

# Pioneer Tribune

The Voice of the Central U.P.

Volume 141 No. 3 2 sections 12 pages

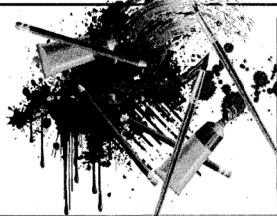
Manistique, Michigan

Thursday, April 4, 2019

\$1.25

Students in the Arts returns

See below



Annual CBC Tabloid is back

See Inside



School to host annual carnival

See below



## A Good Neighbor to all

Good Neighbor Services selected as the 2019 CBC third charity

MANISTIQUE — With a wide array of services provided to members of the community, it's no surprise Good Neighbor Services has been selected as the third charity of this year's CBC Fund Drive. The CBC is an annual event that raises funds for three worthy charities — the American Cancer Society, Bay Cliff Health Camp, and a third, local charity, selected yearly.

To qualify as a CBC third charity, that charity must serve Schoolcraft County residents and have a current 501c3 designation. Additionally, it must fulfill at least one of the following community needs: provide access to food and clothing; assist the impoverished; provide access to health care; or contribute to the health-related welfare of the community.

"We were looking for a qualifying charity who services Schoolcraft County residents, in the areas of providing access to food and clothing, access to healthcare or contribute to the health welfare of the community," said Lisa Braun, CBC second chairperson.

"Good Neighbor was a standout charity for multiple reasons: their food pantry, funding for Food for America trucks, providing funds for persons in financial distress to help pay for their utilities, and a daily soup kitchen. Neighbors helping neighbors."

According to Bob Crumb, CBC first chairperson: "Good Neighbors was an excellent choice, as they provide vital services to assure people in our area get to medical appointments, are fed, have clothes, and can keep the utilities on. This all keeps people in our community healthy."

According to the letter of interest to become the CBC third charity, submitted by Good Neighbor Services representative Steve Haarman, the mission of the organization is building relationships within the community and offering resources that



Pioneer Tribune photos

Above, a Good Neighbor Services thrift store volunteer hangs a sign during store hours Tuesday. At left, the location's sign, installed just last year after they moved to their new location, is shown.



OPEN 10 TO 4  
MON THRU SAT  
FOOD PANTRY  
10 TO 3

"foster dignity and respect".

"What we do in general: Thrift shop; we run this shop as a business for the purpose of earning money to fund expenses of operation and money which will be used for providing our services," Haarman wrote. "Food pantry; people in need with the proper vouchers come in and are served by the pantry, which provides meat, vegetables

and a variety of other foods available at the time. Food for America; we arrange for the funding of the truck loads of food from the government. This operation takes place eight times a year. The cost is \$1,800 each time. Various

CBC third charity

continued on A7

### Quick facts

- Prompted by a Manistique resident's need for a kidney transplant, Schoolcraft Memorial Hospital is offering free blood testing to anyone interested in becoming a donor.
- Blood type 'O' is needed for the transplant.

## SMH to offer free blood test to potential donors

Resident needs kidney, 'O' blood type required

MANISTIQUE — Schoolcraft Memorial Hospital is seeking members of the community who have an "O" blood type. The hospital will be offering free blood tests to those unsure of their blood type and are interested in making a kidney donation to a resident in need.

According to a press release from SMH, John Lockhart, a 22-year-old Manistique resident, is in need of a kidney donor. He was recently diagnosed with end stage kidney disease.

The family is compiling a list of interested donors who have an O blood type until they have more information from the transplant team in Wisconsin.

For residents unsure of their blood type and interested in hav-

ing this test completed to be considered as a potential kidney donor, SMH is asking that they visit the registration office at the hospital. Testers must preregister before visiting the laboratory.

SMH will be offering this test free of charge to those interested in potentially becoming a donor for Lockhart until April 30. The results will be mailed to each individual patient and will not become part of the medical record.

For those who know they are an "O" blood type and would like to reach out to the family in need, contact them by email at laurawin24@gmail.com.

Patients may have testing done between the hours of 7 a.m. to 5:30 p.m. Monday through Friday. Saturday hours are 8 a.m. to 2 p.m.

On Saturday, patients must register at the emergency room admitting desk.

## Cell phone ban for middle schoolers may be in future

MMHS principal says phones more of a distraction than benefit

MANISTIQUE — Cell phones of Manistique Middle School students may see further restriction in the near future. The possibility of a cell phone ban during school hours for these students was discussed during a recent meeting of the Manistique Area Schools Board of Education meeting.

According to Manistique Middle and High School Principal John Shiner, future restrictions on middle schoolers' cell phone use has been discussed with MMHS staff and the Student Leadership Team.

"The more we talk about this, and the more I see how cell phones really are more of a deterrent or distraction, particularly at the middle school, the closer we are getting to pulling the trigger on there being no cell phones in the middle school next year," he said.

Shiner explained that he asked Manistique Area Schools Technology Director Mary Hook to compile a list of cell phone pros and cons.

"The cons list is very, very real, and I need you to know that all of these things do happen and all of these things are distractions for teaching and learning," he said. "When you look at the pros — certainly a shorter list and a lot of stuff, if you ask me, is just fluff ... calendar ... instant communi-

cation ... learning aid."

Shiner went on to note that the cell phones are a "constant battle" for him and Rob Ryan, MMHS dean of students.

"I just don't believe that middle schoolers, in my heart, are capable of having those things and keeping teaching and learning moving forward," he explained.

However, Shiner said there is a challenge in restricting cell phone use.

"How do you roll it out successfully? How do you, effectively, say no more cell phones?" he said. "Having gone through the whole gamut with cell phones since I got here ... I've come to believe it has to be all or nothing.

I've tried cell phones powered off and in your pocket or powered off and in your locker," Shiner continued. "It just doesn't work. Kids tuck them in their shirt when I come around the corner or they use them in their locker or they get out of class and get them from their locker and go to the bathroom. It doesn't work if you have that intermediate. I believe that if we're going to start with the middle school, it has to be all or nothing. When we say no cell phones, that means no cell phones."

Shiner said the solution would consist of the school providing a designated area, possibly in the high school office, where students could

Cell phone limits

continued on A7

### News Brief

#### 'Students in the Arts' set for tonight at public library

MANISTIQUE — Manistique School and Public Library will host the annual Students in the Arts April 4 (tonight). The event will take place from 5 to 7 p.m.

Students in the Arts features artwork, using a variety of mediums, from high school art students. The event will also offer musical entertainment, provided by Manistique Middle and High School students.

The event is free and open to the public.

#### St. Francis de Sales school to host carnival on Sunday

MANISTIQUE — The St. Francis de Sales School Carnival will take place Sunday in the school's gymnasium. Held annually, the carnival serves as a fundraiser for the school's parent-teacher organization.

The carnival will take place from 11 a.m.-3 p.m. and feature white elephant, face painting, games, concession stand, cake walk, 50/50 raffle, clowns, balloons, baked goods, cash raffle drawing, mini raffles, and more.

For more information about the carnival, contact the school at 341-5512 or visit the school's website at <https://www.vfsdstraiders.com/> or their Facebook page.

### Events

**April 4** — Students in the Arts, Manistique School and Public Library, 5-7 p.m.

**April 5** — CBC Brown Bag Auction, Manistique Moose Lodge, 7 p.m.

**April 7** — Spring Carnival, St. Francis de Sales School, 11 a.m.-3 p.m.

**April 7** — Annual Easter Craft Show, VFW Post 4420, 10 a.m.-3 p.m.

**April 8, 10** — Open pool, Manistique Middle and High School pool, 6-8 p.m.

**April 11** — Disney Trivia Night, Emerald Elementary gymnasium, 6-7 p.m.

**April 13** — CBC Skeet Shoot, Manistique Rifle and Pistol Club, 12 p.m.

**April 14** — CBC Radiothon, Manistique Middle and High School, 10 a.m.

**April 14** — CBC Auction, Manistique Middle and High School, 12 p.m.

**April 14** — CBC Volleyball Tournament, Manistique Middle and High School gymnasium, 12:30 p.m.

**April 14** — CBC Talent Show, Manistique Middle and High School auditorium

**April 17, 24, May 1, 8, 15** — Guiding Good Choices program, Manistique Tribal Center, 5:30-7:30 p.m.

**April 20** — Manistique Children's Easter Egg Hunt, Emerald Elementary, 11 a.m.

3-Day Forecast

FRIDAY	SATURDAY	SUNDAY
41/33	44/36	44/37

Inside

Classifieds	B3
Community	A4, A7, A8
Lifestyles	A5, A6
News and Views	A2, A3
Outdoors	B2
Sports	B1, B4

Hello, Henry Hardy  
Thanks for reading!

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## MSU Extension offers 2019 spring grower safety certification course

MARQUETTE — Michigan State University Extension will host the Food and Drug Administration-defined Produce Safety Alliance Grower Food Safety Modernization Act certification course at various locations. Those interested in learning about Good Agricultural Practices, produce safety, co-management, and the FDA Food Safety Modernization Act Produce Safety Rule are invited to participate. Two locations in the Upper Peninsula.

April 9: Stephenson, Mich., Menominee County Extension, 8904 U.S. Highway 41, Stephenson  
 April 11: St. Ignace, Mich., St. Ignace Public Library, 110 W. Spruce Street, St. Ignace

Typical Day-long Course Schedule (subject to change):  
 • 9 a.m. Registration

- 9:30 a.m. Training
- 12 p.m. Lunch (On Own)
- 1:15 p.m. Training
- 4 p.m. Evaluation, certificate application

The following required modules will be included:

- Introduction to Produce Safety
- Worker Health, Hygiene, and Training
- Soil Amendments
- Wildlife, Domestic Animals, and Land Use
- Agricultural Water
- Postharvest Handling and Sanitation
- How to Develop a Farm Food Safety Plan

At least one supervisor from the farm must complete the food safety training at least equivalent to the standardized curriculum recognized by FDA. The certificate

of course completion will be issued at a later date when all paperwork has been reviewed. Participants must attend all seven modules to obtain certification.

Because of space and materials limitations, preregistration is required. Registration deadline is five days before event, or until full. Register online at <http://events.anr.msu.edu/2019SpringPSA/>

Sponsors include the Michigan State University Product Center, Produce Safety Alliance, US Food and Drug Administration, Michigan Department of Agriculture & Rural Development and Michigan Farm Bureau. Funding for this program was made possible, in part, by the Food and Drug Administration through grant PAR-16-137.



**KEEP ON EXPLORING** Courtesy photos  
 Emerald Elementary Exceptional Explorers for the week of March 18 were, at top, from left to right: Janis Faketty, fourth grade; Cole Watchorn, third grade; and Paige Stoll, fifth grade. Above, right: Andre Thomas, kindergarten; Lillian LaVance, second grade; and Andre Thomas, kindergarten. Above, left: Finley Hinkson, preschool.

Dear Editor,  
 So Much To Do

So much to do  
 On the road to success  
 Many ideas aired, Explored,  
 exploited  
 And expired  
 Why? Ulterior motive  
 Loss of control  
 Operating under false pretense

Many good souls  
 Working hard to  
 Stamp our city as  
 The place to visit  
 All good ideas trashed  
 If they come from  
 The wrong side of the line  
 With the wrong kind of flavors

So easy, if we could  
 Hang egos outside the room  
 Come together for the greater  
 good

No worry on who gets credit  
 Just get the work done  
 Put legal cost potential  
 Into the resolution of a good  
 plan  
 So much to do

There are suggestions:  
 Update retail businesses  
 Reface the buildings  
 A universal theme  
 Skate Board Park  
 Frisbee Golf Park  
 Golf Driving Range  
 General Clean-up

There are more suggestions:  
 Adult education,  
 Industrial Arts training  
 Youth activities  
 Young gentlemen's club  
 More emphasis on the Arts

Community Orchestra  
 Community Theater

Still more suggestions:  
 Proper snow removal  
 Seasonal landscape  
 improvement

Universal business hours  
 Trash control  
 Youth assisting elders program  
 Lighting  
 Traffic flow improvements  
 So much to do  
 Shall we begin?  
 If not now, when?  
 Who has the courage?  
 Who has the humility?  
 Where are the leaders?  
 We have the followers

Steve Haarman  
 Gulliver

## Contact the Editor

Mail: Manistique Pioneer Tribune  
 212 Walnut St.  
 Manistique, MI 49854  
 Email: [editor@pioneertribune.com](mailto:editor@pioneertribune.com)  
 Phone: (906) 341-5200  
 Fax: (906) 341-5914

*Note: Individuals are limited to one letter per month. One rebuttal letter per individual is permitted. Letters to the Editor must be no more than 500 words in length. All letters must be signed by the author and an address and telephone number must be provided (not to be printed). Letters are due by noon on Tuesday the week of publication. The Pioneer Tribune reserves the right to refuse letters and to edit letters for accuracy, concision, appropriateness, and according to AP guidelines. Printed letters are the opinion of the author and do not represent the opinion of the Pioneer Tribune.*

## Flashback



## Fun times at Manistique High

Pioneer Tribune Archive photo  
 From the April 3, 1969 edition, the Manistique High School carnival Friday night was enlivened by Kathy Fox in her clown outfit, selling balloons for the Dramatics Club.

