Northern Michigan University's Independent Student Newspaper since 1972

THENORTHWINDONLINE.COM

Winter Semester



SPORTS

The Women's Volleyball team increases their win-streak to five after taking down Michigan Tech 3-1.

► See PAGE 12



FEATURES

Three NMU students bike 1,400 miles around Lake Superior to document culture and climate change.

▶ See PAGE 7







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/NMUNorthWind



Photo courtesy of Engineering and Plannimg

The new oncology exercise lab is projected to open in Febuary of 2018, serving as an extension of NMU outside of the normal campus area with its location set to be on Washington Street.

New lab to explore non-traditional treatments

By Von Lanier

news editor

NMU's health department is looking to explore the effects of non-traditional forms of treatment and rehabilitation for cancer survivors with an oncology exercise lab projected to open in February 2018.

This new facility will come through a collaborative effort between the School of Health and Human Performances, the Advanced Center for Orthopedics and Plastic Surgery in Marquette and U.P. Rehab Services. In this collaboration, NMU will be a third party in the new facility that is set to be constructed on Washington Street near where the new hospital will be. The center will also include a large general fitness center located on the uppermost floor.

The center will serve as an extension of NMU into the community, said Scott Drum, associate professor of exercise and sports science.

sor of exercise and sports science.
"There was an invitation from
the Advanced Center for Orthope-

dics. They have a lot of stake in the building," Drum said.

He said the idea for the research center came about "naturally" when the School of Health and Human Performance and other groups were looking for ways to get more external funding, such as private sponsors and grants, for research.

The building, which has been coined The Legacy Building until a new name is decided upon, is being built by O'Dovero Development. The space for the new

site was obtained with an internal start-up grant from the university. The primary source of funding will come from external grants and sponsorships.

Exercise physiology, outdoor education and nutrition within post-diagnosed individuals is what will be explored at the new facility in some way or another, Drum said.

"We throw all that out there because it gives us the advantage to be able to apply for a diverse amount of external funding and use a diverse number of variables for study. The idea is research and general exercise training of cancer survivors and healthy individuals," he said.

Liz Wuorinen, associate dean of the School of Health and Human Performance, said the center will look at various different aspects of post-diagnostic treatment and how exercise has an effect on the delivery of treatment, in this case referring to chemotherapy or radiation.

See LAB • Page 4

Bad acid

Student faces five felonies after alleged drug-fueled rampage

By Winter Keefer

editor-in-chief

A 19-year-old NMU student is facing five felony charges after allegedly assaulting three police officers and damaging university property Friday, Sept. 8 while under the influence of a synthetic form of LSD.



Teppo

Allen Teppo was arraigned Monday, Sept. 11 in Marquette County District Court on one count of malicious destruction of property costing \$1,000 to less than \$20,000; three counts of resisting arrest and obstructing a police officer causing injury; and one count of resisting and obstructing.

Teppo is currently being held in the Marquette County Jail on a \$290,000 cash or surety bond. He attended a probable cause conference at 10:30 a.m Sept. 20 and is due back in court for a preliminary hearing at 3:30 p.m. Oct. 4.

Follow-up investigations are currently taking place, said Detective Lt. of Public Safety Guy LaPlante, who is also lead detective on the case. He said that it is important to note that Teppo was not under the influence of the common form of LSD or "acid."

"What we've come to find out is that this isn't your standard acid '60s, '70s style," LaPlante said. "This is a synthetic derivative that they're terming 'acid.' The actual chemical name varies."

On the night of the arrest, officers were

dispatched to the Gant/Spalding area due to a disorderly person, LaPlante said. When the officers found Teppo, LaPlante said he was in a violent state and assaulted three officers, injuring one.

"During the course of the arrest [the officers] were there trying to aid in stop-

This is not the first case of a student arrest due to the influence of an unknown synthetic narcotic, LaPlante added, noting that Public Safety would like to put the word out that drug-related events such as this are harmful to both students using drugs and the community around them.

What we've come to find out is that this isn't your standard acid '60s '70s style.

— Guy Laplante Detective Lieutenant

ping a problem," LaPlante said. "Then here they become part of a situation I don't think they anticipated becoming involved with."

Once Teppo was secured, he was taken to Marquette General Hospital for medical attention due to injuries obtained before the arrest, LaPlante said. "I told the person involved, I said, 'The moment you put that on your tongue, the moment you took that, your education here was done, you were done in this community at this college. You were done. That's a pretty big thing for just putting that on your tongue,'" LaPlante said

The North Wind Thursday, Sept. 21, 2017

Olympic alum returns to deliver 'transformational' talk for UNITED

By Kara Toay

copy editor

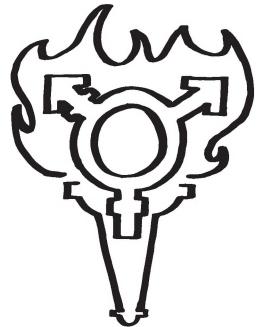
Chris Mosier, a nationally recognized NMU alum, is coming to speak about creating social change and his experience as a transgender athlete at 7:30 p.m. on Monday, Sept. 25 as a part of the United Conference.

The event is sponsored by both Platform Personalities and the Student Activity Fee. It will be held in The Great Lakes Rooms of the University Center with free admission to students and \$2 for the general public.

The Uniting Neighbors In The Experience of Diversity (UNIT-ED) Conference is aimed at informing the NMU and greater-Marquette area of different types of perspectives and points of view, with the ultimate goal of helping people think differently about diversity and inclusion, according to the UNITED website.

"We were hoping to bring someone who would fit with that group essentially," Sara Head, co-president of Platform Personalities, said.

Chris Mosier said he will talk about how everyone has the ability to influence the spirit around them. In the discussion, he will talk about his journey as a transgender athlete and about being a person who helped changed policies regarding transgender athletes in the Olympics.



Michael Wilson/NW

Head said they brought Mosier to Northern to shed more light on social justice issues within the LGBTQ+ community.

"Chris is an openly trans athlete as well as an NMU alum, so he is acting as a liaison for Northern to be exposed to more LGBTQ+ people and hopefully he sheds a lot of light on people's minds," Head said.

Mosier, who is an athlete, coach, educator and the founder of TransAthlete.com, is a three-time Ironman Triathlete and inductee into the National Gay and Lesbian Sports Hall of Fame. Mosier was also a silver medalist in the triathlon of the 2014 Gay

Games and currently works as the Vice President of Program Development and Community relations for You Can Play, an organization dedicated to ensuring equality, respect and safety for all athletes, according to their website.

In 2015, Mosier became the first openly transgender man to make a Men's U.S. National team. He has spoken previously at NMU for a United Conference.

A Q&A will be held right after Mosier' speech as well as an autograph signing on Monday. For more information about the event, contact the Center for Student Enrichment.

Mosier discusses his time at NMU

Chris Mosier said he has always been an athlete, but stepped away from sports only doing intramurals while at NMU after feeling uncomfortable being on a women's team. It wasn't until people around him told him that the way he was behaving and wanted to dress didn't align with his gender when he felt something was wrong.

Mosier said he didn't fully understand his identity as a trans man until he was about 28 to 29. It was then that he made the transition.

Mosier recently competed in the Long Course Duathlon National Championship for Team USA back in April, making it his fourth time earning a spot on the Men's team. He placed second in his age group. He also recently competed in the Powerman Long Distance Duathlon World Championships, the highest competition for triathlons, in Switzerland, where he placed ninth in the long course duathlon.

He has competed in triathlons since 2009, where he competed one year as female, but Mosier said the first few years were a learning curve for him.

"It's not just swimming, biking and running together, but it's the whole sport in and of itself," Mosier said. "You have to really think about it in a different way than you would approach each of those for an individual race."

After it proved challenging to be masculine while competing as a female, Mosier decided to transition, which ultimately encouraged him to create transathlete.com after not finding much information online about sport's rules regarding transgender athletes.

In June 2015, Mosier was the first openly trans man to ever make the Men's U.S. National Team, but he was ineligible to compete in the world competition because of the Olympics policy in place at the time. He then advocated to get the policy changed by appealing to the Olympics committee.

"Overall, in terms of athletics, people see this is as an area which needs to be addressed proactively, rather than as a result of a lawsuit or an athlete advocating for their right to participate," he said.

Mosier said he is excited to return after speaking previously at NMU in 2015.

