



SPORTS

A profile on the Football team's new coach Kyle Nystrom as he prepares for the new season.

▶ See PAGE 12



FEATURES

Superior Kayaking Co. now offers kayaking tours around Presque Isle Park.

▶ See PAGE 10



@NorthWindNews
/NMUNorthWind

Moon money

Alumna auctioning lunar dust intends to donate funds

By Winter Keefer
editor-in-chief

While growing up on the rocky shores of Lake Superior during the time of the Apollo missions, Nancy Lee Carlson would look up to the stars in awe. In this time, she never expected to one day own a piece of the moon.

Carlson now plans to auction off a rare bag of lunar material collected by Neil Armstrong during the Apollo 11 moon landing nearly 50 years ago and donate part of the proceeds to a scholarship for NMU students interested in pursuing speech pathology.

The auction is set to take place July 20 on the 48th anniversary of the Apollo 11 moon landing, with the bag expected to sell for millions of dollars.

Carlson, a 1974 NMU graduate who currently practices law



CARLSON

in Illinois, became the first private citizen to own a item from Apollo 11 after a cataloging error resulted in the accidental first auctioning of the bag of moon dust.

This bag was collected by Neil Armstrong himself on the same

day he said the iconic words, "This is one small step for man, one giant leap for mankind" nearly 50 years ago.

"I was a child in school watching the moon landing," Carlson said. "I couldn't believe it the first time man left this Earth on a voyage into the stars. I thought it was fantastic."

Carlson said growing up in the Upper Peninsula played a key role in her interest in the bag of moon dust.

"I was always interested in rocks, though I had no great desire to be a geologist," Carlson said. "I always enjoyed looking for things. I used to go in the old copper mine before it was closed and the gold mine, just to see what was there and to see if I could find something."

Carlson was the only one to bid in the first auction, bidding only \$995. After sending the bag to NASA for authentication, it proved to be worth millions.

She originally wanted to donate the bag to an U.P. university or museum but providing security for it proved too expensive.

"When you do grow up in the



Photo Courtesy of Nancy Lee Carlson

Neil Armstrong pocketed this bag of lunar material during the Apollo 11 moon landing. It is now owned by an NMU alumna who will put it up for auction in July with plans to donate the proceeds back to the community.

Upper Peninsula, your ability to see a lot of things is pretty hard because of driving time," Carlson said.

With the true value of the bag revealed, she now hopes to donate the money from the auction to programs in the U.P.

On top of a scholarship for

NMU students pursuing speech pathology, Carlson also plans to donate money from the auction to Bay Cliff Health Camp in Big Bay and help fund research on immunological deficiency.

Carlson said as an NMU alumna, her desire to donate to a scholarship for NMU is because

of the opportunity the university gives to Upper Peninsula students coming from low income areas.

"Unfortunately, many people living in the Upper Peninsula do not make a great deal of money so they can't afford to go to larger schools. Yet, Northern provides an excellent education," she said.

Carlson does not plan on keeping any of the money that comes from the auction.

"This isn't just about what's contained in the bag, this is about the historical significance of mankind leaving planet Earth and taking that first baby step out to other planets. It is a national treasure and I want to make sure whoever purchases it will have the money to keep this."

I was a child in school watching the moon landing. I couldn't believe it the first time man left this Earth on a voyage into the stars. I thought it was fantastic.

— Nancy Lee Carlson
NMU alumna

Construction to begin on first cold body research area

By Davon Lanier
news editor

Along with a new major where students will be able to observe dead bodies for research, NMU is developing a forensic anthropology center that will also be a training ground for crime scene investigators.

Construction of the fencing for the Forensic Research Outdoor Station (FROST) is expected to begin mid-June according

to NMU officials.

"What we hope to do is have a range of courses in forensic anthropology as a concentration within the anthropology major," said Alan McEvoy, head and professor of the sociology/anthropology department at NMU. "Many of these courses we hope to have cross listed with studies like criminal justice, biology and even biochemistry. There's a range of courses and disciplines that are affected by

this so what we're hoping to do is be as cross disciplinary as possible in our offerings as we develop this further."

The 2.5 acres of land recently signed over to NMU by Gov. Rick Snyder will be used for studying human decomposition in a cold weather climate as well as crime scene investigation forensics training for criminal justice majors. A forensics concentration is but one part of the anthropology major

that students can choose in the program.

In conjunction with the university's anthropology program, the FROST facilities will be funded and operated by NMU. Once it is structured and secured, the forensic outdoor site will be the seventh forensic research facility in the United States and the eighth in the world but it will be the only cold weather research facility of its kind anywhere on the globe.

The site will be located on U.S. 41 between the Marquette Branch Prison and the Michigan Department of Natural Resources office, in the vicinity of the Marquette Area Wastewater Treatment Facility.

McEvoy said the facility will have a major focus on two fundamental things: basic research on aspects of human decomposition in cold weather, which

See FROST • Page 4

Academic programs come and go, Erickson gets raise by BOT

By Winter Keefer
editor-in-chief

During the end of the semester NMU Board of Trustees Meeting on May 5, the board voted on increases in tuition and an executive committee's recommendation to amend President Fritz Erickson's contract.

For full-time undergraduate students, tuition will be \$5,280.50 per semester with an increase of \$237.50 per semester from last year. Nonresident undergraduate tuition will increase by the same amount and graduate tuition will increase by \$24 per credit hour. Course fees will not increase.

Vice President for Finance and Administration Gavin Leach said in the meeting that this increase would keep NMU with the second lowest combined tuition and fees of Michigan universities.

"In my estimation, this is a very moderate increase for us," Leach said.

The recommendation to amend President Fritz Erickson's contract gained unanimous approval, with several trustees expressing their support for the direction they have seen the university heading.

Erickson's salary will increase by 5 percent and his contract will be extended by one year, now

ending in June of 2020. Erickson's deferred compensation was increased by \$15,000 per year for the first two years, with another \$35,000 the final year if Erickson remains at NMU to the end of his contract.



ERICKSON

Chair of the board Scott Holman presented the amendment of Erickson's contract.

"The confidence that the board has in the president and the work he has done in providing a great creative innovation will result in a good transition, a good future for the university," Holman said.

During the meeting, the board also approved the addition and deletion of academic programs. They approved to add bachelor degrees in applied workplace leadership, embedded systems

and anthropology. Associate degrees were approved in paralegal and insurance/risk management as well as certificates in assistant behavior analysis, automotive maintenance and manicure.

Deleted programs included bachelor's degrees in psychology/grad school preparation, athletic training, public administration interdisciplinary, art history, early childhood and accounting/financial planning, associate degrees in applied child development and graduate certificates in public management.

Additionally, representatives of ASNMU provided an update on the group's initiatives including the proposal of a student activity fee referendum. Representatives also asked for the board to consider the formal acknowledgement of Indigenous People's Day on campus.

Member of the Sustainability Advisory Committee and communications studies professor Jess Thompson also provided an update on the actions of the Sustainability Committee in its first year after its creation in the fall of 2016.

"This is a place where sustainability is already part of so much we do," Thompson said.

Thompson proposed a fully



Winter Keefer/NW

Board members gather at the end of last semester to vote and present on university affairs dealing with academic programs.

staffed Center for Sustainability after the committee's thorough assessments of campus showed that many areas of the university were interested in improving sustainability in need of a focused goal and centralized location.

"This would be a physical space with a director coordinator, administrative support to help coordinate all of the various efforts across campus," Thompson said.

The expansion of NMU's Ed-

ucational Access Network (EAN) to provide broadband to communities across the Upper Peninsula was discussed during the meeting as an example of the universities push to further innovation.

Vice President of Extended Learning and Community Engagement Steve VandenAvond said the EAN will reach areas in the Upper Peninsula with a high need for broadband.

"This hasn't been done before. This is a game changer."

Rewarding Active Lifestyles

Wildcat adventurers get assisted by NMU marketing

By Noah Hausmann
features editor

A number of Northern students and alumni have been pursuing interesting endeavors, and recently NMU's Marketing and Communications Department has been helping these individuals promote themselves and the university as part of the newly-created "NMU Adventure Team."

The department helps team members to improve their personal branding in order to market themselves, attract sponsors, and

to achieve their goals. Derek Hall, assistant vice president of university marketing and communications, manages the Adventure Team. The idea for the project began in fall 2016, he said.

"In all the marketing efforts, we're looking at telling stories about NMU students and grads," Hall explained. "In our branding core, we try to tell stories related to NMU being a great environment and adventure in education. So with that core, we thought it'd be cool to put together this team and recognize students and alums doing cool things."

Members of the NMU Adventure Team include: Liza Dietzen, a sled dog musher who has run in the Seney 300 and U.P. 200 races and who aspires someday to compete in the Iditarod race in Alaska; Brooke Crull, who was once on the NMU track and field team but is now training and hopes to qualify for the Olympics to be a racer on the USA Skeleton Team; and Bill Thompson, a co-owner of Down Wind Sports and an avid outdoorsman who enjoys backpacking and ice climbing.

Current NMU students Dylan Gonda, Olivia Walcott and Ryan

Watling who biked the 1,400-mile journey around Lake Superior earlier this summer in their mission "Great Lakes, Great Stories," are also members of the Adventure Team. The students' goal was to circumnavigate the lake and to meet locals along the way, interviewing them and hearing about their lives along the lakeshore.

NMU provided sound recording equipment to these cyclists, so they could better document these interviews, Hall said.

"They wanted to collect stories, and in exchange we get to tell their stories to future students and alumni," Hall added. "It's not straight-up advertising or admissions type work, but it's trying to tell their stories and attract the attention of future students."

NMU gives members Adventure Team patches, vehicle stickers and certificates that display, "For your quest to escape the ordinary and represent what it means to be a Wildcat."

The newest members of the Adventure Team are alumni Austin Fogt, Hanna Derby and Gordon Mortensen, who will participate this summer in the Mongol Rally, a 10,000-mile car ride charity fundraiser across Europe and Asia. Hall organized a photo shoot for the group and

had them brainstorm and choose their group name "The Yooper Troopers."