## The Archives

This week in the Pioneer Tribune

### 50 years ago

**April 3, 1969**  
 Schoolcraft County's combined CBC fund drive went well over the halfway mark Sunday as it opened with a day long radiothon on WTIQ broadcast from the St. Francis de Sales parish hall. A total of \$3,800 was raised Sunday, and another major event, the "Mile of Pennies," should provide another boost this Friday toward the \$6,000 goal of the drive. If successful, the "mile of Pennies" could add another \$844.80 to the total. The "Mile of Pennies" will start at 3 p.m. in the east side downtown business district, and proceed down River St., across the siphon bridge, and into the west side business district, concluding at 9 p.m. Markers will be placed along the sidewalk to indicate the distance and the amount of money contributed, rev. Roy Pitts, chairman of the pennies drive, said this week. Assisting will be members of DeMolay and 4-H clubs. Some pennies have already been received to start the drive. The combined fund drive is being staged for the benefit of the local Cancer Society, Crippled Children and Adults, and Bay Cliff Health Camp. Of the \$6,000 goal, the Cancer unit will receive \$2,100; Bay Cliff will get \$2,400, and \$1,500 will go to the Crippled Children and Adults. The totals are based on last year's requirements, and all money will stay in the county.

### 35 years ago

**April 5, 1984**  
 City crews have been busy clearing a strip of land at the sanitary landfill on the high rollways in a move that should extend the life of the facility by two to three years. City Manager Charles Varnum said the crews are clearing out part of the buffer zone between the landfill and M-94 to provide a new area for trenching. All of the cleared area at the site has been filled and it has been necessary during the past year to start piling and covering the garbage daily. The buffer zone is 500 feet deep and 1460 feet long, Varnum said, and the crews will clear out the entire length to a depth of 50 to 100 feet. Trenching and filling in the newly-cleared area will start "soon," he promised.  
 Production operations at Inland Lime and Stone Co. will start next Monday, April 9, according to General

### 20 years ago

**April 8, 1999**  
 One year after originally hoped, the "Traders' Point at the Dock" stores on the west side of Manistique Harbor should begin to open next month. The outside of the first retail building has been completed and the first two stores, the Upper Crust Bakery and Deli and Smith's General Store, are scheduled to open by the end of May, developer Bill Giles said Wednesday, April 7. Giles said the next building to be completed will be the gym and auction facility. This building will be used by Doug LaFollette for his auctions while the gym will be available for shows, fairs, sporting events, programs, concerts and special events. If spring weather cooperates, Giles said the "Auction Block

### 10 years ago

**April 2, 2009**  
 After nearly 63 years, a landmark Manistique business is getting ready to move. Later this spring, Hoholik's Ace Hardware and Radio Shack will be settled in a new, larger location on the city's east side. Owner Bill Hoholik announced this week that he had completed his purchase of the former Do It Best Hardware store at 145 River Street, which has been closed down for the past two years. Hoholik said the plan is to get the building "emptied out, reset and redecorated," and to have the Ace Hardware operation up and running at the site by May 18.  
 14-year-old Haley Marie Norton of Cooks once again outshot the competition and successfully defended her

title at the 11th annual Gary Shane Memorial Youth Pool Tournament, which was held in Negaunee March 28. Norton went undefeated in what is the first-place trophy, along with a custom cue and case. She is the daughter of Randy and Sue Norton and the granddaughter of Lee Raredon.  
 Manistique High School senior Laura Winkel was honored as the recipient of the Michigan High School Athletic Association's scholar-athlete award for girls' basketball. Winkel received her award at the 1999 MHSAA boys basketball finals March 27 in East Lansing. Presenting Winkel with her award were Larry W. Thomas, executive vice president of Farm Bureau Insurance, which underwrites the scholarship program; and John E. "Jack" Roberts, executive director of the MHSAA. Winkel, who plans to attend Northern Michigan University, will receive a \$1,000 scholarship from Farm Bureau Insurance to use for college.

Three Boy Scouts from Troop 402 were presented Eagle Scout awards at a Court of Honor last Thursday night in Augustana Hall of the Zion Lutheran Church. Jack VanBroeklin, of Gladstone, camping and activities chairman for the Red Buck District, presented scouting's highest rank to Roy C. Anderson, Karl Johnson and Michael Fountain.

The motor vessel E.J. Block opened the 1969 shipping season at Port Inland Monday at 3:30 p.m. as it passed, the breakwater light into the inner harbor. Despite the ice still in the harbor, the arrival was about a week earlier than last year's first ship, when the steamer Diamond Alkali arrived on April 7. It took several hours before Capt. Dudley Pauquette, a 20-year Inland Fleet employee, could bring the 532-foot vessel alongside the loading dock. The cargo, bound for Indiana Harbor, consisted of 6,500 tons of limestone flux and 3,500 tons of dolomite flux. Loading started at 8:50 Tuesday morning, and the ship cleared the harbor that night. A delegation from the Chamber of Commerce visited the ship Tuesday morning and presented Capt. Pauquette with the traditional gift for opening the shipping season. They also toured the vessel and enjoyed coffee and refreshments.

Gina Ann Lauzon, daughter of Louis (Sparky) and Sally Lauzon, River Rd., has been chosen to be a finalist in the 1984 Miss Michigan U.S. Teen Pageant to be held at the Plymouth Hilton Hotel April 14 at 7:30 p.m. Gina is the current Miss Schoolcraft County and Miss U.P. Potato Queen.

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mBank recently presented a check to CBC in the amount of \$12,500. Accepting the donation were: cochairs PJ Stoll, and Bob Crumb. Pictured from left are: Rick Demers, Greg Schuettler, PJ Stoll, Magan Peterson, Kristine Ecclesine, Bob Crumb, Sally Stram, and Sherry Arnold.

## mBank makes donation to CBC

MANISTIQUE – Next Sunday, April 14, the Manistique community will once again hold their longest running fundraising event, the annual CBC Fund Drive. This year they will be the 52nd year. As in previous years the goal is the same, to raise funds for Cancer, Bay Cliff and Community.

Recently, mBank continued its long history of support by presenting CBC with a check in the amount of \$12,500.

"The generous donation again

this year is only one of many that will be forthcoming over the weeks leading up to the event. In addition to the corporate donation, mBank employees participate in several fundraising efforts that include Casual for a Cause where employees can wear jeans on Friday, potluck lunches, gift basket drawings and the selling of smiles which are posted on the teller line to show support.

"mBank is committed to our community and its residents,"

stated Sherry Arnold, SVP Administration and Talent Director. "CBC is such a worthy cause and many community members benefit from the services that are offered through the three agencies."

Over just the past seven years, mBank and its employees have donated a total of approximately \$82,500, in addition to being a prominent donor of online auction items during the televised program.

"As a past co-chair of CBC

with my wife Victoria, it has been an honor and a privilege to be a part of this community event. CBC is such a great fundraising cause with so many wonderful long standing community members contributing in many ways for the benefit of others throughout the years. It is a testament to the collective giving of the community that the charity is entering its 52nd year and still going strong," added Kelly W. George, President and CEO of mBank.

## US Forest Service plans prescribed burns for areas

RAPID RIVER – The U.S. Forest Service is preparing for 3,561 acres of prescribed burning on the Hiawatha National Forest. Prescribed burning is a tool that can help accomplish a variety of objectives; prescribed fire plays an important role in forest ecosystems by recycling nutrients and promoting the growth of trees and other plants – like blueberries and morels.

On the East Zone of the Forest (St. Ignace/Sault Ste. Marie Ranger Districts) there are 6 burns planned:

Rolling Barrel South Rx Burn – T 46N/R 4W/S 20 (137 acres) Purpose is maintain breeding and foraging habitat and fuel break systems within the Raco Plains.

Biscuit 1 Rx Burn – T 44N/R 4W/S 21(28 acres) Purpose is wildlife habitat maintenance.

Prescribed burns are weather-dependent and will likely be conducted between late April and early fall, when appropriate moisture, fuel and wind conditions are more likely. As shown on the maps, the prescribed burns will be located as follows:

On the West Zone of the Forest (Manistiquet/Rapid River/Manistique Ranger Districts) there are 6 burns planned:

5 Mile Rx Burn – T 43 N/R 17 W/S 23 (204 acres) Purpose is habitat maintenance and hazardous fuels reduction.

Mike White Rx Burn – T 44 N/R 18 W/S 19 (137 acres) Purpose is habitat maintenance, old growth maintenance and hazardous fuels reduction.

Dutch Mill Rx Burn – T 42 N/R 21 W/S 8, 9, 16, 17 (666 acres) Purpose is habitat maintenance and hazardous fuels reduction.

South Schaave – T 40 N/R 21 W/S 18 (61 acres) Purpose is habitat maintenance and hazardous fuels reduction.

Sturgeon Openings – T 44 N/R 19 W/S 10; T 45 N/R 19 W/S 30; T 45 N/R 20 W/S 32; T 45 N/R 19 W/S 32 (873 acres) Purpose is habitat maintenance and hazardous fuels reduction.

Pine Marten Run – T 44 N/R 18 W/S 35 (100 acres) Purpose is habitat maintenance, old growth maintenance and hazardous fuels reduction.

West Zone: Cory Henry at (906) 387-2512 x 1039.

East Zone: Brenda Dale at (906)

### News Brief

**Michigan Association of Retired School Personnel meeting, presentation April 10 in Manistique**

MANISTIQUE – The monthly MARSP meeting is scheduled for April 10. The meeting will begin at 11:30 a.m. and take place in the back dining room at The 40 Bar and Grill in Manistique.

Steve Gordon, U.P. MARSP representative, will provide an update on the Michigan School Personnel Retirement System.

All retired school personnel in Schoolcraft and Eastern Delta counties are welcome to attend. \$12 for the luncheon is payable at the door. Call 283-3209 by April 7 if interested in attending.

### Letters to the Editor

Dear Editor,

In answer to Dieter Markwart's letter of March 28.

He states: "Some People" were assigned the task of tracking the lies of our president; over 8,000 lies; working people not getting the tax return they thought they were; a record 7 million Americans behind on their car payments; he inherited a momentum on jobs; our president is trying to be a dictator because he fires people that do not do their job; our country should follow Germany in their Socialist medical; all our military veterans gets free socialist medical.

"Would really like you to show some kind of facts or actual statistics on your ramblings? These sound like a copy of the teaching of the Democratic/Socialist parties.

Sounds like the people that get all the tax credits are not happy with their returns where they pay nothing and get a large return.

I need for you to show me how to get free Socialist military medical? I am retired military (I was promised I would get free medical for life when I retired). I pay out of my pocket when I go to the VA and I pay out of my pocket for my Tri-care.

So please show me how to get free Socialist military medical?

You also talk about free Socialist medical for everyone. Who is going to pay for this? You, me or the 49.2 percent of the country that is on government assistance already (this is from the 2011 census), that is what a fact is. Not just spouting trash from the news.

One thing that really upsets me is when someone moves here from another state because they like our great Upper Peninsula. Then they try and make changes to make this place like whatever state they came from.

I like to tell them to go home! Leave the U.P. the way it is.

That goes the same with coming to this country. There is a thing

called "assimilate" that is what immigrants are supposed to do when they come to this country.

The dictionary says "take in (information, ideas or culture) and understand fully".

Nowhere did I see where it says to change America to be like your country. That is why people come here, is to get away from their country.

As far as the president showing his tax returns. There is no law that says he has to. That is his personal finances. If all the whining

politicians want to see them make it a law! If it makes you suspect so what!

People in this country are walking down a bad path. There is no respect for anything anymore.

People need to know that even if you do not like our president, he is still the president of the United States of America. The most powerful country in the world. Free or not! Respect the position! Don't embarrass our country.

Tony C. Tennyson  
Gulliver

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**PUBLIC NOTICE**  
**MICHIGAN DEPARTMENT OF TRANSPORTATION**  
**2019 SUPERIOR REGION HERBICIDE PROGRAM**

The Michigan Department of Transportation (MDOT) hereby provides notice to the public, including property owners adjacent to state highways, of the 2019 Herbicide Application Program treatments for roadside rights of way within Gogebic, Ontonagon, Houghton, Baraga, Iron, Marquette, Dickinson, Menominee, Alger, Delta, Schoolcraft, Luce, Mackinac, and Chippewa counties.

**SCHEDULED DATES OF APPLICATION:**  
Applications will take place between April 23, 2019, and October 26, 2019.

**HERBICIDES/LOCATIONS:**  
Non-Selective Applications: (guardrail, pavement/shoulder cracks and edges, barrier walls, concrete bridge slopes, invasive plants) ANY INDIVIDUAL OR COMBINATIONS OF THE HERBICIDES LISTED BELOW:  
Roundup Pro Concentrate (Glyphosate), Plateau (Imazapic), Milestone (Aminopyralid), Escort XP (Metasulfuron Methyl), Garlon 4 Ultra (Triclopyr-2,4-Dichloroacetyl Ester), Vista XRT (Fluroxypyr 1-Methylheptyl Ester), Plateau (Imazapic), Westway ANE-40 (2, 4-Dichlorophenoxyacetic Acid), E-2 (2, 4-Dichlorophenoxyacetic Acid, Fluroxypyr/Decamba), Method 4-MSL (Aminocyclopyrachlor), Stalker (Isopropylamine Salt of Imazapic), Vastlan (Triclopyr Choline, Acetic Acid, Choline Salt of Imazapic).

Adjuvants: (drift control, water conditioning, surfactants) 41-A (Polycarbamide and Polysaccharide Polymers), Nu-Film-IR (Poly-1-p-Menthene), Improve (Nonionic), Condition (Ammonium Sulfate), Sunset MSO (Methylated Seed Oil Blend and Emulsifiers), Cygnat Plus (Limonene, Methylated Vegetable Oil, Alkyl Hydroxypoly Oxyethylene).