"Northern holds a very special place in my heart despite the fact that it was a challenging time for me as a person," Mosier said. "It was a time where I grew so much and made so many great relationships and friendships there. I always say it's a great day to be a Wildcat."





MONDAY, SEPTEMBER 25

7:30 p.m. | Great Lakes Rooms, UC Free w/ NMU Student ID; \$2 for General Public

Chris is the first openly trans man to make a Men's US National Team. He is a two-time member of Team USA, 2016 All-American Athlete, a three-time Ironman triathlete, and the list goes on. He was an instrumental person in changing the International Olympic Committee policy on transgender athletes. He then competed as the first trans athlete in a world championship race under new rules, finishing

STATE NEWS

Charges were officially filed against a Detroit mother for involuntary manslaughter early Monday after her 6-month old son was found dead in December after being wedged in between the mother's bed and the wall. Leslie Neuman is due to appear back in court Oct. 5, where more details should expose specific details of the child's death. Livonia police Capt. Robert Nenciarini said Neuman told investigators "exactly what happened."

NATIONAL NEWS

Hurricane Maria turned into a Category 4 storm early Wednesday morning, destroying all of Puerto Rico and knocking out 100 percent of power in the U.S. territory. With ongoing heavy flood waters, tropical storms and multiple communication lines down, the Puerto Rico Electric Power Authority plans to send out helicopters this weekend to evaluate transmission lines. Although there are no deaths reported, more than 12,000 people have moved to shelters or hospitals that are using generators to flee for refuge.

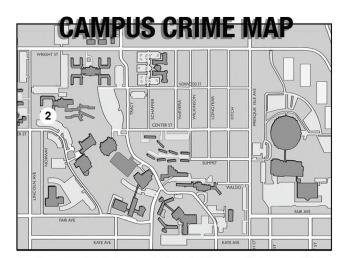
INTERNATIONAL NEWS

Researchers off the coastal shores of Belgium have discovered a World War I German u-boat in good condition after it was submerged for over a 100 years early Wednesday morning. They confirmed that there are 23 bodies of the crew still aboard the wreckage. Specific signs located at the bow predict the damage came from a mine that the crew detonated while conducting training dives. Eleven submarines have been identified but not all were accounted for after the war. Researchers said, "This one was the best preserved of all with the periscopes and the torpedo tubes still found to be intact."

WEIRD NEWS

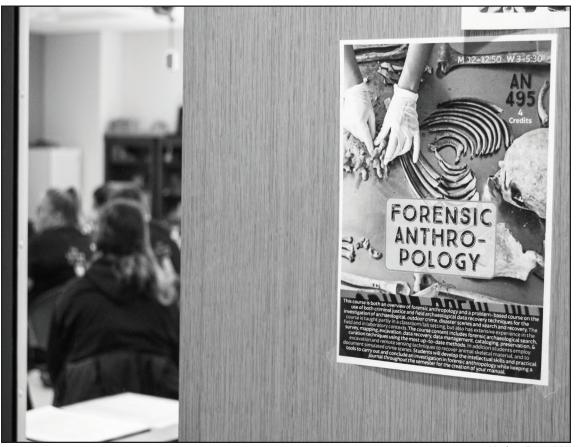
Colorado Springs residents are continuously searching for a jogger now dubbed "The Mad Pooper," who purposely defecates in their neighborhood but in public for all to see. A resident stated "I came outside, and I was like... 'Are you serious?'" The resident said she caught the female jogger in the act. She asked, "Are you really taking a poop right here in front of my kids?" The jogger responded with, "Yeah, sorry." Police said the woman can face charges for not only indecent exposure but for public defecation.

Compiled from news sources



1. An assault was reported at 1:49 p.m. Saturday, Sept. 16 on campus.

2. An alcohol referral was made at 2:05 a.m. Saturday, Sept. 16 in Spalding Hall.



indsey Eaton/NW

Students in the anthropology and sociology department meet in a Jamrich classroom to discuss the new forensic anthropology major. This major is the first of its kind to be offered with a focus on forensics.

Focusing on forensics:

New major arrives to the anthropology department at NMU, boosts enrollment

By Tim Eggert

opinion editor

An emergent major at NMU aims to occupy a cornerstone position in the university's index of academic programs. This is the first semester that the sociology and anthropology department has offered an anthropology major to students.

"We had the student demand to switch over to a major, and the university had confidence in us to build the infrastructure to help us grow," Associate Professor Scott Demel, said.

Before the new major was available, students interested in pursuing anthropology were limited to a 20-credit minor, or an Individually Created Program (ICP) as a pseudo-major. Although interest in anthropology was high, the retention of students within the program was low, Demel explained.

"Students were taking that route [ICP] because they were really stoked about anthropology, but since we didn't have the formal route of a major they went elsewhere."

A continuous increase in student demand for a four-year undergraduate degree program, coupled with a growth in the global-relevance of the field of anthropology ultimately led Demel and Associate Professor Alex Ruuska to conceive the major.

"We think anthropology is one of the disciplines of the hour in the 21st century because of cultural and environmental issues that are happening on the world stage and at the local scale," Ruuska said. "We saw that students were interested and engaged, and since we're small enough, we tried to adjust and provide opportunities specific to student needs."

Students will have the choice to explore a specific area of study through the major's archaeology concentration or sociocultural anthropology concentration, and starting fall 2018, a forensic anthropology concentration.

The introduction of the new major coincides with the upcoming Forensic Research Outdoor Station (FROST), a facility that will operate through the sub-field of forensic anthropology.

"We've always been poised and ready to go, and this was a great opportunity to do it in tandem with the FROST program," Demel said. "It also gives us our third full-time anthropologist."

Newly appointed director of FROST, Jane Wankmiller, will offer her first course in osteology fall 2018.

"We are hoping to have a linguist as well. If we do down the road, then we would have a truly balanced approach to what we're doing," Ruuska said.

"We've already noticed that students are coming to NMU for the anthropology major, and specifically for the forensic component, so this is going to be a good recruitment tool for the university," Demel emphasized. "We've seen increased enrollment at the freshman level this semester, and we're excited to have been a part of that."

We've already noticed that students are coming to NMU for the anthropology major, and specifically for the forensic component, so this is going to be a good recruitment tool for the university. We've seen increased enrollment at the freshman level this semester, and we're excited to have been a part of that.

—Scott Demel

associate professor, sociology and anthropology

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UNITED offers array of talks on diversity

By Trinity Carey

managing editor

To further spread the message of diversity and inclusion across campus and the Marquette Community, the 12th annual Uniting Neighbors In The Experience of Diversity (UNITED) Conference will take place from 10 a.m. to 7:30 p.m. on Monday, Sept. 25 and Tuesday, Sept. 26 in the Great Lakes Rooms of the University Center.

This year's conference will include 24 speakers discussing an array of topics in the form of lecture, art, film and music. The conference is meant to promote diversity in the broadest sense, Shirley Brozzo, conference chair and director of NMU's Multicultural Education and Resource Center (MERC), said.

"It's not just racial diversity or sexual orientation, but also poverty, different 'ism's', religion you name it. We've got a lot of different things going on this year," Brozzo said. "We're looking for other ways to get the diversity message out on campus and hopefully reach out and touch some other people that you don't see in the [MERC] office everyday, but maybe they'll come in and listen to a presen-

tation whether it's assigned for extra credit or it's just something they're interested in."

While the number of speakers is comparable to previous conferences, this year's UNITED Conference speakers will cover a wider range of topics of discussion. One new area of diversity to be explored is linguistic diversity, as students and faculty will be reading poems in foreign languages. Conference speaker Robin Jones will address universal design or the composition of making spaces more accessible for people with different disabilities, Brozzo said.



Brozzo

"It might give some new ideas for students, say, in the art department when they're designing their different furniture or just the different ways we can make our offices or classrooms more It's not just racial diversity or sexual orientation, but also poverty, different 'ism's', religion—you name it. We've got a lot of different things going on this year.

—Shirley Brozzo director, MERC

accessible for everybody to be able to use."

In previous years, religious diversity was one area of discussion the conference seemed to lack in, Brazzo added, but this year Lama Tsultrim Gyaltsen will discuss this through his topic of interconnectedness.

Hip-hop artist and activist Olmeca, who performed at NMU last year, will return for the conference, this time with a bit of a different message.

"He'll be talking about Latinx identity. I think that's something kind of new and different. We haven't had a lot about different identity issues and I think Carter Wilson is also looking at identity issues, our own professor from here," Brazzo said.

