

The North Wind

Northern Michigan University's Independent Student Newspaper Since 1972



— NMU lifters
prepare for
Championships — pg. 15

June 3, 2010

www.thenorthwindonline.com

Volume 82, Issue 15



Ashley Wiggins/NW

Renovations taking place at the Marketplace and the Wildcat Den (pictured above) are aimed at keeping costs down by deterring shoplifting. The Marketplace and the Den are also implementing a tray-free system.

Dining facilities to undergo renovations

By James Dyer
news editor

This fall, students enjoying a meal at one of NMU's two cafeterias will notice a couple of changes in their dining experience.

Both the Wildcat Den and the Marketplace will be going through renovations this summer to help accommodate a completely trayless policy at the Marketplace and a new all you can eat menu at the Wildcat Den.

Changes in the layout of the Wildcat Den will include a new entry to facilitate their new menu. Previously, customers at the Wildcat Den had the option to purchase each food item à la carte, as one would in a sit down restaurant.

To accommodate those who like to purchase à la carte, Dining Services will set up a food cart in the NMU bookstore this fall where students can buy pre-made sandwiches, salads and a hot entrée, said Greg Minner, the Director of Dining Services. A similar cart will be added to Jamrich hall in the fall that will offer coffee as well as pre-made sandwiches, he said. Both of these locations will accept dining dollars.

"Students will still be able to buy à la carte in these locations. We're trying to make sure there are plenty of options open to students," Minner said.

The à la carte policy works

well for some, but it has also lead to problems with food theft in the Den, he said.

"There are many people who like to buy à la carte, but we have been having a lot of theft problems with having (the Wildcat Den) so open," he said.

Customers were often able to slip past the register without paying because of the confusion that goes along with having both an all-you-can-eat plan and an à la carte plan in the same facility, said Art Gischia, the associate vice president of business. Gischia is responsible for the Wildcat Den's budget each year and has seen monetary losses related to possible theft at the Wildcat Den.

"We're watching our food costs closely. We're using a lot more food than we're getting paid for," Gischia said.

Structural renovations will also be made in the Marketplace, which will also be closing the two entrances to the Gant/Spalding and Payne/Halverson lobbies and constructing a single entrance inside the hallway connecting the two buildings.

Bids for construction on the renovations were open on Friday, May 28 to local construction companies. Closner Construction won the lowest bid at a cost of \$307,610 with a projected completion date in late August. Closner Construction has already worked on several projects at NMU, including brick and ma-

sonry work in the New Science Facility and the Art and Design Building, Gischia said.

The new entrance will still have two cash registers, but only one of them will be open during slow hours, said Sharon Carey, the assistant director of dining services in charge of the Marketplace. This will help keep labor costs down and allow for better control over the register areas.

The Marketplace will also be going completely trayless this fall, with an exception made for students with disabilities.

"We won't refuse anyone trays, but they won't be out. Students will have to ask a staff member if they need a tray," said Carey.

To meet the requirements of students accustomed to using trays, the drink stations will be moved out into the dining area for ease of access, she said.

"Over the last academic year, more and more people are going trayless. We have to become more concerned environmentally," Carey said.

Trayless initiatives by Dining Services have been met with some opposition in the past, but surveys done by the Go Green Committee in the past year have shown that students are now ready for change, she said.

"Our employees already hardly ever use trays. It's been a big improvement. We have to be more concerned environmentally," Carey said.

Bookstore charge option in trouble

By James Dyer
News Editor

The NMU bookstore is looking at making changes to its student charge program after an accumulation of bad debt over the past three semesters.

In the 2009 winter semester, the NMU bookstore allowed students to charge books to their student account. That year the bookstore saw textbook sales increase 8.1 percent from the last year, said bookstore manager Mike Kuzak.

The program has been a great benefit to students and the NMU bookstore, but there have been significant problems with students failing to pay off their student account balance after they leave NMU. To try and save the student charge program, Kuzak has suggested ways to reform the program and cut losses.

"So many students use the charge program, it would be difficult to cut it now. Students really benefit from being able to buy their books earlier," Kuzak said.

If the bookstore is able to cut some of its bad debt, Kuzak would like to extend the amount of items students can charge to their student account to school

supplies as well as books.

"Even though the bookstore stands to lose thousands of dollars in non-paid charges, the sales increase from the option generates enough gross margin dollars to cover losses," he said.

While the program is very beneficial to students, if bad debt levels stay the same it could create problems for the program in the future, said Gavin Leach, the vice president of finance and administration.

"In every business you sustain bad debt. So far the debt level has been higher than the general university rate," Leach said.

The charge program has the potential to be positive for everyone, but changes need to be made in order to save it and make sure the bookstore remains a profitable business, Leach said. If bad debt percentages continue to accumulate, the bookstore will have no choice but to get rid of the program, he said.

"The bookstore needs to remain entirely self sufficient. We'll do what we can to make it succeed," Leach said.

The bookstore is now exploring ways to penalize those who do not pay off the books charged to their student account.

Summer perfect time for planting a garden

By John Berry
contributing writer

In about three weeks time, the summer solstice will occur, marking the beginning of summer. Many students staying in Marquette will be hitting up the beach, throwing Frisbees, laying in the sun, and just generally enjoying the activities that the Marquette landscape has to offer. And with all of this abundant sunshine at our disposal, the potential for growing healthy vegetables is great.

Kristen Swiech, a senior human centered design major at NMU, uses her aloe vera plant, located in her living room, for both decorative and medicinal purposes.

"It helps decorate my apartment and is also reliable at the same time, because it helps heal my sun burns."

Swiech also has two other plants that she grows from her windowsill.

"It's nice that I can grow small plants like mint leaves from my

window sill because I'm too busy in the summer time to grow an actual garden. So instead of gardening being a serious thing, it's a nice little hobby, sitting in a pot on my windowsill."

While students like Swiech use methods such as indoor gardening for decoration and recreation, NMU Geography professor Stephen DeGoosh uses his entire front lawn as a self-sustainable garden. It's a matter of choosing to eat and live healthier, he said.

"I think it's becoming essential. I think we're facing a huge crisis with respect to energy. Most of the food that ends up in the stores of Marquette County comes from at least 1500 miles away. When you rely on the grocery store, you have no idea who produced the food, or how it got there," DeGoosh said.

If students can't find a place to do their own gardening, finding people to share soil with isn't hard to do, he said.

See GARDEN • page 3

Briefs

Student volunteers awarded

NMU students Jenny Grasc and Laura Garlick were recently rewarded the Bill and Wilma Verrette Outstanding Community Service Internship Award for their volunteer work with the Upper Peninsula Children's Museum.

The students each received \$500 to donate to the Children's Museum, and were also the Student Leader Fellowship Program's (SLFP) project of the year.

Grasc and Garlick, who were co-presidents of the NMU Chemistry Club, began their internship through the SLFP. The students organized their volunteer project around providing fun and engaging science activities for the children, Grasc said.

The focus was put on providing children with projects children could also take home. Grasc and Garlick assisted students in making things like silly putty, bouncy balls and fake snow. It was important that the activities were hands on and could provide children with a fun way to learn about science, Grasc said.

SLFP often teaches students how to become leaders in the community, and it was inspiring to be able to inspire future scientists, Grasc said.

— James Dyer

Heritage Center Photo Winners

The Beaumier U.P. Heritage Center at Northern Michigan University recently announced the winners of its student wildlife photography contest. Dominic Davis, an English major from Marquette, won first prize for "Spotted," a black-and-white photograph of a deer on Presque Isle. David Pavlik, a zoology major from Holt, took second place with his color photograph of an American Bittern bird on the Presque Isle bog walk.

In addition to the winning photographs, eight other student submissions will be on display in the center's gallery in 105 Cohodas Hall as part of the George Shiras III installation, which opens May 19. Hours are 10 a.m. to 4 p.m. Tuesday through Saturday.

— News Bureau

Construction Challenge Held

Nine Upper Peninsula schools recently competed in the fourth annual U.P. Construction Skills Challenge at Northern Michigan University.

The Dickinson-Iron Intermediate School District in West Iron County took first place, followed by the Dickinson-Iron Intermediate School District Technical Education Center in Iron Mountain. The Delta-Schoolcraft Intermediate School District in Escanaba took third.

At the all-day event, students worked on building deer-blind structures designed by the Northern Michigan Constructors (NMC) student organization. Their efforts were judged on craftsmanship, safety and teamwork. Competition judges represented Carpenters Local 1510, Electricians Local 1070, the Safety Store in Marquette and the NMC.

— News Bureau

Protesting the prosecuted



Photo courtesy of standfortheLand.com

Marquette citizens protest outside the court house over the arrest of Kennecott mine trespassers. The protest was part of the Stand for the Land Memorial Day Celebration that took place in Lower Harbor.

Superior Bike Festival to be held at the end of June

By Gary Seaman
contributing writer

On June 25, 26, and 27, the city of Marquette will host the Superior Bike Festival.

The Festival includes the state of Michigan road racing championship on Saturday, and will have racers from all over Michigan, Wisconsin and Illinois competing.

The festival is a fund raiser for the Marquette Mountain National Ski Patrol and the YMCA of Marquette County, there will be a total of \$15,000 in cash and prize giveaways.

Races start Friday at 4 p.m. in

downtown Marquette with the Twilight Criterium race which starts on Washington street and goes for a total loop of 0.7 miles.

Event organizer Don Wolf explained it will be a fun and exciting event for spectators to come and check out, there will be food, beer and thousands of spectators. It is like a grand-prix for bike racing, and a great time, Wolf said.

On Saturday the state championship road races will begin with races starting and finishing at Superior Hills School on McClellan Ave.

Also on Saturday the downhill races start at Marquette Mountain which

Wolf described as another great spectator event, said Wolf.

Sunday is the circuit race out at Presque Isle and mountain chase at Marquette Mountain, There are events available for every caliber of rider, from the beginner to professional, said Wolf.

With many events to choose from race schedules can be viewed and registration can be done online at www.superiorbikefest.com right up to race day.

Fees vary on how many events you would like to participate in. Registration can also be done at the Marquette commons.

THE NORTH WIND IS ONLINE!



www.TheNorthWindOnline.com

Connection made with Thai university

By Adelle Whitefoot
contributing writer

Delegates from Bangkokthonburi University of Thailand visited Northern Michigan University on April 26 to sign a Memorandum of Understanding (MOU).

An MOU is a document that describes an agreement between two or more parties. The MOU between Bangkokthonburi University (BTU) and NMU will allow the two schools to work together on research projects and for student and faculty exchanges.