**METHOD OF APPLICATION:**  
All applications will be ground or foliar applied by vehicular-mounted fixed boom or hand spray gun equipment. The herbicides will be tank-mixed or injected for each application.

**RE-ENTRY RESTRICTIONS:**  
Do not enter treated areas until the spray has dried.

**CONTACT:**  
All applications will be made by certified pesticide applicators. For further information, contact:  
Dan Hamlin, Resource Specialist  
Michigan Department of Transportation  
1818 3rd Ave. North  
Escanaba, MI 49829  
906-786-1830

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**NOTICE OF REGISTRATION FOR SPECIAL ELECTION**

**To the Qualified Electors of the INWOOD TOWNSHIP COUNTY OF SCHOOLCRAFT, STATE OF MICHIGAN**

To register, visit any Secretary of State branch office or your county or township clerk's office. Persons planning to register with respective township clerks must ascertain the days and hours in which the township clerks' offices are open.

Voter registration forms are available on the Delta County website at [www.deltacountymi.org](http://www.deltacountymi.org) under the Elections heading. Voters who are already registered may update their registration at [www.expressSOS.com](http://www.expressSOS.com)

The last day to register in any manner is **Monday April 22, 2019**. After this date, anyone who qualifies may register to vote in person with proof of residency at their townships clerk's office:

<p><b>Inwood Township</b> By Scheduled Appointment Sara Roberts, Clerk 462N State Hwy M-149 Cooks, MI 49817 (906) 644-2263</p>	<p><b>Schoolcraft County Clerk</b> 8:00 am – 4:00 pm Beth Edwards, Clerk 300 Walnut Street Manistique, MI 49854 (906) 341-3618</p>	<p><b>Secretary of State</b> T, Th, Fri 9:00 – 5:00 pm Closed 12:30 – 1:30 pm 300 Walnut Street Manistique, MI 49854</p>
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**Election Day - Tuesday May 7, 2019**

For the purpose of voting the following:  
Proposals:  
School: Big Bay De Noc School District Operating Millage Renewal Proposal – Exempting Principal Residence and Other Property Exempted by Law -19,7958 Mills for 10 years. Full text of the ballot proposition may be obtained at the administrative offices of Big Bay De Noc School District, 8928 OO.25 Road, Cooks, Michigan 49817-9608, telephone (906) 644-2773.

Ballots can be viewed and samples printed online at [www.deltacountymi.org](http://www.deltacountymi.org) or at the clerk's office.

Nancy J. Przewrocki  
Delta County Clerk and Register of Deeds

## Obituaries

### Anthony A. Boyer



Anthony A. Boyer

**MANISTIQUE** — Anthony Arthur Boyer, Sr., 75, of Manistique, Mich., passed away unexpectedly in Marquette at the UP Health Systems on Tuesday, April 2, 2019, surrounded by loved ones. He was born Oct. 29, 1943, in L'Anse, Mich., to Arthur and Gertrude (Londo) Boyer. Anthony attended L'Anse High School and graduated with the class of 1962. In 1962 he enlisted in the United States Navy where he served his country honorably during the Vietnam War. He was honorably discharged in 1966. Returning home from the war, Tony married the love of his life, Barbara Kahkonen, on May 13, 1967, in L'Anse. They moved to Manistique in 1967 where they raised three wonderful children and he worked as a telephone technician and lineman until his retirement in 2004. Tony was a member of the St. Francis de Sales Catholic Church. He had a passion for the outdoors and enjoyed fishing, hunting, playing horseshoes, and going on pontoon rides around Indian Lake. He took great pleasure in playing his trumpet and bugle and was a proud member of the state championship

L'Anse Golden Eagles Drum and Bugle Corps. Anthony also was entertained by the casino and loved spending his time with family and friends. He is survived by his loving wife, Barbara; daughter, Laurie (John) Nelson of Manistique; sons, Anthony A. Boyer, Jr. and Daniel P. Boyer, both of Escanaba, Mich.; grandchildren, Maxwell Nelson, Derek Nelson, Samantha Boyer, Callie Ring-Boyer, Jimmie Ring; brother, Donald (Phyllis) P. Boyer of L'Anse; as well as several nieces and nephews. He is preceded in death by his parents and sister, Patricia Boyer. Visitation will be held from 11 a.m. to 1 p.m. Tuesday, April 9, at Fausett Family Funeral Homes in Manistique. A memorial service will follow at 1 p.m. with Rev. Fr. Ben Paris officiating. Memorial donations may be directed to the family for future designation. Fausett Family Funeral Homes of Manistique and Garden is assisting the family with arrangements. Family and friends may send condolences or share a memory at fausettfh.com.

### James R. O'Neil



James R. O'Neil

**GOULD CITY, Mich.** — Longtime area and Gould City, Mich., resident, James R. O'Neil, 79, died Saturday morning March 30, 2019, at McLaren Northern Michigan in Potoskey, Mich. Born May 26, 1939, in Gilchrist, son of the late Frank and Evelyn (Corey) O'Neil, James was a 1957 graduate of Engadine High School. He was formerly employed at Inland Lime and Steel for several years and later owned and operated Peninsula Shores Gallery in Gould City for 39 years until present. James was a member and elder of the Sault Ste. Marie Tribe of Chippewa Indians and an avid Detroit Tigers fan. A passionate outdoorsman, James loved wildlife and nature photography, hunting, fishing, trapping and preserving the old ways to pass down to his family. Survivors include his loving wife, the former Eimella Blanchard of Gould City, whom he married July 22, 1961, in Gould City; daughter, Jeannette (Tom)

Stroms of Kingsley, Mich.; grandchildren, Kris (Kellie) Keene, Joe (Jordan) Keene, Andrew Elsenheimer and Tyler Storms; great-grandchildren, Gavin James Keene, Summer Lynne Keene, Greyson John Keene and Everett O'Neil Keene; siblings, Janice King of Gulliver, Mich., Keith (Farrington) O'Neil of East Jordan, Mich. and Gary (Kathy) O'Neil of Carp Lake, Mich. In addition to his parents, James is preceded in death by an infant daughter Trisha Rose O'Neil and brother Francis O'Neil. Per request, cremation services were accorded. A traditional Native American graveside ceremony conducted by a member of the Sault Ste. Marie Tribe of Chippewa Indians will be held Thursday May 23 at 1 p.m. at the Newton Township Cemetery in Gould City. Beauhieu Funeral Home in Newberry is assisting the family. Condolences may be expressed at [www.beauhieufuneralhome.com](http://www.beauhieufuneralhome.com).

## Garden Post Office has new hours for retail services

**GARDEN** — The Garden Post Office is announcing new hours for retail (window) services. These changes began April 2. The retail service counter will be open Monday through Friday, between 10 a.m. to 2 p.m. On Saturday, the retail counter will open at 10:30 a.m. and close at 12:30 p.m.

### Quick facts

- After an assessment of needs, the Garden Post Office has undergone retail service hour changes.

at affordable rates to all our customers. Keeping our operating costs as low as possible and finding ways to improve efficiency will enable us to meet customer expectations for service while driving costs out of our system." For customers who wish to purchase stamps, the Postal Service offers a variety of ways to buy stamps without making a trip to the post office, including ordering stamps: by mail by calling 1 (888) ASK-USPS; by phone 1 (800) STAMP 24; or at [www.usps.com](http://www.usps.com). The Postal Service receives no tax dollars for operating expenses and relies on the sale of postage, products and services to fund its operations.

### Perry L. Burrell



Perry L. Burrell

**BUCKEYE, Ariz.** — Perry L. Burrell, 73, passed away at his home in Buckeye, Ariz., on Thursday, March 21, 2019, after a short illness. He was born Oct. 17, 1945, in Ann Arbor, Mich., to Ance and Ruth (Brunet) Burrell. He lived in Rogers City, Mich., until 1959 when he moved to Gulliver, Mich. He graduated from Manistique High School in 1964 and joined the Navy. He went to "A" School in Bainbridge, Md. and marched in Lyndon Johnson's Presidential inaugural parade. He was a Radioman in the Navy with the Com. 1st Fleet and served on a Three Star Admiral's staff for three years, stationed in San Diego, Calif. In 1966, he married his high school sweetheart Betty Ott and they made their home in San Diego where they raised their daughter Brandy. Upon leaving the Navy in 1968, he worked for various security system and fire alarm companies before taking a job with the County of San Diego where he worked as a security electronics technician, working mostly in jails. He was on the design team with HOK Construction in the late 90's when they built a new jail in downtown San Diego. He retired from the county in 2009. While in San Diego, Perry enjoyed riding motorcycles, camping, fishing in

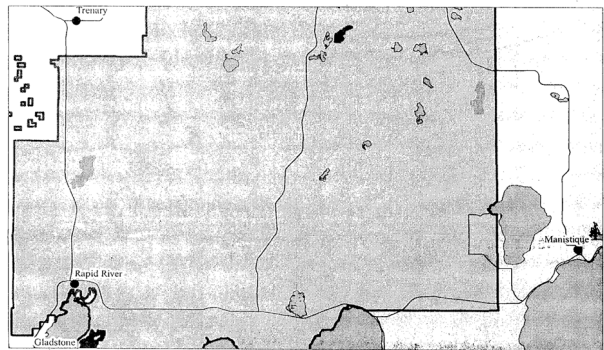
the lakes and the bay of San Diego. He also developed a love for cooking and enjoyed hosting parties for friends and family to try out his new recipes. He was a long time season ticket holder of the San Diego Padres where he enjoyed watching the games with both Betty and Brandy. In 2011, Perry and Betty moved to a retirement community (Sun City Festival), which they found while traveling to Arizona to see the Padres in spring training. He enjoyed classic automobiles and was president of the Community Car Club for two years. He was in the Brew Crew Club and enjoyed visiting the many craft breweries around the country. He also loved visiting his daughter and son-in-law in Hawaii and was happy to welcome his grandson Cooper into the world late last year. Perry is survived by his wife of nearly 53 years, Betty; daughter, Brandy (Scott) Massner of Kailua, Hawaii; grandson, Cooper Massner; and his sister Denise Rivard of Sun City, Ariz. He was preceded in death by his parents, Ance and Ruth Burrell. At Perry's request, there were no services. Donations may be sent in Perry's name to Manistique Area School Foundation, MASF, c/o Donna Winkel, 100 N. Cedar St., Manistique, MI 49854.

## Prescribed burns

continued from A3

643-7900 x127. Prescribed burning provides benefits to our natural resources as well as reducing hazardous fuels on our National Forest. The Forest Service's goals in burning the wildlife openings are:

- Reduce the risk of wildfires by reduce hazardous fuels.
- Provide improved breeding and foraging habitat for early-successional and cavity dependent species.
- Set back vegetative succession and maintain wildlife openings.
- Maintain burn units as part of a system of fuel breaks (including safety zones, escape routes, staging areas and control lines).
- Remove or reduce the impact of non-native invasive species
- Train personnel in the use of wildland fire in a safe and efficient manner.



Above, there will be prescribed burns near the Manistique area.

Courtesy graphic

DATE:  
**May 1st**

TIME:  
**6PM-8PM**

LOCATED AT THE  
**Manistique High School Auditorium**

FOR:  
**Teens & Adults**

[scmb.org/community-connect/](http://scmb.org/community-connect/)

COMMUNITY CONNECT  
CHIPPWEA INDIAN RESERVE

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For additional information contact Community Connect Patient Navigator, Jellie Hardy located at the Sault Rural Health Clinic • 906-341-3750 • [jhardy@scmb.org](mailto:jhardy@scmb.org)

HEY

2019 grads....

It's time to start thinking about announcements. You don't have to order yet, but it's not to early to have a plan in place.

Stop in and see us!

Pioneer Tribune

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# Tips to boost tomato harvest

Nothing is more frustrating than investing time, money and energy in planting and growing tomatoes only to watch them succumb to disease. We can't change the weather conditions that support disease problems, but we can tweak our growing strategies to reduce this risk.

Select and grow the most disease-resistant varieties suited to your growing region. Consult your local University Extension Office for a list of recommended tomatoes and always check the plant tags before purchasing plants.

Plant tomatoes in a sunny location, that receives at least eight or more hours of sunlight, with rich well-drained soil. Your plants will be healthier and better able to fend off insects and tolerate disease.

No room – no problem. Grow your tomatoes in containers filled with a quality potting mix and drainage holes. Many of the newer containers, like Gardener's Victory Self-Watering Patio Planter are designed to increase success with less effort on your part. Look for containers with built-in trellises, large reservoirs and other features that promote healthy growth and productivity.

Properly space plants to increase airflow and sunlight reaching all parts of the plant. This reduces the risk of disease and increases a plant's ability to produce more fruit. Leaving space between plants also helps reduce the spread of disease from diseased plants to nearby healthy plants.

Further reduce the risk of disease by lifting the plants off the ground. Supporting plants with strong to-



Courtesy photo

mato cages improves air flow and light penetration while keeping the plants and fruit off the ground and away from soil-borne insects and diseases.

Avoid flimsy tomato towers that tend to topple and bulky cages that consume too much storage space. Consider investing in one of the stronger supports like the Gardener's Vertex Lifetime Tomato Cage that stores flat and is strong, but flexible to encourage stouter growth. Another benefit is that it opens, so you can easily place them around larger plants; just in case you waited too long to set the

**Tomato harvest continued on A6**



Courtesy photo

Employees of Limestone Federal Credit Union gathered for a group photo during the annual meeting. Back row, from left to right: Cassidy Cay-emberg, Jen Benedetto, Hailey Hoholik, Danielle Neadow, Alison Cook, Jessica Hayes, Sue Hinkson. Front row, left to right: Alycia Kaiser, Mindy Mytko, Alyssa Swanson, Alison Jones, Jennifer Watson, Lis MacGregor, Lea Cook. Sitting are Renee Tiglas, left, and Vickie Hewitt. Not pictured are Ariel Cousineau and Val Miotko.