NMU faculty and staff make

up a portion of the speakers at this year's conference. Associate Professor of English Lesley Larkin and English Department Head and Professor Lynn Domina will speak about their experiences teaching in China.

"They're a part of one of our two panels that are speaking and we're going to get to hear some of their experience in going somewhere else and maybe people will be more enthused about going there as well," Brazzo said.

Brazzo believes hearing from NMU professors enhances diversity within their own lectures and gives students another perspective.

"You may be going to hear your own professor speak about a topic that maybe you're not going to cover in class, or they're going to go more in depth, or you're going to hear from an outside presenter about something that's also equally important."

Hearing colleagues discuss their topics of interest is also beneficial for other professors who attend, Brazzo said.

"We're always interested in other things too. I mean we all have our areas of specialty of course, but then it's like 'oh that sounds really interesting' or it's something you're interested in in your personal life as well and just want to learn something more about it."

The conference offers a space for the community to be more engaged with campus and its activities while spreading the importance of diversity across both.

"We always try to look for presenters from various and diverse backgrounds as well as topics that are various and diverse. Sometimes it will be whatever is going on out in the world. We try to get something that is going to compliment what's happening and also just hit some of the highlights," Brazzo said.

For more information or a detailed schedule of the UNIT-ED Conference lineup visit the UNITED Conference webpage on NMU's website.

— LAB — Continued from Page 1

"Does exercise while they are in treatment have an effect over just sitting there and doing nothing? Will it have an effect after they've been diagnosed, before they start being treated for cancer what is the effect that exercise can have at that point?"



Wuorinen

Wuorinen said a lot of studies have been done with cancer survivors after they have gone through treatment, so there is evidence to support that exercise has profound effects on a person's life after treatment.

"My background was in obesity, so I worked in that area, which is why this was such a great connection for us because there's a lot of overlap there," Wuorinen said. "It becomes really important that we examine some of these affects."

The center will offer a new avenue for NMU students to conduct research and get hands-

on clinical trial experiences before graduating, Wuorinen said, adding, there may even be opportunities for post-doctorates to come in and get experience in the field. patients not to be too active when they go through chemotherapy, but recent studies show that there may actually be positive benefits to being active before or after treatment.

...So the idea is research and general exercise training of cancer survivors and healthy individuals.

—Scott Drum associate professor, exercise and sports science

Wuorinen's research will be focused more on exercise physiology primarily how metabolism and hormonal change within individuals has a psychological effect whereas Drum's research will be focused more on the applied exercise physiology, such as the physical benefits that come from exercise instead of lethargy during post-diagnosis. Other types of research will look at the psychological effects being active outdoors has on individuals.

Drum said augmentation of the cancer treatment by exercise will be researched extensively at the center. He said exercise during the process of a patient receiving chemotherapy is understudied in the field of oncololgy.

He also explained that in most cases, oncologists tell their



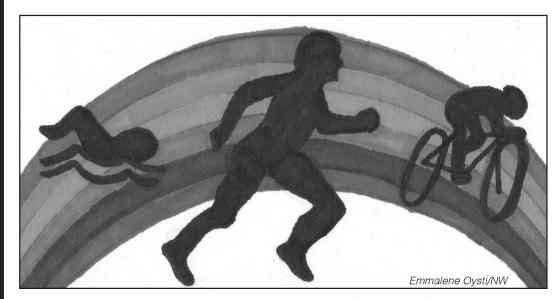
Drum

"A lot of times it's passively that someone is sitting there and having chemo delivered into a port in their arm or chest. Having them maybe do low-level pedaling or walking or moving their legs in some way may augment the treatment with circulation," he said.





EDITORIAL —



These times are transformative

High school and college are trying times for everyone. You're told these will be some of the greatest years of your life, but the reality is you're still just trying to figure out just who 'You' is. You're attempting to find a healthy balance between school, jobs, extracurriculars, eating a healthy diet and having a social life.

The stress takes its toll, but one way you can cope with it all is through sports. There's comfort in the focus that it takes to play a game or to run a match. It's a safe spot within your hectic daily schedule. Athletics can not only be your release, but a passion.

One day, however, you can no longer compete because you're transgender.

NMU alum and LGBTQ+ advocate Chris Mosier revolutionized athletics for transgender people when he became the first trans member of the 2015 Team USA men's sprint duathlon team. His achievements were seen as controversial to fellow alumni and many more. The controversy he faced and will continue to face, stands as a reflection of the current sociopolitical times.

Yet amidst it all, Mosier continues to speak out about equality in sports for the LGBTQ+ community and is an inspiration to transgender youth athletes. He has changed athletics and spreads the importance of being your true self while pursuing your passions.

Within the current political climate there are still those pushing for reform in areas that are imperative to what we deem necessary for a healthy and happy nation, such as black rights, women's rights and the rights of LGBTQ+ people.

As fellow Wildcats we would like to assure that, within this time, there stands a generation that acknowledges that society must evolve and we embrace it. A more accepting student body now fills the halls of Jamrich and is inspired by a previous 'Cat positively impacting lives. Today, we are able to explore identity in ways not possible before and this is thanks to people such as Mosier.

His determination and success through it all proves him fearless in the face of adversity and that's just what NMU stands for.

THE NORTH WIND

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All university sports warrant support



Staff Column

> Trevor Drew

Since coming to Northern Michigan University in 2014, I've seen our Wildcat football team give up three games to our apparent archrivals, the Michigan Tech Huskies, who have bested us 12 out of the 15 times we've played them since the first Miner's Cup in 2002.

Last fall, the football team took Michigan Tech all the way to overtime only to have the Huskies slip away with the win, notching their seventh consecutive Miner's Cup victory over the Wildcats.

"[The football team] played their heart out today and did enough to win. And somehow, it just didn't go our way again," former head coach Chris Ostrowsky solemnly said at the press conference after falling to Tech. "I'm heartbroken. No one is happy but we will regroup tomorrow and play week 11."

When we think of college athletics, the first thing that comes to mind to most is football. Being packed into a student section, high on school spirit, spilling beer on myself as the crowd erupts with cheers and shouts as our receiver approaches the end zone, yards from scoring the game-winning touchdown is what I dreamt about in high school.

But since coming to NMU, I've yet to witness a winning season from the football team, that is. Just because our football team doesn't perform as strongly, doesn't mean we should neglect to support other sports.

Since I started covering NMU athletics as part of The North Wind the winter semester of my sophomore year, I've talked to nearly every varsity sport Northern has to offer. There are a lot of teams and athletes at Northern that are worth getting excited for.

The first week of classes I interviewed head coach of the volleyball team Mike Lozier for a preview to their season.

At the end of the chat, I asked him if their was anything he wanted to add that I missed. He looked at me and said: "Please tell fans to come and support."

Lozier went on to explain that one effect of having many young, new coaches is that they come in and want to change and improve some aspects of the department and one thing he wanted to work toward was having a reliable student section.

As someone who has followed Wildcat sports for a few semesters, I've found that their are many squads that are underestimated by students.

Right now our volleyball team is rocking a 5-game win streak with an overall record of 9-2. And they just beat Tech last

I've only covered volleyball a few times and don't know too much about the sport. But in this humble sports editor's opinion, we seem to have a talented group this year that is exciting to watch and they are just one example of a winning Wildcat program.

Last week, Cross Country senior Kameron Burmeister was named GLIAC Women's Runner of the Week after coming in fourth place among Division I in a field of 163 at the Wisconsin-Parkside Godfrey invitational.

To freshmen especially: keep in mind there is more to college athletics than just football. Going forward in the fall semester, try to make it to a soccer game while there are still home games and it's nice out; watch out for volleyball, they're having a strong season and Tech, always and forever, sucks.

WRITERS WANTED

The North Wind is hiring opinion writers who can intelligently argue one side of political and social campus issues. To apply, stop in The North Wind office at 2310 University Center, 1401 Presque Isle Ave., Marquette, MI 49855

LETTER POLICY

Letters to the Editor must include a full name, year, major and phone number for verification. Limit letters to 250 words or less. All letters may be edited for grammar and length.

Letters can be mailed to The North Wind, 2310 University Center, 1401 Presque Isle Ave., Marquette, MI 49855.

Letters can also be submitted via email to editor.northwind@ gmail.com, or through a website submission on www.thenorthwindonline.com.