"I think it's a great program that shows Northern continues to support their students even after they graduate," Fogt said.

A design intern in the marketing department made the team a Yooper Trooper logo and helped develop them a pitch packet to better explain to potential sponsors who they are, what they're doing, and why.

For the intern, the project was a new challenge and also a good opportunity to advance her career.

"It was my first time doing one of those, but overall I think it turned out well," senior graphic communications major Taeler Aspenleiter said. "This is a big portfolio piece for me to be able to show that I can do more than just design I can do marketing as well. To enter the job market and be able to add this to my portfolio, it makes me more valuable as a designer."

Hall said he is always looking for people to add to the Adventure Team.

"Some people say, 'What's the criteria for making it on the team?' Well, do something cool," Hall said with a laugh. "And let us team up with you."



Photo courtesy of NMU Marketing and Communications

Bill Thompson, co-owner of Downwind Sports, ice climbs as a winter pastime. He also avidly skis during Upper Peninsular winters to promote outdoor adventuring in the U.P.

WEEKEND WEATHER

Friday	Saturday	Sunday
60°F 51°F	77°F 66°F	75°F 68°F
PM Sunny	Showers	Partly Cloudy

data from www.weather.com

STATE NEWS

The spread of new synthetic street drugs—fentanyl and carfentanil—has law enforcement officers across Michigan changing the way they conduct routine stops, raids and seizures, with agencies taking heightened measures to safeguard officers and agents from accidental overdoses while fighting the state's growing opiate epidemic. In response to instances of officers nationwide overdosing after encountering narcotics, agents may no longer field test drug samples due to risk of exposure to potentially lethal substances.

NATIONAL NEWS

NASA's Parker Solar Probe will explore the sun's atmosphere on a historic mission that will put the probe closer to the sun than any spacecraft has ever reached before. The 10-foot high probe's mission begins the summer of 2018. The probe will wear a nearly 5-inch coat of carbon-composite solar shields and must withstand heat and radiation never experienced by any spacecraft. This is NASA's first mission to the sun and its outermost atmosphere.

INTERNATIONAL NEWS

An assailant wielding a hammer attacked Paris police guarding Notre Dame Cathedral Tuesday, crying "This is for Syria" before being shot and wounded by officers. A police officer was lightly wounded in the attack and the assailant was shot and wounded by a fellow officer. The assault was the latest act of violence targeting security forces at high-profile sites in France, which remains under a state of emergency after a string of Islamic extremist attacks.

WEIRD NEWS

After climbing through an open window of a home in Vail, Colorado last week, a large black bear checked out the living room, then briefly played the piano. According to security camera footage the bear spent more time messing up the house like causing minor damage and stealing food from the freezer. The woman initially thought vandals had broken into her home, until the camera footage proved otherwise. The bear had gone back out the window by the time the owner returned home.

LOCAL NEWS

Former Northern Michigan University teacher Amber Suggitt, 32, who was charged with eight felony counts after a domestic abuse and shooting incident on February 28, 2017, was recently found competent to stand trial.

Suggitt's trial was postponed in late March pending a competency evaluation requested by her defense. She was charged with assault with intent to murder, kidnapping, home invasion of the first degree, assault with intent to commit sexual penetration, and four counts of felony firearms.

According to Northern Michigan University, Amber Suggitt was teaching two language classes as a contingent faculty member but her contract for those two classes was cancelled on March 1, 2017.

Judge Karl Weber presided over the case at the Marquette County Courthouse while Suggitt chose to appear via video. A preliminary exam is set for August 9th.

— Compiled from news sources

THE NORTH WIND



Davon Lanier/NW

NMU graduate and behavior technician Luke Whitehouse provides line therapy services to a child at the Behavioral Education Assessment and Research Center. He works with up to four children per week at the site.

New facility serves as training ground for behavior analysts

By Davon Lanier
news editor

A new instructional facility at NMU is offering free clinical services for families throughout the region affected by autism related disorders.

The Behavior Education Assessment and Research Center (BEAR) offers free consultations and specializes in applied behavior analysis, which is recognized by the Center for Autism and Related Disorders as the safest approach to therapeutically preventing behaviors in children with autism. The site also serves as a training ground for students pursuing a degree or certification in applied behavior analysis (ABA).

Currently, the center serves over

are mostly undergraduate students primarily focusing on behavioral assessment and comprehensive behavior programming while students working in master programs have a heavier emphasis on analysis, consultation and supervising other staff training, Daar said.

"At the graduate level students are trained in more administrative roles and more complex cases," psychology instructor and BEAR facility supervisor Jeremy Biesbrouck said.

Biesbrouck and Daar are two of roughly a dozen certified behavior analysts in the Upper Peninsula, yet there are over 400 children in the U.P. with a diagnosis on the autism spectrum. Daar said only 11 of the analysts are creden-

ence, Daar said.

There are two programs designed for delivering ABA services depending on the need of the client. One is an early-intensive language learning program designed to help pre-school aged children develop language learning skills and basic school readiness through weekly one-on-one therapy sessions. The other offering is a focused behavior program that is designed to assist parents in preventing problematic behaviors in their children like aggression, defiance and self-injury. The age criteria for children is between 2 and 16 years of age for cases.

"It's not like you come in, you say, 'I have autism,' and we say, 'OK. Here's the autism plan.' It's very individualized and very focused on 'What does this individual do, and what is this individual's specific needs?'"

Luke Whitehouse, who is pursuing a master's in applied behavior analysis, is one of the behavior technicians at the BEAR center. Whitehouse is required to work a total of 750 hours at the intensive level of 30 hours per week in order to get ABA certification. In those hours, Whitehouse is supervised by an already certified ABA practitioner as he interacts with children at the center.

"Behavior analysis is the most scientifically rigorous form of psychology that can provide the best services for individuals on the autism spectrum," Whitehouse said. "We really need those psychological services and having those services available to these young'uns in our local community is so important for their future development."

The BEAR Center opened at the end of May and is located in the Public Services Building. The center can be reached at 906-227-2995 or BEAR@nmu.edu.

"It's not like you come in, you say, 'I have autism,' and we say, 'OK. Here's the autism plan.' It's very individualized and very focused on 'What does this individual do, and what is this individual's specific needs?'"

— Jacob Daar

clinical director of the BEAR Center

20 families throughout the region with enough specialists to handle 30 cases, but there will be a higher capacity once more students enroll in practicum courses at the facility, said NMU assistant professor of psychology Jacob Daar.

Daar is also the coordinator of the ABA master's program in the psychology department as well as the clinical director of the BEAR facility.

Students working at the clinic are "behavior technicians," who

tialed ABA practitioners but not all of them deal with autism cases, so there is a regional shortage of services.

Master's students who complete specialized course requirements as well as one year of supervised clinical experience at the BEAR center are eligible to become board certified behavior analysts. At the facility, they will take on the role of clinical director and oversee other behavior technicians with lesser experi-

FROST

Continued from Page 1

will be the “body farm,” and police training, which will include crime scene investigation, potential cadaver dog training and a range of other police force training programs.

“In both instances, students will get hands-on experience that they couldn’t get anywhere else,” McEvoy said.



MCEVOY

Even the Federal Bureau of Investigation is interested in this new facility, McEvoy said, adding that the research that can be done in this climate is conducive for solving investigations into missing people and finding a positive match when unidentified remains are found.

“No one really understands the effects of freezing and thawing—the long term effects and how that compares to other decomposition processes, especially in this biome,” McEvoy said. “The biome is different here. The impact of



Noah Hausmann/NW

Trees and shrub now stand in place of where the 2.5 acre Forensic Research Outdoor Station (FROST) will be held. Along with the research facility comes a cross disciplinary anthropology major as well as a body farm.

freezing and thawing is different. The insect population is different. The soil conditions are different. There is a range of variables we’ll be looking at in studying human decomposition.”

Such research could not only help missing persons units to possibly trace unidentified remains back to a missing person but it could also help local and state police forensics determine what a missing person’s cause of death was.

One of the three candidates currently vying for a senior ad-

ministrative FROST director position gave a presentation on forensic anthropology to about 50 members of the law enforcement and academic communities at NMU in early July. As of now there are still two candidates who have yet to give presentations. McEvoy said the choice of director will be finalized by the fall and that person will eventually become integrated into the NMU faculty and go on to teach their own courses in the sociology/anthropology department after the site is fully operational.

The director of the facility will also be solely responsible for setting up a body donor program for the FROST once the lab facility for intake and preparation of donations is constructed. Donors will most likely come from the Michigan area once the program is established.

In addition to the body farm, the FROST will include an on-campus laboratory that any student can use to do scientific research so long as they have access. It will be a crossdisciplinary lab facility that will serve as the access

point for NMU students, McEvoy said.

After the bodies have decomposed and undergone masseration, removal of any remaining tissue, McEvoy said there will be an osteological collection of the bones followed by a curated display of the bones that may go in the NMU Research Institute located in the former Lee Hall. The bone collection process will allow researchers to observe bone-related issues like skeletal trauma that can come from burning or blunt force trauma, or even the bone trauma from a gunshot.

“We will also be able to understand things like dietary practices and so forth,” McEvoy said.

One of the potential funding sources for FROST is the National Institute of Justice. Another source could potentially come from state or local law enforcement using the facility as direct training site. McEvoy said so far a single private donor has contributed monetary resources so the lab can obtain a fumehood. He said there are three major outcomes of what he would like to see the forensic research site evolve into.

“In the grand scheme of things I see three things: Improvement of crime scene investigation to help police solve crimes and identify missing persons, a basic scientific understanding of human decomposition in cold weather and giving students marketable skills that are unique to NMU.”

BioLife
PLASMA SERVICES

GIVING BACK IS ALWAYS IN SEASON.

RECEIVE UP TO **\$65 PER WEEK!**

A donation at one of our state-of-the-art centers, which takes about an hour, helps make life-saving medicine for people with bleeding disorders or immunodeficiencies. It also means extra money to help pay for new adventures as the seasons change—up to \$65 each week! That’s a lot of fall fun. Schedule an appointment today at BioLifePlasma.com.