# LFCU holds 64th annual meeting

MANISTIQUE – Limestone Federal Credit Union's 64th Annual Meeting took place at St. Francis de Sales School recently. More than 250 members gathered to hear the final report of the past year and to learn more about what's planned for 2019.

The evening's presenters were Ron Provo, chairman, and Jennifer Watson, chief executive officer.

Provo reported on the financials and the exam report Limestone received from the National Credit Union Association. Provo spoke proudly and paid respects to the Limestone team for their hard work and dedication during the past year, maintaining their stellar standing amongst the top credit unions in their asset size not only in the state, but nationally.

Provo also took a moment to, ask all of our veterans who were in attendance to stand so members could thank and honor them with a

round of applause for their service to our country. Fittingly, the designated charity for the night was the Upper Peninsula's Honor Flight program. The membership raised \$1,050 to donate to U.P. Honor Flight.

Special recognition was also extended to Wilbur LaBar, one of Limestone's first members, joining in 1955.

Watson reported on the one-year anniversary of The Grind Coffee House, in addition to referring to 2018 as the year of community. "Though our credit union has always been actively involved in our community, 2018 proved to have had a tremendous impact not only on our staff and our members, but our community at large and beyond our county lines," she said, citing numerous community projects and outreach efforts to neighbors a little further north who suffered devastating damages from floods.

Limestone employees dedicated 400 hours in community service during 2018.

LFCU's staff surprised Watson with a tribute of voiceovers set to music and captured on video. The surprises continued when Watson was presented with a special Leadership Recognition Award from her team, who described her as a leader, mentor, teacher, and inspiration.

Alycia Kaiser and student rep-

resentatives Joslyn Muth, Kayla Muth, MacKeana Ozanich, and Sydney Peterson presented on behalf of the Grind Coffee House. Opening in January 2018, their projected first year gross sales were set at \$44,185.74. However, the actual total gross sales were \$88,027.14.

Members were also treated to skits performed by the Lake Effects Readers Theatre Group, as well as a photo booth.

## Lifestyles Briefs

### Manistique Amity Group to hold April meeting

MANISTIQUE – The Manistique Amity Group will meet at 9:30 a.m. April 10. The meeting will take place at the Presbyterian Church in Manistique. The agenda includes the annual

White Elephant auction, which was cancelled last month.

If interested in joining Manistique Amity Group or for more information about the meeting, call 341-6840 or 341-5081.

### Breast cancer support group meeting April 11

MANISTIQUE – There will be a breast cancer support group meeting April 11. The meeting, which takes place in the Schoolcraft Memorial Hospital Medical Office Building Education Room, will begin at 4 p.m. The topic for the evening will

be "Spirituality in Nature Group" with Andrea Chynoweth, park ranger at Pictured Rocks National Lakeshore.

The education room is located in the old Rural Health Clinic at 115 N. Lake St. Attendees must use upper level entrance.

### Methodist Women plan 'Reflection Breakfast'

MANISTIQUE – In observance of the Lenten season, the United Methodist Women of Manistique First United Methodist Church will host their annual Reflection Breakfast April 13. The event take place at 9:30 a.m. in Fellowship

Hall of the church.

The program includes special music and seasonal readings. Featured speaker will be Betty LaPointe.

The event is open at no charge to all women of the community.

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	<b>Dumbo</b> Run Time: 1hr 52mins Shows 7:00 p.m. nightly RATED: PG Sunday Matinee 1:00 p.m.		<b>Pet Sematary</b> Run Time: 1hr 40mins Shows 7:15 p.m. nightly RATED: R Sunday Matinee 1:15 p.m.
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f Downtown Manistique | Movie Guide: (906) 341-6622

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Brenda Barber, RNP-BC, GNP-BC, WOCN at (906) 341-1866  
or Register at [scmh.org/services/wound-care/](http://scmh.org/services/wound-care/)

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HONORS AND INFO

Courtesy photos
At left, Pat Mickelson, left, receives her honors from Sherri Krause during a recent GFWC - Manistique meeting. Mickelson was honored as "member of the month"...



Women's club holds monthly meeting

MANISTIQUE - GFWC Manistique recently held their March meeting, during which Pat Mickelson was honored as member of the month. Mickelson is the new co-chair for the monthly Schoolcraft County Medical Care Facility birthday parties...

Tomato harvest

...cages in place. Use soaker hoses or irrigation systems like the Waterwell Irrigation System that target water to the soil around the plant. Placing water just where it is needed - on the soil - conserves moisture while keeping the foliage dry. Overhead irrigation uses more water and increases the risk and spread of many common tomato diseases. Boost your tomato plants' productivity by as much as 20 percent with red mulch. The USDA and Clemson University developed a red mulch that reflects far-red wavelengths upward into the plants stimulating growth and development. For more help growing tomatoes, successfully and boosting your tomato harvest visit gardeners.com. Rotate plantings from one garden, or area within a garden, to another. Moving related plants to different locations each year re-

duces the build up of insects and diseases, reducing the risk of future problems. Consider rotating your tomato plantings into containers if space is limited. Start with fresh soil, a clean container and disease-resistant plants. With these few changes and a bit of cooperation from the weather, your new challenge may be finding ways to use and share your bumper harvest. Your surplus tomatoes and vegetables are always welcome at food pantries and meal programs in your community. Melinda Myers has written more than 20 gardening books, including Small Space Gardening. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardeners Supply for her expertise to write this article. Her website is www.MelindaMyers.com.

continued from A5

Easter is just around the corner. Have you gotten your candy yet? Don't forget that down here at the senior center our fundraising committee offers a large selection of Saykly's Candy to help fill your baskets. Kim has restocked our supply of fudge hearts and peanut butter hearts, still only \$1.25. We also have a milk chocolate and dark chocolate 'Vooper Bars'. And don't forget about the candy bars. We offer chocolate mint meltaway, chocolate meltaway, chocolate caramel, and chocolate peanut butter all for \$1.25. The committee also has one-pound bags of Saykly's homemade salt water taffy for \$5. Stop down during business hours and stock up! For those of you who have been calling, asking, and wondering, our Travel Committee has made the final decisions on the bus trip for this year. They have once again partnered with Diamond Tours, Inc. and planned seven fun filled days enjoying the "Pigeon Forge and Smoky Mountains Show Trip" with a destination of Gatlinburg, Tenn. Enjoy the dinner shows, dinner theaters, guided tours, museum

attractions, historic downtown Gatlinburg, and everything else this trip has to offer, but remember to get your reservation and deposit in early as space is limited. Don't forget that April 14, we have the CBC bake sale. If you're willing to help, please let us know. We are still in need of volunteers to help the day-of and volunteers to donate baked goods. We also have the Pancake Supper coming up April 18. Please remember that you need to register for this event and we are requesting a small donation of \$6 to cover all the deliciousness that will be offered. The Feeding America Food Truck will be here April 24, from 10 a.m.-12 p.m. located behind Schoolcraft Memorial Hospital. A friendly reminder that the senior center office will be closed on Good Friday, but meals will still be served. With my being new to the position of director, and new to the senior center, I have really been enjoying meeting the many wonderful smiling faces that come through the doors down here. Several of you I know from living in the community, or having known you through my parents, but many are new friendly faces to me. In this journey of a new position, I am also finding out things about our community that I was unaware of. Like, did you know that the senior center used to actually be a DNR office. I came across an old news clipping that showed what it looked like. I had no idea prior to this position. Another realization I have made was just how many different services are available to the members of our community. We really are very fortunate for what our community offers and what we here at the center offer. I hope you are able to take advantage of the many offerings we have. Monetary donations have been received in memory of Pete Gorsche from Arvella, and in memory of Esther Erickson from Carol Anderson and Dennis and Ginger Boyd. Bridge March 25: First-Carol Hough, Second-Jane Kopecky, Third-Andrew Savoie, CF-Doris DeMars. Bridge March 29: First-Mary Leonard, Second-Carol Hough, Third-Judy Provo, CF-Nancy Brown. 500 March 29: First-Kim Jones, Second-Cathy Wise, Third-Bonnie Rochefort, Should'a Stayed Home-Nancy Babbitt. Birthdays this week: April 6-Rosalie Miller and Perry Wise, April 7- Joel Roussin, Guerdia Frenette, Dolores Hokenson and Bill Keener; April 9-Sherryl Faltum, and April 10-Marsha Jenerou. Happy birthday wishes to all!

Senior Center

Jennifer Niemela
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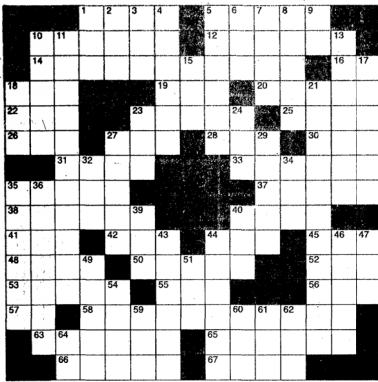
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BETHEL BAPTIST CHURCH
Pastor: Joseph Cramer, 118 East Elk Street, Sunday School 9 am, Sunday services 10 am, and 6 pm, Bible Study and Prayer Ministry 7 pm.
CHURCH OF THE REDEEMER PRESBYTERIAN
233341 CRT, Monday-Wednesday 9 am
FIRST UNITED METHODIST CHURCH
Pastor: Don E. Sedore, Pastor, Worship 11 am Sunday
ZION LUTHERAN CHURCH
423 Oak St., Saturday worship 5 pm, Sunday worship and Sunday School 10:30 am Pastor: Amy Parkkila
MANISTIQUE BIBLE CHURCH
81709 101 Highway 2, Manistique, (906) 341-2100, Sunday School 9:30 am, Morning Service 10:30 am, Attention Service 12:45 pm, Chapel Meeting 5:30 pm.
JEHOVAH'S WITNESSES
3414 Main St., 6:45 Garden 8:30 am, Sunday 10 am, Public talk, a Visit/sermon study, Tuesday 7 pm and 7:45 pm, Theocratic Ministry School and Service Times
MANISTIQUE HARBOR PENTECOSTAL CHURCH OF GOD
Pastor: John Lattala, 813 Arthur Ave., 341-2064, Sunday 10 am and 6 pm, Wednesday 7 pm Bible Study and Prayer.
ST. FRANCIS OF SALES CATHOLIC CHURCH
120 Oak St., Ft. Belknap Park, Pastor: Saturday Mass: 6:30 pm, Sunday Mass: 10 am, Confessions: Saturday 11 am, 8:30 am
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6424 S. Cedar St., Manistique, Weekly worship service Sunday 10:30 am. Everyone welcome - "Come, grow with us!"
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Pastor: Jeff Gardner, 532 S. and Clark Inn Road, Saturday services, Sabbath school for children, Bible Study and church services, 10:30 am to 11:30 am, (906) 341-1844
VICTORY LUTHERAN CHURCH
General Office - Schoolcraft Medical Care Facility, 530 Main St., 4:30 pm Sunday, Pastor: Arthur Bode
FAYETTE CONGREGATIONAL CHURCH
Pastor: Vance, Pastor, (906) 341-6290, Sunday School 9:45 am, Morning Worship, 11 am, Sunday and Wednesday Evening - Please call for more information.
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1. Often romantic composition
5. Lunar term
10. California mountain
12. Spiral staircase pillars
14. 'Heat' director
16. Tellurium
18. Gateway (Arabic)
19. No (Scottish)
20. Greek prolegness
22. A team's best pitcher
23. Bard's way of saying 'have'

CBC third charity

organizations and businesses have helped in providing these funds. Good Neighbor Services has also sponsored several shipments. The food is distributed to recipients at the Schoolcraft Memorial Hospital. Everyone is eligible to participate.

Watershed program; This name may be changed, but, basically, provides funds for people in distress who need money for utilities. There is a process that must be followed and GNS provides the guidance. The helping of people in distress in a way that is dignified is not easy, but is handled well at Good Neighbor," he continues.

Haarman goes on to state that the organization depends on volunteers to provide services and relies on community support for major expenses, such as roof repairs and replacement, lighting, equipment, and maintenance.

According to Margo Withey, Good Neighbor Services and A Neighbor's Heart Ministry co-director, the organization was "thrilled" and "excited" when it was announced they had been selected as the third CBC charity.

"It's going to allow us to put more money out into the community," she said, adding that they have had to cut back on certain programs, such as covering full purchases for those traveling to medical appointments.

Additionally, the organization will look into offering temporary shelter for those in need. "It puts us in a position to keep all of our things that we're doing right now, and then do more," Withey said.

One new offering will be a Schoolcraft County Community Meal - a free dinner provided to anyone in the community, with no prequalification needed.

"It's free to anyone, you don't have to be low income - it's a community dinner for people to



Pioneer Tribune photo Above, nestled within the Good Neighbor Services location on Deer Street is the "Soup Kitchen," which offers coffee, water, rolls, and cookies in the morning and soup at lunchtime. The kitchen is open to anyone in need of a meal.

come in and be able to socialize with one another and have some fellowship," Withey explained. "Cooks Congregational Church is actually going to do the work and cook the dinner, we are going to sponsor it and pay for the food."

Withey went on to say that she hopes to see other churches participating.

"We would really like to see it be a thing that is monthly or even weekly if we get enough people involved in it," she said.