OPINION Thursday, Sept. 21, 2017 The North Wind

Traveling enriches the soul



Guest Column

Advait Rode

Of all the experiences I've had at NMU, the most unforgettable were participating in study abroad programs. I've done two of them: a month long trip to Vienna in the summer of 2014 and a year-long exchange program at Oldenburg University. From my time on both trips, I've learned that study abroad, more than anything else, is what you make of it.

For the longest time I thought studying abroad was something beyond my reach. I believed that it was something reserved for superhuman students with 4.0 GPAs and impressive extracurricular backgrounds.

The idea of it mystified me. But, I love traveling, and exploring new places appealed to me, so I attended an interest meeting in 2014 about going to Vienna that summer. To my shock, I learned that pretty much anyone who applied was eligible for the trip. Given an opportunity to fulfill a longtime wish of mine, I signed up.

I'd like to say that the entire thing was some grand experi-

ence where I "found myself." learned if I However. anything during that trip, it was just how unprepared I was for an experience like that.

Social anxiety and I became best friends in Vienna. But despite the social awkwardness, getting lost in strange cities and a desperate race to catch the last train out of Bratislava, I had a lot

Sadly, however, the stay in Vienna was only a month long and before I knew it, I was on my way back to the states. As I left, I couldn't shake the feeling that if I had more control over what I wanted to do in my foreign study experience, then I would have a much better time during it.

A year passed, and the itch to go abroad again for a longer period grew. This time, I decided that I would push my graduation back another year and do a foreign exchange program in Germany. Not only would it be an excellent capstone to my German, history double major, but I would have far more flexibility in how I chose to experience it than with a faculty led program. I soon found out that an exchange program is very different from the faculty-led program that I had previously participated in.

Faculty led programs are, by design, very structured. Our days in Vienna consisted of going to German classes in the morning, eating lunch and touring the city. This was of course punctuated by trips to Prague, Bratislava and Hungary. The exchange program, however, was completely different from a structured routine.

From the outset, I found myself largely on my own. Though I did have assistance from "exchange buddies" that the local university provided, my trip essentially became a crash course on how to live in another country. I had much to do: set up insurance, open a bank account and submit residence permits. The legal formalities, compounded by the inherent strain of living in another country, were quite stressful, yet educational. Soon after, I was able to arrange and execute my own excursions and adventures in Europe. It was truly a liberating feeling.

As my time here at Northern draws to an end, I feel more confident that I can handle the challenges that an increasingly global world has to offer. Studying abroad, like any good adventure, can be difficult, stressful and at times rather messy. Yet, you learn so much doing it, not just about the world, but about yourself. If you ever have the opportunity to go abroad, I highly recommend that

SOUND OFF

Should Columbus Day be replaced with Indigenous Peoples Day?



Carl Gibbons, sophomore sports science

"Columbus Day has been a celebration of finding the new land, whether Columbus was first or not. If it's not broke, don't fix it."



Haley Anderson, sophomore biology

"We should continue to celebrate because it's important to the founding of our nation, but a separate holiday for Indigenous Peoples would be important to their culture."



Laura Petree, senior nursing

"The holiday should be converted because Native Americans have been silenced for years. We need to revitalize their culture."



Jake Bekemeyer, sophomore multimedia journalism

"It definitely shouldn't be Columbus Day; he was kind of a dirtbag. We should have an Indigenous Peoples Month."

compiled by Kat Torreano

Self-purpose: some sacrifice required



Guest Column

Samuel McCullough

Since I was 15 years old, I've been asking myself one question: "How do you contribute?" This question, and the heavy-stuff that accompanied it, had continued to plague me until I thought I had an answer: "By putting your life and soul into something to make the world a better place in any possible way."

I was satisfied because, essenreally is, right? My satisfaction, however, was temporary. Inevitably, I asked myself: "If it's within your power to make another's life better, then why don't you?"

I knew that giving back was one of the things that could lead to a healthy, happy and fulfilling life. Because of my amazement with

the human body, and a continuous interest in discovering truth, medicine seemed like the best way to give back; however, I couldn't justify pursuing its practice with the outrageous cost to patients in the United States. Would I really be helping people when treatments like chemotherapy cost tens of thousands of dollars?

To figure it out, I switched my major nearly 10 times. Despite the many long and painful hours searching for something I was passionate about that would also help others, I had no luck. After my freshman year, nothing even came close to solving any of my concerns. I was still searching tially, that's what life's purpose for my purpose, and didn't find one that is, until I found myself with more cash than I knew what to do with.

Last summer I came to the epiphany that I'm very good at selling, and put my strength to use by selling Cutco products through an opportunity provided by Vector. Needless to say, I made a lot of money: more than was necessary for my needs.

But because I still hadn't found a concrete way to give back, I figured the best way was to donate my surplus profits. For better or for worse, the donation process was addicting; I got hooked.

As a result, another unexplored avenue for giving back came to the surface: philanthropy. Combined with my skills in business, my back I needed to acquire some serious funds. Thankfully, I had my position at Vector to generate my donations.

My first major philanthropic mission was to donate money to benefit a local Boy Scout group's upcoming trip. The Scouts planned to go on a high adventure trip to Philmont Scout Ranch in the Sangre de Cristo Mountains of northern New Mexico.

I was still searching for my purpose, and didn't find onethat is, until I found myself with more cash than I knew what to do with.

interest in philanthropy seemed like the ultimate way I could change the world. Being a full-blown philanthropist, however, wouldn't be cheap, and to effectively give

A Scout myself, I wanted to donate \$500 to their trip because of the wonderful time I had on it. To submit my donation and sustainably continue my

philanthropic path, I had to sell an unimaginable amount of product.

To support the financial hit, I needed to sell \$15,600 in product over a 17-day period. This period, known in the Vector community as "SC2" was a salesconference designed to move product, but more importantly to get us to work against ourselves. For me, the conference was my opportunity to finally be able to give back. In the end, I sold exactly \$13,984 Not enough.

Despite working 16 hours at a time for 17 days straight, I did not achieve what I set out to do. Even though I worked my butt off to get it, I came up short.

There is nothing more painful than an all-out loss. Fortunately, however, SC2 is an annual event, and next summer, there are going to be some very happy Boy Scouts. Until then, I'll continue working toward my philanthropic purpose, and do what I can to give back.

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Photo courtesy of Great Lakes, Great Stories

Three NMU students parade as they're welcomed on one leg of their 1,400-mile bike journey this summer around Lake Superior to document stories of people who've lived along the lake.

'Great Lakes, Great Stories,' unforgettable adventures

By Noah Hausmann

features editor

This summer, three NMU students biked around Lake Superior, a 1,400-mile journey through Michigan, Wisconsin, Minnesota and Ontario, in 17 days to interview locals who've lived along the shoreline and record for posterity their memories in a mission they called "Great Lakes, Great Stories."

The students, Dylan Gonda, Olivia Walcott and Ryan Watling, also presented the results of their travels at noon Friday, Sept. 15 to a crowd of about 40 students and faculty in Jamrich room 1318 as the first event of the Northern Climate Network's Climate at Noon series.

One interview that was especially memorable was in Wawa, Ontario at a roundtable of about 15 to 20 locals, which included members from each ethnic group in town, both First Nation and other Canadians, the young and old, as well as biologists and other experts.

"We spent two hours hearing stories and favorite memories, while watching the sunset over the lake," Watling, who is a junior neuroscience major, said. "I'll always remember a quote someone said: 'We never just sit around and share stories anymore. We discuss politics and work, but we never just share about what's important to us.'

"So I got to see the immediate impact of how much this meant to a lot of them. I thought, 'Wow, this is fantastic," Watling added.

The impact of climate change in the Lake Superior region was a major focus of interviews, especially in rural areas and with people who feel more connected with the environment. The students also learned about cultures in the area, past and present.

Thunder Bay, Ontario, however, with its population of 100,000, had more urban concerns than environmental, like concern over the recent disappearances and alleged murders of young First Nation people.

The students are still going through the process of sorting and editing the numerous hours of audio files, but they hope to release finished stories consistently over the coming months on their website greatlakesgreatstories.org, social media and hopefully, eventually on NPR.

"Patching together each person's conversation will be interesting," Watling said.

The end of the first day, we were toast.

— Ryan Watling junior neuroscience maior

Before they left, they spent weeks crowd-funding, mapping routes and setting up stops and interviews, as well as exercising to get into better shape for the rigors of the ride. Down Wind Sports, Velodrome Coffee Co. and NMU Marketing and Communications all assisted with preparation.