"It opens up a world of possibilities for the entire campus community," said Miriam Moeller, the international programs specialist at NMU. "Northern students can study abroad in Thailand and Thai students can explore NMU."

Miriam Moeller and the International Programs Office helps carry out the conditions of the MOU by communicating with BTU and other universities in regards to student and faculty exchanges, research projects and other partnerships.

"The key person who helped establish our new partnership with Bangkokthonburi University was Bill Ball," Moeller said. "He has been to Thailand before and has been helpful in connecting NMU to Thai institutions."

William Ball, a political science and public administration professor at NMU, was able to make a connection with BTU through his connections with Rangson Prasertsri, the senior

advisor to the Thai president. Prasertsri was the dean of public administration at another university in Thailand that Northern signed a MOU with two years ago, Ball said.

"As a result of that MOU (Prasertsri) and I wrote a paper together that he then presented in Brazil last August," Ball said. "So as you can see, research (projects) do come out of these memorandums of understanding."

The connection with BTU gives students and faculty someone to contact and talk to over in Thailand. Even though most faculty members know someone when they go abroad, some may not and this way they won't be going over there blindly and alone, Ball said.

"If students should go there, they now have a university to contact and can use their resources there," said Ball. "They have an English language section in their library for example that Americans who don't speak Thai or read Thai can use."

BTU is a private institution that was established about a decade ago. The university offers undergraduate programs and doctorate programs for the 20,000 plus students that are enrolled.

"Traveling to Thailand and just seeing the university and seeing how they interact, especially in a third world or developing country would be a great opportunity for Americans," Ball said.

This Memorandum of Understanding with BTU is the most

recent of many that NMU has with international universities. NMU also has agreements with universities in Argentina, Brazil, Canada, China, France, Germany, Korea, Mexico, Peru, Spain, and Sweden.

"Building international relationships to enable our students to get out in the world and to bring the world to NMU is a key component of the university's strategic plan; Roadmap to 2015," said NMU President Les

Wong. "Our students will get the very best possible experience by working with international universities with whom we have official relationships."

One aspect of the Road Map is to create a campus that is interconnected with the world and to offer meaningful international experiences to student and faculty he said. MOU's are different with each institution, Wong said. Some institutions can offer NMU Students considerable sup-

port where others cannot he said. It depends on what resources the institute has available to them. The purpose of an MOU is to set out very clear responsibilities of the relationship between NMU and the other institutions, Wong said.

"The Asian nations offer our students and faculty a unique world view, a country undergoing significant change and a country that values education," said Wong.



Photo provided by William Ball

Left to right: Rangson Prasertsri, senior advisor to the president, Bangkokthonburi University; Duangrit Benjathikul, vice president for student affairs, Bangkokthonburi University; Les Wong, NMU President; Susan Koch, NMU provost; Marcelo Siles, executive director for international programs at NMU.

Futures strengthened with internships

By Lucy Hough
editor in chief

Athletic training major Daniel Stam plans to memorize the Arizona Cardinals' roster before he leaves mid-July for an internship with the team. Daniel, like many other students, is spending his summer learning the tricks of his trade, taking part in an internship that will make him more valuable in his field.

Stam will be helping the athletic trainers during the team's preseason through the exclusive internship, working directly with the players and coaches wherever he is needed. He expects to help set up practices for the team and help keep the players hydrated, experience that will prepare him for what he hopes to do in the future – become an athletic trainer for a professional sports team.

"This is the best experience that I could get really in terms of intensive care and just how many doors it'll open up for my future," Stam said.

Stam began his search for internships in January. He also ap-

plied and was accepted to a program at Notre Dame where he will be assisting with youth sports camps, providing first aid, wound care and also basic injury evaluation for children.

"The thing with working with a university for sports camps (is) you're usually not under direct supervision, so that'll be the best thing with just getting experience and having to come up with return-to-play decisions without somebody there all the time. (I'll have) the confidence that I can handle myself in various situations on my own," Stam said.

Stam's internship is not only a huge opportunity but quite a change, having grown up in Marquette and now moving to a big city. That, paired with the new experiences with each internship, is exciting and nerve-wracking for Stam.

"I'm a little nervous, but of course that's natural," Stam said. "If I wasn't nervous then that would mean I don't care enough, but yes I'm incredibly excited for this opportunity. I can't even express how much I am."

According to Steve LaFond, assistant director in Career Services, internships like Stam's are incredibly helpful for students once they start looking for jobs. Students with internships tend to be better candidates in jobs because they have real-world experience.

"Internships are always important but particularly now in a very competitive job market, there are fewer good jobs for new college graduates," LaFond said. "Any time a student can get practical experience in their job field will help them."

LaFond suggests that students interested in interning next summer start looking as soon as September. Some experiences have deadlines around November and December. NMU's Career Services offers a number of resources, including lists on their website about internship opportunities and job fairs with possible intern employers. The Career Services office also can provide counseling help to students looking to strengthen their resume or cover letters.

"I recommend beginning early and going to job fairs on campus, because a lot of the employers have opportunities for students to intern or get career-related jobs," LaFond said.

Jason Morgan, former president of ASNMU, recently moved to Washington D.C. to take an unpaid job with political action committee, Progress Network USA, as communications director. Progress Network USA is a political group that raises funds and awareness for specific candidates and issues across the country including education, children, women, marriage equality and science and research.

Morgan will continue working in the fall, taking a semester off of school, and will be paid for his work at that time. He feels that this experience will benefit him in a number of ways.

"I think it'll really help me in the future because it's kind of a chance to really see what politics is like and whether it's something I want to do with my life," Morgan said. "The connections that I'm making and the expe-

rience I'm getting and just the sheer amount of learning that's involved in everything that I'm doing out here will help me immensely in the future ... it's just educational as well."

For now though, Morgan appreciates being surrounded by what he loves.

"I'm really enjoying it out here: the job and just being in the city. There's so much history and so much to do and everything is essentially politics all the time," he said.

Dave Lyon, another Northern student and computer science major, is currently interning for the NASA Goddard Spaceflight Center for a service known as Heliviewer, a program that takes pictures of the sun. Lyon is helping to produce of iPhone and iPad interfaces for future use. The internship is 10 weeks and it's paid. He's also spent time visiting Washington D.C.

"It's a very talented group and we're doing really cool work," Lyon said. "What we do makes the lives of solar physicists easier."

Higher education funding discussed

By James Dyer
news editor

On Monday May 3, members of Michigan's House of Representatives met in the Great Lakes rooms of the University Center to discuss higher education funding.

Representatives from the House Appropriations Subcommittee on Higher Education heard testimony from the Presidents of Michigan Technological University, Lake Superior State University, Western Michigan University and NMU.

NMU President Les Wong was the first to give his presentation.

"We are facing incredible challenges and each of us has a perspective and an investment in the answer," Wong said.

Wong went on to describe the ways in which NMU has coped with budget cuts, and how the University is implementing plans to cut costs further.

"We are consistently among the most efficient campuses on a host of performance measures. We have retrofitted buildings rather than build new. We have incorporated state-of-the-art energy strategies to maximize energy savings... Students and employees are altering their behavior to be more green," he said.

Nearly 83% of NMU students receive some sort of financial aid, and because of cuts in state funding students are being challenged to come up with more tuition money out of pocket, Wong said.

"We remain accessible and affordable to our students. We remain the second-most affordable tuition of the public 15 and despite our location, we are the largest campus in the U.P.," Wong said.

Keeping college affordable and accessible is important for improvement in Michigan's economy, said Representative Joan Bauer, the chairwoman of the higher education subcommittee.

"Continued cuts will only hurt the quality of higher education. All 15 public universities are doing good work, and we will guarantee, based on need, that students will receive help," Bauer said.

One of the solutions Bauer has suggested would be a raise in sales tax, pending a vote from the pub-

lic. The state is facing a significant budget deficit, and there aren't many other options to increase revenue, she said.

"I'm doing all I can not to reduce funding (for universities). Students and families need to let their voices be heard by the people who vote on these budgets," Bauer said.

Representative Steve Lindberg was also invited to the subcommittee meeting because of his ties to NMU, and his representation of the Upper Peninsula's 109th district in the state house of representatives. The house appropriations subcommittee on higher education has been holding their meetings at universities around the state to give committee members a chance

to see what different universities are doing in regards to budget cuts.

High school graduates can no longer get a job that can sustain a family without attending some form of college, Lindberg said.

"Each university has a separate mission. If we're going to compete, we have to have an educated workforce in Michigan, Lindberg said.

Things like NMU's TLC laptop initiative, the Superior Edge program, and the Student Leader Fellowship program set NMU apart from other schools in Michigan, he said.

"NMU does a lot of things right. It provides a good environment for young people," Lindberg said.

Garden

Continued from page 1

"I have students who are growing gardens for the summer, and even though they don't have their own property or yard, they're finding people who do, and who are willing to let them garden," DeGoosh said. "A lot of people are willing to let them do it without any cost. It's a really good way to get started, because they can learn the skills from somebody who's already doing it."

Marquette's Food Co-Op sells several different varieties of seeds and soils for gardening. Sarah Monte, the education coordinator of the store, said that self-education is a good way to start if one is interested in starting a garden.

"We sell a lot of books, so for someone who's just getting started in gardening, it would be a good idea to check out a good selection of informational books.

You'd be amazed what you could learn if you read a good book about it," she said

Gardening to be self-sustainable could be financially beneficial to the gardener, she said.

"At first, when you're getting involved in gardening, it can seem a little expensive, but once you get into it, and you understand how to grow something a little more effectively, and you've made the initial investment, then yes, you definitely will save money", Monte said.

According to the Co-Op U.P. Farm Directory, there are 65 farms scattered across the U.P that supplies the Farmer's Market and Marquette Co-Op. According to Monte, many of the seeds and soil products come from these farms.

"When your food is fresh, more nutrients will be made available for your body", she said. "So, getting something right out of the garden will taste the best because there's more in it for you."



Ashley Wiggins/NW

Professor Steve DeGoosh uses his garden (pictured above) as a more sustainable source for fruits and vegetables such as corn, apples, peppers and tomatoes.

**CHECK OUT THE
NORTHWIND
ONLINE**

WWW.THENORTHWINDONLINE.COM

QUICK-SERVE
JAPANESE-STYLE
CUISINE



Summer Hours:
Mon-Fri: 11am-2pm

Located in the upper level of
the CB Hedgcock Building
Northern Michigan University

Visit us online:
www.nmu.edu/dining/temaki
or call (906) 227-6633



LOVE NEWS?

Find the Latest Northwind News Online!

