

Gail, Stephanie Mathson and Duke

Gail Mathson keeps busy

Gail Mathson is as busy as the prover-bial beaver and truly the envy of every working wite and mother. Universe of the mother server is the envy of every with every little time to myself. The only unit in a full day's work at the First Stational Bank, we found her, her 2 year "all of that she's learned to relax either by do daughter and her house all looking reading, embroidering or taking care of her plants. "In busy every minute," she said. "I workfull time and that's hard when you 're

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Welker's Lodge Resort ANNOUNCES ANNUAL OPENING of our **RESTAURANT** and GIFT SHOP MAY 15 & 16 Specials - Prizes Smorgasbord Sunday noon - 8 p.m. Armed Forces Day May 15 Active Duty and Retired Military 1/2 price Saturday **GRAND MARAIS**

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Welcome Wagon holds meeting The Metere Wagen Club met May 3, at the meter of Rosenary Paulaen. The meter of Rosenary Paulaen. The members are stricles to auction. Proceeds will go to the immonthe agentian was the electrino of new

cub treasury. Any new person in the Manistique area who has been called on by the Welcome Wagon hostess may join the Welcome Wagon Club by calling the membership chairperson, Jean Barber at 341-2867. Anyone wishing to be called on by Welcome Wagon may call the hostess, Cindy Pawley, at 341-6233.

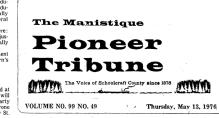
Junior-Senior Prom

to be held

this Saturday

The Junior-Senior Prom will be held this Saturday evening at the high school. This is the big formal dance of the year and is planned and sponsored by the Junior class. They have worked all week decorating the gymnasium.

The theme this year is "Stairway to Heaven." The band is the "U.S.S. Us" from Iron Mountain. Tickets for the dance are 36.50 per couple and can be obtained in the office at school. The dance will be from 9 to 12 p.m.



People Jump..

OUT OF BED HIT THE SHOWER **BRUSH THEIR TEETH** FIX BREAKFAST PACK LUNCHES KISS THE KIDS HITTHE ROAD PARK THE CAR PUNCH THE CLOCK (with a Smile) and OPEN THE DOORS

Just hoping voull come in..

So we can help you with your Financial Plans.



See the largest furniture and appliance showroom

SHUNK'S



2 sticks oleo 1 ½ cup sugar 2 eggs 1 cup sour cream 1 ceaspoon vanilla 2 cups flour ½ teaspoon soda ½ teaspoon baking powder

Topping: Mix together 4 tsps. sugar 4 teaspoons cinnamon 34 cup nuts

⁴⁰ cup nuts Beat first three ingredients until fluffy. Grease and flour tube pan. Pour layer of dough, thes pour remainder of dough and and remainder of topping mix. Put in cold oven. Set temperature at 350 degrees. Bake for 55 minutes.

SOUR CREAM COFFEE CAKE

MUSHROOM STEAK I pound reund steak out in strips then sliced very thin against grain 1 pound resh steak out in istrips 2 tablespons oil 1 teaspoen soil 4 teaspoen soil 1 clove garlie mineed 1 clove garlie mineed 9 cep stok 2 teaspoons soy sauce 2 teaspoons soy sauce 2 teaspoons soy sauce 2 teaspoons soy sauce 2 leaspoints say sauce ¹/₄ cup valer Heat oil. Add beef. Season with salt and pepper. Add onion and garlic. Sür until meat is brown. Pat in mushrooms and took. Cover and cook 10 mjunets. Blend together cernstarch, soy sauce and water. Add to pan. When juice thickens turn turn off heat and serve over rice. Four servings. Serve with tossed salad and dinner rolls.

Camera Club to meet

Manistique Camera Club will hold their monthly meeting at Zion Lutheran Church, May 19th at 7:00. All interested people in photography are welcome.

THE MANISTIQUE PIONEER TRIBUNE * Thursday, May 13, 1976



National Hospital Week observed

Some of us fail to realize that hospitals do more than care for us when we're sick. They provide health education information and patient education programs that can help us maintain our health or that can assist us in dealing more effectively with ongoing health problems. In return, each of us have a responsibility to take advantage of the health information available, and to do what is necessary to stay healthy. During the week of May 9-15. Schoolcraft Memorial Hospital will be joining with the nation's 7.000 hospitals, and the American Hospital Association in the observance of National Hospital Week. In this period of bicentennial awareness, this year's National Hospital Week theme, "Healthy Birthday, America!" seems altogether fitting and approprinte. We can take price in the quality of health care services in our community and in our nation. Yet during this celebration, Schoolcraft Memorial Hospital hopes to do more than highlight our upcoming birthday observance and its

of health care services in our community and in our nation. Yet during this celebration, Schoolcraft Nemorial Hospital hopes to do hospitals across the nation will be encouraging each American to take a moment to think about his own health. Today, many health care experts are joining hospitals in suggesting that a way to improve each individual's health is to increase his awareness of whathe can do to improve or stabilize his sown state of health. Health economist Victor Fuchs writes in his new book, Who Shall Live?. "The greatest current potential for increase his awareness of whathe can do to improve or stabilize his in by do and for the merciest current potential toy do and don't do to and for themsetiest current potential to a number of basic individual habits including: three meals a day at greater and the stabilize his years of the stabilize his own book, Who Shall Live? contention, recent studies have shown they do and don't do to and for themsetiest. Individual decisions about lete, exercise and smoking are of critical important decisions about lete, exercise and smoking are of critical important decisions. Accordingly, during this year's National Hospital Week. Schoderatt weight level, and no alcohol or alcohol in moderation. Accordingly, during this year's National Hospital week, so any heath conscions life style. "Writh active relative conscions life style. "Writh gether, you and Schooleratt Memorial Hospital and your community, and think about contributing to your own ble bing by a garantee that all of Arnerican's furture birthdays will be healty ones, and they you will be there to share them. "Bublisher's correcter