"Planning is a lot when you're also a full-time student," junior environmental science major Walcott said with a smile.

Walcott's bike touring knowledge helped in the planning, especially with packing lightweight and minimal impact provisions, along with Gonda's experience in bike racing. Meanwhile, Watling didn't even own a bike when they first started planning, he said with a laugh.

Unlike Walcott with her bike's carrying racks. Watling and Gonda had to "jerry-rig" cargo onto their bikes with bolts and zip ties. Furthermore, by the end of the trip, Gonda's bike would survive but be deemed unrideable; it now hangs as a trophy in his room.

They embarked from Marquette May 8 and returned May 24. The first leg of the journey was 92 miles to Grand Marais. Tuckered out from the day's ordeal, they learned to take more breaks for food and for rests, both physical and mental.

"The end of the first day, we were toast," Watling said. "It was brutal. I had no energy."



Photo courtesy of Great Lakes, Great Stories

From left to right, NMU students Olivia Walcott, Dylan Gonda and Ryan Watling take a scenic break overlooking Lake Superior.

They followed the shoreline as flakes, senior outdoor recreation well as they could but stayed on leadership and management mapaved paths, since they all rode jor Gonda said with a chuckle. street bikes, averaging 85 miles a day. They had a total of 107 hours of ride time, and burned some 108,000 calories.

They camped nine nights, and the rest they spent in host houses and hotels. They showered often enough but only got to do laundry

They used a GPS tracker and posted about their travels on social media, which was difficult "without brainpower after a 100mile day," Watling said.

Their longest but "best" day was 113 miles into Duluth, "Minne-snowda," which did feature a shower of white

Another rattling moment happened when the group was temporarily separated. Gonda had already crossed, but Walcott and Watling were stuck on a bridge in Canada fraught with construction as semi trucks "barrelled through" and shook the structure, holding onto their bikes with white knuckles, Walcott said.

Like the journey itself, that was an experience she'll never forget.

"Great Lakes, Great Stories" will also be the subject of a fiveminute movie during the first night of the Fresh Coast Film Festival Oct. 19 at the Marquette

Pride!

LGBTQ+ and allies celebrate one anothe

rom live music, entertainment and free admission to an array of food and gift vendors to peruse, the Upper Peninsula Rainbow Pride held its fourth annual U.P. Pride Fest from noon to 10 p.m. on Saturday, Sept. 16 at Marquette Tourist Park Campground.

"I think it's really important that we all come together as one," said Samantha Hubberd, a member of the U.P. Rainbow Pride Board of Directors for over three years and one of the event's lead organizers. "There should be no hate. Whether it's age, sex, religion, we should all love each other. Some of the things that have been going on have really been disappointing people who aren't happy, so we're hoping to change a lot of those things for the better."

The fun kicked off at the Marquette Commons as students and community members gathered for a 30-minute solidarity rally. City Commissioner Sara Cambensy spoke to kick off the day's events, then the momentum continued as the group walked to Tourist Park together.

Pride Fest is a chance for students and community members to come together and celebrate one another. In the spirit of this, attendees of the festival this year enjoyed live music and games until the Drag Show at 8 p.m.

"This festival I think is important for all people of all genders to be able to come out and have a celebration to feel comfortable," Hubbard explained. "People can come to this event and show their pride and feel comfortable, and it's a great time."

It was a goal for the seven board members to make Pride Fest a larger event to add to the celebration. By doing so, they were able to offer a larger number of shopping and vending outlets that offered a variety of clothing items to festival-goers. Likewise, folks enjoyed food trucks from around the area selling their appetizing eats.

Seasoned

Marquette drag

queen Bobby

also known as

Furter, made a

special guest

apperance at

the pride fest

drag show.

Glen Brown

Dr. Frank N.

"This year I feel like we worked harder and have a lot more vendors. We've had a lot of publicity with the newscast and the newspaper. We have some awesome entertainment," Hubbard said.

Various events have been held throughout the calendar year in an effort to raise money for Pride Fest. Events have included drag bingo, a pride dance and a potluck.

"The last one was a pride dance out at the ski hill, which was pretty fun. We're getting a lot of businesses that are very friendly and very open and



Vendors set up tents at Marquette Tourist Park to sell apparel, food and other pride inspired merchandise.

welcome to donating stuff. We get lots of awesome donations from businesses; we use that to raffle off, and Pride Fest here," Hubbard

Some people, like freshman nursing major Cassie Anderson, attended the festival for the first time and was impressed.

"I love it honestly. This is my first pride ever, I really wanted to go to one. I'm really glad that I could do it with friends from school," Anderson exclaimed. "I'm a really big LGBTQ+ activist. I'm really passionate about [LGBTQ+] rights."

Anderson helped run the tent for Queers and Allies, one of the LGBTQ+ support clubs on campus.

For junior English graduate bound major Aubrey all the money goes for the Owens, returning to the festival for a second time, she noticed how it has expanded and evolved in recent years.

> "I've gone for a few years. I didn't go last year but I went the year before," Owens said. "There's a lot more vendors, a lot more people. It's definitely grown up a lot. To be honest, I'm kind of interested in what the gay games are, it sounds fun, I'm curious and kind of excited."

Local community member Janeen Rastall has been a regular Pride Fest

attendee, every year.

"I think they're fun every year, every year is unique and different. And this year we've got beautiful weather. I like all the different booths and seeing all of the different groups that are here. I like seeing the community together. And also, the entertainment in the evening is just a lot of fun," Rastall said.

The drag show at the end of the night is an event that many attendees looked forward to. As the day progressed, visitors waited with anticipation. The drag show was held under the large tented area at the park, complete with music and dance coming from local queens and kings from around the area.

"The drag show, which is wonderful, the other thing we also enjoy are the food trucks, we love the taco truck—I don't have to cook," Rastall said with a laugh. "It's a good location and a fun day to come out and just enjoy."

by Jamie Glenn staff writer

r and the community they share



"It's really important that we all come together as one..."

Levi Brater performs at the fourth annual pride fest drag show hosted at Marquette Tourist park.

> . Neil Flavin/NW

O The North Wind Thursday, Sept. 21, 2017 FEATURES



Photo courtesy of Michael Brzezinski

Movie enthusiasts swarm the streets and wait in long lines outside of movie theaters during the 2017 Toronto International Film Festival.

A starry view of one of the world's biggest film fests

By Michael Brzezinski

contributing writer

When the second weekend of September rolls around, the largest city in Canada turns into a modern metropolis for movie lovers from every background. For 11 days, over half a million people consisting of film fanatics, critics, industry insiders, directors, writers and stars flood

to Toronto, Canada for "the festival of festivals," the Toronto International Film Festival (TIFF).

The event is not only a place to discover what films will be the biggest obsessions during awards season, but it's also a time to meet other avid film lovers from all over the world. It's an experience that brings fans closer to the stars and a way for industry up-and-comers to make connections with the higher-ups of well-known companies.

"The atmosphere the festival brings is my favorite thing about it," festival-goer Evan Gilman said. "You're surrounded by other people who love movies. That's not something I'm able to experience when I see movies in my hometown."

TIFF is now on its 42nd year and it has garnered a status for being the biggest film festival in the world even after a recent effort to downsize the festival. It still plays somewhere north of 300 films from a wide variety of backgrounds. Some say the festival has gotten too big for it's own good, while others still like to relish in the thought of having infinite possibilities in their schedule.

"It's the best," Jason Osiason, another festival-goer waiting in line for a film, said. "TIFF allows you to fill literally every second of your day with moviewatching."

There are multiple reasons to go to TIFF. Some go just to get a photo with their favorite celebrity, some go to see as many upcoming films as possible to get a jump start on awards season, and some go purely for business reasons. TIFF hosts a variety of industry networking events as well as workshops.

I strapped on an industry pass and visited the festival for

its notorious opening weekend where they close off King Street in front of two of TIFF's biggest venues (Roy Thomson Hall and Princess of Wales) and fill it with a wide variety of food trucks, activities, red carpet photo-ops and movie stars lots and lots of movie stars. Even if choosing not to indulge in the many free activities on King Street, those attending can still feel the rejuvenating energy by simply walking past it.

I chose to see as many films as possible, and in the span of five days, I saw 20 movies. As exhausting as it may have been, there's something distinctly rewarding about seeing so many films and surviving off of a diet built on popcorn, coffee, food truck tacos and beer.