175 Hawley Street • Marquette
906.226.9080

Free Wifi | Free Child Care | Opt-in online for text message appointment reminders and promotions

\$140 IN THREE DONATIONS

NEW DONORS ONLY! Must present this coupon prior to the initial donation. Initial donation must be completed by 10.31.16 and subsequent donations within 30 days. Groups redeemable only upon completing successful donations. May not be combined with any other offer. Only at participating locations.

30 50 60
1st 2nd 3rd

67000-1194

SPEND YOUR SUMMER ON
Mackinac Island
MAKE LIFELONG FRIENDS

THE ISLAND HOUSE HOTEL AND RYBA'S FUDGE SHOPS ARE HIRING FOR THE FOLLOWING POSITIONS:
FRONT DESK, BELL STAFF, WAIT STAFF, SALES CLERKS, KITCHEN, AND BARISTAS.

WORKERS RECEIVE DORM HOUSING, A BONUS, AND DISCOUNTED MEALS.

FOR MORE INFORMATION CALL (906) 847-7196.

The Woods have arrived



Photo courtesy of Kayla Miller

Two of six units in the new housing complex stand ready to be filled come next fall semester of 2017. By August, 400 additional beds will become available with higher room and board rates for those who opt for more cushy campus living.

EDITORIAL

NEMU ALUMNI

- Architect
- Actor/Actress
- NHL Red Wings Player
- Batman Comic Artist
- MLB player/Coach
- Arena Video Director
- US Coast Guard Rear Admiral
- Pixar Animator
- Professional Boxer
- Team USA Wrestler
- Red Wings Assistant Coach
- Amazon Marketing & Content Manager
- Reality TV Production Assistant/Manager
- Nickeloden Character Modeler
- Emmy Winning Commerical Director
- Chief Information Officer of FPIC
- District Director of U.S. House of Representatives
- NBA Coach
- Olympic Speed Skater
- Singer/Song Writer
- NFL Player/Coach
- ESPN Anchor
- DIY Network Host
- Starbucks CEO
- GM CGI Designer
- US Counsel General
- Undersea Specialist
- GBI Consultants Senior VP
- Kellogg VP of Consumer Insights & Analytics
- Executive VP of DICK'S Sporting Goods
- Team USA Sprint Duathlon Athlete

Emmalene Oysti/ NW

Big people can come from a small university

The CEO of Starbucks, Olympic athletes, actors, a former Red Wings player, a state senator, a professional boxer, an NBA coach—many astounding people once walked across stage and were handed a degree from Northern. They attended similar classes, learned from some of the same professors and left here carrying the knowledge and experience they needed to complete impressive feats.

Yet, Northern is often undeservingly overlooked due to its rather small student population and low tuition cost. While a relatively affordable tuition is often a factor in students' decision to attend NMU, in no way does lower cost equal a lower quality education.

The alumni NMU has produced serves as an example of our distinguished university. While enjoying the nature the Upper Peninsula has to offer, students are also submersed into the caring, opportu-

nistic community of Marquette. Paired with our impeccable, passionate professors and diverse degree programs, NMU allows students and graduates opportunities one would not find elsewhere. With smaller classes we are granted more individual attention and can gain first-hand experience within our degree fields before even graduating, all within a community that hopes to see us prosper beyond perceived boundaries. Students are filled with big dreams and at Northern, these dreams become a reality.

Northern alumni are an inspiration to current students, reminding us that while some may not find our university as notable as others, this is secondary to the experiences we gain.

Our alumni represent the endeavors out there for us Wildcats. While some may not know the name of your university, one day everyone might know your name.

Can a mid-midlife crisis be a thing?



Staff Column

Trinity Carey

College is supposed to be arguably the greatest years of your existence—new friends, parties, relationships, finding yourself. While all these are great aspects of the university experience, transitioning into this point of your life and juggling decisions that affect your entire future at some point does send one over the edge. Whether this means contemplating all your decisions or completely ignoring them, I think many can relate to having what I call a mid-midlife crisis at some point between ages 18 and 23.

You've heard of the midlife crisis at age 50. You're getting older. You might not have done all the things you have wanted to just yet. Maybe you're regretting them considering your age. Maybe you're questioning how to make these aspirations and wants still happen, so you do something a little crazy. But what about the similar contemplations when you are but half the age?

We live in a society where we are pushed to make life changing decisions at the age of 18. Sure, we always wanted to be adults and couldn't wait to grow up and move out, but it's a pretty terrifying and anxiety ridden time. Almost as life halting and altering as realizing you're lifespan might be more than half over. The reality is everything we believed was seemingly constant for the last 18 years of our existence changes. We won't see the same faces we grew up with anymore. We'll keep only a few close friends from home along

for the ride. We see our parents once every several months and we move to a totally new environment.

This time in our lives can cause us to act out and live pretty recklessly before heading off into our new endeavors. For me, this was the summer before moving to college. I worked most days, but every night and every day off I spent with the people who meant most to me, doing things I probably wouldn't do today and creating memories I won't ever be able to replace. While one of the greatest times in my existence thus far, I lived only with the day I had in mind out of fear of what was to come in pursuing greater and completely different endeavors—this was my mid-midlife crisis. Sometimes I think I'm still in the midst of this crisis as I attempt to make decisions that will impact my future positively while making my way through school. And I think I'll see it's not completely over once again when I'm 21 and graduating from NMU. I'll be put back into the apprehensive position of deciding what my next step in life is by being completely done with school, after my life revolving around it for 18 years.

It doesn't take leaving your hometown for school to experience this mid-midlife crisis either. Moving out of your parents' house, moving to a new town, getting your first real job, it's all pretty scary stuff that can be hard to grasp.

As far as how to handle it, I'm still kind of unsure. But you don't have to go out into a bigger world than you're used to and figure it out, just try to attempt it. It might hurt a lot, but you'll learn a lot and when in doubt fake it till you make it.

THE NORTH WIND

- Winter Keefer editor.northwind@gmail.com Editor-in-Chief
- Trinity Carey managing.northwind@gmail.com Managing Editor
- Davon Lanier news.northwind@gmail.com News Editor
- Tim Eggert opinion.northwind@gmail.com Opinion Editor
- Noah Hausmann features.northwind@gmail.com Features Editor
- Trevor Drew sports.northwind@gmail.com Sports Editor
- Lindsey Eaton photo.northwind@gmail.com Photo Editor
- Andy Slaven online.northwind@gmail.com Online Editor
- Michael Wilson design.northwind@gmail.com Layout Editor
- Kara Toay Copy Editor
- Ethan Foerster nwindads@gmail.com Business Manager
- Martin Querio Advertising Design Manager
- Jackie Stark Adviser

The North Wind is an independent student publication serving the Northern Michigan University community. It is partially funded by the Student Activity Fee. The North Wind has a circulation of 5,000 and is published every Thursday during the fall and winter semesters except on university holidays and during exam weeks. The North Wind is published by The North Wind Board of Directors, composed of representatives of the student body, faculty, administration and area media. Subscriptions are available for \$40 a year or \$25 a semester.

WRITERS WANTED

The North Wind is hiring opinion writers who can intelligently argue one side of political and social campus issues. To apply, stop in The North Wind office at 2310 University Center, 1401 Presque Isle Ave., Marquette, MI 49855

LETTER POLICY

Letters to the Editor must include a full name, year, major and phone number for verification. Limit letters to 250 words or less. All letters may be edited for grammar and length. Letters can be mailed to The North Wind, 2310 University Center, 1401 Presque Isle Ave., Marquette, MI 49855. Letters can also be submitted via email to editor.northwind@gmail.com, or through a website submission on www.thenorthwindonline.com.

A Wildcat in Cuba



Staff Column

Trevor Drew

I took a deep breath of the humid air as I stepped out of the Havana airport. I squinted and clutched at my sunglasses to relieve my poor Mid-west retinas from the fierce Cuban sun. Behind the tinted glass, I gazed past the lake of taxis clouding the airport, beyond the palm trees looking for concrete evidence that I was really in Cuba. Still standing in disbelief, my classmate came to my side and extended me a beer he had bought at a stand outside. I reached for the glimmering emerald can and rotated it in my hand to see the label. "Cerveza Cristal: La Preferida de Cuba," the can read. "It must be true," I thought. After waiting an entire semester, I was finally in Cuba.

May 10 through 23 I spent in Cuba on a faculty-led study abroad program put on by NMU in order to observe the Cuban culture firsthand. We spent a majority of the trip in Havana visiting museums and places of historical significance, then traveled to Santa Clara and Varadero. I returned home

sunburnt, feet full of blisters and a bizarre feeling in my stomach. But given the opportunity I'd absolutely do it again and encourage others to take advantage of abroad programs.

Before this trip, I had never been anywhere worth mentioning. I've been out West a couple of times, visited my relatives in Florida every other year and have reluctantly traveled to Ohio a handful of times but never anywhere like Cuba.

I spent the winter semester learning Cuban history along with the culture and customs of the island nation. I understood that it would be different from the United States, but good grief, you don't realize it till you walk around the streets of Havana. Instead of billboards advertising McDonald's, Cracker Barrel or some product they have signs that say stuff along the lines of "Fidel vive a través de nosotros," meaning: Fidel lives through us.

Although the Cuban Revolution happened nearly 60 years ago, many of the locals consider it to be ongoing and even in the country's newspapers, in the top right corner of the front page you'll find "año 59 de la Revolución" (59th year of the revolution).

Many things were different from the United States but one of the things that surprised me the most

were the people there. Unlike our economy, theirs is based mostly on tourism. So those who make the most money in Cuba are usually those who have jobs where you get exposed to tourists. Our tour guide, Arturo, told us he used to be a professor of English at the university in Havana but chose to become a tour guide because of the better pay. The streets are flooded with musicians, souvenir shops and taxi drivers hooting and hollering at tourists in hopes to get a few bucks, which didn't seem like much to me, but to a Cuban it's a lot of cash.

