

The goal was the first shot sophomore goalkeeper Brayden Wilinski had faced, but was unsuccessful to record a save.

Wilinski faced five shots overall, but did not record a save in the contest. NMU outshot Tiffin in the game 13-5. Wildcat freshman defender Isaac Wigermo lead the team with three shot attempts. Along with Astorga, junior forward Sam Popp and Baldursson also contributed in the shot column.

On Sunday against Ashland, the Wildcats started off the game as they did with Tiffin. The Wildcats held the Eagles without a shot in the first 25 minutes, while coming up with eight of their own. Ashland threatened to score late from corner kicks, but was unable to going into halftime.

NMU would get on the board in the second half as Feldmann put in a goal at 52:08. The Wildcats would keep their tempo going as Baldursson and Popp would score the next two goals in 15 minutes to seal the game up at 3-0. Popp added two assists in the game, along with an assist each from Astorga and sophomore midfielder Sveinn Karlsson.

"It felt good. Even though it hit

me in the face, it was a good feeling to score that goal," Feldmann said on the first goal.

Feldmann added that teamwork was the main reason for the win.

"We definitely came together better as a team and got a good win against Ashland," Feldmann said. "We kept a clean sheet and got a couple goals when we needed to."

Sophomore goalkeeper Fillippo Torelli returned in goal against the Eagles, as he faced just two shots on goal, notching a save on each. Torelli's performance would earn him his second shutout win of the season.

With the team going back on the road for a pair of games this weekend, the team knows that every game and point is critical for them

Poggi said that by not scoring a lot of points, the team is urging to win more games and score some points for the playoffs.

"For us to not get any points, especially in the [Tiffin] game, I thought it was hard on us," Poggi said. "When we get down to be looking for a playoff spot, that's an important stat to think about."

The Wildcats will look to earn those points as they face off at the Northwood University Timberwolves on Friday in Midland and the Saginaw Valley State University Cardinals in Saginaw.

Women's Soccer loses and ties

By Tyler Young

contributing writer

The Northern Michigan University Women's Soccer team came out on the wrong end of a 1-0 result against the Northwood Timberwolves on Sept. 29, before earning a hardfought 0-0 draw with Saginaw Valley State University on Sunday.

Against Northwood, NMU dominated offensively, recording 17 shots to Northwood's 8, but was unable to find the back of the net. Northwood, on the

other hand, took advantage of one of their few opportunities, putting the ball past Freshman goalkeeper Brianna Frontuto on a 33rd minute corner kick and putting the Timberwolves up 1-0. This goal would prove to be all Northwood needed, despite a 33-minute span in the second half which saw the Wildcats take nine shots, while holding the Timberwolves shotless in the same time period.

"I thought we came out flat," said NMU head coach Sonia Basma. "We woke up a little bit, got some fire under us when

we got scored on, but unfortunately that was a little too late."

After the loss to Northwood on Friday, NMU traveled to Saginaw Valley to face the Cardinals on Sunday. The offensive capabilities that the Wildcats showed against Northwood were nowhere to be seen, however, as the Green and Gold only managed to get 10 shots, as opposed to a staggering 33 for the Cardinals. Luckily for Northern, Brianna Frontuto

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V-ball second in GLIAC

By Trevor Drew

sports editor

Over the weekend on the road, Northern's Volleyball team claimed a 3-1 victory over the Wayne State University Warriors but couldn't carry the momentum onto their second match against the Grand Valley State University Lakers who beat the Wildcats 3-1.

After this week's performance, The Wildcats stand with a 5-2 conference record and are ranked second in the GLIAC in a threeway tie with their opponents from the past weekend, Wayne State and Grand Valley.

The Warriors jumped out early and took the first set of the match 25-20 but the Wildcats came back hard, claiming the next three matches.

As a former Wayne State assistant coach, first-year NMU head coach Mike Lozier said it was rewarding to best his former program, but the real achievement is beating a team that was undefeated in conference at their home

"It's exactly what you need to

in order to put your mark on a program. And we've done that," Lozier said.

The Wildcats did not achieve the same results against the Lakers, however.

"That was the first match that we lost where I felt like we were the better team on the floor, so that made it kind of frustrating."

Lozier cited inability to hold on to the lead in the first set and freshman Leticia Antunes coming out in the second set due to an ankle injury as setbacks suffered by the Wildcats.

Antunes is expected to return to the court next weekend, but she is only one of three NMU players currently coping with an injury.

Senior captain Madison Whitehead is coming off an ankle injury and junior Maggie Liebec, who came in for Antunes in the GVSU match, got hurt this week in prac-

"That's why I'm happy we have depth in our program. Girls can step in and we aren't really skipping a beat which is important," Lozier said. "It's just a matter of us working through those injuries,

being smart about our rehab and how we are using each player in practice."

After five consecutive road games, the team will finally spend the weekend at their home court, Vandament Arena, where they will face the Tiffin University Dragons and the Ashland University Eagles.

Both Tiffin and Ashland have built up a conference record of 4-3 and are tied for third in the GLIAC along with Michigan

Both teams have been identified as strong opponents by Lozier but the coach has devised strategies to overcome them.

"[Tiffin] likes to run a fast offense so we're going to be working all week in practice on defending against that kind of offense," Lozier said. "We are really good at serving. If you serve teams tough, they get out of system and its hard to run their offense."

