

'43 SPORT'S THEME IS "GET TOUGH"

Army Encourages Male Minority In College To Prepare For Army Now

If you are one of those people who do not see the necessity of an accelerated physical fitness program, this is for you. Here is the Army's reasons—

"I wonder how many of our soldiers and sailors have already lost their lives, not because of the enemy's bullets, but because of their own lack of physical fitness," said Commander Gene Tunney on the December 5 Nation-wide broadcast of the High-School Victory Corps Hour.

Commander Tunney, undefeated heavyweight boxing champion, now director of the U. S. Navy's Physical Fitness Program, was featured on the Victory Corps broadcast with Colonel Theodore Banks, Chief of the Athletics and Recreation Branch, Special Service Division, U. S. Army.

Outlining physical fitness requirements for active service with the armed forces, Commander Tunney pointed out that, first of all, when men report for military and naval service, they ought to be free from disease—and have enough strength to do the heaviest tasks that may be encountered in the line of duty; they must have the endurance to keep going without undue fatigue through the most strenuous day.

"You can measure a soldier's span of life at the front by his ability to resist fatigue," he said.

"We read about men who struggled through swamps and mountains for days before reaching safety—about men like those three Navy flyers and Captain Eddie Rickner-backer and his crew who survived for weeks in rubber boats before being rescued. How many other men haven't we heard of who perished because of lack of endurance to withstand similar grueling ordeals?"

"Another requirement for a first-class fighter is 'cardio respiratory endurance' or 'wind'—'wind' enough to perform easily no matter how long the fight lasts! The third group of requirements is speed, agility, and flexibility. Sports writers call that 'boxing skill'—the Army calls it 'effectiveness in tactical operations,' the champion added.

Both Commander Tunney and Colonel Banks endorsed the U. S. Office of Education's new program for physical education outlined in the recently published manual "Physical Fitness Through Physical Education for the Victory Corps" (Victory Corps Series Pamphlet No. 2).

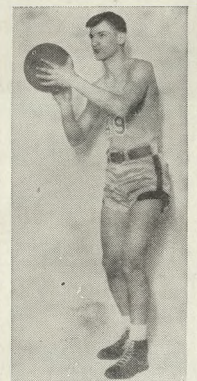
Colonel Banks, in discussing the callisthenic and conditioning program for boys outlined in the new manual, said that the program is based upon tests made by the Army, Navy, and other physical fitness experts. "Many of the suggested exercises are being used by our men in the service—everything from tough pull up and push up exercises—to rope climbing, tumbling, and aquatic sports," he said. Colonel Banks pointed out that competitive athletics are important and must be continued in our high schools. Undoubtedly the problem of transportation will affect schedules for intercollegiate matches, but there's no reason why the intramural schedules shouldn't be continued and increased.

"Participate in your school physical fitness program with the equipment you've got and can improvise. But get into training—get yourself into first-class physical condition—get tough and hard—make yourself strong. Remember—we are fighting a war of the survival of the fittest, and nothing but a clean cut knock-out of our enemies is going to bring us the victory we want," Colonel Banks added.

In keeping with this, Northern is carrying out a toughening up program with the idea in mind to prepare the college male for his army training.

The men of the college which

SPORTS SPOTLIGHT



Jack Refling, a member of the E. R. C. and former Monomonte, is making a fine reputation for himself with Northern's sport aggregations.

"Ret" came to Northern last year holding the individual scoring record for one game in the U. P. High Schools. During the three semesters he has spent here, Jack has won his numerals and letters in both basketball and football. We remember him especially for a spectacular 55 yard touchdown run in the first game against Tech this year.

On the basketball floor he has also proved his value. If the squad does have any other games, Jack will hold down a big position.

This writer predicts great things for "Smiling Jack" this basketball season but maybe Uncle Sam is planning great things for him too!

number about 100, are organized under 5 squad leaders. Jayo Brenpinner, Babe Anderson, Ray Austin, Ted Coromobos and Benny Montcalm. The men are required to work out one hour every day, 5 days a week. Each day they do this their "time card" is to be signed by their squad leader.

To facilitate this a regular class has been arranged from 3:45—4:45. In this hour the men undergo a stiff routine. Included in this is, 20—25 minutes of callisthenics, rope climbing, bar work, boxing, wrestling, mat workout and all the trimmings of a regular army program.

What it all amounts to is this. The men of the school see its importance and are going ahead in this program, with the enthusiasm that is typical of American men everywhere.

There is a manpower problem in Germany with tragic overtones. Preparations are reported under way for professional military training of boys 14 and 15 years old.