The city of Havana is a skyline of mismatched architecture and worn down facades. The streets are a blur of '50s era Soviet cars zipping around in a controlled chaos as people and stray animals dart across whenever. There are almost as many stray animals as there are people walking around. Mostly cats and dogs but sometimes chickens.

My favorite points in the trip were walking along the sea wall at night in Havana. The harsh sun was gone but the humid air kept you nice and warm. Although the bay was terribly polluted and smelled horribly gamey, the tranquil noise of black waves crashing into the wall and rolling back into the Atlantic put me at ease.

Thanks to the absence of open container laws I was able to walk

SOUND OFF

What was your favorite part of the winter semester?



Isaiah Varona, senior accounting

"I won the amateur contest for the drag show and was in the NMU drag show and it was great."



Lydia Henning, senior Spanish

"The most interesting thing is I changed my major to Spanish, got to put together a directed studies program for next year and I got engaged."



Hank Steiro, junior accounting

"My favorite part of the semester is going to be when it's over."



Olivia Kauffman, junior surgical technology

"The surgical technology club won club of the month this month so we got to celebrate with our whole club and it was just a really cool thing. We raised a ton of money for Relay for Life for Amy, one of our professors who is battling breast cancer right now so that was really cool."

compiled by Lauren Bichler

Letter to the editor

Dear editor,

Trump budget makes America great for billionaires.

Donald Trump's 2018 Budget was promoted as "Taxpayer First." A more accurate description is "Billionaires First." There is little benefit for the average American, and the poorest among us are simply getting tossed under the limos of the wealthiest Americans. The Washington Post summed up the budget as, "Helps the Rich at the Expense of the Poor."

At a time when the wealthiest one-tenth of one percent owns as much wealth as the bottom 90 percent of Americans, the Trump budget is loaded with corporate welfare and tax cuts for the super wealthy. The rest of us simply get cuts.

Trump wants to eliminate the real estate tax. Unless you have an estate worth over 5.5 million, you are not affected by this tax. Wealthy investors will no longer be subject to a surcharge. That's great news if you were fortunate enough to make 200k on your investments last year. For the rest of us, we still have to pay high sales taxes, expensive licensing fees and other regressive taxes that hit the poorest Americans very hard.

There is no question we need to reduce our national debt, but there must be shared sacrifice. If you want to cut social welfare, then cut corporate welfare as well. If you want to reduce Medicaid, pass a bill allowing the taxpayer to negotiate for lower prices on prescription drugs. Cutting things like "Meals on Wheels" and heating assistance programs for seniors citizens while handing billions in tax cuts to the wealthiest Americans is grossly unfair, but not surprising given the influence of big money in our nation's capital.

Multi-millionaires and corporations have legions of lobbyists and lawyers to do their bidding in Washington. The average person has only their U.S. Representative. Unfortunately, many U.S. Representatives are bought and paid for by the very same people who are getting all of the breaks in the Trump budget.

I want to represent the people of Michigan's 1st District, not the lobbyists on K Street. To find out more, go to bradyforcongress.org.

Dwight Brady
Candidate for Congress
Marquette

Bratless summer



Opinion Editor

Tim Eggert

"All but the tail and the oink" are, originally, the ingredients to what has become one of the most iconic and shamelessly eaten symbols of an American summer: bratwurst. Once reflective of German efficiency, the pork-packed intestines have evolved into mass-produced beef sticks nestled in the buns of American culinary culture.

Simply known as a "brat," the sausage is coveted by nearly all meat-consumers because of its taste, and its ability to holster condiments. I prefer a mess of sauerkraut with a side of brats. Others blanket one with baked beans. Most lay an effectively conservative bead of mustard down the middle.

Collectively, the brat and its variations are simple, a perfect duo in every serving. The infusion of jalapeño or cheddar into a brat is innovative, but my German heritage encourages an untainted order: bun, bratwurst, topping. As a patriotic American, I involuntarily associate brats with a sense of freedom. This liberation is exclusive to summertime, and brats fuel the feeling.

No summer is complete without

the ubiquitous bratwurst alongside baseball and beer. If Uncle Sam wants you to eat meat, then you eat meat. The exclusivity of brats within social carnivory reflects the meat-central monoculture of American food traditions. In the Midwest, specifically, a unique balance of flavor and nourishment has diversified the brat to an irresistible status.

Despite my patriotic endowment to brats, however, I've given up the wieners through a declared independence from all meat. For the past month my diet has been meatless, and it seems that my summer will be bratless.

I justified my conscious choice "for the sake of health," but hadn't considered the unfamiliar reality of a no-meat summer. The switch to vegetarianism seemed fruitful, and with a single exception of a dream about bacon, it's been painless to discontinue meat from my diet. Of course, I've experienced temptation, but with tolerance and endurance from a noticeable improvement in health it's been kept afloat. Direct benefits from my produce palette include: regular sleep cycles and balanced energy levels, minus the thought of brats.

Meat oriented food items can be mirrored by substitutional veggie options, including pork inspired sausages. With summer on the horizon, I must adapt my menu to alternatives: corn replaces the corn

dog and beans take precedence to the brat. Admittedly, I'm going to miss brats because, subconsciously, I love meat.

Change, however, seems to be synonymous with summer. In a primordial sense, the shift in season aligns with the transition of oneself. Don't get me wrong, more admirable sacrifices have been made than the elimination of meat from a summer-diet, but it feels sustainable. Why not, right? If any experimentation occurs, then now is opportune.

Perhaps an analysis of meat holds no effective stimulus, but my vanity requires me to weigh every diet decision, pound for proverbial pound. Modest meat consumption may be the most appropriate regulation to a diet, but transformation is inevitable; the extreme translates to experience.

Ultimately, this dietary variation can be temporary, and I'll most likely cave from a craving at some point, but I don't feel any less American by omitting meat. There's some profound enhancement to personal, physical, and mental health through vegetarianism. I'm not claiming clairvoyance as a side effect, but some clarity may be expected. Until I transcend meat completely, I'm open to veggie-versions of all things edible, and I encourage every meat-eater to sample an amended consumption, or at least consider it.



From left, long-time friends and NMU alumni Hanna Derby, Austin Fogt and Gordon Mortensen will participate this summer in the Mongol Rally, an annual charity fundraiser event in which about 300 teams drive junky cars more than 10,000 miles from the United Kingdom, through Europe and Central Asia, to Mongolia and the finish line in Siberia, Russia.

Pictured below is the alumni team's car, a used 2006 Toyota Yaris in the United Kingdom they purchased online. They will spend two months traveling in this vehicle.

10,000 miles of adventure

Three NMU alumni will drive a small, used car across continents for charity

By Noah Hausmann
features editor

Imagine cramming with your friends into a tiny, used car and driving over 10,000 miles across the mountains, desert and steppe of Europe and Central Asia, navigating with a map and compass and traversing the borders of 19 countries, through Mongolia to finish in Siberia, in pursuit of adventure and to raise money for charity.

This summer, three NMU alumni, along with about 300 other teams from around the world, will attempt exactly that as they participate in the 13th annual Mongol Rally. This rally isn't a race—it's an experience.

"The way [the rally] is set up, you've got such a small car that it's bound to break down," said Austin Fogt, who graduated NMU in 2012 majoring in outdoor recreation leadership and management. "At some point in the rally, you're going to have to walk up to some unknown house and say, 'Hey, my car broke. Do you know any way to fix it?' So it's not like a vacation that you'd think of in a Westernized sense where you go to this hotel and see the Eiffel Tower and go home."

Fogt, the 27-year-old originally from Chicago who now makes his living as a property manager in Marquette, continued, "You actually get to be in a country and interact with the local culture in ways that you generally wouldn't if you were on just a normal vacation."

The rally kicks off July 16 from Goodwood, England; from there, teams will cross the English Channel and head to Turkey, making their way to the finish line at Ulan-Ude, Russia. Teams are on their own to plan their routes and handle logistics, like getting vehicles, maintenance, accommodations and visas to enter the different countries. In event history, there has never been a year when every team completed the journey—some getting lost, crashing, being arrested or deported, or just giving up.

Under the team name "The Yooper Troopers," Fogt and his long-time college friends Gordon Mortensen and Hanna Derby will depart Marquette July 6 and fly to the United Kingdom, where

The Mongol Rally has only three rules: First, the car must be "crap" and have an engine of 1 liter or less; second, teams are entirely on their own, so don't expect any rescue from the rally organizers—"if it's not dangerous and you aren't lost, you're not on an adventure"; and third, help "save the world," by raising at least \$1,290 for charity, \$645 of which goes to the organization Cool Earth, which aids indigenous communities and preserves rainforests, and the other \$645 can be donated to a charity of choice, according to the rally's website theadventurists.com. The Yooper Troopers have chosen to support the local Bay Cliff Health Camp, which helps children with disabilities.

My mother begged me not to go. 'You can't do this,' she told me. 'You're definitely going to die. Is there anything I can do to convince you not to go?' I said no.

— Austin Fogt
NMU alumnus, Mongol car racer

they will see for the first time the car they will be driving across continents and living out of for two months—a used 2006 Toyota Yaris they bought online for 900 British pounds (about \$1,161) from a U.K. guy they met on Facebook.

Needless to say, a certain level of danger is inherent in the rally. This might dissuade some, but it can be a draw for those brave enough to accept the challenge.

"The safety features many of us are accustomed to [on a normal vacation] will not be there to



make it easy," said Derby, 25, of Ishpeming, who graduated NMU in 2016 with an associate degree in surgical technology and plans to continue her education in sports science to become a physician's assistant. "That's exciting to me."

They plan to navigate without GPS—only paper maps and compass. They'll be sleeping in mostly hostels, a camping tent or in the car. On their journey, they expect to run out of gas, get a few flats and do other car repair. Fogt will handle fixing the car, they said with laughs, and Mortensen, an emergency room nurse by occupation, will fix any injuries. They're especially looking forward to visiting "the stans," like Kazakhstan, Tajikistan and Uzbekistan, since that is a region none of them have ever seen.

"I'm most excited to get out of Europe and get into Central Asia," said Mortensen, 28, from Wausau, Wisconsin, who graduated Northern with a nursing degree in 2011.