"In particular, there are a lot of elderly residents who sit at home and they get depressed because they can't get out with other people. We're hoping that this really takes off ... so there is something for them to look forward to."

Thus far, the Schoolcraft County Community Meal dates are: April 13, June 15, Sept. 21, and Dec. 14. These meals will take place at the VFW Post 4420 from 12-2 p.m. each day scheduled. The meals are open to residents in Schoolcraft County and surrounding areas.

Withey explained that the funds received from CBC will impact all of these programs, but there is still a need within the organization. A 501c3 charity, Good Neighbor Services is currently located in a sprawling building on Deer Street in Manistiquette. This building, formerly a grocery store, was pur-

chased with a donation from an area benefactor.

Withey said the organization had been for years outgrowing its location adjacent to the Habitat for Humanity Restore for years. While considering location options, she and her husband, Lon, also a Good Neighbor Services and A Neighbor's Heart Ministry co-director, were surprised when the benefactor donated \$100,000 to assist in purchasing the building.

As they began the transition to the new building, Withey noted that the need for numerous repairs became apparent, including an estimated \$100,000 roof repair. The original benefactor agreed to match any repair donations up to \$100,000.

In addition, a "36 Club" was formed, seeking 36 women and 36

men to pledge \$36 a month for 36 months. These funds would help pay for the repairs to the building and the operating needs of Good Neighbor Services.

While Good Neighbor Services operates a secondhand store, the funds earned from transactions are used to pay the organizations overhead and fund programs and services for the community. With a volunteer workforce, the only funds used beyond building expenses is for the mileage allowance allotted to Withey and her husband, who live in Delta County and travel to Manistiquette. New volunteers and donors are always welcome. Withey noted, for both the short- and long-term needs of the organization.

For more information on Good Neighbor Services, to volunteer or to donate, call 341-3927.

Word search grid with letters and numbers. Includes the text 'Level: Intermediate'.

Word Search GOING GREEN WORD SEARCH

A grid of letters for a word search. Below the grid is the instruction: 'Find the words hidden vertically, horizontally, diagonally, and backwards.'

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WINNING

Five Manistique High School automotive students recently competed in the Skills USA competition at Bay College in Escanaba.



Editor's Note: The following information is from Manistique Public Safety dispatch logbooks recorded at the time the calls were received.

Tuesday, March 26, 2019
10:25 a.m., animal complaint, Walnut Street.
10:10 p.m., unwanted subject, N. Second Street.
Wednesday, March 27, 2019
9:30 a.m., snow removal complaint, Arbutus Avenue.

Police Log
Manistique Public Safety Department
Point Drive.
7:55 p.m., property inspection, N. Third Street.
Sunday, March 31, 2019
10:21 a.m., fire alarm, E. Lakeshore Drive.
2:10 p.m., animal complaint, U.S. 2 near Garden Avenue.

LMAS urges residents to vaccinate against measles

MANISTIQUE - Public health officials across Michigan continue to monitor an increasing number of measles cases in the Southeast part of the state.

days following the early symptoms. The rash generally starts on the face and proceeds down the body and can persist for several days.

Infants 6-11 months old who will be travelling internationally are recommended to receive a dose of MMR prior to travel.

Measles is a very contagious disease that can have lifelong health complications. Measles is spread through the air when an infected person breathes, coughs or sneezes.

- Infants and children younger than 5 years
• Adults 20 years or over
• Pregnant women
• People with compromised immune systems

LMAS has MMR vaccine available at all four of its clinic locations. To make a vaccination appointment call: 293-5107 (Luce), 643-1100 (Mackinac), 387-2297 (Alger), or 341-6951 (Schoolcraft).

A person who has had the disease in the past, has been vaccinated, or who was born before 1957 is considered to be immune.

"The best way for a person to protect themselves against measles is by getting the MMR vaccine," says Nicholas Derusha, Health Officer at LMAS.

For those who believe they may have been exposed to measles should limit their contact with others until a diagnosis is confirmed.

Symptoms of the measles usually appear 10-12 days after exposure. Early symptoms of the measles include fever, rash, cough, runny nose, and watery eyes.

The MMR vaccine requires two doses. The first should be given to children between 12 and 15 months of age with a second dose given between ages 4 and 6 years.

More information about measles in Michigan can be found Michigan.gov/MeaslesOutbreak. Information about measles from the Centers for Disease Control and Prevention can be found at CDC.gov/measles/.

News Brief

Bay College to host 'Basic Life Support for Healthcare Providers' course

ESCANABA - Bay College Training and Development will be offering Basic Life Support for Healthcare Providers April 17 from 10 a.m.-2 p.m.

emergencies, instruction on how to provide CPR and properly use an automated external defibrillator, and relieve choking in a timely and effective manner.

Cost of the training is \$75, and includes a mask and the required manual. Classes are limited to six participants. To register or view all course offerings, visit https://mytraining.baycollege.edu.

Cell phone limits

continued from A1

store their cell phones during the day. He suggested the MMHS building trades class could build a shelving unit with slots for cell phones.

It followed by a parent or guardian to bring a cell phone on school grounds, Shiner said it would be the student's responsibility to ensure the phone is stored properly.

change, Shiner told the board members that he doesn't want to "fight alone."

"Manistique Area Schools is simply not going to be responsible for your phone once you put it in that area," he added. "We'll do our best to keep our eyes on it, but I'm not going to hire an EA (educational assistant) to manage cell phones. I'm not going to do

it, Rob's not going to do it, I'm not going to pay a teacher to do it. If they (students) choose to do it, we'll have a safe place where they can drop it and pick it up at the end of the day."

"It is going to be a battle, and I really believe that," he said. "I would like the board to discuss it, I would like the board to know that's what I plan on doing."

EMERALD APPAREL advertisement featuring various clothing items like muscle shirts, sweatpants, and cinch sacks. Includes Peoples STORE logo and contact information for Manistique, MI.

Need Copies? advertisement for Pioneer Tribune. Offers to scan or send files to a computer. Contact info: 212 Walnut St., Manistique, MI. Phone: (906) 341-5200.

Life is busy... advertisement for Superior State Agency. Promotes life, home, car, and business insurance. Contact: (906) 341-6907.

ACE Hardware advertisement featuring various tools and equipment on sale. Includes Stanley, Craftsman, and Irwin tools. Prices range from \$4.99 to \$119.99. Contact: (906) 341-5612.

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Courtesy photo

Above, Michigan State University Extension Crop Production Educator Jim Isleib prepares to prune fruit trees at Fayette Historical State Park.

## SCD, MSU Extension to host free apple, fruit tree pruning workshop

MANISTIQUE – Have you ever wondered how to properly prune apple trees or other fruit bearing trees? Schoolcraft Conservation District will hold a free workshop on “fruit tree care” April 13.

The workshop will begin at 1 p.m. inside the First Baptist Church in Manistique. The workshop will include an indoor presentation by Michigan State University Extension Crop Production

Educator Jim Isleib. Afterward, the attendees will travel to Marilyn and Don Benish’s apple orchard. There, Isleib will teach participants pruning techniques and how to revitalize older apple trees.

The fruit tree care workshop is part of SCD natural resources’ education and outreach programming and made possible by Isleib, First Baptist Church, and Marilyn and

Don Benish. The SCD asks potential participants to register in advance in order to ensure handouts are provided for all attendees. Register by calling the SCD at 341-8215.

Additional SCD free workshops planned this spring are: “how to plant native seed and create a backyard pollinator garden” and “spring birding along Manistique boardwalk”.

## Outdoors Briefs

### Three speakers set for ‘Forests and Fish Forum’ in Ishpeming April 16

MARQUETTE – Three speakers will be featured during the DNR’s latest Forests for Fish Forum April 16 at the River Rock Lanes and Banquet Center in Ishpeming.

The lanes are located at 1011 North Road. The forum is scheduled from 5 to 9 p.m. EDT.

Speakers will include Brandon Gerig, who will present “Dynamic

linkages between forest and lake: The Lake Superior watershed.”

Thomas Pratt, a research scientist with the Department of Fisheries and Oceans (Canada), will offer “Everything is connected – life in the nearshore zone of Lake Superior.”

Shawn Sitar will present “Fishes in the abyss – the offshore ecosystems

of Lake Superior.” Sitar is a Michigan DNR fisheries research biologist specializing in lake trout and lake whitefish in the upper Great Lakes. He also is the project leader for the Research Vessel Lake Char and has led research expeditions to the far reaches of Lake Superior, below and above the surface.

### ‘Ask the DNR’ set to air April 11 with forest health specialist available

MARQUETTE – Simeon Wright, a Michigan Department of Natural Resources forest health specialist from the Sault Ste. Marie field office, will be among the panelists answering viewer questions live on the April 11 broadcast of “Ask the DNR.”

Wright will be available to dis-

cuss a variety of issues, from oak wilt to the hemlock woolly adelgid. Additional DNR panelists scheduled to appear include fisheries biologist Cory Kovacs from Newberry, wildlife biologist Karen Sexton from Escanaba and Sgt. Mark Pomroy, a conservation officer from Houghton County.

The hour-long program will be broadcast at 8 p.m. EST, Thursday, April 11 on WNMU-TV13, the Public Broadcasting System station in Marquette.

Questions can be called in to the show at 1-800-227-9668 or submitted prior to the broadcast via email to pepinj@michigan.gov.

## Fish Report

Ret. Sgt. John Walker

Well, I am still trying to figure if spring is really here as I sit looking out my window and the back yard is now covered again. Can you believe it? But the good news is I have it on good authority that warmer spring like weather is supposed to get here next week for sure, only remember there is always a next week so I guarantee it will be here next week for sure.

Let me say right off that you want to remember to go out and purchase your new fishing license before you go out fishing this spring.

For the most part this year’s snowmobile season is over and a lot of the trails are closed because a lot of them cross private land where there is a seasonal contract for their use that expires the first of April. In talking to a number of places that count on the snowmobile traffic for their winter business they tell me they had a super winter season this year, in fact, one of the best they can remember. It always helps when you are in business to start a new year off on a great note and only hope it carries on into the spring fishing season and then on into summer.

If you are or were planning to head up north please remember the 2-tracks are still impassable and in places the snowbanks are still over three feet high. In some areas if you were to step off your snowshoes you would go down into the snow hip deep yet. The lakes are still pretty much still, ice and snow covered so it may be a while after hopefully some warm rains before everything is opened up. Hopefully this will happen before the fishing seasons open.

I saw some deer and turkey

in my travels and the ones I saw looked pretty good but we do need the snow gone and the areas where they can find food to open up. Right now when traveling on the roadway watch closely for game out along the edge of the road where they are looking for food seeing this is the only area opened up right now. I have spotted a high number of road killed deer lying along the road already.

In our travels Wife and I did spot a pair of beautiful mature eagles eating off a road kill and then flying up into a tree on the edge of the road. If you are a true lover of the great outdoors no matter how often you see something like this pair of eagles you never get tired of seeing something like this once again.

Well, if you really want to check and see how things have affected you as you get older just have one of the kid’s come home with a couple of the grandkids and your month old great-granddaughter. Of course whenever they get up home you have to go up to camp and spend some time besides the fact that you have to take pictures of the baby at camp for the first time.

Now in order to get into camp it means you have to use snowshoes! After doing this the first thing this old fossil figured out is that someone has to come up with some Velcro snowshoe bindings and boots. I mean the type where you just lay the snowshoes on the ground then step on them with your Velcro boots and

off you go without having to bend over and put the bindings on.

Now understand bending over (like getting down on one knee) is not a real problem. The real problem is that after you bend over to get the snowshoes on it seems you have to manage to stand back up before you can even think of walking on the snowshoes. When this happens you have really only two choices. One you can admit how old you are and have the grandkids help you up off the ground or else to save face you can crawl over to the nearest tree to shimmy up it to get back on your feet. Method number two is the best for saving face so before you even think of putting on snowshoes find a nice tree to get next to. After doing this for a couple days in a row you will see my need for Velcro snowshoe bindings and boots.

Of course there is a third option but it may just get great-grandpa in a real pickle. He could always take the month old great-granddaughter out of the sled she is getting pulled into camp on and commandeer the sled and then he can hold the little one and have a team of grandkids pull both of them into camp.

But we all made it and after a good fire to warm things up we had a great time. There was still a good two feet of snow on the roof of camp and it will be a while yet before it is all off on the shady side of the roof. So there it was another great couple of days at camp to go down in that famous memory book.

## Eastern UP Advisory to meet, address deer camp surveys

MARQUETTE – Deer camp survey results, a resolution in support of a youth bear hunt and a presentation on the DNR-U.S. Forest Service joint Good Neighbor Authority initiative will be discussed among the agenda items when the department’s Eastern Upper Peninsula Citizens’ Advisory Council meets April 15 in Newberry.

The meeting will be from 6 to 8:30 p.m. EDT in the basement conference room at the Luce-Mackinnac-Alger-Schoolcraft Health Department in Newberry, located at 14150 Hamilton Lake Road.

The Eastern U.P. Citizens’ Advisory Council and its western U.P. counterpart meet alternating months throughout the year.

The public can participate in the session by offering comments to the discussion during two specified periods at the meeting (for instruc-



Photo courtesy DNR

tions on comment procedures, see Michigan.gov/UPCAC).

The DNR’s eastern and western Upper Peninsula citizens’ advisory councils are designed to provide local input to advise the DNR on regional programs and policies, identify areas in which the department can be more effective and responsive, and offer insight and guidance from members’ own experiences and constituencies.

For more information, contact (906) 226-1331.