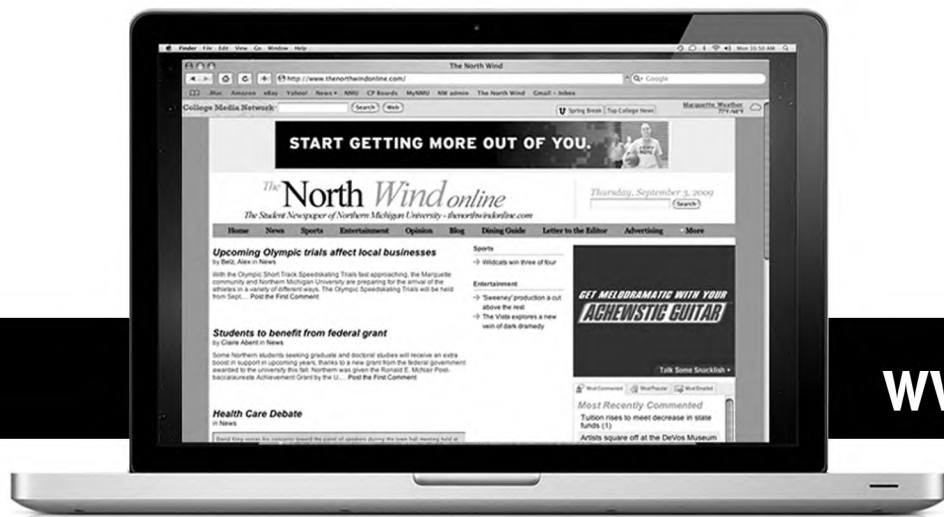
• Northwind Website •
www.TheNorthWindOnline.com

• Northwind on **twitter** •
www.twitter.com/NorthWindNews



*Don't Forget to Pick up a Fresh Copy of
the Northwind, Every Thursday!*

THE NORTH WIND IS ONLINE!



www.TheNorthWindOnline.com

COMMENT ON STORIES
VIEW YOUR CAMPUS NEWS

VIEW ONLINE EXCLUSIVE PHOTOS
SEND A LETTER TO THE EDITOR

Staff Editorial



Tom Cory
opinion.northwind@gmail.com

Dining Services change for the best

This summer, Dining Services decided to make two changes in the way that they operate both the Wildcat Den and the Marketplace. Next fall, students will notice that the Marketplace and the Wildcat Den have gone trayless. This is to reduce food waste and to ensure the “green” initiatives of this university. The other big change is that the Wildcat Den will only offer all-you-can-eat prices, instead of allowing students and faculty to purchase à la carte meals.

The latter change was done because in previous years Dining Service noticed the Den was losing far more food than was purchased. To prevent such theft, only an all-you-can-eat option will be available.

While originally we were apprehensive about this change, concerned about where we would get our coffee from, upon learning that there would be two new options for food purchases, it was clear that Dining Services had anticipated this concern from students.

In the NMU bookstore, there will be a new food cart that will offer coffee and pre-made sandwiches which students and faculty can buy à la carte. In Jamrich, there

will be a similar opportunity.

Dining Services has not eliminated students’ option to purchase smaller amounts of food, they are simply trying to make it harder for students to steal – a legitimate action.

Also, we think that Dining Services made the right move in finally going trayless. After over a year’s debate, students have been made aware of what it means to not have a tray, and it’s time that Northern joined the number of schools who are taking the initiative to use less water and create less waste.

What’s more, the Marketplace is being renovated specifically for this reason, to facilitate in the change and make it easier for students to access drinks.

We support these changes and think that they are a wonderful idea. Students ought to appreciate that Dining Services has our best interest in mind, providing à la carte options and renovating the Marketplace, while still making decisions that make sense. And, as long as we can still get our coffee without paying all-you-eat prices, we’re happy.

Letters to the Editor



THE NORTH WIND IS ONLINE!



www.TheNorthWindOnline.com

COMMENT ON STORIES
VIEW YOUR CAMPUS NEWS

VIEW ONLINE EXCLUSIVE PHOTOS
SEND A LETTER TO THE EDITOR

Letter Policy

Letters to the Editor must include a full name, year, major and a phone number for verification. Please limit letters to 250 words or less.

All letters may be edited for grammar and length.

Letters can be mailed to The North Wind, 2310 University Center, 1401 Presque Isle Ave., Marquette, MI 49855.

Letters can also be submitted via e-mail to editor.northwind@gmail.com, or through a Web site submission on www.thenorthwindonline.com.

2310 University Center, Marquette, MI 49855
Phone: (906) 227-2545

The North Wind
est. 1972

e-mail: editor.northwind@gmail.com
www.thenorthwindonline.com

Lucy Hough ... Editor in Chief ... editor.northwind@gmail.com
James Dyer ... News Editor ... news.northwind@gmail.com
Scott Viau ... Features Editor ... features.northwind@gmail.com
Alex Belz ... Opinion Editor ... opinion.northwind@gmail.com
John Becker ... Sports Editor ... sports.northwind@gmail.com

Ashley Wiggins ... Photo Editor
Jim McCommons ... Faculty Adviser
Cara Gould ... Layout Editor
Todd Stanich ... Online Editor

Matt Fusilier ... Business Manager
Dan Lawrence ... Advertising Manager
Laura Foster ... Advertising Design Manager
Dana Paulsen ... Office Manager



For What It's Worth

By Alex Belz - Opinion Editor



More should be done to protect us from BPA

Often, television news attempts to scare us with larger-than-life issues. Local news, especially, berates us with short commercials that tell us something that might directly affect us health-wise and then encourages us to learn about it on their show at six or 11.

Personally, I've become sort of numb to all the talk of health risks from the lining of pots and pans and the long-term adverse health affects of keeping cell phones in our pockets.

So, a few days ago, when I scanned the headlines of cnn.com and saw that they were doing a report on five chemicals that may be harmful to us, I was skeptical. How harmful were these chemicals, really?

Then I saw the description of a chemical called Bisphenol A (BPA). The Center for Disease Control and Prevention found BPA in the urine of 93 percent of the people it tested. Which means, in essence, almost all of the people reading this sentence are infected.

The high rate of people who have the chemical in their system shocked me. I don't understand how so many people could have

this chemical in their system and not even know it.

BPA is called a "chemical of concern" by the Environmental Protection Agency (EPA) and is found in water bottles, the lining of metal food and infant formula cans, plastic food containers and baby bottles. Humans are exposed to low levels of it over time as they use these products.

BPA is an endocrine disruptor, which means it can mimic the effects of hormones in the body and disrupt their function. This could lead to negative health affects, as the endocrine system is very sensitive.

The EPA has set a level of how much exposure humans can have to this chemical and still be safe.

Yet many studies over the past decade have shown that lab animals exposed to similar levels of Bisphenol A have higher rates of diabetes, neurological problems, mammary and prostate cancers, decreased sperm count, early puberty and obesity.

For once, I'm glad to see that the scare tactics employed by 24 hour news networks and local news are actually warranted. The high rate of exposure to this

chemical is extremely alarming. Once learning of this distressing phenomena, I was quick to research what was being done to protect us.

The Food and Drug Administration (FDA) did acknowledge the concern about the chemical in a January 2010 report, saying "the FDA shares the perspective ... that recent studies provide reason for some concern about the potential effects of BPA."

Yet FDA is neglecting to take steps to lower the rate of how much of this chemical can be exposed to humans, because the report also went on to say that there is too much variation in the studies which have been conducted to pursue an adequate course of action at this time.

It seems to me, though, that if so many Americans are already infected, the FDA should be acting quickly to help resolve this problem.

Regardless of the variation between studies, the fact remains that many of us have been exposed to this chemical.

This affects the individuals behind desks at the FDA as much as it does the readers of this column.

Politician taken out of context



Staff Column

Cameron Witbeck

Rand Paul's WMay 19 appearance on "The Rachel Maddow Show," during which he answered questions about the Civil Rights Act of 1964, has generated a lot of buzz in the national media.

Much of the commentary has been negative and highly critical of Paul, yet after having watched the interview in its entirety, I can't help but agree with the ideological principles that Paul expressed.

In the interview with Maddow, Paul, who recently won the Republican Senate primary in Kentucky, said that he supported the bill's elimination of race-based discrimination in the public sector.

He had reservations about the bill forcibly desegregating private businesses, which he felt was contrary to the First Amendment and should be left up to each owner's discretion.

Paul said that he personally is opposed to racism and would never be associated with individuals or businesses that practiced it.

He also said that he thought that institutional discrimination, such as the Jim Crow laws in effect in the American South during the Civil Rights movement, were "absolutely wrong and something that I absolutely oppose."

Paul, who ultimately said that he would have supported the bill had he been in Congress during its passage, has faced a significant amount of criticism because of his comments.

A New York Times article referred to such beliefs as "politically treacherous for someone making an appeal to the electorate at large."

Even Paul himself has expressed regret over the appearance, citing his belief that his comments would be taken out of context when filtered through the media cycle.

In understanding and contextualizing his comments, it is important to consider the distinction between public and pri-

vate discrimination, elements of which are disallowed in the text of the Civil Rights Act.

The modifier "public" most often refers to discrimination that occurs in the form of discriminatory laws and in places that receive government funding. This form of discrimination is unacceptable because each U.S. citizen is guaranteed equal treatment by the law and equal access to public resources such as schools.

Private discrimination can be defined as being practiced by individuals or private businesses. According to the bill, it is illegal for people who own places of "public accommodation," such as restaurants, hotels and stores, to discriminate against people based on race, color, religion, sex, national origin or who they associate with.

It's been 46 years since the passage of the bill. Today, almost every American sees that discrimination is vile, ignorant and self-defeating; but that does not mean that those few who wish to practice it should be punished by law. They should be dealt with by the individuals who would boycott their businesses, protest their practices and support their competitors.

Paul's answers during the 10-minute and, at times, uncomfortable to watch interview were certainly not eloquent, yet they were in no way racist or supportive of discrimination. He denounced public discrimination and institutional racism as egregious, undemocratic and unjustifiable.

I agree with him that any business that partakes in discrimination is repulsive, and I would not patronize their services. However, I also agree that outlawing a private citizen's right to discriminate is contrary to the principles of the First Amendment, which has been interpreted to guarantee the freedom of literal and figurative speech.

It takes courage to defend those with ideals that are contrary to your own, but it is necessary to ensure that everyone is afforded equal protection of the law, because as political commentator Neal Boortz said, "Free speech is meant to protect unpopular speech. Popular speech, by definition, needs no protection."