"It's not a touristy vacation—it's not a touristy place. It's going to be pretty neat-o. A lot of people say that Mongolia is fantastic."

There will be a party at the finish line in Russia, which is open for about a month as teams arrive at varied times. The Yooper Troopers plan to complete the rally sometime at the end of August, then ride the Trans-Siberian Railway through Moscow and sightsee in Europe until their time and spending money run out.

Folks can follow The Yooper Troopers' travels on Facebook and Instagram or make donations to their charities at gofundme.com/yoopertroopers.

"My mother begged me not to go," Fogt added. "'You can't do this,' she told me. 'You're definitely going to die. Is there anything I can do to convince you not to go?' I said no." He smiled. "But my parents are going to drive us to the airport."

BRIGHT DAYS, BR

Big Bay's Bay Cliff Health Camp provides opportunities for NMU students and valuable experience for disabled youth

F

Written by
Jamie Glenn
/ staff writer

All photos
courtesy
of Bay Cliff
Health
Camp

rom speech language pathology and outdoor recreation to social work, Northern students are putting away their textbooks for the summer to work at a local camp for youth with disabilities and to make life-changing memories for the kids and for themselves.

Bay Cliff Health Camp, in the town of Big Bay 25 miles from NMU, is a year-round, nonprofit therapy and wellness center for children and adults with physical disabilities. Bay Cliff's main program is a seven-week summer session serving children with orthopedic, speech, hearing and vision disabilities, to help the children work toward goals of increased independence and living a fuller life. Through the years, many NMU students and alumni have served on its staff.

Northern students add to the overall camp environment at Bay Cliff, bringing a positive atmosphere, said Associate Camp Director and NMU alumni Ben Carlson.

"NMU students being counselors... [campers] look up to them," Carlson said. "Having these counselors who

are in college, the idea of education and seeing what these counselors are pursuing can rub off on campers when they look to their own careers. They are in the frontlines with the children, achieving goals."

This summer season kicked off June 1, and since then staff members have been gaining experience in the health, education and service fields. Working at Bay Cliff, NMU students also find chances for career advancement, such as networking with and learning from service field professionals.

"One of the unique things about Bay Cliff is we hire about 20 professionals on our staff and they stay on-site," Carlson explained. "You get a good mixture of those who are in the field. It's an opportunity for students to see if they want to work in a service field."

Colten Stevens, an NMU junior social work major, works as a Bay Cliff camp counselor and has benefitted from the first-hand experience.

"It helped me understand more of what was being talked about in my social work classes," Stevens said. "It's

honestly one of the first social work-type jobs that I've had, so it's made it easier to understand what I could be doing or who I'll be working with."

Bay Cliff isn't just a summer job opportunity for university students, it also offers a chance for staff members to reflect on their own lives and see the world through the eyes of someone with a disability.

"It's made me realize that there's bigger challenges in the world than what I face, and that I really take some stuff for granted that I shouldn't," Stevens added.

Zackary Jutila is a junior majoring in special education. He was a camper at Bay Cliff in 2004 and has been a camp staff member at Bay Cliff for the past four summers.

"[Having been] a camper for one year, I was able to connect with the kids, able to think on their level," Jutila explained. "A lot of the campers looked toward me for comfort. I was able to reassure them over the summer when they were homesick and missing their family."



Bay Cliff is located 25 miles north of Marquette in the town of Big Bay, a beautiful relaxing environment for campers. Campers can expect a sunset much like this one over Lake Superior while sitting under the gazebo.

IGHTER FUTURES

NMU students who have worked at Bay Cliff can apply the social leadership skills they've learned at the camp to classroom activities and in their careers ahead.

"I'll be going into special education, and a lot of the students that I will be working with will have some type of cognitive impairment. Having that experience and being able to solve different situations that campers are in will help," Jutila said.

Thankfully for the campers, many student staff members are majoring in speech, language and hearing sciences, he said, which is training that can help the children better overcome their communication obstacles.

"A lot of our kids need the encouragements of speaking and being confident in their voice," Jutila said. "I think that everybody has a voice. It's great that the kids are able to express themselves. Since the Northern students are here, they are more comfortable."

Staff members like Jutila will never forget their time at summer camp.

"Working at Bay Cliff is the hardest job you'll ever love," Jutila remarked. "It's my home away from home. I love Bay Cliff—it's provided so much for me. It's given me support and strength when I felt I had none. It's given me a voice. It's really a magical place where everyone feels welcome and has support."



NMU alumnus and Bay Cliff counselor Steve Trombley is shown with a camper at a birthday party.



Zachary Jutila, an NMU junior special education major, has been a Bay Cliff counselor for the past four summers and believes his own experience as a camper helps him relate to the campers and form stronger connections with them. Many campers like the ones shown come to Jutila for comfort and advice.

A Superior view

Kayak tours at Presque Isle offer a new sight-seeing perspective of the peninsula

By *Trinity Carey*
managing editor

To Marquette locals and tourists the Presque Isle Park loop is a go-to destination to catch the sunset or to see Lake Superior's expansive horizon. The park offers a scenic drive, walk, long-board or bike trip through the trees atop the Presque Isle peninsula and overlooking the water. Many stroll through the park daily, but few get to take in the view of the cliffs below. Superior Kayaking Co. offers guided sea-kayaking tours around Presque Isle.

The company, founded by Alexandra Jarvis and Anders Ahlberg, began offering kayak tours at Grand Island near Munising last summer.

"Part way through last sum-

mittee to get better access for its guided trips around Presque Isle, Ahlberg said.

"There's no regulations of businesses operating there or individual people obviously, but we wanted to be active in seeking out that relationship because we feel it's important to get input from the community that we're operating in," he said.

The company's kayak trip around Presque Isle navigates the whole peninsula and typically takes about two hours.

"You can drive around Presque Isle and see the sights from land, but it's a totally different experience there and anywhere else when you get out on the water and look back at the land," he said.

While Superior Kayaking Co. doesn't have a set storefront,

You can drive around Presque Isle and see the sights from land, but it's a totally different experience... when you get out on the water and look back at the land.

— *Anders Ahlberg*

Co-founder of Superior Kayaking Co.

mer, we were just thinking about where else we would want to offer and Presque Isle here in town is a beautiful spot and really not that many people get out on the water to see it, so we thought we would like to offer that service," Ahlberg explained.

Recently the company began working to establish a relationship with the Parks & Recreation Department and the Presque Isle Park Advisory Com-

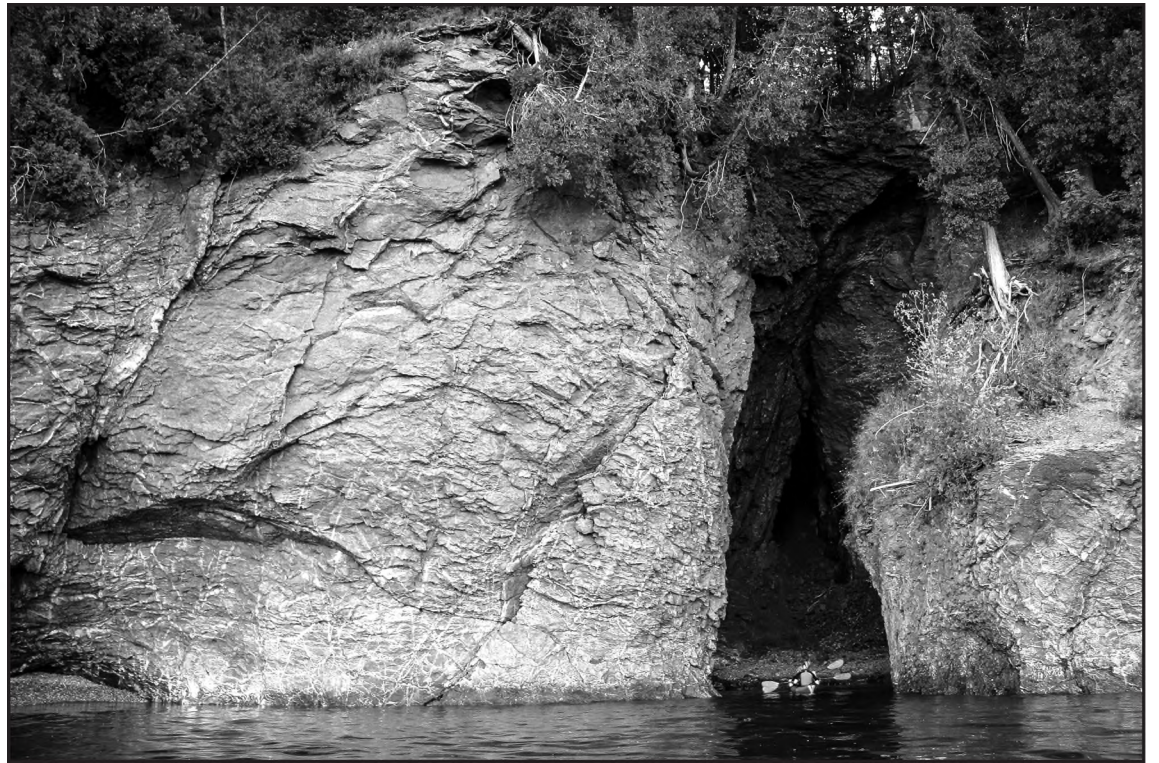
the owners have nine tandem kayaks and provide all the equipment needed for customers on their tours, even the camping equipment, except for sleeping bags, for their overnight trips at Grand Island.

Jarvis and Ahlberg have previous experience in kayak and backpacking guiding experience. Both these Northern alumni are also first aid certified and American Canoe Association certified.



Photos courtesy of Superior Kayaking Co.

The Superior Kayaking Co. provides guided sea-kayaking tours on Lake Superior, both at Grand Island near Munising and now at Presque Isle Park in Marquette. The Presque Isle kayak tour lasts about two hours. Pictured below, kayakers enjoy exploring the craggy cliffs and a pebble beach at the east side of Presque Isle.