TIFF is known for its guest list of stars. One of the opportunities TIFF provided was a post-screening Q&A with well-regarded actors Denzel Washington, Ben Stiller, Willem Dafoe and Christian Bale as they went in depth about their process. For every screening,

attendees must wait in line for an hour at the very least and with that you get a great opportunity to converse with a variety of people. I got to meet amatuer filmmakers, fellow college students who are interested in the film industry, studio heads and people who are just looking for some classic Hollywood escapism.

TIFF also offers an outlet for up-and-coming filmmakers through their Discovery, Short Cuts and Wavelengths programs. Eli Hayes, an up-and-coming filmmaker, spoke on TIFF's acceptance of less-established works.

"Festivals like TIFF allow for more aspirant filmmakers like myself to reach a real live audience and possibly begin to find our own special niche," Hayes said.

Attending TIFF offers an inside look into a competitive industry, and, while it may leave its attendees still struggling to catch up on their sleep, it offers an unlimited supply of joy, thrills and popcorn.

It's the best. TIFF allows you to fill literally every second of your day with movie-watching.

— Jason Osiason film festival attendee



Raging about love:

Rapper Lil Uzi Vert mixes partying. heartbreak and rumors of Satanism

By Andrew Ridolphi

contributing writer

After much anticipation and internet-fueled buzz, Philadelphia rapper Lil Uzi Vert, whose real name is Symere Woods, released the follow-up to his breakout mixtape "Luv is Rage" with "Luv is Rage 2." Vert ended 2016 being featured on the massive single, "Bad and Boujee." Keeping the momentum rolling, he released the lead single of "Luv is Rage 2" this March, smash hit "XO Tour Lif3," which has become threetime platinum since its release.

Some have accused Vert of supporting Satanism, their suspicions fueled by repeating "Lil Uzi Vert" quickly until it begins to sound like Lucifer, Vert's upside-down crosses and his collaboration with Marilyn Manson, the "Antichrist Superstar" himself. Vert, who seems

untroubled about these rumors goes as far as to mock the idea by naming a track "444+222" (pause to do the math), although the song itself has nothing to do with anything close to Satanism.

What Vert lacks in lyrical complexity, he gains in spirit and energy. His nonchalant delivery has a rhythmic bounce that pops out of the speakers when turned on high volume. His instrumentals are shoulder shrugging anthems that are orchestrated to make people move and it's nearly impossible to listen without bobbing your head or tapping your foot.

The album contains two features, one by Pharrell Williams and the other from The Weeknd. The Pharrell feature "Neon Guts" is a stand out; it's a colorful and vibrant tune with a relaxed melody behind it. While that track is memorable, the same is not the case with the song featuring



The Weeknd, "Unfazed", as it becomes stale with its one-word

The instrumentals, credited to Don Cannon, Wonda Girl, TM88, Metro Boomin and Maaly Raw among others, are what leave a lasting impression far above the

The track "Feeling's Mutual," produced by Wonda Girl, has a carousel sample that gives the song a youthful touch that flirts with Vert's energy wonderfully.

On the surface, "Luv is Rage 2"

Artist: Lil Uzi Vert

Album: "Luv is Rage 2"

Release Date: Aug. 25, 2017

Rating:



is a party album laced with drugs, sex and cash. But behind that light-hearted ambiance, there is a darker undertone of heartache and over-indulgence.

"The Way Life Goes" delves into this narrative. He raps somberly on the chorus, "I know it hurts sometimes/ but you'll get over it/ you'll find another life to live/ I swear that you'll get over

"X" is another song littered with break-up references over a light hearted instrumental. Each

hook is bridged with Vert singing, "Leonardo DiCaprio." Out of context, this doesn't make sense; but within the song, it has just the right amount of obscurity and oddity mixed with Vert's signature careless fun delivery that makes it

The last few tracks have darker, slower hypnotic vibes. There is less playful instrumentals and deeper melodies and tone with "Dark Queen" and "Malfunction."

The final song on the album is "XO Tour Lif3," a drug-fueled break-up ballad that blurs the lines between addiction and indulgence topped off with a cold-hearted chorus that will inescapably be stuck in your head long after listening. This song has a unique feel to it provided by an airy, drunken delivery in Vert's vocal inflections.

"Luv is Rage 2" is a cocktail of partying, heartbreak and youthful exuberance mixed into one. This is not a thought provoking or philosophical album, and it is not intended to be. With being 16 tracks long the simpler songs come across as unmemorable compared to how great the tracks that stood

Student group tackles male stereotypes

By Mason Wallace

contributing writer

As each member took a piece of blank paper, they drew two circles. One was a face and one was a mask. The face represented the qualities and characteristics they show to the world. The mask represented the qualities and characteristics hidden from anyone seeing. The papers were then crumpled up and thrown into a circle. Going around the group, each member randomly grabbed one and read what was on the face and the mask.

The point of this exercise was to show that everyone struggles with issues and that many people are also dealing with similar things. It also stresses the importance of having a clean outlook when going into situations with new people to give you the opportunity to really get to know them before forming your opinions.

"The goal of Men Outside the tance and respect for all different forms of identity, while also changing the cultural narrative of men in society by breaking down gender stereotypes and redefin-

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ing masculinity," MOB President Tommy Hickey, a social work major, said.

MOB is a student organization built from the ground up last fall when a group of students started

...it's interesting to see men's groups starting to try and bring change to social issues.

> —Tommy Hickey MOB president

Box (MOB) is to promote accept to discuss the idea of possibly having a men's group. Since then they meet every Wednesday at 6 p.m. in the Hunt/Van Antwerp lobby, and they are always welcoming new members of any major to join them for their discussion.

"We are not male exclusive," Hickey said. "If you feel you have an interesting perspective, this is the place to be.'

Members of the MOB aim to provide a safe and judgement-free environment that offers a strong support network for all members. The group discusses topics such as masculinity and bullying and provides students with an open place to talk and raise awareness about issues that are important to them, Hickey added.

The MOB will always continue to evolve from where it began to ensure members are getting the most from their participation within the group.

"I take away a strong sense of camaraderie with people who want to challenge each other and have a discussion, which has created deep friendships," Hickey said. "It has been a great way to get involved and talk about these issues."

MOB wants to expand beyond the NMU campus borders and into local middle school classrooms. The objective is to discuss the dangers of all different forms of bullying and to help students

develop meaningconnections with other young adults.

"It's definitely interesting to both give my perspective and hear other people's perspective on relatively similar issues," said MOB member David Germain, mobile and web app development major, "I know I won't be alone in any of

the struggles that I may have."

The future plan is to have a lot more visibility on campus by hosting organization-sponsored events. The group will be showing the documentary "The Mask You Live In" later in the academic year. This film demonstrates the struggle boys and young men have trying to stay true to themselves while also trying to fit into a narrow definition of masculinity and what it means to be a man.

"It's a great way to collaborate with other people who want to promote similar messages," Germain added. "I'm excited to get

to know the other members of the group, as well as members of the

community." The main group goal is to continue creating a positive change and raising overall awareness for gender equality and shedding light on some needed areas of improvement in gender studies such as masculinity, Hickey said.

"Everywhere I go, I always hear about social justice movements, but they are always being led by women," Hickey said. "So it's interesting to see men's groups starting to try and bring change to social issues."

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SPORTS BRIEFS

MEN'S GOLF

The Men's Golf team took fourth with a score of 589 at the GLIAC Fall Invitational at HawkHead Golf Course on Saturday, Sept. 16. Junior Martin Eliasson led the Wildcats with a second place finish and finished with a score of 138 over the two days. This was his second time with a score of 68 in the opening round. Also placing in the top half of the competitors were sophomore Kurtis Fontinha, placing 30th, with a score of 146 and junior Logan Haight, placing 40th, with a score of 151. Junior Owen Bayer rounded out the Wildcats with score of 159. The golf team will travel to Tiffin, Ohio to compete at the Kyle Ryman Memorial on Sept. 31 to Oct. 1.

WOMEN'S GOLF

Women's Golf took second overall with a score of 623 at the Bulldog invitational on Friday, Sept. 16, the first women's golf team event of the season. Junior Karissa Guthrie claimed first with score of 146. Senior Avery Rochester placed in the top 20 with a score of 158, tying for 20th. Senior Haley Hewer, with a score of 159, and junior Alyce Krumm, with a score of 160, also placed in the top half taking 22nd and 25th place. Junior Baylee Dunmire, with a score of 177, and junior Lillian Torres, with a score of 180 rounded out the Wildcats. The Golf team will travel to Bay City, Michigan for the Saginaw Valley State Invitational on Sept. 23 to 24.