Financial derivatives need to be taxed



Staff Column

Aaron Loudenslager

Congress is working on financial regulation legislation that is the most ambitious of its kind since Franklin Roosevelt's New Deal. One sticking point for many sides in this bill though is how to deal with financial derivatives. Some, like Senator Russ Feingold (D-WI), don't think current legislation goes far enough to provide oversight and transparency of derivatives whereas Congressman Barney Frank (D-MA) thinks banning privately traded derivatives is an unnecessary measure.

What is a financial derivative? They are financial instruments which allow investors to make speculative bets on anything from simple futures contracts to how the weather will affect a certain type of crop.

There is \$700 trillion worth of financial derivatives. The total GDP of the entire world is only about \$70 trillion. How can these risky financial instruments be worth more than the world's wealth ten times over?

Without stronger measures, such as ones being pushed by Sen. Blanche Lincoln (D-AK) that bans private derivative transactions, our country will experience another financial crisis.

Derivatives get their name because their value is "derived" from something else, usually a deal about an asset. Collateral-

ized Debt Obligations (CDO) were a type of exotic financial derivative, which were essentially side bets by investors on bundled mortgage securities. One side bet their values would go up and the other side bet their values would fall.

Investing guru Warren Buffet has called derivatives "financial weapons of mass destruction, carrying dangers that ... are potentially lethal."

These financial instruments need to be regulated by the federal government so that financial institutions aren't engaging in illegal or unethical practices. Lawsuits have been filed against Goldman Sachs Group for allegedly defrauding people by the Securities and Exchange Commission. With regulation, these things may never have happened.

It's also hard to believe big banks who claim that new financial regulations will hurt their "competitive edge" when citizens take a look at Citigroup's March 5, 2006 memo. They describe the United States as a "plutonomy". Plutonomy is defined as economic growth that is powered and consumed by the wealthiest of a society. The memo goes on to say "We think the rich are likely to get even wealthier in the coming years."

As Citigroup's memo and Goldman Sachs behavior exhibit, the biggest banks in the United States only care about their profits. In fact, in the Michigan Supreme Court case, Ford v. Dodge, the majority opinion stated that a corporation's primary duty is to make their shareholders a profit.

A simple Wall Street specula-

tion tax of .1 percent would bring in revenues of \$700 billion. This would cut down high artificial prices caused by speculation on Wall Street, as they did when gas prices went above \$4 per gallon. Along with some reduction in speculation, there would also be this added revenue that could fund the next bailout these companies might need because they take on more risk than they can handle. Any remaining revenue could be used on other needs like our country's deteriorating infrastructure that needs \$1 trillion to just keep up basic repairs and necessities.

Without these banking reforms on financial derivatives, we are going to have another financial collapse that will hurt ordinary Americans who can't stop Wall Street from engaging in these risky side bets.

Television's "Lost" a wonderful show



Staff Column

Scott Viau

When "Lost" debuted on Sept. 22, 2004, one of my first thoughts was it looked boring and would probably run out of story ideas quickly. I had no interest in watching what appeared to be a scripted version of "Survivor."

Flash-forward to January 2009, as I was eagerly anticipating the premiere of the fifth season; I had spent the following month watching the past seasons and theorizing about what the smoke monster was or why they

crashed on the island in the first place, like all the other devotees. It turned out I had been wrong in most estimates about the show. For wondering how "Lost" would be able to keep the storylines interesting, I was now concerned they wouldn't have enough time to wrap up everything they'd introduced successfully. Looking back, I'm grateful that I didn't get into "Lost" until its penultimate season. The wait between seasons would have been tortuous, as it was between seasons five and six.

By its final season, and even well before, "Lost" had a fan base that surmounted nearly every show that had ever been on television. Near the end of its run, two late-night talk show hosts were simultaneously referencing "Lost."

Nods to the show have also shown up in comic strips, video games and Target commercials that aired during the series finale.

For a network television program that balanced characters and mythology well, there were still some problems with the narrative of "Lost." There were legitimate grumbles on seemingly significant plot lines that were left abandoned. For those who wanted every mystery wrapped up in a nice bow the blatant omission of answers to these questions were irritating to say the least.

For those people, it needs to be remembered that "Lost" was not strictly about the mythology it presented. It had started out as a show based solely on the characters that viewers have come to know and love over the years.

On May 23, it ended as it started, both literally and figuratively. The only answer the creators owed was answered in a way that was both conclusive and also left a little room for theories about the future lives of the characters of the show.

The large legacy that "Lost" leaves in its wake is one that might not be equaled or surpassed any time soon. In today's television world, the more accessible a program is to an average viewer the more likely it is to survive. If prior knowledge is required, viewers may have a tendency to shy away. But "Lost" flourished with its serialized structure. Although it never got back the number of viewers it received during its first season, "Lost" was able to gather a strong and fiercely loyal

fan base. It is this fan base that has kept it alive throughout the years.

"Lost" decided to choose its own end date, instead of giving us filler episodes indefinitely. This was the best thing that ever happened to the show. With a third season that was floundering, the creators decided that they had three years left of stories to tell and that would be it.

I can't say that I wish "Lost" had continued further. I was ready for answers and I wanted to see how the show would ultimately end up. Where it did end was beautiful in its cyclical nature, heartbreaking in its revelations and satisfying on both a character and mythological level. Although we may never see these characters in new situations again, we can always look back and revisit them.

Sound Off

How do you feel about the changes to the Wildcat Den?

compiled by Ashley Wiggins



Elizabeth Woods
junior
criminal justice

"I think it's ludicrous. I think it's insane to pay for all-you-can eat when all I want is an apple and string cheese."



Kate Hertler
sophomore
art education

"Although it doesn't affect me because I live off campus, I think it negatively affects parents who have to pay for their kid's meal plans and faculty members."



Nicole Morris
senior
human centered design

"It's a bummer because not all people like to eat three large meals a day."



Ta'leah Huempfner
sophomore
undeclared

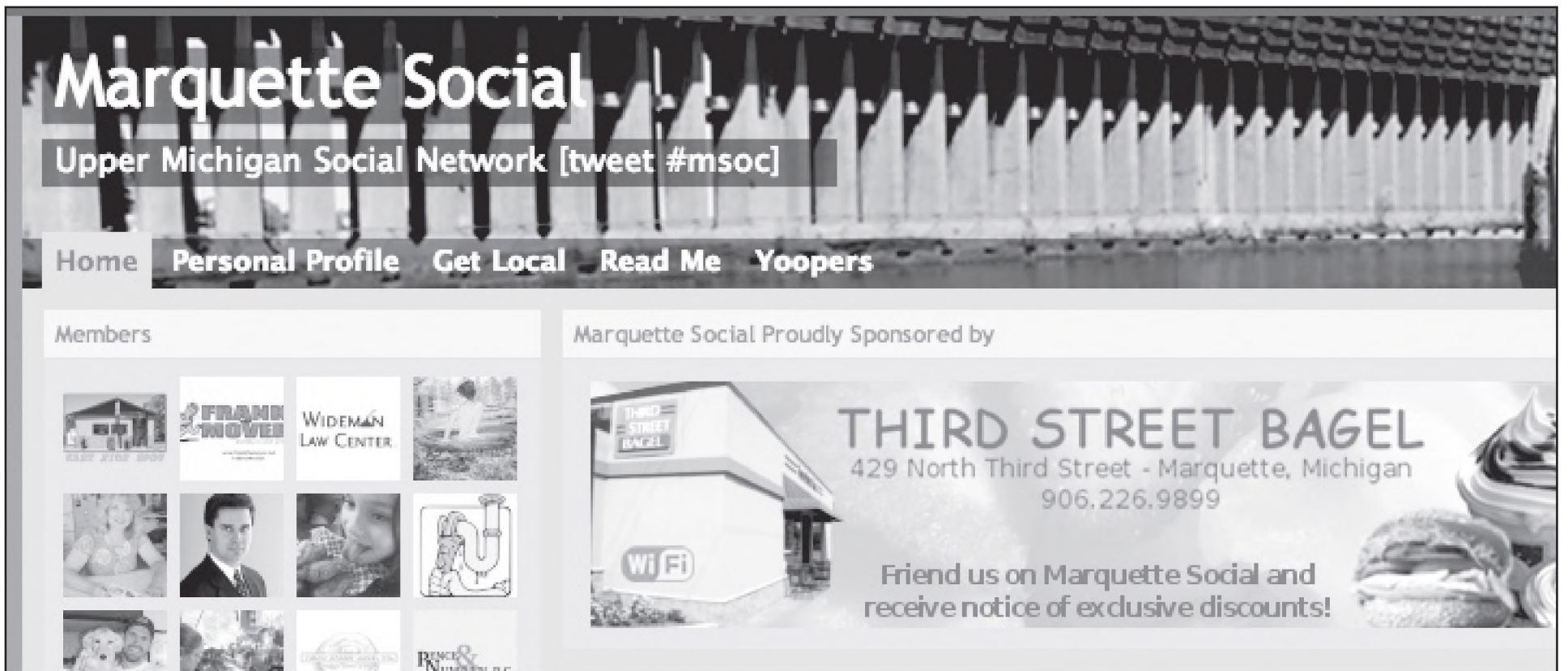
"I don't think it's fair because I like to snack."



Will Sanders
junior
history/ physical geography

"It's definitely a way for Northern to make money"

Marquette social networking site opens



Ashley Wiggins/NW

The Marquette Social website works much like Facebook or MySpace does. Users can sign up and add friends in their area. The website offers residents of the U.P. the chance to connect with one another in a much smaller and intimate setting. The above screenshot is a look at the homepage of www.marquettesocial.com.

By Lucy Hough
editor in chief

Facebook, Twitter and other social networking sites are sweeping the globe, making the world a lot smaller as it's possible to connect with anyone in the world of similar interests. A new site focusing on connecting people in the Upper Peninsula is gaining traffic as well.

Marquette Social, which started as a midnight idea by NMU alum Jason White, began in March and has since gained almost 375 members just by word of mouth and use of media techniques. It has acted as a way for people in Marquette to connect with other individuals and businesses.

"Everyone on Marquette Social is connected to the Upper Peninsula in one way or another and have a place in their heart for it, so it makes it a special place," White said.

White said he enjoys watching how people connect, the way that social networking can bring people together and, in a way, have a life of its own. Photo-sharing has become a popular use of the site, to exhibit the Upper Peninsula's natural beauty, and people are finding ways to connect with one another just through that.

"My favorite aspect is watching the connections and seeing the diverse activities taking place in nature around Marquette," White said. "It's hard to sum up, but you see people, similar minded people out in similar or the same areas doing different activities. You get angles of Pictured Rocks from a surfer and then from a kayaker and from a boater; they're all similar pictures at different times of day."