"That training is in kayaking and kayaking rescue operations," Ahlberg said. "If a kayak is to tip or anything, we take training for that and just for safety procedures in those cases."

The two can take groups of up to 18 people and also offer individual tours. The Presque Isle tour is \$59 per person and group rates are done on a case by case basis. No previous kayaking experience is necessary to partake in their tours.

"Try it because any new experience is valuable. You'll never really know how much you'll enjoy something until you do it," Ahlberg added.

The advantage of a guided tour at Presque Isle is the length of the tour, he said.

"It's shorter than anything you'd see over in Munising. If they don't want to spend a whole day or if they don't feel like maybe physically they could paddle for six hours, it's a more laid-back trip," Ahlberg said. "You still get to see great cliffs and experience being on Lake Superior, but you're not stuck with a full day of paddling."

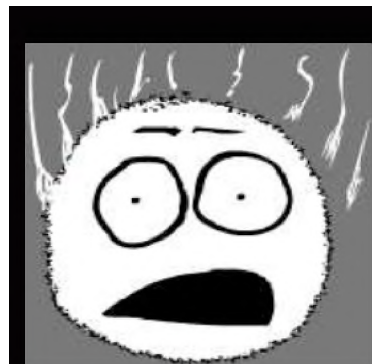
Ahlberg finds kayaking a peaceful way to get exercise and to see things from a new perspective. Being on the water, level with the lake allows him to feel

more in touch with nature, an activity he hopes to share with others.

While unsure if more tour locations are in their future, Superior Kayaking Co. hopes to see growth within the business over the next few summers, he said.

"We obviously have hopes that the business becomes sustainable for us in the sense that we are profitable and that we are able to enjoy doing it and also provide for ourselves through the business."

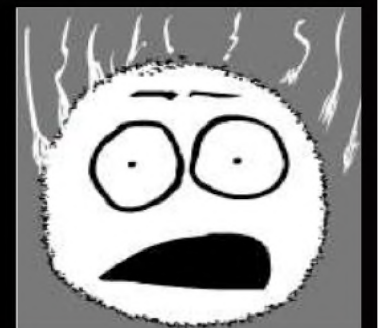
For more information regarding Superior Kayaking Co. or to set up a kayaking tour, checkout superiorkayaking.com.



ASTONISHING!
Medical Acne & Skin Care

www.MASC906.com

Gregory L. Sulik, M.D., M.A.
15 years experience, Board Certified



Café Bodega, pricey but worth it

New restaurant on Third Street replaces the Sweet Water Café



By Dain Holter

contributing writer

Café Bodega is a new, eclectic restaurant that took the place of Sweet Water Café.

On the outside, the building has minimal changes. When you walk through the doors, however, it's a whole new place. The walls are repainted, and where a bakery used to rest there is now a bar. The restaurant offers a calm and inviting atmosphere that is not rough around the edges everything is clean and uniform while still welcoming. The walls have plenty of artwork hanging about and the tall ceilings give you plenty of room to think.

Café Bodega serves up a good variety of food without the menu being overwhelming. It has five basic sections: breakfast, lunch, salads, entrees and shared plates. Several Sweet Water classics, like the huevos rancheros and the cranberry cheddar turkey sandwich, still remain on the menu, but new items, like the Thai chicken wings, add a refreshing twist.

The Bodega tries to do as

much as it can in-house, as well as source locally when possible. Juices are fresh-squeezed daily. The dressings are made in-house. Its sausage comes from Seeds & Spores Family Farm.



Photo courtesy of Emma Tembreull
Coffee cocktails are some of the adult drink options Café Bodega offers, including cafe amaretto and spiked chai.

All the beef comes from Four Seasons Farm, and all whitefish comes fresh from Thill's Fish House.

To start the meal, I got the Thai chicken wings for \$12. The appetizer showed up as I was ordering my entrée, so Bodega's timing was excellent.

The plate had six chicken wings, pan-fried and tossed in garlic Thai sauce, all atop a bed of Asian slaw. The chicken wings were definitely on the smaller side, only two to three bites each. For \$12 I was expecting more, but everything at the Bodega seems a little pricey.

The Thai garlic sauce is sweet and savory. (I personally would prefer a hotter sauce but I understand that food around here isn't really spicy. I like to call it "Yoooper spicy.") The chicken wings were cooked perfectly and the cold Asian slaw underneath was a perfect accompaniment.

The cleanliness of the restaurant carries over to the food. The appetizer plate looked clean and tidy, like it was well thought out.

For my entrée, I ordered the lemon butter Lake Superior whitefish for \$18. There's also Cajun, panko and caprese if you're looking to spice up your fillet.

The plate is simple but elegant broiled whitefish with lemon butter and fresh herbs, served with large brussel sprouts and a wild rice pilaf. It's exactly what you would expect from a whitefish dish. The lemon and butter together add flavor but don't overpower the delicate taste of the fish.

Again, the plate carried a clean taste that is hard to perfect when seasoning whitefish. It was just enough seasoning to enhance but not take away from the fish's flavor. The whole entrée was simple and delicious.

I believe that service is the most important aspect of any restaurant. If the service isn't top notch, you can't expect a top notch dining experience. Café Bodega gives you the dining experience you expect, from top to bottom. Our waiter made sure every angle was covered, from walking through the door, to ensuring our meal was everything we expected and even making us feel welcomed while offering service that made



Photo courtesy of Emma Tembreull
Café Bodega also offers eggs Benedict.

me feel we had our waiter's undivided attention.

Overall, I would go to Café Bodega again, maybe not every day because of the cost, but the variety on the menu is nice and the service is something you don't see much of around Marquette. I can go into the restaurant and not feel I'm being profiled as a college student. Every customer should be treated equally, and the Café Bodega does just that.

'Persona 5': Fighting inner demons, surviving high school

By Jeff Maki

contributing writer

Most of the time, when someone says they played a game for over 100 hours, they are talking about a multiplayer game or a sandbox. My first playthrough of the Japanese role-playing game (JRPG) "Persona 5" clocked in at 94 hours. Despite its linear narrative and lack of multiplayer, it kept me invested.

The game opens with an unnamed young man hopping around the chandeliers and scaffolds in a casino donning a debonair costume before getting caught by police and being brutalized into signing a confession. The story centers around one year of this man's life that starts with him being wrongfully convicted of assault. He moves to Tokyo where he tries to adjust to life while on probation and gains supernatural powers that let him fight monsters and fix the warped desires of dangerous people.

"Persona 5" is the sixth title of the Persona series, a spin-off of developer and publisher Atlus' flagship Shin Megami Tensei

franchise, which is known for using gods, demons and monsters from many religions and mythologies. This entry was released in the U.S. on April 4, 2017 for the PlayStation 3 and PlayStation 4.

Gameplay primarily focuses on exploring palaces found inside the hearts of antagonists and fighting the insidious shadows, which are supernaturals symbolizing humanity's ills. Then the heroes take their treasure, a manifestation of their twisted desires, which makes the villains' real selves confess their crimes.

Fighting enemies in "Persona 5" feels slick, and the whole game is set up to be as stylish as possible. Despite the turn-based structure, the game keeps the pace up by making attack animations short and punchy. Enemies are highly varied both in appearance and in ability. The player will face elephant men, archangels, kingly manta rays, mono-eyed starfish and more, all grounded in mythological origins.

The Atlus composer Shoji Meguro helps bring the game to life with a jazzy, smooth soundtrack. The song that plays



during the heists is particularly inspiring and drives the player to confront the challenges ahead.

All of this would feel wasted if the story wasn't satisfying; however, the great writing is the main draw of this series for me. Besides fighting through palaces, the hero attends high school, which makes up the other half of the game. Combining a life simulation into a Japanese RPG

gameplay like this is unique and comes together cohesively.

The player decides what friends to spend time with and what activities to do, all of which makes the protagonist stronger because his powers stem from his personality and personal bonds. Every character you meet has their own rewarding story for you to take part in as side quests that grant you powers.

Finishing the game is like completing a novel. It fills the audience with a satisfaction of experiencing something grand and sticks with them for a long time to come.

I rate this game a perfect 10/10 for engaging combat, immersive life simulation, excellent writing, catchy, powerful music and a presentation that brings the whole package together.

Game: Persona 5
Developer: Atlus
Director: Katsura Hashino
Character Designer: Shigenori Soejima
Sound Composer: Shoji Meguro
Platforms: PlayStation 3, Playstation 4

Rating:

10/10



North Wind file photo

Senior wide receiver Jaranta Lewis getting his feet wet as a quarterback and attempting to dash past defensive players in the 2017 spring game, held at the Superior Dome.

'Effort and toughness'

Head coach Kyle Nystrom hopes to restore the program by instilling a new culture

By Trevor Drew
sports editor

Kyle Nystrom was announced as the 22nd head coach of the Northern Michigan football program on December 20, 2016. Now, with the 2017 season around the corner, the newly appointed coach said he wants to see major changes in the program, not only athletically but academically and socially describing the transition process as "starting from scratch."

"My impression was that they weren't the Northern football program that I grew up around or I GA'd for," Nystrom said reflecting on the team prior to his appointment. "So when I got the job and had my first meeting with them, I was dead set on changing their culture back to what Northern Michigan is—a high effort-type program."

Nystrom was exposed to Wildcat football as a child growing up in Marquette. When he was in fifth grade, his father Buck Nystrom, who is now serving the

team as volunteer assistant offensive line coach, was the assistant coach of the 1975 NCAA Division II National Championship Team.

"In the past, we weren't as skilled as other teams but we were tougher and more developed than a lot of them in the past," Nystrom said. "If you look at Northern's history, why could they compete with North Dakota State? Why could they compete with Akron? Why could they compete with Youngstown? Because of their culture. So that was a big thing for me and it started with academics."

After inheriting a roster of around 92 players, Nystrom said he is now down to roughly 70 after losing some because they did not fit the type of character the new coaching staff is looking for in a student athlete, some of which were lost due to their academic performance. The coach added that himself and his staff put high emphasis on academic performance.

"This is what I tell the staff:

"In the past, we weren't as skilled as other teams but we were tougher and more developed than a lot of them in the past."