Lozier identified setting as Ashland's main strength and added that the team will work on identifying their prominent setter and shutting that player down.

the 21-20 lead.

next week's foe.

as the best in the country.

receiving and two touchdowns.

SOCCER -

Continued from Page 14

stood tall in the net, saving all of Saginaw Valley's 10 shots on target. NMU could only muster 3 shots on goal, and Cardinals' keeper Isabel Bauer stopped them all.

The first 90 minutes ended in a 0-0 deadlock, and the match went to extra time. Neither team found the back of the net in the two extra periods, however, and the match ended in a scoreless draw.

"We played hard, we played well. We were obviously outshot by a good amount," said Basma, "but toward the end of the game, where we're still in it 0-0, we started dictating play a little bit, especially in overtime. In the second overtime, we outshot them, but we couldn't put one in the back of the net."

Frontuto's 10 saves marks the first time this season that the freshman's single-game saves tally hit double digits. All told, she currently has 51 saves on the year, the fifth-most in the Great Lakes

Intercollegiate Athletic Conference. This match was also Frontuto's third shutout of the season, and her goalsagainst average dropped to 1.39.

"As the season has progressed, I've really been focusing on owning the box," Frontuto said. "I think Saginaw was the first game where I really did own the box as best as I could. I felt a different level of confidence than I had previously.

"We're creating opportunities, creating chances, and it's awesome," said Basma, when asked about her plan for this weekend's game. "We're playing good, stout soccer, but at the end of the day, you've got to put the ball in the back of the net if you want that 'W', so we're going to look to really focus on the attacking end against Michigan Tech."

NMU, who currently stands with an overall record of 2-6-2, will take to the pitch again on Sunday at 1:00 for a home match against the Michigan Tech Huskies.

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NMU drops Miner's Cup

Michigan Tech takes 13th victory in the last 16 years

By Trevor Drew

sports editor

After shooting out to a 14-point lead in the first quarter of the 2017 Miner's Cup, it looked as though the Wildcats might actually snap their 7-year losing streak against their rival, the Michigan Tech Huskies.

Instead, it ended in another heartbreak for NMU as Tech prevailed 28-21 over the Wildcats for their eighth consecutive Miner's Cup victory.

Although the Wildcats scored on their first two possessions of the game, failure to pull off big plays at critical moments prevented them from overwhelming the Huskies, NMU head coach Kyle Nystrom said.

Northern failed to extend their 14-point lead to 17 when freshman kicker Dalton ray sent a 47vard field goal attempt far left.

came in the second quarter after an interception off a deflection by NMU junior cornerback Demarious Wright set the Wildcats up at the Tech 33. NMU failed to capitalize on the possession and ended the drive with a 25yard field goal attempt blocked by Tech senior Spencer Moran.

Nystrom also identified execution problems on the defensive side as one of his team's shortcomings in the competition.

He explained that, based on his thirty years of coaching experience, the defensive strategy the team currently employs is among the easiest to adjust to.

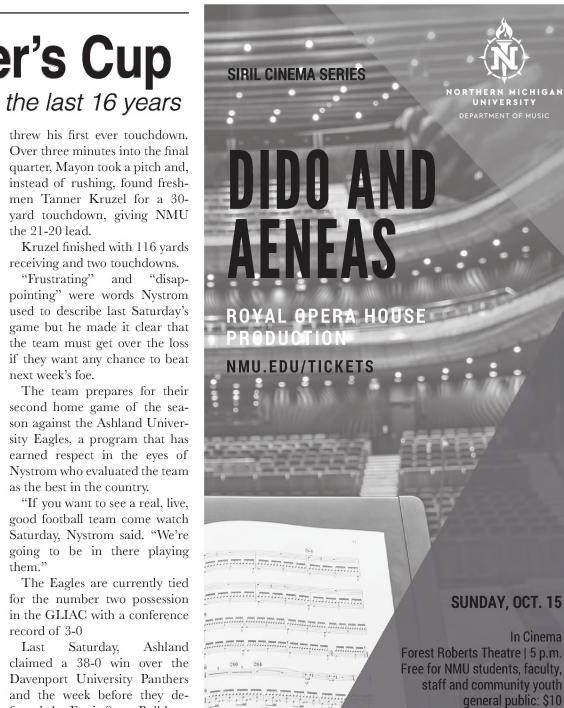
"Players are struggling doing what we teach them to do and it's not hard," Nystrom said. "That's of the one reasons we run this scheme."

Negatives aside, junior running back Jake Mayon finished with 157 yards rushing on 31 Another missed opportunity carries, a touchdown and also

Saturday, Nystrom said. "We're going to be in there playing them." The Eagles are currently tied for the number two possession in the GLIAC with a conference record of 3-0

Saturday, Ashland claimed a 38-0 win over the Davenport University Panthers and the week before they defeated the Ferris State Bulldogs, a team that beat NMU by over 30 points early in the season, in a 20-3 game.

The Wildcats kick off action in the Superior Dome at 1:30 p.m. Saturday Oct. 7.



"If you want to see a real, live, good football team come watch Saturday. We're going to be in there playing them."

- Kyle Nystrom head coach, Football



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