White hopes to reach a more artistic community not only in Marquette and the Upper Peninsula, but also from Northern. He said that the site caters to artistic endeavors by easily permitting not only pictures but videos, and he hopes that a community of artists will emerge.

The site has seen a major draw, surprisingly to White, by people between the ages of 25 and 40. He hopes that students will find the site useful to connect within the community.

"When we do hit that 25 and under crowd it'll receive a whole new breath of life, encourage and teach other people, the older crowd, how to engage with it a little heavier," White said.

Whitney Oppenhuizen, a recent NMU grad with a degree in public relations, has used Marquette Social to look for possible jobs in her field. She said she enjoys using social networking sites to help with this because it gets her name out in a unique way.

"It really helps us find job opportunities nationally and locally, like Marquette Social does," Oppenhuizen said. "I'd like to move back to Marquette, even though I'm not up there. Stuff under the radar I can find using Marquette social."

Oppenhuizen hopes that students take advantages of a networking site that will cater to their interests.

"It's really good for Northern students because they can connect people who really care about Marquette but aren't living there anymore. ... It's a good place to start your networking experience, getting your foot in the door, branch out through people who at one point lived in Marquette," she said.

White intended to connect not only students with the community but also businesses. He hoped to cure an inevitable flaw that Marquette businesses were finding in social networking sites, specifically that they were trying to reach an audience that was hard to find due to the vastness of social networking sites.

"I think that what initially spawned my interest was seeing other places around

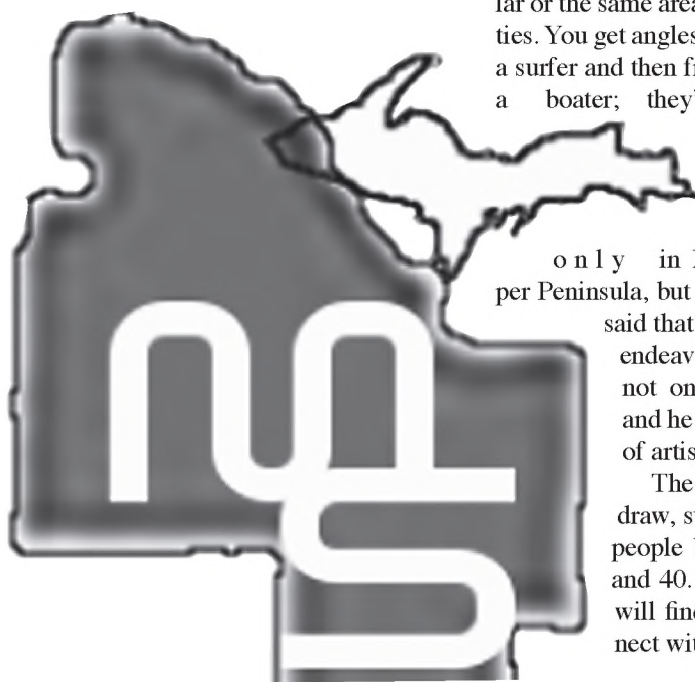
town advertise their social networking presence but not necessarily finding the right market or niche, disappearing into the void, into the masses too quickly on the larger sites where people are networking globally and not locally," White said.

White is working not only on finding ways to make the site more accessible but also to get the word out more effectively. Without a budget, he and his marketing partner Layla Wright-Contreras have been focused on reaching people via Twitter, Facebook, direct e-mails and word-of-mouth to get the word out. He said that for the first month after the site was created, he spent a lot of time on it.

"It totally took over my life for the first month; I definitely see a correlation between our direct participation and (website) traffic, that's just going to be a reality until it has a large, deep user base that's very active," White said, which he said would be about the 2,000-user mark.

But White hopes that not only businesses, but students will benefit from the site in the next couple of months. Groups on the site, including one focusing on NMU students and others based on special interests, including "Frisbee Fans and Fanatics," "I Pedal" and "U.P. Mudders," make it possible for people to connect with others in the Upper Peninsula with similar interests.

"You're reaching a community directly connected to Marquette without a lot of surrounding noise," White said. "Utilizing those groups, you're specifically connected with people who are looking for things to do in that area right now."



Visit www.marquettesocial.com
to sign up and create a profile

10. Superior Dome

Built in 1991, it is 14 stories high and is the largest wooden dome in the world. The dome is home to the NMU Wildcats football team and in addition to sports, the Dome also hosts conferences and trade shows, among several other uses.

9. Technology

NMU's laptop initiative gave the students the ease and accessibility of a laptop computer. With a laptop by their side, all full-time students are able to take notes with ease and to follow along with a professor's power point presentations. Northern's laptop initiative is the first of its kind at a public university in Michigan.

8. Entertainment

Students at NMU are in no shortage of weekend activities. Student organizations like Campus Cinema bring second-run movies to NMU and offers free admission to all students. Northern Arts & Entertainment recently brought Third Eye Blind to campus and the Forest Roberts Theatre (FRT) have put on renowned Broadway shows such as "Rent." FRT's 2010-2011 season includes "Dirty Rotten Scoundrels" and J. M. Barrie's "Peter Pan."

7. Faculty/Staff

The vast array of professors and TAs on campus allow students to always have someone to talk to about their classes. Whether it's an issue about a grade or a question about an assignment, the NMU faculty will avail themselves to the students. When students need to speak with any of the administrative professionals on campus, more often than not the experience will be pleasant and informative.

6. Recreational classes

For classes that demand physical activity, Northern is in no short supply. Taking advantage of its surroundings, NMU offers credit in classes like Sea Kayaking, Figure Skating and Rock Climbing, to name a few. With classes counting just only one credit, these are also an inexpensive way for students to stay active throughout the semester.

Source: www.nmu.edu




 NMU


 Top 10

5. Eateries on campus

When it comes to food on campus, NMU has a wide range of restaurants for the tastes of all students. The basement of the LRC is home to both Latino-inspired Fieras and Starbucks, while the UC contains the Wildcat Den. Temaki and Tea, which offers Japanese-style cuisine, is located on the second floor of Hedgcock building. Northern also has Chez Nous, its student-run bistro, which features fine dining at an affordable price. Chez Nous operates during a select time in the fall and winter semesters in the Jacobetti Center.

4. Student Employment

With offices to run and restaurants to eat at, students are there through it all as they work their way through college. Many offices on campus offer jobs to students who receive work-study through their financial aid package. This allows students to earn a few extra dollars and have a schedule that is flexible for their classes. For those without work study, NMU's website offers a list of jobs both on campus and around the area that will cater to students who need to earn extra money and make it to all their classes.

3. Safety

Not only are there emergency phones located throughout campus, but Public Safety also has 24-hour patrols of the area, which are both on foot and by car. In addition, NMU offers an escort service to those students who feel unsafe walking campus at night. For a relatively crime-free campus, these precautions may not always be needed, but NMU makes sure its students always feel safe wherever they go.

2. Green programs

With green initiatives become more and more popular, NMU has taken it upon itself to be a leader in having a green campus. Some of the initiatives include shower shut off valves in Hunt Hall, and Dual-Valve toilets in both Hunt and Van Antwerp which reduce water waste by 30 percent.

1. Tuition

Low tuition rates allow students to not get over their heads in debt when graduation comes around, and it makes NMU a natural choice for those who want to save some money and still get a quality learning experience.

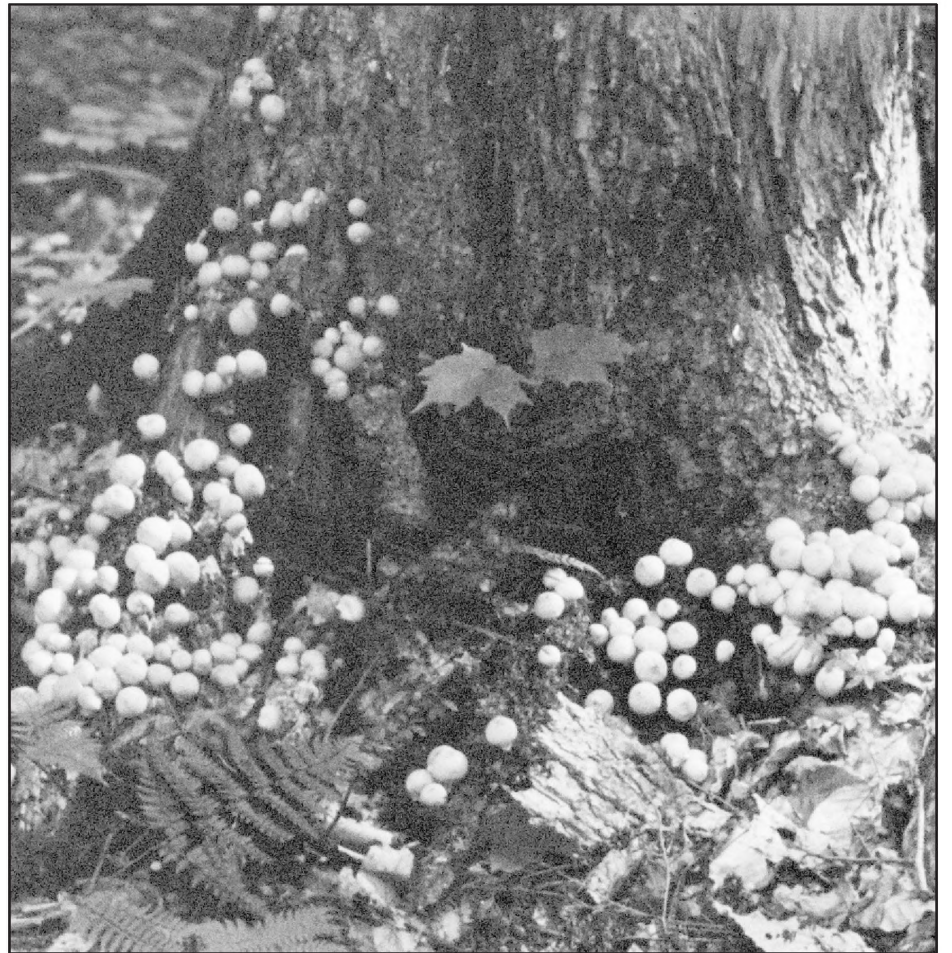


Shiras exhibit gives glimpse of past



Photos by Ashley Wiggins/NW

This picture originates from 1886 and depicts the capturing of a four-pound speckled. The photograph was taken near Sauk's Head, Lake Superior.