— Kyle Nystrom
football head coach

They're college football players the first thing you've got to look for is are they college equipped if they are a person that can handle being in upper education," Nystrom said. "If they're not, don't bring them here."

In order to be a quality football player, one must put forth "effort and toughness" academically, socially and finally athletically, which is what is expected of Northern players, Nystrom said.

Along with improving academic performance, Nystrom also added that he was disappointed with the program's relationship with the town in the past and said he wants to change that.

The new coach described the Marquette people as hard workers with great integrity and character and said a negative relationship with the community is unwanted.

"I told them: have you ever heard the slogan 'if you want a friend be a friend', treat everyone that way," Nystrom said. "I think we've been better there. It's new and it's just a short time but I think we're better. We're making progress but we've talked to [the players] a lot about it."

Nystrom said that the remaining players in the roster have been working toward his change in culture but there is still progress to be made.

Athletically, Nystrom said that the team is working toward building up their defense and improving their overall technique.



Courtesy of NMU athletics

Nystrom spent the past two seasons at Ferris State and was elevated to co-defensive coordinator before the 2016 campaign. In 2016, the Bulldogs advanced to the NCAA tournament semifinals for only the second time in program history.

"Starting from square one" the team worked on fundamental defensive skills during the spring, something which they haven't done before, Nystrom said.

"We know who we want to be. We know how to get there and it's just a matter of doing it," Nystrom said. "It's a hard road. This pro-

gram was not healthy when we inherited it but I knew that from being in this conference for two years. It's a hard road but that's okay because all it does is take work."

Nystrom's club kicks off the season against at Angelo State at 7 p.m. Sept. 9.

SPORTS BRIEFS

NMU ATHLETICS

Northern Michigan announced its major award winners for the 2016-17 season Wednesday. Lajos Budai and Rachel Helm were named the Athletes of the Year while Jenny Ryan was tabbed as the Coach of the Year. Adam Martin and Bre Gaspervich captured Gildo Canale Outstanding Senior accolades. Ryan Borges rounded out the Athletic Director Award honorees, receiving the Humanitarian of the Year award.

NORDIC SKIING

Northern Michigan's Sten Fjeldheim, Adam Martin, Nicole Schneider and Vivian Hett were honored with Central Collegiate Ski Associate end-of-year awards. Fjeldheim was named the Coach of the Year while Martin was honored as both the men's Athlete of the Year and Central NCAA Athlete of the Year. Schneider captured the women's Athlete of the Year award, and Hett was tabbed as the Central NCAA Athlete of the Year. The Wildcats went on to place fourth among Nordic teams at the NCAA Skiing Championships, bolstered by four All-American performances.

WOMEN'S GOLF

This season, new men's and women's golf coach, Bob Bastian led the second-year women's golf program to an NCAA East Super Regional berth and a runner-up finish at the GLIAC Championships. The Wildcats finished in the top five at seven of their 11 events and entered the NCAA East Super Regional ranked fifth in their region.

GOLF

Bob Bastian, who served as interim head coach in 2016-17 and as assistant coach in 2015-16, has been named the head Northern Michigan men's and women's golf coach. Bastian served as an assistant coach during the 2015-16 campaign and helped guide the Wildcat men to their first NCAA Central/Midwest Regional appearance since 1999. They climbed as high as No. 15 in the national Golfstat rankings and placed in the top five at five events, including the NCAA Midwest Fall Regional. Bastian became an elected member of the Professional Golf Association in 2015. He received his bachelor's degree in professional golf management from Ferris State in 2014 and is currently working towards his master's degree in business administration at Northern Michigan.



North Wind file photo

Junior midfielder Sam Popp cuts to the opposing team's corner in the 2016 season.

NMU men's soccer ready to take a leap

By Ryan Spitzza
staff writer

The NMU men's soccer team took major strides in its inaugural season posting an overall record of 5-10-2, having three players earn GLIAC Player of the Week honors and competing for the fourth and final playoff spot in the GLIAC tournament on the final weekend of the season.

Head coach David Poggi wants to go even further as the team approaches its second season this fall.

While Poggi has zero interaction with his players in the summertime, he said it's still a hectic time of year to prepare for the upcoming season in the fall.

"You transition from insanity to a different type of insanity in the spring," Poggi said. "Everything is good, there's just a lot of work to be done."

Preparing for the upcoming season though can pose challenges however, with no players on campus to hold any practice or off-season training sessions.

"It makes it extremely difficult without having athletes on campus," Poggi said. "It's a real disadvantage for us relative to other teams that are able to have their players on campus for summer."

The Wildcats have a young and diverse roster, with athletes hailing from Germany, Iceland, Italy, Slovenia and the United States, 21 of the 26 players on the roster will be sophomores with only one senior on the team in goalkeeper Brin Lapuh.

"Every player who's return-

ing for our first year of having any history I'm excited for," Poggi said. "The guys worked very hard during the spring, we already know how hard they worked in the fall so the guys that are returning, I'm excited for them and I'm excited for us."

Poggi has a reason to be excited. With five of the top six Wildcat point getters returning for the second year.

Sophomore midfielder Sveinn Karlsson tallied 13 points for the Wildcats last year, leading the team in scoring and good enough for 12th in the GLIAC in overall points.

Other leading scorers returning for the Wildcats are all sophomores, Ben Hoffman, Edgar Astorga, Eric Seuss and Nick Metcalfe.

Poggi said the experience of those players as well as the short history of the program will help the incoming recruits' transition.

"I'm excited about having the history of the last year and to see if that will help us achieve our goals in this next phase," Poggi said. "Having players who have been through it once now will help the newcomers come in, transition quicker and hopefully be able to focus on the things that are important during the season."

For fans that want to come out and support this season, Poggi said a good fan environment is important to him and is something he's going to work on this season. One way to do that is by connecting with as many students, faculty, staff and community members as possible.

"In this sport in particular because there's not as many interruptions in the game, the fans can play an integral role in the outcome of every contest," Poggi said. "I would encourage people who understand that to take my challenge and see if that actually works. We're going to try to create an environment for our spectators that will allow them to do that."

While Poggi encouraged support for his own team, he said he wants that support to expand across all university athletics.

"It's going to be an exciting year for all NMU sports," Poggi said. "I would encourage soccer fans to go watch volleyball and volleyball fans to go watch soccer and so on; I think that's what's going to push us as an athletic department to create that excitement. We're all in this together."

The Wildcats open the season with two games on the road in Grand Rapids against Indianapolis on Aug. 31 before facing Missouri-St. Louis on Sept. 2. The Wildcats then return to the Superior Dome outdoor fields for a four-game home stand beginning on Sept. 7 against Upper Iowa.

The Wildcats' first GLIAC match will be at home against Saginaw Valley State on Sept. 15. When asked about conference title hopes, Poggi didn't hesitate in the slightest.

"I have no doubt this team can compete for a GLIAC championship in this upcoming season," Poggi said. "I will look forward to any fan and tell them they will see us compete for a championship."

Six 'Cats go to NCAA finals

By AnnMarie Kent
staff writer

As the school year wound down, six Wildcat women geared up for the Track & Field NCAA Outdoor Championships.

Head coach Jenny Ryan said the atmosphere at the competition was exciting.

"There were teams at the championships from all over the country and so many very talented athletes," Ryan said. "It was great for the athletes to be there and to experience what it is like to compete at the national level."

After the team grabbed a fifth place finish at the GLIAC Outdoor Championships, six women from the track & field team were chosen to compete in Bradenton, Florida. The three-day competition featured Wildcats in four different events during May 25-27.

Ryan said she's proud to have

six athletes qualify for such a prestigious event and even more proud about how well all of them competed.

Senior thrower Samantha Johnson finished her career as a Wildcat by getting her third All-American accolade from her 12th-place finish. Senior thrower Jasmine Williams placed 15th in the event and sophomore thrower Dana Shove placed 22nd.

Finishing out their career as Wildcats, Ryan said she'll miss having such great athletes and people on the team.

"They showed the athletes what it takes to be very good," Ryan said. "They were both very diligent and dedicated in their training and focus on their events."

Coming in with a 20th seed, junior jumper Ine Mylle took 16th place in the triple jump.

On the track, junior distance

runner Kieren Becker placed 15th in the 1,500-meter run. Her time 4:30.67 broke the NMU record for the events.

Junior distance runner Kameron Burmeister also took 15th place in her event, the 10,000 meter run. Both distance runners placed six spots higher than their seed.

"Burmeister ran a good 10,000 meter run in the Florida heat," Ryan said. "She ran smart, strong and patient."

This is the fourth time in as many years that the track & field team has had women competing at the national level. Ryan attributes the success of the team to the culture that has been built among the athletes.

"We have built a team culture of hard work, positive attitudes, supportive teammates and also some fun," she said. "We all enjoy doing what we are doing and excited to see what we all can do. They build off each other's successes and get excited for each other."

As the team looks to next season Ryan said building off the momentum that has been built is key to continuing the success.

"Getting more athletes to the NCAA Championships has inspired the entire team to try and get even more of them there. They all can see that it is possible.



Jenny Ryan

Junior distance runner Kieren Becker participating in a race at the NCAA

Women's soccer team prepares for fall season

By Trevor Drew
sports editor

With Sonia Basma as their new head coach, the Northern women's soccer team gears up for the 2017 season while making the transition from last season's coaching inconsistencies.

"I think the girls have been through alot with the coaching changes, just having to deal with four or five different coaches this entire season," Basma said. "It was a good start for them to get a feel of me for a little bit for the few months in the spring but I want it to just close off so we can start a new page in the next season."

On Sept. 20 of last season, previous head coach Matt Gransstrand announced he would be taking a leave of absence from

the team leaving head coach of the men's squad David Poggi the interim coach for the remainder of the season. The Wildcats managed to clinch a spot in the 2016 GLIAC tournament however, fell to the top-seeded Grand Valley State University in the first round of play-offs ending their season with the overall record 4-10-4.