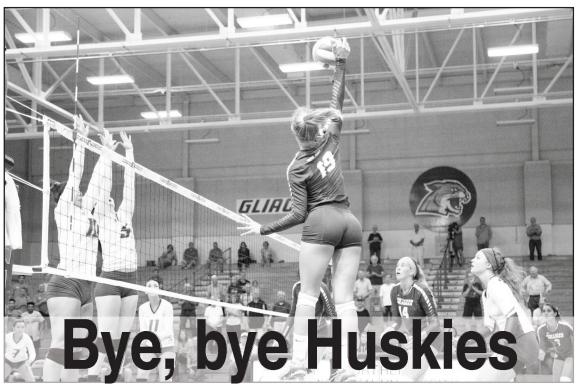
SWIMMING & DIVING

Northern's Swim team competed in the Collegiate Open Water Nationals on Saturday, Sept. 16. In the women's race, NMU had the second best finish overall among the NCAA Division II teams. Sophomore Nicola Pasquire took 23rd with a time of 1:08:39.40. Junior Rebecca Arakelian finished in 1:11:36.12, senior Hannah Crump finished in 1:13:54.57 and junior Taylor Susa finished with a time of 1:16:18.83, rounding out the Wildcats. The men finished in fifth place with junior David Miranda finishing in 14th with a time of 1:04.31. Junior Grantas Dapkus placed 16th with a score of 1:04:26 and sophomore Jonas Reinhold took 17th with a time of 1:04:31 The Wildcats will return home to the pool for the Green and Gold Meet on Saturday, Sept. 23.

Wildcat of the week



Junior Martin Eliasson placed second at the GLIAC Fall Invitational on Sept. 16. Eliasson was named to the all-GLIAC in 2015-2016 and 2016-2017.



Junior Autumn Monsma spikes the ball back to LSSU's side after being set by her teammates. Last season, Monsma appeared in 29 matches and 111 sets. She finished third on the team in digs (273) and fifth in kills (147).

By Ryan Spitza

staff writer

The NMU Volleyball team continues to roll, picking up home wins over Saginaw Valley State and Lake Superior State last weekend and a road victory over Michigan Tech on Tuesday night.

The Wildcats defeated SVSU 3-1, LSSU 3-0 and the Huskies 3-1 to jump out to 3-0 in conference play and 9-2 on the season. This is also the Wildcats' fifth straight win.

NMU head coach Mike Lozier said the season so far is going just as he expected.

"We talked a lot prior to the season, starting about the things that we would need to do in order to succeed and they were doing those things," he said. "What's nice is they've been doing what the coaching staff has asked of them and we've been seeing results because of it."

The Wildcats also received some national recognition this week, earning 13 votes in the weekly AVCA Coaches Poll.

"It's always nice to get recognition," Lozier said. "It's really nice that after the poll came out we validated it by winning. We need to do that on a daily basis. It's nice to get the recognition but what matters is how you perform on the floor."

Lozier said only two of the players on the team are his recruits, meaning while he's running the show, it's not exactly his team yet from a roster standpoint. Lozier believes, however, that that's not really a problem, and results clearly show it as well.

"When you come as a new coach, you really don't know what the girls are going to be like," he said. "We're clearly talented physically and I think it's a matter of helping them understand that they have the support of the coaching staff and that they can play a little bit more freely when they're out on the court. I think that's ultimately been the biggest

difference between the experience from last year and the experience of this year."

The match at Michigan Tech was a battle to the very end. With the Wildcats down 18-10 in set one, NMU came all the way back to tie and eventually win the set 26-24.

The Wildcats gained an early edge in set two and every time the Huskies came back to tie or take the lead, the Wildcats would answer with a point of their own. NMU took set two 25-21.

In set three, Tech didn't want to die. With three chances to win on match point, Tech responded both times and won the set 29-27.

NMU pulled away in set four, winning it with ease 25-14. Senior Madison Whitehead had 16 kills in the contest.

Lozier commented on being down in the first set and finishing off the fourth set.

"We talked during the time out about just basically relaxing and playing our game," he said. "We were playing a little chaotic where it did not look like Northern Michigan volleyball. We came back and won set one and I think that set the tone for the rest of the match.

"I knew going into the fourth set we were going to handle them. We didn't make any changes, we didn't really have a different strategy in the huddle, we just said, 'hey you've got this' and took care of business."

Senior middle blocker Kayla Chosa said the team didn't panic after losing the third set.

"Going into a match with Tech, you always know it's going to be a close and a tough match," she said. "With any win, a team will probably get some momentum but I think we all believe in the team enough where we can say 'we're going to bounce back and we're going to win this' and we proved that in the fourth set."

Defensive specialist Rachel Braunschweig mentioned adversity and coming together in the

"Playing at Tech with their crowd and everything, even more than our volleyball being put to the test, it was more of our character and how we can come together," Braunschweig said. "How we could overcome adversity, which we had being down by that much in the first set, and I'm really proud of what our team has been able to accomplish so far."

The Wildcats remain on the road for four more conference matches, two of which will be played this weekend. NMU will face Northwood (6-5) on Friday night before a Saturday afternoon match with GLIAC coleader #7 Ferris State (9-2).

Chosa didn't fail to mention that the Wildcats defeated Ferris State as the first ranked team two years ago and that they're capable of doing it again.

"They are seventh in the country but we're also receiving votes," she said. "Two years ago when they were number one in the country we beat them, so kind of throwing that aside they're still just a normal volleyball team with athletes just like us so we just go in and treat it like any other game and just play our game."

Lozier also said he's looking forward to the match up.

"As soon as the schedule comes out, the first thing you look at is 'when do we play Ferris, when do we play Grand Valley, when do we play Wayne State?' And those three teams are doing well right now, so you need to be prepared for them and you have to stay in the moment with the match that's coming up. It's not a make-orbreak match for us by any means, it's just an opportunity to see where we stack up against one of the best teams in the country."

When asked if the Wildcats could keep pace at the top of the conference, Lozier had one short response.

"That's not even a question."

First victory for women's soccer

By Tyler Young

contributing writer

The Northern Michigan University Women's Soccer team split their two home games this past weekend, falling 3-2 in double overtime to Saginaw Valley on Friday before picking up their first win of the year against Northwood Sunday afternoon.

Saginaw Valley opened the scoring in the 27th minute on Friday after Amanda Minissale put the ball past freshman goalkeeper Brianna Frontuto and gave the Cardinals the 1-0 lead. NMU's freshman defender Kaitlynn Benson answered things up, and that was the score going into halftime.

After the break, it took only a minute and a half for Saginaw Valley to regain their lead as Valentina Giambanco found the net in the 46th minute. This lead stood for nearly 30 minutes until the Wildcats' freshman forward Jenna Halonen scored her second goal of the season, knotting the game at two goals apiece.

The tie stood for the remainder of regulation, and the first overtime also failed to produce a result. It wasn't until the 107th minute of play that the deadlock was broken,

when Giambanco again put the ball in the net for the Cardinals, giving her team the 3-2 double overtime victory.

The Wildcats looked to redeem themselves on Sunday, as they played host to the Northland Timberwolves in what ended up being NMU's first win of the season. The first half featured no scoring, owing in part to sparse offensive opportunities for both teams. Both the Wildcats and the Timberwolves put four shots on target in the opening stanza, with the keepers (Julia Luzod for Northland and Frontuto for NMU) each stopping

The second half was noticeably more offense-oriented for the Wildcats, who added six shots on net to Northland's two. It seemed like NMU would open the scoring in the 84th minute, when a handball in the Northland 18-yard box gave the Wildcats a penalty kick. Junior forward Aimee Colla was the player chosen to take the spot kick, but she sent it over the crossbar, and the game remained scoreless. Colla, however, redeemed herself just a few minutes later, when she headed a Halonen cross into the net, putting the Wildcats up 1-0 in the 87th minute. Halonen added a goal of her own in the final minute of play after she was awarded a penalty kick, and the match ended 2-0 in favor of NMU.

"I think these girls were holding back a little bit in the first half," NMU head coach Sonia Basma

said of her team's play. "Our hunger to go to goal was a bit more elevated in the second half." Wildcat goal scorer Colla agreed, saying "Offensively, this

game we had more opportunities, we had the hunger to go to goal. I think we played really well."