Called "Pear-Shaped Puff Balls (*Lycoperdon Piriforme*) May Be Eaten - Sometimes," this picture depicts a group of mushrooms that may or may not be poisonous.



This photo, titled "A Narrow Tributary of Gunflint Lake is Typical of Streams in the Region" depicts the course of water through the Minnesota-Ontari border.



"Red Squirrels Play About Camp" depicts the wildlife that would inhabit the surroundings. A photographer stealthily captured this squirrel.



This picture depicts the method of early transportation from railroad to a camp. The conditions of these trails were questionable and could become a perilous journey for some.



Titled "A Hunting Part at the Old Camp Roughing It," this picture comes from 1884. The men from this era stand and smile for the camera.

Final 'Shrek' a disappointing ending



Film: Shrek Forever After
 Director: Mike Mitchell
 Producers: Gina Shay, Teresa Cheng
 Writers: Josh Klausner, Darren Lemke
 Voices of: Mike Myers, Eddie Murphy
 Runtime: 94 minutes
 Rating: PG

What bothers me the most about this movie is that by the end, the only character we've seen developed is Shrek. With the story being placed in a world where Shrek and Fiona have never met, what we're watching ultimately has no bearing on the lives of these characters. A different standalone adventure would've given us closure to all the characters we've watched and not just one.

if storyline that has no weight in the world of "Shrek," the stand-by anachronistic music and rib-nudging jokes just don't have the strength to make the story shine.

"Shrek" is really not a huge moneymaker anymore, which should thankfully mean the end of these films. "Shrek Forever After" is shaping up to be the lowest grossing film of the series, and it's not without reason. "Shrek" has lost the creativity behind it that once made it such a profitable and engaging franchise, which really started with "Shrek The Third." It's definitely time to put this series to rest as it has become well-worn and just tiresome. Thankfully, we still have the films of Pixar to look forward to.

Like the earlier films, the real standouts here are the characters that don't receive the screen time they deserve, most notably Pinocchio and the Gingerbread Man. Ancillary characters like these are what give the "Shrek" films their charm. It's a shame they were mostly kept in the background on this one.

The fact of the matter is that

The cast of "Shrek" aren't bringing anything new to the table vocally. Myers still sounds the same as Shrek and Eddie Murphy is just as annoying as ever as Donkey. The standout here, though, is Dohrn as Rumpelstiltskin. His voice talent really brought his character to life. It's a shame that they brought this character into the series now at its end instead of in the earlier films. His villainy is entertaining to watch.

The pop culture references that the "Shrek" films are known for provide slight enjoyment. In the first film it was something new that had never been done before in an animated film to such degree. But the fourth time around, it's just irritating and pointless. When creating a what-

ther living with Fiona (Cameron Diaz) in his shack in the woods. But the married life does not sit well with Shrek. He wants to go back to the time when he was carefree and had to please no one but himself. After ruining the first birthday of his children, he leaves the party and runs into Rumpelstiltskin (Walt Dohrn), who gives him the opportunity to give up one day of his childhood in exchange for becoming a real ogre for the day. Shrek jumps at the chance but is soon disappointed to find out that Rumpelstiltskin has more sinister plans for Shrek.



By Scott Viau
 features editor

In 2001 when "Shrek" first appeared, I thought it was a clever take on the world of fairy tales. By its fourth film, "Shrek Forever After," the series has been forced to reuse its old material and give the audience a plot that shows little advancement of characters and one that doesn't even matter in the end.

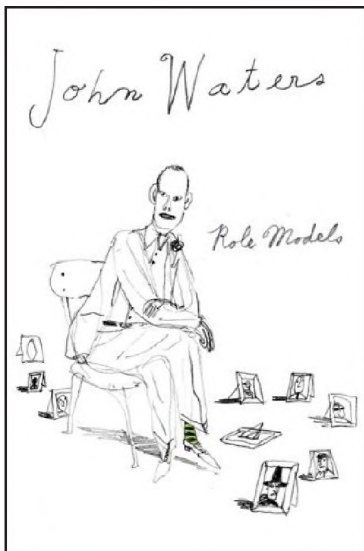
Shrek (Myers) is now a fa-



Photos courtesy of Yahoo!

Shrek (Myers) embraces Fiona (Diaz) after he realizes what a horrible life he would have had if they had never met.

Waters' 'Role Models' a hilarious journey



By Scott Viau
 features editor

Ever since the early 70s, filmmaker John Waters has been shocking audiences with his subversive taste in all aspects of life. When Waters is not making movies, he's writing books, and his latest one, "Role Models," is bound to have fans and nonfans alike rolling with laughter.

A role model to the average person is nowhere near the same

as a role model to John Waters. In his book he discusses those who have made an influence on his life, which include likes of former-Manson girl Leslie Van Houten and pioneer amateur gay pornographer Bobby Garcia, who prides himself on having performed fellatio on hundreds of "straight" marines. These are just a sample of some of the people Waters refers to as his role models, an eclectic mix of the infamous, obscure and absurd.

If there's one thing that Waters can do, it's write an interesting essay. The way he speaks about his heroes and his childhood are fascinating. Although the lives they lead might be dubious, the way Waters speaks about them is with nothing but awe and gratitude. He respects the people he looks up to, even if they don't respect themselves.

The only segment of the book that I didn't find interesting was when he uses the pieces of art he has around his apartment and changes them into living room-mates, while at the same time going into the history of each artist. It's tolerable at first, but by after a few pages I wanted Waters to be quiet about his art collection and move on to bigger, better and

trashier things.

Waters enthusiasm for the subjects he's writing is obvious in the actual sentences on the page. With nearly every other sentence ending with an exclamation point or two (sometimes paired with a question mark), his love and passion for the subjects he's writing about shines through, but it's done with such frequency that it begins to lose its meaning.

Getting into the wacky, weird world of Waters is able to make up for any shortcomings this book may have. The anecdotes Waters tells about his private life, which include decorating his apartment with fake food and prescription drugs, are hilarious and will always leave the reader wanting more.

Waters' role models may be sketchy and not altogether nice people, but they're interesting and that's what Waters values about them. For the most part, they're not afraid to let their true selves be seen, no matter how ugly they might appear to be. Growing up as an outsider, Waters surely commiserated with the people he saw around him. Although it's not the same as one of his movies, it bears the John Waters seal of trash, which is a good thing.



Week's top box office films:

- | | |
|------------------------|---------|
| 1. Shrek Forever After | \$57.0M |
| 2. Prince of Persia | \$37.8M |
| 3. Sex and the City 2 | \$36.8M |
| 4. Iron Man 2 | \$21.0M |
| 5. Robin Hood | \$13.4M |

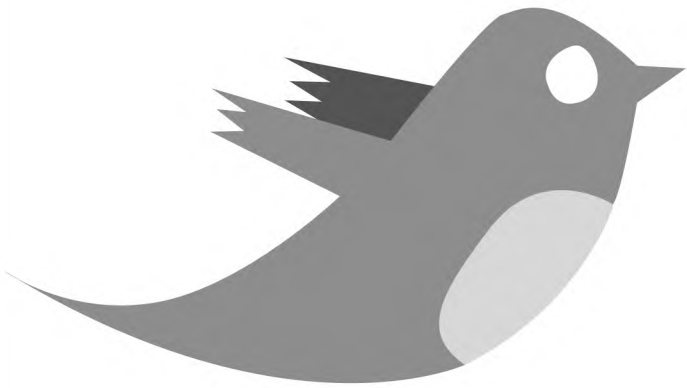
source: boxofficemojo.com

**YOUR AD
 COULD BE HERE**

**CONTACT
 ASHLEY AT
 227-2508**



THE NORTH WIND IS ONLINE!



www.twitter.com/NorthWindNews

www.TheNorthWindOnline.com

COMMENT ON STORIES

VIEW ONLINE EXCLUSIVE PHOTOS

VIEW YOUR CAMPUS NEWS

SEND A LETTER TO THE EDITOR



WHAT IS SUPERIOR EDGE?

Superior Edge is a student development program that provides you with the opportunity to combine in- and out-of-the-classroom experiences in a way that will provide you with an "edge" with employers or graduate schools.

SUPERIOR EDGE CONSISTS OF FOUR EDGES:

CITIZENSHIP



Become an engaged, involved citizen

DIVERSITY



Develop sensitivity and awareness of global and domestic diversity issues

LEADERSHIP



Become a competent, ethical, and effective leader

REAL WORLD



Relate classroom theory to workplace practice in real-world settings

How do you get involved in Superior Edge?

To get started with Superior Edge, you attend a one-hour orientation where criteria will be explained along with instructions for logging hours.

How do you complete an edge?

To complete an edge, you document 100 hours of relevant activities/experiences and write a reflection paper articulating what you have learned through the process.

How do potential employers/schools know about your achievement?

After completing an edge, it gets documented on your Student Enrichment Transcript that is sent out with your academic transcript. If you finish all four edges, you get the distinction of having the Superior Edge.

For more information, check out at www.nmu.edu/superioreedge, e-mail edge@nmu.edu, or call 906-227-6543.

USOEC lifters competing in nationals

By John Becker
 sports editor

The USOEC weightlifting team will be working hard all summer, competing in multiple championships during the upcoming months.

The team will send six athletes to the 2010 USA National Weightlifting Championships, June 12-14 in Peoria, Ill.

The athletes are graduate student Breanne Carlson, junior Brandon Jackson and freshmen Andrew Vrabel, Michael Evans, Chris Lenahen and Dan Gorelik.

USOEC head coach Andy Tysz said this competition will be fiercer than the National Collegiate Championships were.

"It's the highest level of domestic completion that we have. Anyone who qualifies is eligible, so the overall depth is going to be greater at this national championship," he said.

Tysz said weightlifting is a sport where the athletes can take a long time to develop to the elite level, especially for the heavier weightlifters.

"The mid-to-late 20's is the maturation range for a weightlifter," Tysz said.

Carlson, who is a graduate student at NMU, said having no limit on age and college status will only create more rivalries.

"It opens up the competition

to a lot of people and it could be tougher," Carlson said.

Preparing for the competition has restricted Carlson's leisure time, but she would rather be prepared than pampered.

"[I'm] not going to the beach," she said. "I've been really focusing on my lifting, eating well and going to sleep early."

Andrew Vrabel said he has also been preparing for the

competition by increasing his intensity more.

"I'm training really hard, giving it 100 percent. Been maxing out a lot, getting the movements down," Vrabel said.

It has only been a short period of time since the last competition in terms of preparing the athletes' muscles for the strain of maxing out, but Tysz said the athletes are moving from the preparation

phase to the competition phase.