Publisher's corner

Politicians clog the system

by Frank Senger

by Frank Senger It's gating more and more expensive to form multicate through the mails, but that fact hard topped politicals from with the ploy of the U.S. Postal Service. A day nevry passes that we don't have a half dozen of more "news releases" from washington and Lansing politicals that cross our desk. All of them are mailed free boolal system with mostly uselss and nevanted nonsense. Now there's James boolal system on Birmingpan, a U.S. Senate candidate who tempts weekly on his candidate with a classified ad and applicital position. "Expecially". Mr. Elsman areys, "I am against any postage on your publications of the press which you represent is one regitmet subsidy of the Government, overty as the dailies and TV can easily be controls bol preg selenceres, and are, tever, in regards political reporting, they controls bol preg selenceres, and are, tevel, ne regards political reporting, they controls bol preg selenceres, and are, tevel, ne regards political reporting, they controls bol preg selenceres, the one free souther what the new faces like repert, mergards political reporting, they controls bol preg selenceres, the offers to place a classified at seking workers for lace a classified ad seking workers for l

In his release, Mr. Eismän takes some politically conservative stands, noiably "unbalanced Government budgets". It's postage-free delivery of newspapers, ostensibly to aid the survival of small-circulation publications. Such a more postage-free delivery of newspapers, sottensibly to aid the survival of small-ticulation publications. Such a more of balanced government budgets event of balanced government budgets event on the survival of small strain and the survival of small strain and strain and strain and strain and the survival of small strain and strain and strain and strain period before a second class permit to a bio provid balance as scond class permit to a bio provid balance as scond class permit to a bio period before a second class with the mains the fact of a bio strain strain and strain period balance as scond class with the mains and strain and strain and strain period before a second class with the mains and strain and strain and strain period before a second class with the mains and strain and strain and strain period before a second class with the mains and strain and strain and strain period before a second class with the mains and strain period before a second class with the mains and strain period before a second class with the mains and strain period before a second class with the mains and strain period before a second class with the mains and strain period before a second class with the mains and strain period before a second class with the mains and strain period before a second class strain the strain and strain strain and strain and strain and strain and strain and strain strain and strain and strain and strain and strain and strain



Wife in the big city

by Jim Fitzgerald

If It Fitz

Weekly Special

Castro in Africa by Jack Anderson



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Remember when Back through the years

from Tribune files

20 Years Ago

Lola Flickinger, daughter of Mr. and Mrs. Gerard Willet, of Garden Corners, was the valedictorian of the 1956 senior class at Cooks High School. Sharon Brew, daughter of Mr. and Mrs. Meddie LaBresh, also of Garden Corners, was the salutatorian.

MSU Track Team will go to the Soo Saturday, May 12, 1956, the Manistique track and field team traveled to Sault Ste Marie to engage in the regional track meet which was the stepping stone to the U.P. finals.

inals. Those who took part in the regionals rere the host; Saull Ste. Marie, Newkerry, funising and Manistique.

30 Years Ago

Boys and Girls conference opened on May 19, 1946. Manistique high schools second all school youth conference opened on the afternoon of May 10, 1946 under the direction of Dr. Frank Slutz, nationally known of Dayton, Ohio lecturer and youth

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noted that Detroit meda personalities are burch of them are getting togin 16 st., and the mare getting togin 16 st., bergen to the subject. They'll probably have a subject to the subject of the subject person of the subject. They'll probably the subject of the subject of the subject person of the subject. They'll probably the subject of the subject of the subject person of the subject of the subject person of the subject of the subject person of the subject person of the subject of

other home operators who helped provide

refreshments. Lastly, but expecially, thanks to the homes who opened their facilities and to the reside: ts who were so eager to receive interested visitors. I make apologies for the anathy. the reside: in interested with a pathy.

Lynne Miller Adult Community Placement

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Respectfully, Amy Schwartz

Dear Folks in Manistique,



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Letters to The Editor Letters from readers are welcome. All letters to the editor must be signed: however, names will be withheld if requested. Views given are not necessarily those of The Pioneer Tribune.

Dear Editor;

A received diplomas here on June 10th Sitty-nihe sentor members of the Manis-tique High School class of 19th received diplomas at commencement weeked by principal Carl Olsor. In addition, five servicemen, who have graduated with prior classes if the war had not interrupted heir participation in commencement week activities, were also awarded diplo-mas.

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39 Year Ago
Digits of the second second

Eric J. Larson English teacher , Central Lake, Mi. 49622