The Wildcats' next matches are against Purdue-Northwest on Friday and Davenport on Sunday, and Basma is hoping to use the team's momentum in their favor.

"We're going in now with a little more confidence," Basma said, "We've been doing the right things. The win reassures us that yeah, we're going in the right direction, and we're just going to use that now to keep climbing."



Photo courtesy of NMU athletics

Senior midfielder Tabitha Boze positions herself under the ball to control it. Boze started in five of her 17 games played last season.

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Cross Country performs well in East Lansing

By Zoe Maki

contributing writer

Over the past weekend, Northern Michigan University's Cross Country team raced at the MSU Spartan Invitational. Although they did not keep team scores at this meet, according to coach Jenny Ryan, "[They] finished third out of the ten Division II

Katelyn Smith placing first among the Division II runners. Overall, she placed in the top 10 in a sea of over 300 runners with a time of 22:02.0, about five minutes and 54 seconds per mile. Her achievement in this race awarded her with the title of GLIAC (Great Lakes Intercollegiate Athletic Conference)

Week which is the second week in a row this title has been attributed to an NMU runner.

The second fastest runner from the Wildcat's Cross Country team, senior Kieren Becker, finished with a time of 23:02.8 as the 41st individual to cross the finish line at the Forest Akers East Golf Course in East Lansing.

"It was our first 6K of the sea-The biggest accomplishment son, so it was the first time we got for the team was sophomore to really test our endurance out, and I think we honestly impressed ourselves and our coach," Becker said, "[Our coach] sets a really good training program throughout the whole summer, so leading up to this meet has been months of preparation."

The other ladies who were among the top-5 runners of the meet from NMU were junior

I think we honestly impressed ourselves and our coach.

— Kieren Becker cross country, senior

Cross Country Athlete of the Abby Fifarek, who placed at 58th with a time of 23:37.6; sophomore Hannah Torvi, who placed 67th with a time of 24:02.7; and senior Kelly Pietrzak, who placed 81st with a time of 24:18.3.

Overall, coach Jenny Ryan was pleased with the outcome regardless of some of the challenges they faced.

"It's a fairly flat course, but this past weekend it was very warm and very humid, so that made it challenging because we're not acclimated to that right now," Ryan said. "We haven't had much of a warm summer so it made it tough, but they ran very well and I was very impressed with what they did."

Ryan also said that she is looking forward to the meet this upcoming weekend at the Roy Griak Invitational in Minnesota: one of the biggest cross country events in the country with over 3,000 runners throughout the course of the day. She claimed she is most excited to "finally have the full squad, so [they] can see where [they] are against some of the top teams in the country."



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Men's soccer falls twice

By Nate Belville

contributing writer

The Northern Michigan University men's soccer team wrapped up a four-game home stand and faced good competition from their conference opponents over the weekend.

The Wildcats came up short in both games as they were defeated by the Saginaw Valley State University Cardinals 3-0 and the Northwood University Timberwolves 2-0.

NMU head coach David Poggi said the opponents were tough matches for the team.

"They were both ranked one and two coming in and they both had good results throughout the season," Poggi said. "To me, they both beat us with goals that are important goals and those were the ones that could've been avoided."

Sophomore midfielder Edgar Astorga said the team played well despite allowing the late goals.

"I thought we didn't play too bad, it's just we had moments of lost concentration," Astorga said. "It's unfortunate because honestly, we have the potential to beat anybody in the conference."

Friday's game featured an intriguing match against the Cardinals, who were ranked 16th in the NCAA Division II standings.

The Wildcats, hoping for an upset, kept close with the Cardinals at the start. A goal by Saginaw Valley's Connor Rutz opened up the scoring at 7:22. One more goal was netted by Omar Sinclair to end the half at 2-0 SVSU.

Through the second half, the Wildcats were shut down by the Cardinals' defense, limited from having three shots in the first half to only one. A late goal by Michael Hamilton at 79:10 put the game away for the Cardinals at 3-0.

Saginaw Valley shot 11 times with five going on-goal, as NMU shot only four times and two of them aimed on-goal. Torelli made a couple saves and sophomore midfielder Collum Opin attempted a couple shots for the Wildcats.

Last Sunday, the game was kept close for both teams with the Timberwolves having a 10-5 shot advantage over the Wildcats. Northwood's Bryan Lawson opened the scoring up after a free kick deflected off the crossbar at 26:50. Almost 30 seconds later, Austin Hobbs found the net for the Timberwolves to ice the first half and the game.

The second half was exciting and attrition-filled. Both teams combined for 17 fouls and recorded five shots. However, neither shot was able to find the net. In the game, the Timberwolves put up 15 shots with eight going on-goal, while NMU settled for 10 shots and four went on-goal.

Torelli faced eight shots on-goal and made six saves, raising his season total to 13. Junior forward Sam Popp attempted three shots and leads the team with 13 on the season.

From the Northwood game, Astorga said that the team needs to be with the amount of fouls given.

"We just need to be more mentally disciplined," Astorga said. "It's something we can't have."

"We can't have players stacking on yellow cards because at the end of the season, it's going to make a difference," Astorga added.

Poggi said the amount of fouls are just part of the game.

"Soccer is a funny game," Poggi said. "It's like a boxing match. If there's a referee out in the middle of the ring, you've got to make decisions and be on the same level."

With the Wildcats' road trip coming up, the team is working hard on defense especially against key conference opponents.

Both Astorga and Torelli said that defense will be key for those match ups.

"Something we're going to have to work on is our defense, it's been a little shaky lately," Astorga said.

"We're going to need to improve on our defense for sure, because allowing five goals in the last two games is unacceptable," Torelli said.

The team will head back on the road for matches against the Purdue Northwest University Pride on Friday and the Davenport University Panthers on Sunday.

Football falls to number two ranked Ferris State

By Trevor Drew

sports editor

For their conference opener, the Northern Michigan Football Team was handed a decisive 42-10 loss by NCAA Division II's number two team, the Ferris State Bulldogs.

The Bulldogs scored 35 of their points in the first half, but were held off by the Wildcats for the rest of the game till the final quarter.

"Was I disappointed in losing the game? Absolutely. But the one thing I can say about the team: they battled," head coach Kyle Nystrom said.

Nystrom went on to say that last weekend's performance against Ferris was Northern's best performance he had seen in years and that, although the score didn't show it, the teams fought an even battle.

"I think when you play an elite team like that, it's the same as when little brothers play sports with their big brothers," Nystrom said, "They develop faster and better because the competition is above what their peer status is."

Junior running back Jake Mayon finished with 153 total yards of offense and a touchdown, picking up 61 yards rushing and 92 yards receiving. Junior wide receiver Walter Jackson posted 30 yards on four catches and senior quarterback Jaranta Lewis threw for 167 yards.

The Wildcats return to the field for their first home game of the season next Saturday against the Davenport University Panthers.

This is the Panthers' first year in GLIAC but Nystrom, who interviewed for Davenport's head coach position when they first started their program, said he expects them to be tough competition for his gridders.

"You're looking at a private school that has abundant resources and is meticulously well-operated. If you look at their history in the sports they started, lacrosse, rugby, basketball, women's soccer, they win," Nystrom said. "So when they decide to put football into their plan, you know they're going to do it the right way."

Davenport has lost all three of their games so far in the season including losses against fellow GLIAC members Grand Valley State University and Tiffin University.

The Panthers fell 27-14 against the Tiffin Dragons last Saturday.



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WORD SEARCH OF THE WEEK

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HOMECOMING 2017 — Emmalene Oysti



Hooping and Hollering



Lindsey Eaton/NW

A Resident Adviser of Van Antwerp Hall, Shelby Roesner, crawls through one of the obstacles at the annual Dead River Games, at Clark Lambros Beach Park on Sunday, Sept. 17, kicking off homecoming

THEME: Diversity

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Stepping up the school spirit



Lindsey Eaton/NW

Students and community members of all ages crowd into Jamrich 1100, at 7:30 p.m. Wednesday, Sept. 20 to enjoy watching nine halls participate in the Homecoming Step Competition. Above: The Woods' stepping team, The Bad Birches, erupt into enthusiastic celebration, chanting "Out with the old, in with the new," after winning the first Stepping Competition their hall has entered. Below: Majors Hall stepping team punch and kick the air as they do their synchronized, choreographed routine to Survivor's "Eye of the Tiger."