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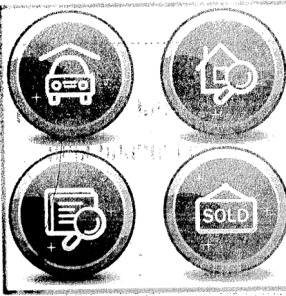
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STATE OF MICHIGAN PROBATE COURT SCHOONCRAFT COUNTY  
**NOTICE TO CREDITORS**  
Decedent's Estate  
File # 19-0757-DE  
ESTATE OF Matthew E. Nelson  
Deceased  
Date of birth: March 18, 1967  
NOTICE TO CREDITORS: The decedent, Matthew E. Nelson, died March 6, 2019. Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to John A. Nelson, named personal representative or to both the Schoolcraft County Probate Court, at 300 Walnut Street, Room 125, Manistique, Michigan 49854, and the named personal representative within four (4) months after the date of publication of this notice.  
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Contact the school for more information. (906) 494-2521

*A Heartfelt Thank You*  
The family of the late Esther Erickson wishes to acknowledge the many expressions of sympathy and kindness shown to us following our mother, grandmother's passing.  
We offer our thanks to the many friends and well wishers who provided support for us at this difficult time. For those that sent cards and messages of condolences, as well as those who made charitable donations, we are truly grateful.  
A special thank you to the ambulance crew that took mom to Petoskey, you were all so kind; to Schoolcraft Memorial Hospital, doctors, nurses and staff for their kindness and respect shown at all times; to the Fauset Family Funeral Home... Ryan and Lindsey for helping us through this difficult time.  
To those that helped in any way we are so grateful. If we have overlooked anyone we are truly sorry.  
Sadly missed by all who knew her.  
The Esther Erickson Family

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**Schoolcraft County Road Commission**  
NOTICE TO RESIDENTS OF SCHOONCRAFT COUNTY  
The regularly scheduled board meeting for April 10th, 2019 for the Schoolcraft County Road Commission has been rescheduled. The meeting will now take place on April 8th, 2019 at 7:00 AM. All meetings are held at 332N East Road Manistique, MI 49854. For any questions or concerns please feel free to contact our office at 906-341-5634.  
Thank you,  
Schoolcraft County Road Commission

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**HIAWATHA BEHAVIORAL HEALTH POSTING: CONTRACT OUTPATIENT THERAPIST**  
\*\*\$5,000 SIGN ON BONUS/3 YEAR COMMITMENT\*\*  
**SUMMARY:** Perform initial clinical assessments to determine eligibility and service needs to those individuals requesting services at HBH. Provide brief outpatient therapy services to persons with serious mental illness, serious emotional disturbance, or developmental disabilities. Provide co-occurring services for persons with substance use disorders in addition to mental health disorders. Provide therapy to children and adults in individual, family, and/or group sessions. Work closely with case manager, psychiatrist, nursing and paraprofessional employees in a team approach to management mental health services.  
**WORK HOURS:** Contract, Part Time, variable hours per week.  
**QUALIFICATIONS:**  
1. Master's Degree required in Social Work, Psychology, or other related Human Service field.  
2. State of Michigan Registration as a Licensed Masters Social Worker, or Licensed Professional Counselor required. Will also consider Limited Licensed clinicians (LLMSW, LLPC)  
3. Knowledge and/or experience assisting people diagnosed with substance use disorders, must be willing to work towards CADC certification.  
**PRIMARY LOCATION:** Manistique, MI  
**APPLY IN WRITING TO:** Jenni Russo, Human Resources Administrative Assistant  
3665 S. Mackinac Trail,  
Sault Ste. Marie, MI 49783  
FAX - (906) 635-3760  
Equal Opportunity Employer

**HIAWATHA BEHAVIORAL HEALTH POSTING: OUTPATIENT THERAPIST**  
SALARY RANGE: Exempt, Union, \$39,603.00 - \$54,163.92 Annually.  
\*\*\$5,000 SIGN ON BONUS/3 YEAR COMMITMENT\*\*  
**SUMMARY:** Perform initial clinical assessments to determine eligibility and service needs to those individuals requesting services at HBH. Provide brief outpatient therapy services to persons with serious mental illness, serious emotional disturbance, or developmental disabilities. Provide co-occurring services for persons with substance use disorders in addition to mental health disorders. Provide therapy to children and adults in individual, family, and/or group sessions. Work closely with case manager, psychiatrist, nursing and paraprofessional employees in a team approach to management mental health services.  
**WORK HOURS:** Full Time, 40 hours per week.  
**QUALIFICATIONS:**  
1. Master's Degree required in Social Work, Psychology, or other related Human Service field.  
2. State of Michigan Registration as a Licensed Masters Social Worker, or Licensed Professional Counselor required. Will also consider Limited Licensed clinicians (LLMSW, LLPC)  
3. Knowledge and/or experience assisting people diagnosed with substance use disorders, must be willing to work towards CADC certification.  
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3665 S. Mackinac Trail,  
Sault Ste. Marie, MI 49783  
FAX - (906) 635-3760  
DEADLINE: Open Until Filled  
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**ANSWERS FOR APRIL 4, 2019**  
**CROSSWORD**  
S H A S T A N E W S L E T  
M I C H I G A N M A N N I T Y  
B A B A N A E S I B Y L  
A C E H A D S I T S A M A  
D R I R M O D H A S L I P  
N S E C B I L E S  
E M A I L R E E S E  
R A T T E D P E N T  
A N T I S A C S A E O U R  
S T O W B A S A L A P P  
E R N E S H A D M P  
D A B E N E D I C T I N E  
P I E T A S S A I L E D  
A R A B S T R E K  
**HOROSCOPES**  
April 7-April 13  
ARIES - Mar 21/Apr 20  
Carnity is a useful advice. Keep a handle on this week. Do not get delving into situations that do not involve you, or you could end up in trouble.  
TAURUS - Apr 21/May 21  
Taurus, if a certain person's bossiness is causing concern, you may need a speak up or simply avoid that person for the time being. The or she can't be involved in your life.  
GEMINI - May 22/Jun 21  
Gemini, save yourself a lot of frustration and accept the way things are right now. Focus on the positives in your life and count your many blessings.  
CANCER - Jun 22/Jul 22  
The universe has an important lesson to teach you. Control as you can benefit in unknown ways. This is challenging, but worth it.  
LEO - Jul 23/Aug 22  
No, think twice before you commit to any projects or business appointments with others. You have to have all of the details worked out in advance before you can proceed.  
VIRGO - Aug 23/Sept 22  
Virgo, if relationship issues are confusing you, it might be the right time to distance yourself and go it alone for a while. This will help you get your bearings.  
LIBRA - Sept 23/Oct 23  
Reach out to your friends this week and ask them for advice on your current situation. Libra. They know you well enough and may have some important insight.  
SCORPIO - Oct 24/Nov 22  
Scorpio your creativity is easily channeled this week and you are bound to surpass yourself with others who are eager to brainstorm ideas. This can prove beneficial.  
SAGITTARIUS - Nov 23/Dec 21  
You have set goals and your feet are firmly planted on the ground. These are assets that will serve you well, and others will soon look to you for inspiration.  
CAPRICORN - Dec 22/Jan 20  
Try a different approach if you want to see results. Capricorn. Doing the same thing over and over again hasn't worked for you thus far as it pertains to your relationship.  
AQUARIUS - Jan 21/Feb 19  
Take the scenic route if you are going on a trip. Aquarius. Getting sidetracked is the goal this time around, and you can wander off to parts unknown.  
PISCES - Feb 19/Mar 20  
Support a friend who needs a strong shoulder to lean on. Pisces. This person isn't likely to ask for help, so reach out.  
**WORD SEARCH**  
FAMOUS BIRTHDAYS: APRIL 7, Peyton List, Actress (21); APRIL 8, DJ Loaf, Rapper (26); APRIL 9, Leighton Meester, Actress (33); APRIL 10, Mandy Moore, Singer (30); APRIL 11, Alessandra Ambrosio, Model (36); APRIL 12, Brandon Lee, Singer (32); APRIL 13, Ty Dolla Sign, Rapper (34)

**HELP WANTED**  
Registered Nurse - Full-time  
North Woods Home Care and Hospice has an excellent opportunity for a full-time RN/Case Manager to work in the Delta/Schoolcraft County areas. We are looking for a compassionate professional with strong nursing skills. RN will work with a multi-disciplinary team of health professionals, make home visits to patients and assume on-call responsibilities for patients in the Schoolcraft County area.  
Experience in home care is a plus. Computer literacy needed and experience in computerized documentation system is helpful. We offer an attractive compensation and benefits package including a sign on bonus and a company car based from home.  
Send resume to:  
North Woods Home Care and Hospice  
Attn: Kelsey Dawson-wildcamp - Personnel Depart.  
PO Box 307  
Manistique, MI 49854  
[www.northwoodshomecare.com](http://www.northwoodshomecare.com)  
Phone 906-341-6963 • Fax: 906-341-2490  
email: info@nwvhc.com  
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Sports Brief

Youth Wrestling Tournament is set for April 20

MANISTIQUE – The Manistique Youth Wrestling organization will be holding its 18th annual Youth Wrestling Tournament April 20. The tournament will take place inside the Richard Bonifas Gymnasium at Manistique Middle and High School. After weigh-ins, wrestling will

start at approximately 10 a.m. There will be plenty of wrestling action on the mats throughout the day, from pre-k through eighth grade wrestlers competing.

A concession will be available during the tournament, as well as a raffle table and 50/50 drawing.

Calumet to host NHL pre-season game after 'Hockeyville' selection

CALUMET, Mich. – Over the years, Kraft Hockeyville USA has helped to rebuild and upgrade rinks across the nation. In January they kicked off their 2019 campaign allowing participants to submit stories and begin rallying. From there, their panel judged each story which equated to 80 percent of the community's total score. They also tallied up the rally activity which was 20 percent of the total score and seated the top four.

This year's final contestants included Calumet, Mich., Eagle River, Wis., Cadillac, Mich., and Sartell, Minn.

These finalists then went head to head in a final round of voting, to determine who would be crowned the next Kraft Hockeyville USA. Voting was opened at 7 a.m. on March 30 and concluded at 11 a.m. on March 31.

At the completion of voting, the Calumet Colosseum in Calumet, Mich., was declared the winner. They will have the honor of hosting an NHL game and will receive \$150,000 in upgrades to the facility. First place received \$30,000 in rink upgrades and the second place winners each will receive \$10,000.

This was not the first time an Upper Peninsula arena was fortunate enough to be the recipient of the honor. Lakeview Arena in Marquette won the 2016 designation. The hosted the pre-season game between the Carolina Hurricanes and the Buffalo Sabres.

The Kraft Hockeyville officials and members of the NHL Association will be going to the Calumet Colosseum April 10 and 11 to look at the facility to decide what needs to be done to host an NHL pre-season game.

Broullire competes in 2019 USA Skeleton Championships

LAKE PLACID, N.Y. – Everyone has a bucket list and from time to time we're able to check one off. Manistique native Kenner Broullire recently checked one off his, competing in an Olympic sport – the USA Skeleton National Championships at Mount Van Hoevenberg. These who finished in top places received a spot on the 2019-20 World Cup team.

What is skeleton? When driving down the highway, imagine opening your car door and putting your chin just one inch from the pavement as you speed along at 80 mph. What if you have no brakes? No seat belt? Now let's take away the sturdy frame of the car so that you're lying on your stomach on something that looks oddly similar to a cafeteria tray.

Skeleton sleds don't have an engine, brakes or a seat belt. Athletes must power the 75- to 100-pound sled off the starting block by springing in a bent over position, which requires strength, power and speed. Athletes negotiate the track through subtle shifts in body weight that apply pressure to the shoulder steer bars and knee bars. Skeleton requires aggression at

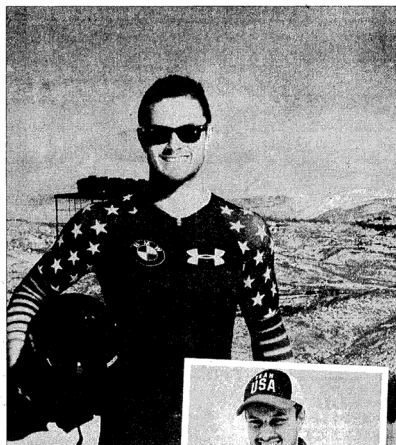
the start, but as soon as the athlete loads onto the sled they must immediately relax to guide the sled to the finish with finesse.

The sport was first discovered in 1882 by English soldiers who designed and built a curved toboggan track in Switzerland, which they would slide down on a metal sled. This new way of sledding intrigued many people, thus eventually becoming a professional and Olympic sport in 1926.

With the advancement in modern technology and materials, the sleds have progressed since the 1800s, where a sled today is made from fiberglass and steel, rather than just steel. Due to the new materials and dimensions athletes can gain up to 80 miles per hour in speed when sledding.

Broullire has competed in several events since last fall. In Lake Placid March 22-23, he finished 15th with a combined time of 3:49.81 (57.51, 57.48, 56.62, 58.20).

First place was taken by Austin Florian with a 3:37.82 (54.46, 54.69, 54.66, 54.01). Second went to Kyle Brown with a 3:38.02 (54.52, 54.91, 54.18, 54.41)



Courtesy photos Manistique native Kenner Broullire, recently competed in the 2019 USA Skeleton National Championships at Mount Van Hoevenberg in Lake Placid, N.Y. Broullire is pictured above training at the Utah Olympic Park track. At right, Broullire displaying his "super hero roots".