Tysz said the preparation phase involves doing more repetitions at a lower weight to build up good form and core muscle.

Then, the athletes move into the competition phase where they perform less reps at a higher weight. The final phase involves maxing out, or performing one rep of the most weight a lifter can bear.

"When you go into a preparation phase, you aren't starting at zero, but you can't start right where you left off. You prepare the muscles, joints, ligaments to get ready for those heavy weights again," he said.

Vrabel, who lifted at the National Collegiate Championships in April, said he would like to perform better at this competition, especially because he is coming off of a previous injury.

"I dislocated a rib, which affected my performance drastically. I wasn't able to lift as much weight or bear the load nearly as well," he said.

When he's lifting, Vrabel tries to clear his mind and just let the muscle memory keep him in good form. By not thinking about it, he said he keeps himself from becoming nervous.

Carlson, on the other hand, said she has a regimen which she goes through in her mind to mentally prepare for a lift.

"I go through a little checklist in my head of my position and what I need to do, and then I do it," she said.

While the USOEC is performing at the National Championships, two other USOEC athletes will represent the U.S. at the Junior World Weightlifting Championships, June 11-20 in Sofia, Bulgaria. The athletes are Allie Henry and Collin Ito.



John Becker/NW

Junior Brandon Jackson completes a 150 kg clean and jerk at the 2010 National Collegiate Weightlifting Championships, held at NMU in April. Jackson will lift at the USA National Weightlifting Championships in June.

XC coach attending USOEC boxing down, not out coaching academy

Jenny Ryan, the head cross country coach, assistant coach for the men's and women's Nordic ski and women's track and field teams at Northern Michigan University, has been selected to attend the NCAA Women Coaches Academy. It will be held in Denver, Colo. from June 2-6, 2010.



RYAN

Ryan is one of 25 coaches selected from across the country to attend the academy. The academy provides skills for coaches to assist them in being more efficient, productive, resourceful and successful. The academy is designed for women coaches who are ready and willing to increase their individual effectiveness by learning advanced skills and strategies that directly affect their personal and team success.

Ryan feels this is an excellent opportunity for her to grow and develop as a coach.

"I am really excited for the opportunity to go to the NCAA Women Coaches Academy," Ryan said. "It is a small group that applied to get into the academy. I think it will be a great learning experience. Hopefully I will come back with more knowledge and experience which will help me lead the teams I am involved with."

The participants learn skills that are not sport specific, yet are relevant and necessary for coaching responsibilities.

Components of the academy include philosophy and fundamentals (philosophies of coaching, learning styles and teaching methods), management skills (ethics, decision making and management methods), communication strategies and career development.

The three main objectives to the Women Coaches Academy include: skills development (professional development in areas outside the X's and O's of their sport), retention (inspire and motivate women coaches to remain in the coaching profession) and mentoring (provide a framework for interaction between women in all aspects of athletics).

— NMU Sports Information

By Brice Burge
 staff writer

The USOEC boxing team competed at the Golden Gloves National Tournament of Champions, May 3-8 in Little Rock, Ark. Three of the four boxers were victorious in the first round, but the remaining three were all eliminated in the second round by split decisions.

"It was a tough tourney," said USOEC Boxing Head Coach Al Mitchell. "We faced a lot of number one and number two guys right away, and it was a challenge."

All competing members lost in the second round of the knockout tournament in their weight classes, but each bout had many different story lines.

In one of the closest bouts of the night, freshman Manuel Lopez took on Mohamed Adam of Detroit.

After exchanging blows for two rounds, a punch by Adam knocked Lopez to the mat. After finishing the round, Adam won on decision.

"I bounced right back up, but it kind of left an impression on the judges," Lopez said. "I hurt

him a couple times and there were times where he was holding me and running away from me. Hopefully I get a chance to fight him again and prove to everyone that I can beat him."

Freshman Chris Pearson also had a strong bout against No. 1 nationally ranked boxer Errol Spence of Texas in the 152 lb division. However, lack of higher level competition has hurt him according to the coach.

"Chris is better than he thinks he is," Mitchell said. "He hasn't been at this level from day to day and where he comes from he can box the way he wants to and win. After this he realized that with a little more discipline and work, he can get it."

In the 114 lb division, sophomore Rafael Carlo Santos had a close bout but lost after opponent Hector Colon scored more punches.

According to Mitchell, Santos waited too long on his attacks and had a chance to win it.

"It was close but a good bout," Mitchell said. "(I) saw some mistakes and he saw them too on tape and we will work on them in practice."

In arguably the most contro-

versial decision of the tournament, Izaak Cardona of Colorado-New Mexico defeated freshman Darnell Parker.

After the announcement of the decision, the crowd booed after Cardona had no answer for the quick repeating jabs of Parker.

"I did everything to win that match short of knocking him out," Parker said. "He didn't have the skills to keep me away from him, I hurt him with a body shot in the second round, I felt that I did enough to win the contest hands down."

A problem across the board for the team was the lack of competitions.

It had been over eight months since the last boxing competition in San Antonio, Texas, and Mitchell said it showed.

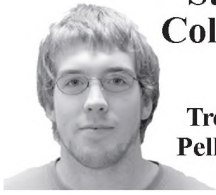
"In boxing, you need actual competition. We went up against the top guys in the country and we needed that."

To help take away the rust, the team will compete in the Meijer State Games of Michigan in Grand Rapids June 25-27.

The next major competition for the boxers will be the US Nationals in Colorado July 11-18.

'Cats hockey needs tougher schedule

Staff Column



Trevor Pellerite

It may be summer in Marquette, but just because most Wildcat fans are lounging on the beach doesn't mean it's too early to start looking forward to the 2010-11 NMU hockey season. The athletic department recently released next season's schedule, giving fans a look at the lineup of opponents the 'Cats will have to wade through to make another run at the National Collegiate Athletic Association tournament. The 'Cats look to follow up on a season in which they took a quality shot at the Central Collegiate Hockey Association tournament title and earned their first berth in the national tournament since 1999.

The formula for determining

National tournament spots places heavy emphasis on strength of schedule and playing a lineup of quality opponents. Given that fact, it looks unfortunate for the Wildcats that they were placed in a 2010-11 scheduling block with Lake Superior State University, Notre Dame and Bowling Green State University. Last season, this trio sported a combined record of 33-60-19 and an impressive sum total of zero wins in the first round of the CCHA playoffs. Granted, BGSU had an incredibly young team last season, and ND's bad season stands as something of an anomaly from the past four years, but regardless, the Wildcats better make sure they have their block opponents figured out early, because more than a few losses to these three teams could put a serious damper on their season.

Generally, a team hopes to make up for any weak opponents in conference play by

scheduling strong non-conference opponents, and the 'Cats did a good job on this year's schedule. Non-conference play includes the Superior Cup to open the season, as per usual, and this season is NMU's turn to host the Michigan Tech Huskies and Minnesota-Duluth Bulldogs. These matchups are usually great ways to start the season out, for fans and players alike. Additional out-of-conference opponents include the second year of a contract with the Bemidji State University Beavers, against whom the Wildcats can hopefully avenge last year's 5-0 home blowout. The New Year's holiday will see the Wildcats venture down to Denver to take on the Pioneers of Denver University. The Pioneers finished last season ranked second in the country and despite laying an egg in the first round of the NCAA tournament, provide formidable opposition year after year. It should be a welcome

challenge for the Wildcats, as well as a good indicator of the team's abilities halfway through the season. The Beavers and Pioneers are both quality teams, and wins against them could do wonders for the Wildcats in terms of national ranking.

Unfortunately, the final two non-conference games are the traditional home-and-home series against Michigan Tech. Oddly enough, no matter how terrible the Huskies are (and make no mistake about it, last year they were absolutely awful) the 'Cats nearly always have trouble with them. In the 2008-09 season, the 'Cats were shutout at home. Last year, games against NMU comprised two of the six contests the Huskies didn't lose all season. This matchup used to be a fierce rivalry, but for some reason it seems to have lost its luster in recent years. Instead, what the 'Cats are left with each year is a pair of games that are generally

pretty boring to watch and hold the potential to destroy their national standing. It's time for a new series. It would be nice if the NMU athletic department could entice an east coast opponent over to Marquette. Even the University of Robert Morris would provide some welcome variation. Until then, however, the Wildcats will need to make sure that they take care of the business at hand.

Given their mix of opponents this upcoming season, the biggest thing will be making sure not to slip up and lose to some of the lower quality opponents they face multiple times. The 'Cats lost some quality players after last season, but the core of returning veterans should prove up to the task of filling in this season. Combine them with an extremely talented incoming rookie class, and the Wildcats could easily find themselves back in the National Tournament next April.

Wildcat basketball team chooses Lewis as coach

By Brice Burge
staff writer

Doug Lewis Jr. knows how to coach. The former head coach of Central State University in Wilberforce, Ohio has

lead the independent Marauders to a 125-62 record over his seven year stint as head coach and was named Independent Athletic Association coach of the year in 2009. Now Lewis will be trying to reach that success on the court for the Wildcats.

"I'm excited for a new day and hopefully a new era," said Lewis. "Good things are going to follow."

On May 7, Lewis was hired as the men's basketball coach to replace former Head Coach Dean Ellis who resigned on April 6 after 24 seasons. Lewis beat out two other candidates, Division III UW Stevens Point Assistant Coach Lance Randall and D-I Loyola (Chicago) Assistant Coach Kevin Mondro, to be named the coach, but Lewis's unique challenges at the D-II level gave him the edge.

"He had more head coaching experience and was very successful with much less," said NMU Athletic Director Ken Godfrey. "He had recommendations from



LEWIS

a lot of different people like Milwaukee Bucks General Manager John Hammond, Michigan State Assistant Coach Mike Garland and GLIAC Commissioner Dell Robinson."

Lewis is also a historical choice for Wildcat athletics. According to Sports Information Director Dave Faiella, Lewis is the first African American head coach for any Wildcat sport at NMU. However, that has not been well publicized as race has taken no part of the hiring process, according to Godfrey.

"When we hire people, we hire who is best qualified by the criteria we put together," Godfrey said.

The new coach felt similar to Godfrey, but also had a sense of pride with the circumstance.

"It's an honor. I truly believe that we've made progress that people judge you on your talent and character, and in this case, this was a decision based on character and work ethic," said Lewis.

Before his career at Central State, Lewis was an assistant coach at UW-Milwaukee from 1993-1998. He was also an assistant coach at Washington High School in Milwaukee that went undefeated and won the Division-I state championship.