"It was a definite change for our program [the men's staff] definitely did their best to get our team back together and fix the problem that we had and then when coach Basma came in she really revamped us," junior forward Aimee Colla said. "Just in the small amount of time that we had during spring season she really put us into shape and I think this season we're going to do really well with her."

Earlier in the spring, the girls traveled down to Central Michigan University for a friendlies tournament where they competed in small sided, seven on seven, scrimmages against other Division II programs.

Basma said that these scrimmages gave her a better idea of where the team is physically, mentally and technically and allowed the players to acclimate to her coaching style. She added that the team had made "consistent improvement" during the spring.

"We have good soccer players. I really walked into a program that has great players and it's just about giving them the tools now to take their game to the next level," Basma said. "With everything NMU has to offer, I say this time and time again, there is no reason we shouldn't be competing at the big stages."

The lady Wildcats kick off their season in the fall starting with a match against the St. Cloud State Huskies Sept. 1 and the Winona State Warriors Sept. 3.

The last time the 'Cats faced off against these teams it ended in defeat with Northern losing 2-0 against St. Cloud and 3-2 against Winona.

With everything NMU has to offer, I say this time and time again, there is no reason we shouldn't be competing at the big stages.

— Sonia Basma
women's soccer coach

NMU U.S. Olympic Training Site holds annual event

By Ryan Spitz
staff writer

The Northern Michigan University U.S. Olympic Training Site held its annual Superior International Camp this week and ended at the Superior Dome Wednesday night with Team USA athletes competing against Team Sweden in exhibition competition.

"Every year we invite Sweden and some other countries to come and wrestle with our team," said Mike Kaurala, operations manager of the U.S. Olympic Training Site.

Along with the NMU Greco-Roman wrestlers, the event consisted of seven invited Team USA wrestlers from various parts of the country, 13 athletes from Sweden, one athlete from Finland and one athlete from Canada.

This is the fourth year of the annual event that gives each athlete a chance to show what they're capable of.

"It gives the athletes a good opportunity to get a lot of matches in," Kaurala said. "It gives them more experience and a chance to learn from their mistakes and see what they're good at and what they need to work on."

The camp gives athletes a chance to wrestle multiple

times per week, with wrestling occurring Monday through Thursday and actual matches taking place Friday and Saturday.

"It gives our athletes more international experience and it's also a great recruiting opportunity for us and for the university," Kaurala said. "Every year we have some students from this camp enroll and come to Northern."

Team Sweden pays for their trip to the United States and the U.S. Olympic Training Site pays their room and board fees for the camp. When the NMU athletes travel to Sweden, the same process occurs.

Trey Hardy is a freshman at NMU and in the U.S. Olympic Training Site.

"Since we mostly face American competition it's nice to get a different field," Hardy said. "The more different fields we get the better we get overall."

As for the wrestling program itself, it's still going strong according to Kaurala.

"The wrestling program is still going very strong," Kaurala said. "It's still very successful nationally and internationally and next semester it looks like we'll have the largest student-athlete roster that we've had to date."

CORRECTION

In the April 27 issue of the North Wind, the article titled "Cats snatch second place at GVSU" should have said Kieren Becker placed second in the 800-meter run not the 5,000.

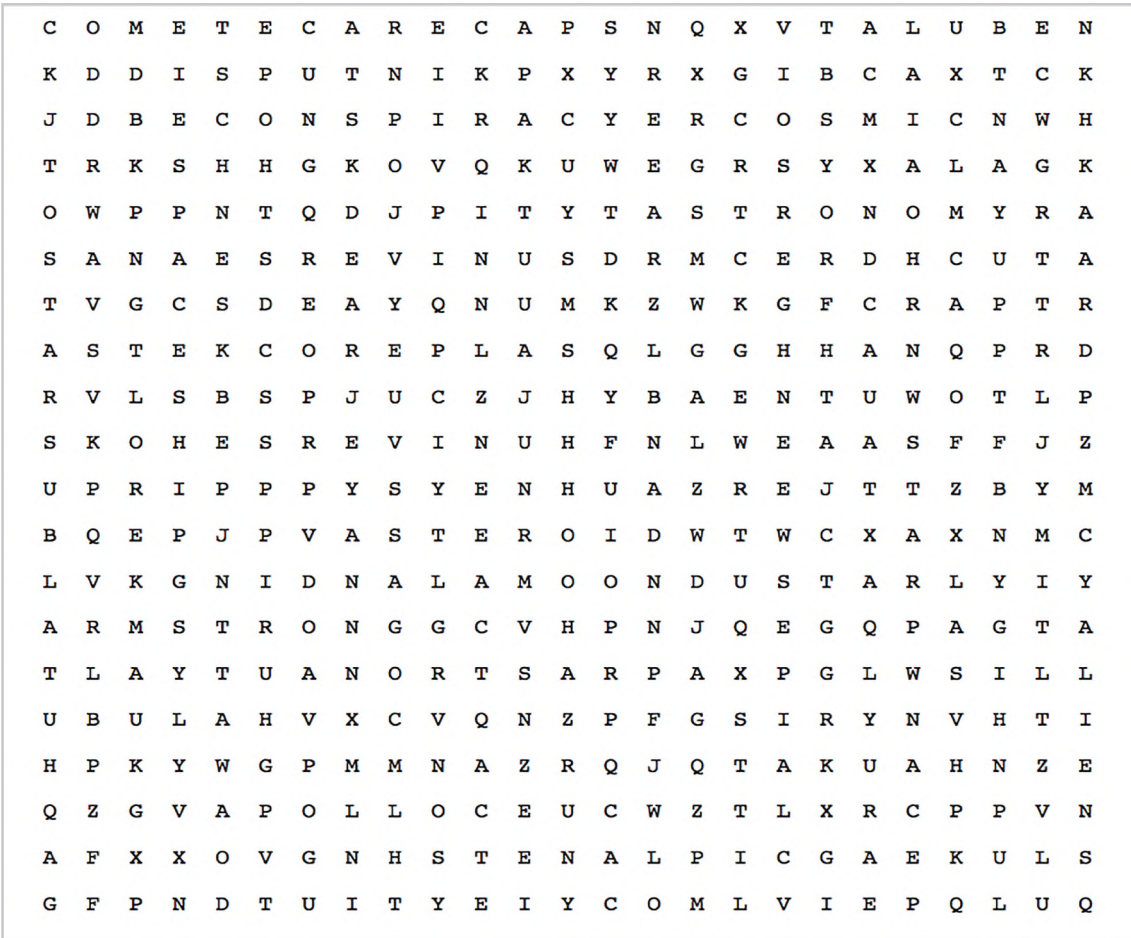
♥ Northern Pleasures ♥

Bachelor and Bachelorette Party Gifts and Supplies
Pipes • Body Jewelry • Intimate Lingerie
and Much More

Check us out at 1021 W. Washington
10 AM to 10 PM Monday - Thursday
10 AM to 11 PM Fri/Sat, Noon to 9 PM Sun

Get 10% off your next
purchase with this ad

www.northernromance.net



THEME: SPACE

- | | | |
|------------|----------|-----------|
| ALIENS | EARTH | SPACERACE |
| APOLLO | GALAXY | SPACESHIP |
| ARMSTRONG | GRAVITY | SPACEWALK |
| ASTEROID | LANDING | SPUTNIK |
| ASTRONAUT | MILKYWAY | STAR |
| ASTRONOMY | MOONDUST | STARS |
| CLUSTER | NASA | TANG |
| COMET | NEBULA | UNIVERSE |
| CONSPIRACY | ORBIT | |
| COSMIC | PLANETS | |
| CRATER | ROCKET | |

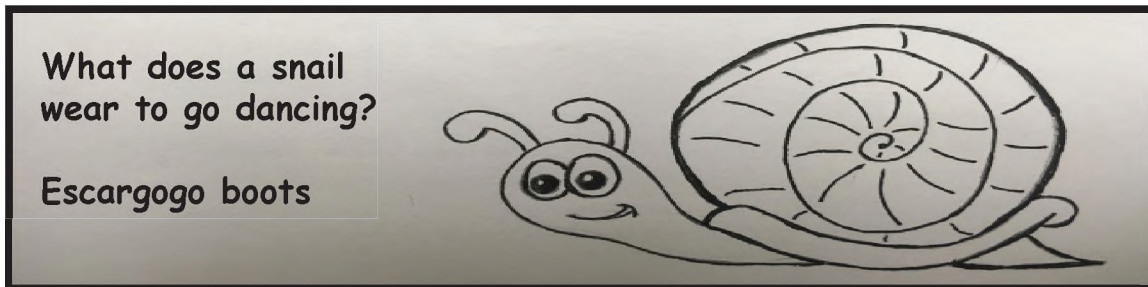
INSPIRATIONS

Bullying lil Mike from afar
 Breakin' the law, break, breakin' the law
 Potato tacos
 "Bequeefed" -Trevor?
 Get your mind out of the gutter
 Club drugs
 There's only five of us making this paper
 It's fine
 Shout out to the old staff coming to save us
 You guys rock
 We're going to miss you
 Chickens playing the piano
 Smelly fridges
 Woofers
 Snoots
 Doggos
 Body farms
 Photo Noah & Von

BUTTER SIDE DOWN — Trinity Carey



SNAIL FAIL — Noah Hausmann



Advertise Here
 Call The North Wind
227-2545

Advertise Here

IN THE NORTH WIND
 CALL 227-2545

Parents
 curious what's
 happening on
 campus?

Subscribe to the North Wind!

nwindads@gmail.com

Spring at Lower Harbor



Trinity Carey/NW

Geese bathe in the sun kissed water surrounding the old ore dock in Mattson Lower Harbor Park freshly after all of the snow finally dispersed from the go6. The ore dock served as a structure to load iron ore onto ships. Railroads carry the iron ore from the mines to the ore docks to be shipped out around the nation. Marquette and other Michigan locations were once the largest suppliers of iron ore to the United States One of Marquette's ore docks is still in operation today.



**The North Wind
Welcomes all the New
Students to NMU!**

ADVERTISE YOUR
BUSINESS OR EVENT IN

THE NORTH WIND

CALL: 227-2545