2019 NCAA DIVISION I MEN'S BASKETBALL CHAMPIONSHIP BRACKET



UP Forestry Auto Tour app now available

LANSING – The Michigan Society of American Foresters has made available an app for the popular Upper Peninsula Forestry Auto Tour. This app, compatible with most Windows and Android supported devices, is available for free download from the Google Play Store (play.google.com). From there, click on "apps", and then search for "UP Forestry Auto Tour". An Apple/i-phone compatible app will be made available soon.

The app provides information about the self-guided forestry auto tour that winds through the Upper Peninsula of Michigan. The tour is designed to guide travelers along UP highways and help people learn about the beautiful and productive forests.

As you drive through the UP, you may see road signs with a distinctive green shield with a number that corresponds to a forest type. A map showing most of these sign locations can be found in this app, along with de-

scriptions and pictures the various forest types that are managed for timber, recreation, and ecological values.

The Upper Peninsula Forestry Auto Tour is just one of the many projects supported by the MSAF to promote the understanding and appreciation of Michigan's forests.

If you would like a brochure which contains much of the information contained in the app, visit any of the 14 Michigan Department of Transportation Welcome Centers, such as the one located on the north end of the Mackinac Bridge, as well as other brochure outlets.

The MSAF serves those professional natural resource managers responsible for the stewardship of our forests and is part of the Society of American Foresters, the national scientific and education organization representing the forestry profession in the United States.

For more information on the Michigan Society of American Foresters, visit <http://www.mchigansaf.org>.

Soo Locks open as 2019 shipping season begins

DETROIT – The U.S. Army Corps of Engineers, Detroit District, announced the Soo Locks in Sault Ste. Marie, recently opened, marking the beginning of the 2019 Great Lakes shipping season. "The upbound Motor Vessel Stewart J. Cort, a U.S. Flagged 1,000-foot freighter, was the first ship to enter the Poe Lock," said Jeffrey Harrington, operations section chief, Soo Area Office.

"Maintaining navigation on the Great Lakes is one of the Detroit District's core missions and the Soo Locks is really the linchpin of the Great Lakes Navigation System," said Lt. Col. Greg Turner, district engineer, Detroit District. "While

we are aggressively moving out on building the new lock at the Soo, we must remain focused on keeping the existing infrastructure in good working order. The incredible team of dedicated professionals in Sault Ste. Marie and Detroit, Mich., deserve our thanks for successfully completing another massive winter work program. I couldn't be more proud."

The locks were officially closed on Jan. 15 and underwent critical repairs and maintenance during the 10-week long winter shutdown. Extensive work was performed on the Poe Lock including weld inspections and repairs on the upstream gate, re- placement of anchorage links for the

dewatering gate, minor repairs and inspection on the intermediate and downstream gates, and underflow drainage cleaning. The MacArthur Lock underwent repairs to the filling and emptying valve bulkhead slots and replacement of anchorage links for the dewatering gate and intermediate gate. A formal periodic inspection was also completed. The MacArthur Lock, located on the south side of the Poe, will continue undergoing maintenance until mid-April. The Detroit District operates and maintains the Soo Locks. Located on the St. Marys River, Michigan, the locks have been a part of the Corps navigation mission since 1881.

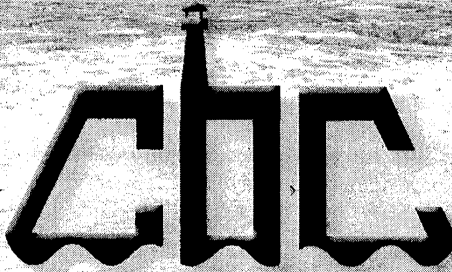
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# 52nd Annual Fund Drive

Palm Sunday  
April 14

Manistique  
High School



AMERICAN CANCER SOCIETY • BAY CLIFF HEALTH CAMP • COMMUNITY CHARITIES

## For neighbors in need

### Good Neighbor Services lends a helping hand to area residents

MANISTIQUE – With a wide array of services provided to members of the community, it's no surprise Good Neighbor Services has been selected as the third charity of this year's CBC Fund Drive. The CBC is an annual event that raises funds for three worthy charities – the American Cancer Society, Bay Cliff Health Camp, and a third, local charity, selected yearly.

To qualify as a CBC third charity, that charity must serve Schoolcraft County residents and have a current 501c3 designation. Additionally, it must fulfill at least one of the following community needs: provide access to food and clothing; assist the impoverished; provide access to health care; or contribute to the health-related welfare of the community.

"We were looking for a qualifying charity who services Schoolcraft County residents, in the areas of providing access to food and clothing, access to healthcare or contribute to the health welfare of the community," said Lisa Braun, CBC second chairperson. "Good Neighbor was a standout charity for multiple reasons: their food pantry, funding for Food for America trucks, providing funds for persons in financial distress to help pay for their utilities, and a daily soup kitchen. Neighbors helping neighbors."

According to Bob Crumb, CBC first chairperson: "Good Neighbors was an excellent choice, as they provide vital services to assure people in our area get to medical appointments, are fed, have clothes, and can keep the utilities on. This all keeps people in our community



Pioneer Tribune photo

Above, Lon and Margo Withey, Good Neighbor Services and A Neighbor's Heart Ministry co-directors, pose for a picture Wednesday morning inside the Good Neighbor Services Thrift Store.

healthy."

According to the letter of interest to become the CBC third charity, submitted by Good Neighbor Services representative Steve Haarman, the mission of the organization is building relationships within the community and offering resources that "foster dignity and respect".

"What we do in general: Thrift shop;

we run this shop as a business for the purpose of earning money to fund expenses of operation and money which will be used for providing our services." Haarman wrote. "Food pantry; people in need with the proper vouchers come in and are served by the pantry, which provides meat, vegetables and a variety of other foods available at the time. Food for America;

we arrange for the funding of the truck loads of food from the government. This operation takes place eight times a year. The cost is \$1,800 each time. Various organizations and businesses have helped in

Good Neighbor  
continued on page 3

TO MAKE A PLEDGE CALL:

(906) 341-9701

TO PLACE A BID CALL:

(906) 341-4701

Broadcast from 12-7 p.m. • Listen on AM 1490 • Live stream on the CBC Facebook page

[www.cbcschoolcraft.org](http://www.cbcschoolcraft.org)

Broadcast Sponsored by: Charter Communications and WTIG 1490 AM

# CBC 52<sup>nd</sup> CBC Fund Drive - Schedule of Events



Tune In...  
Drop By....  
Give Now!

**STRONGER TOGETHER**

12:00 National Anthem - Cindy Silkworth	1:30 Talent - Miss Schoolcraft County, Danielle Lund	3:15 Interview-Bay Cliff
12:05 CBC Chairs - Bob Crumb and Lisa Braun and PJ Stoll	1:40 Pitches and Pledges	3:30 Vanguards Men's Chorus
Proclamations	1:45 Talent - Peter Mleko	3:45 Interview - Community Charities, Good Neighbor Services
12:10 Bid Items	1:55 Bid Items	4:00 Bid Items
12:20 Talent - Jena Osterhout	2:00 Talent Mary Larsen and Friends	4:05 Talent - Key Players
12:30 St Francis de Sales Pre-School Choir	2:15 Pitches and Pledges	4:20 Talent- Mattisyn Hunkle, Vocalist
12:45 Bid Items	2:20 Talent - Jodi Louwsma, Vocalist	4:35 Talent - Key Players
12:55 Talent- Brian and Rebecca Maier	2:30 Pitches and Pledges	4:45 Pitches and Pledges
1:10 Interview-American Cancer Society	2:35 Talent - Backroads 906 Band	4:50 Adjust for overages
1:25 Introduction-Schoolcraft County Royal Court	2:45 Bid Items	4:55 God Bless America
	3:00 Talent - Vanguards Men's Chorus	5:00 Sign off!

*NOTICE: Changes may be made prior to the event.*

Call (906) 341-9701 to make a pledge  
Check the website often at [www.cbcschoolcraft.org](http://www.cbcschoolcraft.org)  
to see the updated schedule and view items available for bid.



SMH is selling Moscow Mule Mugs to support CBC. Two styles are available - Schoolcraft Memorial Hospital Logo or CBC logo. They will be on display and available for purchase on CBC Sunday.

**\$15** Each  
(\$5 from each mug will be donated to the CBC Fund Drive)

Schoolcraft Memorial Hospital is a rural hospital with big city services! No need to travel out of town, when all of your health care needs can be served close to home by our team of health care providers and specialists.

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**52nd Annual CBC Fund Drive**

*Our Vision: We will be the trusted first choice for our patients, staff and physicians.  
Our Mission: To provide quality health and wellness services for the people of our region.*

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# Good Neighbor

continued from page 1

providing these funds. Good Neighbor Services has also sponsored several shipments. The food is distributed to recipients at the Schoolcraft Memorial Hospital. Everyone is eligible to participate.

Watershed program; This name may be changed, but, basically, provides funds for people in distress who need money for utilities. There is a process that must be followed and GNS provides the guidance. The helping of people in distress in a way that is dignified is not easy, but is handled well at Good Neighbor," he continues. "Soup kitchen; at this time, we provide coffee, water, rolls, and cookies in the morning and have the soup on for anyone who wants it around the noon hour. It will be promoted professionally as we progress in our new setting. We hope to involve high school honor students in this program."

Haaman goes on to state that the organization depends on volunteers to provide services and relies on community support for major expenses, such as roof repairs and replacement, lighting, equipment, and maintenance.

According to Margo Withey, Good Neighbor Services and A Neighbor's Heart Ministry co-director, the organization was "thrilled" and "excited" when it was announced they had been selected as the third CBC charity.

"It's going to allow us to put more money out into the community," she said, adding that they have had to cut back on certain programs, such as covering fuel purchases for those traveling to medical appointments. "It was taking so much funding. We will be able to start that again."

Additionally, the organization will look into offering tem-

porary shelter for those in need.

"It puts us in a position to keep all of our things that we're doing right now, and then do more," Withey said.

One new offering will be a Schoolcraft County Community Meal – a free dinner provided to anyone in the community, with no prequalification needed.

"It's free to anyone, you don't have to be low income – it's a community dinner for people to come in and be able to socialize with one another and have some fellowship," Withey explained. "Cooks Congregational Church is actually going to do the work and cook the dinner, we are going to sponsor it and pay for the food."

Withey went on to say that she hopes to see other churches participate.

"We would really like to see it be a thing that is monthly or even weekly if we get enough people involved in it," she said. "In particular, there are a lot of elderly residents who sit at home and they get depressed because they can't get out with other people. We're hoping that this really takes off ... so there is something for them to look forward to."

Thus far, the Schoolcraft County Community Meal dates are: April 13, June 15, Sept. 21, and Dec. 14. These meals will take place at the VFW Post 4420 from 12-2 p.m. each day scheduled. The meals are open to residents in Schoolcraft County and surrounding areas.

Withey explained that the funds received from CBC will impact all of these programs, but there is still a need within the organization. A 501c3 charity, Good Neighbor Services is currently located in a sprawling building on Deer Street

in Manistique. This building, formally a grocery store, was purchased with a donation from an area benefactor.

Withey said the organization had been for years overlooking its location adjacent to the Habitat for Humanity Restore for year. While considering location options, she and her husband, Lon, also a Good Neighbor Services and A Neighbor's Heart Ministry co-director, were surprised when the benefactor donated \$100,000 to assist in purchasing the building.

As they began the transition to the new building, Withey noted that the need for numerous repairs became apparent, including an estimated \$100,000 roof repair. The original benefactor agreed to match any repair donations up to \$100,000.

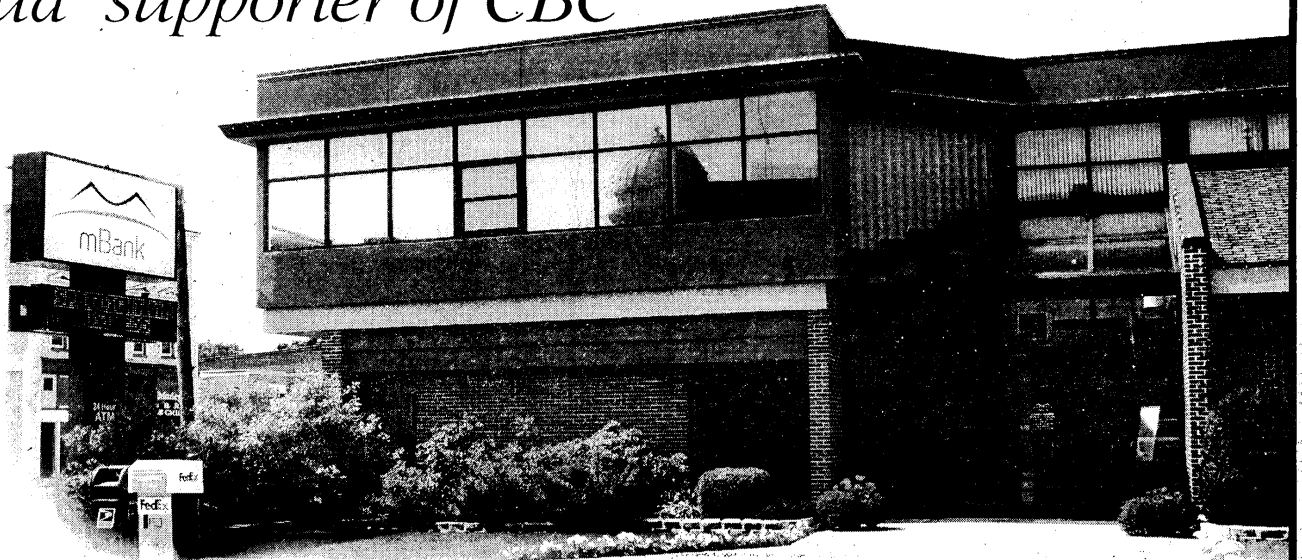
In addition, a "36 Club" was formed, seeking 36 women and 36 men to pledge \$36 a month for 36 months. These funds would help pay for the repairs to the building and the operating needs of Good Neighbor Services.