The University of Detroit is preparing to send its second naval aviation squadron to the wars.

SO SAYS SERGEANT

This letter was received by Miss Herald, Newman Club adviser, from Sgt. Walter Brotherton, who is located at Camp Benke, California.

"Yesterday afternoon I was having a little talk with one of the soldiers and he told me that he was a member of the Newman Club in the college he attended. It reminded me of the Newman Club of which I was a member. We both agreed that it was a valuable club to belong to and one in which we both found a great deal of pleasure. I was thinking of it again today and decided I would write you a little note and say 'hello' to you.

"I am located, at present, here in sunny California and it really is a very beautiful place to be. The scenery is perfect and likewise the climate. I get plenty of opportunity to enjoy both. My work is more or less of a clerical nature. I am the Division Chaplain's assistant. It is very interesting work and I am sure it will prove valuable to me after the war is over. It is quite a bit different from school teaching but is not an unpleasant change. In fact I sometimes think I like army life and my job in the army as much as I did teaching school and I really enjoyed teaching.

"The army offers a chance that civilian life doesn't, namely, the opportunity to meet all types of fellows from all parts of the country and from all kinds of homes. We really get an insight into the American youth that one cannot obtain from text books... especially in a Chaplain's office is this true.

"I haven't been able to get down to see the ocean yet. One of the fellows told me yesterday that after seeing Lake Superior and then seeing the ocean he was greatly disappointed. In the ocean, I haven't had a chance to compare them as yet but I doubt if it could beat the beauty of Lake Superior.

"Must close, as it's time for all good soldiers to retire... it's only nine-thirty but that's our bedtime. Never thought that there would come a time when I would retire that early at night unless I were sick, but the army believes in the early to bed and early to rise business. It was particularly nice when we fell out for reveille this morning... it seemed like the middle of the night because the moon was shining bright and all the stars were out. It was not very cold; we all enjoyed it.

"Best wishes to you and I hope you are having an excellent year and

EMPTY BLEACHERS

By Ziller

Desolate, deserted, and dusty they stood unused. "The symbol of the pre-war days," someone has said.

Going from the bench to the actual playing floor, we can see from a sportsman's outlook that it's going to be a cold, bleak winter, that is, the possibility of another basketball game is becoming a remote dream. What it all comes down to, is this—we have a good team but no opponents.

Coach Hurst has made a number of inquiries and has received favorable replies from two other schools, Northland and Houghton. Houghton is more obliging than enthusiastic. So if a game can be arranged and if the transportation problem can be solved, and if all the fellows haven't left by then, we may have another game. However, if it so happens that we don't, the per cent of victories will go down in the archives of Northern as the greatest per cent yet—one game won, one game played 100 per cent victories.

The trend this year is not toward basketball. Yes, sports has taken a back seat and given way to a new type of physical activity.

The commando course, sport of soldiers, and king in the field of body builders for '43, has moved in. And as we watch the fellows train in this muscle maker, we can not help but note the interest shown, and the down-right earnestness. Can it be that they are training for some Olympic event—You can bet your life on it fellas!

The Olympics of '43, World War No. II—where the boys and former athletes of a democratic nation, a nation in which physical training is a matter of choice, pit their strength and guts against the athletes of slave nations where men are compelled to keep fit.

No wonder the bleachers are empty then—everyone is in this contest for the life of free nations everywhere.

French publishers are permitted no more than enough paper to print one-third of the normal number of school books. Paper for other purposes is out entirely.

that your Newman Club is as it always is, one of the most popular clubs on the campus.

"Sincerely,
"Walter L. Brotherton."

In Memoriam

Lieut. Robert E. Johnson of the Army Air Corps, has sacrificed his life in the service of his country. We of Northern are proud to say that he once attended college here; we knew this American hero.

The deceased resided in Marquette and attended college here during the years 1938 to 1940. Leaving here he enlisted in the Army Air Corps and from there until his recent death built a reputation that attained for him the rank of Lieutenant.

Lieut. Johnson was the commander of a bomber during a night flight from Albuquerque N. M. to Marsh Field. When trouble developed he took over the controls, ordered the crew to bail out and maneuvered the plane as it lost altitude, so that six members of the crew of ten were saved. In the words of those who parachuted to safety, "We owe our lives to Lieut. Johnson."

And we all owe a lot to this same man. Truly a hero, for he laid down his life for the love of his country.

Harvard has a one-month course for army chaplains. Some 300 men of all creeds and sects attend classes at the old university.

The University of California has 519 books reduced to microfilm.

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