Lewis also had an illustrious playing career at Southwest Missouri State (now known as Missouri State University) and Mesa State Community College in Arizona. His play for MSSC got him recognized as one of the top five junior college point guards

in 1987 before transferring to SWMSU. He then helped the Bears reach the NCAA tournament and win the Mid-Continent Conference in back to back years. Lewis also received individual awards for Mid-Con Newcomer of the Year in 1988 and Mid-Con honorable mention the next year.

The new coach is also a family man. Lewis has a wife, Cheryl, and two daughters, Danielle and Chelsea who are 16 and eight respectively. According to Lewis, his family is supportive of the job change.

"My wife is excited, but my kids are reserved waiting to see how they would like Marquette. They're in the wait-and-see mode," said Lewis.

Lewis will have an uphill battle taking over a Wildcat team who hasn't had a winning record since the 2006-07 season, when the team went 18-11. The men's team also lost seven seniors including GLIAC North Division First Team member Marc Renlique and GLIAC North Division All-Defensive Team Chris Warner.

"When you lose seniors, you lose leadership and experience," Lewis said. "But at the same time, we have three guys returning who were in the top four scorers on the team, and I think that will help."

High hopes are present for the new coach and the team, not only in the short term but in the long term as well.

"(Lewis) will make the right decisions to help build this program to success," Godfrey said.

CHECK OUT THE
North Wind Online

COMMENT ON STORIES

SEND A LETTER TO THE EDITOR

PHOTO SLIDESHOWS FROM CAMPUS EVENTS

...AND YOUR
CAMPUS NEWS



WWW.THENORTHWINDONLINE.COM

CHECK OUT THE
NORTH WIND ONLINE

WWW.THENORTHWINDONLINE.COM

Women's track and field ends strong

By John Becker
sports editor

The NMU women's outdoor track and field team finished the season strong last weekend at the NCAA Division II Outdoor Track and Field Championships after matching its best GLIAC finish in early May.

NMU head coach Tom Barnes said the GLIAC finish shows that athletes peaked their training at the right time.

"We set six new records for the season and all of them came at the end of the year, that's what you want," Barnes said.

The GLIAC Outdoor Track and Field Championships took place May 5-7, with the Wildcats finishing in fourth place as a team, which Barnes said tied the team's highest finish at the outdoor GLIACs.

Sophomore Bailey Franklin earned first place in the triple jump with a leap of 11.2m. Franklin also set a new NMU record in the high jump with a leap of 5-06.

Senior Krista Squiers earned eighth place in the hammer throw with a toss of 160-04 and took second place in the javelin with a throw of 120-11.

Sophomore Catherine Angeli earned fourth place and set new NMU records in the 100-meter dash (12.77 seconds) and the 200-meter dash (26.36 seconds).

Junior Kristen Schulz came in ninth in the 3,000-meter steeplechase but set an NMU record with a time of 12:17.4

The 4x100 relay team comprised of Angeli, freshman Alyssa Erspamer, junior Brittnee Balbierz and sophomore Melissa Christensen placed third but broke the NMU record with a time of 49.33 seconds.

Barnes said the weather during the GLIAC competition was bad, but that May 7 was particularly poor conditions for track and field.

"The last day of the GLIACs was terrible weather, rainy and cold. They still did well. They stepped up and maintained their places," Barnes said.

The NCAA championships

took place May 27-29, with senior thrower Krista Squiers representing NMU on Thursday, May 27. Squiers originally seeded at 17th in the hammer throw, but finished stronger than projected. Squiers hurled the hammer for a combined total of 170-11, which earned her 11th place. Barnes said Squiers' throw was the second-best of her career, just behind her

NMU record of 171-06.

Barnes also said the 'Cats have made multiple appearances at the NCAA competition, but they usually only have one athlete qualify.

"We've been there seven times in seven years, but this was the first time we had two athletes," Barnes said.

It was sophomore Bailey Franklin's first time at the NCAA competition, and she said she had a little anxiety about competing at a new level of difficulty.

"I was really nervous, but I was also happy to be there and happy to qualify for something that big," Franklin said.

Franklin competed in the high jump on Saturday, May 29, and was seeded 11th. Franklin leapt 5-05.75, which landed her in 13th. Barnes said the height of Franklin's jump tied her for 9th, but the tiebreaker is based on how many attempts it took to achieve each height. Franklin was one of three sophomores ranked in the top 15.

Barnes said he's expecting multiple athletes to qualify for the NCAA competition next year, and that the team will become stronger over the next couple years.

"Our team is pretty young; we have about seven sophomores and they're all pretty darn good. They'll be juniors next year, and we're going to have only one or two seniors," he said.



NMU Sports Information

Senior Krista Squiers and sophomore Bailey Franklin competed in the NCAA Division II Outdoor Track and Field Championships Thursday, May 27, to Saturday, May 29. They earned 11th and 13th place respectively.

Associated Collegiate Press (ACP)



The North Wind won Second Place in the Best of Show For a Four-year Weekly Newspaper.

Editor in Chief Lucy Hough won Second Place for News Story.



Visit Us This Summer



**Monday-Friday 8am-2pm
Lower level of LRC**

NEW!

WE NOW HAVE A CRAIGSLIST STYLE CLASSIFIEDS PAGE ONLINE!

LIST YOUR TEXTBOOKS, FURNITURE, APARTMENTS FOR RENT, JOB OPENINGS AT [THENORTHWIND.COM](http://thenorthwind.com)

\$3 A LISTING! NO WORD LIMIT POST UP TO 3 PICTURES

CONTACT MATT AT THE NORTH WIND
[NWINDOW@GMAIL.COM](mailto:nwindads@gmail.com)

THE NORTH WIND IS ONLINE!



www.TheNorthWindOnline.com

**COMMENT ON STORIES
VIEW YOUR CAMPUS NEWS**

**VIEW ONLINE EXCLUSIVE PHOTOS
SEND A LETTER TO THE EDITOR**

Classified Ad Rates

Off-Campus Rate

First 20 Words \$5.00
Each additional word \$0.10

On-Campus Rate

First 20 Words \$2.00
Each additional word \$0.10

Additional Options

Boldface \$1.00
Boxed in \$2.00
Heading \$2.00

Shout Outs

Dim, Fix and Matty J — Thanks for letting me stay on your couches and your futons this week. You guys are awesome. — **Belz**

Stupid tick I found on my knee — You are evil incarnate — **Belz**

Mickdiq's cool sword — Someday I will use you in battle to defeat the gnome minions — **Belz**

Lola — Happy belated birthday! — **Chief**

Detroit Hoedown — You were the least amount of fun I ever had — **Disappointed cowboy**

New NW Staff — Thanks for bearing with us through the craziness of the summer edition — **OE**

Justin Beiber and Jaden Smith — You guys are ridiculous — **The So Loco Crew**

Lost — That was one crazy wonderful ending — **Huge fan**

Das Gift Haus — Why aren't you a bar? Or a poison shop? — **Confused German kid**

So Loco Crew — This summer, we've got to quadruple our level of loco-ness — **Belz**

Clairity in life — Get here soon, all right? — **Confused about future**

SE and NE — You guys did great this week, really. Hope you're excited about the fall, it won't be so lame. — **EIC**

FE/ME — You rock. It's going to be a good/interesting/exhausting/good/decent/overwhelming/scary/weird/politically incorrect/stupid/awesome semester. Hope you're ready. — **EIC**

Lina — There aren't even words; it's perfect. — **Luc**

Lynn — I love you!! — **Lucy**

Summer edition — You'd think I'd be able to handle the semi-late night, but I can't. Because you're annoying. Please clean up your act before Aug. — **Taking care**

of business

Tom Cory — Thanks for coming in even though you're like graduated and everything. — **NW Staff**

Bruno — I haven't laughed so hard in way too long. I love you. Also, pick up your clothes. — **Sally**

Lurrbeast — Congrats on your pregnancy! — **Your loving family**

EIC — I had a lot of fun with you tonight! I can't wait until next semester — **Your loving family**

NW Staff — Thanks for putting up with my shenanigans. Shaz-am! — **NE**

Cammycakes — Thanks for teaching me how to write news. I owe you a beard rub — **NE**

Volcano Head — You're spicy — **NE**

Belz — I enjoyed our drive up, it was nice catching up and figuring out the world. Again sometime, please. — **Lucy**

Pride — Super excited to feel incredibly uncomfortable and with my people. — **Enthusiast**

Bed — The thought of you is mighty fine about now. — **Exhaustion and I are best friends**

Just Beiber and Jaden Smith — I know an opinion's editor who really loves you. — **Ok, I liked it**

End of the night — It gets to the point that everything looks good, including awful headlines. — **NW**

Twitter and basically all social networking sites — You fill this gross void within me for stalking and being a creep and I LOVE it. — **Duh**

FE/ME — I'm actually super excited to rearrange the office. Does that surprise you. That and making binders for the editors. And syncing our calendars. — **EIC**

New glasses — You're looking pretty appealing. If only we can find the right lenses. — **Poor**

Snore — I forgive you for coming out of Belz's mouth. — **Dim's Ear**

Kajax — I owe you a pie. — **Grumpy Roommate**

- Inspirations
- Lost
- Papa B
- Summertime
- Eight o'clock
- The Blackhawks
- Yamsy's ice cream bars
- Everyone's favorite girlfriend

ALEX NYE THE COMIC GUY— Alex Nye



AP STYLISTS— Tom Cory



LOVE NEWS?
Find the Latest Northwind News Online!

• Northwind Website •
www.TheNorthWindOnline.com

• Northwind on **twitter** •
www.twitter.com/NorthWindNews

www.thenorthwindonline.com



Do more with your Wildcat EXPRESS Card



Northern Michigan University and Wells Fargo have teamed up to bring you the combined Wildcat EXPRESS Card.



Student ID & ATM Card

1. Get it

At the Wildcat EXPRESS Office
University Center
Room 1106

2. Link it

Bring your card and link it for a free Wells Fargo College Checking® account*.

- NMU University Center (opening July 2010)
- 1300 North Third Street
- 101 West Washington Street
- 2025 US Hwy 41 West

3. Use it

- As your official student ID
- To access campus facilities and events
- No access fees to Wells Fargo and Wachovia ATMs nationwide
- To make purchases using your PIN

It's your campus ID and a Wells Fargo ATM card

* Eligibility subject to approval. Students must provide proof of enrollment at an accredited institution when the account is opened. \$100 minimum opening deposit required to open a new checking account. No monthly service fee when linked to your Wildcat EXPRESS Card.

Information contained in this document is subject to change. Expiration date December 31, 2010.

© 2010 Wells Fargo Bank, N.A. All rights reserved. Member FDIC.