While Good Neighbor Services operations a secondhand store, the funds earned from transactions are used to pay the organizations overhead and fund programs and services for the community. With a volunteer workforce, the only funds used beyond building expenses is for the mileage allowance allotted to Withey and her husband, who live in Delta County and travel to Manistique.

New volunteers and donations are always welcome, Withey noted, for both the short- and long-term needs of the organization.

For more information on Good Neighbor Services, to volunteer or to donate, call 341-3927.

## Proud supporter of CBC



For years, mBank's stewardship has served four generations of Northern Michigan residents. Through times of both prosperity and challenge, it's always been our commitment to protect their savings, fund their dreams, and secure their futures.

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Manistique

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# CBC event lineup

Contribute to the cause by attending events

**MANISTIQUE** – The annual CBC Fund Drive is underway and there are plenty of events scheduled to benefit the fundraiser.

Upcoming events include:

-Manistique Moose Lodge Fish Fry and Brown Bag Auction: April 5 at the Manistique Moose Lodge. Auction begins at 7 p.m. and all proceeds go to CBC. The event is open to the public.

-CBC Skeet Shoot: April 13, at the Manistique Rifle and Pistol Club at 12 p.m. The event is open to the public and all proceeds benefit the CBC. The indoor range will be open for pistol and rimfire rifle. For more information, contact (906) 450-2621.

-CBC Volleyball Tournament: April 14, inside the Manistique Middle and High School gymnasium beginning at 12:30 p.m. Cost is \$100 per team, with a limit

of 10 teams. Registration ends March 31. Prizes for first and second places will be awarded. For more information, contact (906) 450-1323.

-CBC Talent Show: April 14, inside the Manistique Middle and High School auditorium. Talent is still needed for the competition, which spans six hours. For more information or to sign up for the show, contact (906) 450-0878.

-CBC Auction: April 14, inside the Manistique Middle and High School, beginning at 12 p.m. Auction items are still needed. To donate auction items, drop them off at mBank in Manistique. For more information about the auction, call Magan Peterson at mBank.

-Hardees of Manistique will donate 15 percent of sales made on April 14 to the CBC Fund Drive.

## Need medical supplies?

Visit the Manistique Senior Center loan closet

**MANISTIQUE** – Schoolcraft County is fortunate enough to have a Medical Loan Closet for those in need of medical equipment for a short period of time or even a day. Equipment is available for residents of all ages that reside in Schoolcraft County.

The Medical Loan Closet is located at the Manistique Senior Citizen Center, 101 Main St. Hours of operation are Monday through Friday, between the hours of 8 a.m. and 4 p.m.

Items include, but are not limited to the following: wheelchairs, commodes, walkers, quad canes, shower benches, crutches, strollers, hi-rise toilet seats and over the bed tables.

The Medical Loan Closet also carries blue pads, feminine products and adult protection briefs. (Available when donated.)

A donation of \$5 per piece of equipment is asked, allowing the person to keep the equipment for up to six-months, with a re-



*Pioneer Tribune photo*  
Jennifer Niemela is the new Manistique Senior Center executive director.

newal if equipment needs to be used longer.

Donations of the above equipment are also accepted. They ask that it be clean and in good condition.

If a resident is in need of borrowing or would like to donate a piece of equipment, contact Manistique Senior Center Executive Director Jennifer Niemela or Carol Ford at 341-5923.

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# At the helm

## CBC chairs for 2019 take on the fund drive

MANISTIQUE – Now in its 52nd year, the annual CBC Fund Drive is currently underway. The fundraiser culminates each year on Palm Sunday with a CBC Radiothon – this year on April 14.

The CBC Radiothon, which is also livestreamed, takes place at the Manistique High School and includes games, community booths, food vendors, a live auction, the CBC Volleyball Tournament, and more. Heading up the CBC Fund Drive for 2019 are Bob Crumb, first chairperson; Lisa Braun, second chairperson; and PJ Stoll, third chairperson.

Crumb is currently serving as CEO of Schoolcraft Memorial Hospital and has more than 35 years of experience with critical access hospitals, rural health clinics, and strategic planning. He holds a Master of Sci-

ence degree in healthcare operations management.

Crumb enjoys hunting, hiking, snowshoeing, kayaking, and cooking. He lives in Manistique with his wife, Terri, and has joined the Manistique Rotary Club and the Schoolcraft Tourism and Commerce Board.

“CBC 52 should be the best ever,” Crumb said. “We are hoping to raise \$55,000 this year – what a blessing for this community.”

Braun grew up in Manistique and graduated from Manistique High School. After high school, she attended Northern Michigan University and earned a Bachelor of Science in business/accounting and earned a Master of Business Administration from the University of Michigan in 2004.

Braun began working at Port Inland

Quarry in 1996, and, after holding various accounting roles for the Great Lakes Operations, in 2010 she transitioned into the logistics manager position for Carmeuse Great Lakes Quarries. Her team is responsible for shipping approximately 18 million tons of limestone, via lake freighters, across the Great Lakes.

Braun has three children – Olivia is a senior at the University of Michigan, studying nursing; Taylor is a sophomore at Northern Michigan University, studying business; and Tanner lives and works in Manistique.

“This is my second year serving on the board for CBC,” said Braun. “As

**CBC chairs**  
continued on page 11



Courtesy photo

From left to right, the 2019 CBC chairs are: Bob Crumb, first chair; PJ Stoll, third chair; and Lisa Braun, second chair.

## CBC chairs who have served since 1968

- 1968 Dick Ketcik, Dorothy Hoholik, Ann Johnson
- 1969 Rev. Roy Pitts, Rev. Dan Zaloga
- 1970 Rev. Ted Doane, William Griffith
- 1971 William Griffith, Ty Gal
- 1972 Ty Gal
- 1973 William Griffith, Pat Kelly
- 1974 Pat Kelly, David Vaughan
- 1975 David Vaughan, Ronald Patrick
- 1976 Ronald Patrick, Michael Brooks
- 1977 Michael Brooks, Douglas Carter
- 1978 Douglas Carter, Robert Males
- 1979 Robert Males, Phillip Ott
- 1980 Phillip Ott, James Moffat
- 1981 James Moffat, Bill Hentschell, Jr.
- 1982 Bill Hentschell, Jr., John Males
- 1983 John Males, Dan Malloy
- 1984 Dan Malloy, David Jahn
- 1985 David Jahn, Bruce Plackowski
- 1986 Bruce Plackowski, James St. Louis
- 1987 James St. Louis, Mark Larche
- 1988 Mark Larche, Gary Maddox
- 1989 Gary Maddox, Peter Hollenbeck
- 1990 Peter Hollenbeck, Alan Jarvi
- 1991 Alan Jarvi, Greg Aho
- 1992 Greg Aho, Chris Kieffer
- 1993 Chris Kieffer, John Lindroth
- 1994 John Lindroth, Thomas Broullire
- 1995 Thomas Broullire, Paul Hinkson
- 1996 Paul Hinkson, Betty LaPointe
- 1997 Betty LaPointe, Gail Hoholik
- 1998 Gail Hoholik, Johanna Worley-Ekstrom
- 1999 Johanna Worley-Ekstrom, Paul Olson
- 2000 Paul Olson, Carol Hollenbeck
- 2001 Carol Hollenbeck, Greg Mulligan
- 2002 Carol Hollenbeck, Kevin Denecke
- 2003 Kevin Denecke, Alan Housler, Jim Barr
- 2004 Alan Housler, Jim Barr, Rick Stram
- 2005 Jim Barr, Rick Stram, Steve Wood
- 2006 Rick Stram, Steve Wood, Bob Sands
- 2007 Steve Wood, Bob Sands, George Ecclesine
- 2008 Bob Sands, George Ecclesine, Robyn Loviska
- 2009 George Ecclesine, Robyn Loviska, Steve Strasser
- 2010 Robyn Loviska, Steve Strasser, Mike Powers
- 2011 Steve Strasser, Mike Powers, Sheila Aldrich
- 2012 Mike Powers, Sheila Aldrich, Kelly George
- 2013 Sheila Aldrich, Kelly and Victoria George, Erik Mason
- 2014 Kelly and Victoria George, Erik Mason, Doug and Stacy Morrison
- 2015 Erik Mason, Doug Morrison and Jim Weber
- 2016 Doug Morrison, Jim Weber and Alan Barr
- 2017 Jim Weber, Alan Barr and Bob Crumb
- 2018 Alan Barr, Bob Crumb and Lisa Holmberg
- 2019 Bob Crumb, Lisa Braun and PJ Stoll



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CBC 2019

# American Cancer Society

Facts about the charitable organization that serves so many

## Facts About the American Cancer Society

### About Your American Cancer Society

The mission of the American Cancer Society is to save lives, celebrate lives, and lead the fight for a world without cancer. As we all know, when cancer strikes, it hits from all sides. That's why we're committed to attacking cancer from every angle. With more than 100 years of experience and leadership, we are a global force, fighting all cancers on all fronts, across the US and around the globe.

With the help of millions of supporters, we launch breakthrough research, create empowering resources for people to outsmart cancer, enable local communities to support those affected, and convene powerful activists to create awareness and impact.

### How the American Cancer Society is organized

The American Cancer Society, Inc., is a 501(c)(3) nonprofit corporation governed by a single Board of Directors that is responsible for setting policy, establishing long-term goals, monitoring general operations, and approving the organizational outcomes and allocation of resources. The Board is composed entirely of volunteers from the medical and lay communities.

Our structure includes a global headquarters in Atlanta, Georgia, as well as Regional and local offices throughout the country supporting six geographic Regions with 250 Regional offices. The global headquarters is responsible for overall strategic planning; corporate support services such as human resources, financial management, IT, etc.; development and implementation of global and nationwide endeavors such as our groundbreaking research program, our global program, and 24/7 live helpline; and providing technical support and materials to Regional and local offices.

With a presence in more than 5,000 communities, the American Cancer Society is structured to fight cancer on all fronts. Our Regional and local offices mobilize communities in the cancer fight, delivering potentially lifesaving programs and services and raising crucial funds to support our mission.

### How donations help fight cancer

The American Cancer Society is committed to our obligation to spend donor dollars wisely. Here's a year-end glimpse at how your donations helped save lives – by the numbers. The most recent data (as of August 2018) is from the 2017 fiscal year.

### Fulfilling our mission

Overall, in 2017, 79 percent of American Cancer Society resources were invested in cancer research, patient support, prevention information and education, and detection and treatment. The other 21 percent of resources were used to fund our management and general expenses, and fundraising expenses.

Resources allocated to program services (totaling 79 percent of American Cancer Society resources) include:

\$145 million invested in cancer research (support to fund and conduct research into better ways to prevent,

detect, and treat cancer, how to improve the quality of life for people living with cancer, and to advocate for laws and policies that help further cancer research)

\$304 million invested in patient support (programs to assist cancer patients and their families, easing the burden of cancer)

\$129 million invested in prevention information and education (programs that provide the public and health professionals with information and education to prevent cancer occurrence or to reduce the risk of developing cancer)

\$80 million invested in detection and treatment (programs that are directed at finding cancer before it is clinically apparent and that provide information and education about cancer treatments for a cure, recurrence, symptom management, and pain control)

Resources allocated to supporting services (totaling 21 percent of Society resources) include:

\$38 million used to fund management and general expenses (executive, financial, and administrative services needed to direct the efforts of the American Cancer Society)

\$142 million spent on fundraising expenses (securing charitable financial support for the Society's programs and services)

### Volunteers

As a global grassroots force, the Society relies on the strength of millions of dedicated volunteers. From leadership volunteers who set strategy and policy to community volunteers who organize special events and patient support programs, our volunteers, supported

by professional staff, drive every part of our mission. The Society's diverse volunteer opportunities empower people from every community to play a role in saving lives, while fulfilling their own.

### How the American Cancer Society is Saving Lives

The ABCD of Attacking From Every Angle:

We are **ACTIVISTS** – convening relentless partners for awareness and impact.

We deliver **BREAKTHROUGHS** – investing in innovative research to develop game-changing approaches.

We build **COMMUNITIES** – united to fight cancer with compassion and access to treatment.

We provide **DIRECTION** – as a passionate ally, empowering people with information and answers.

### Attacking Cancer on All Fronts

We identify the most promising avenues for research to address what is not known today and act on what is proven to work and ensure everyone has an equal opportunity to benefit. These are our mission platforms:

#### Research

We have invested more than \$4.6 billion in research since 1946. To accelerate progress against cancer – all cancers – we will double our annual research investment to \$250 million a year by 2021.

#### Cancer Prevention

We fund and conduct research to discover how people can take steps to reduce their cancer risk, and provide in-

ACA facts

continued on page 7



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# ACA facts continued from page 6

formation on the causes of cancer – from environment to lifestyle choices to genetics, and more. We work to encourage healthy lifestyle choices – like avoiding tobacco, eating healthy, and being physically active – that could help to eliminate approximately 50 percent of deaths from cancer.

### Cancer Screening and Early Detection

We publish guidelines for health care professionals and lay people alike, to help individuals know what cancer screenings are right for them.

### Access to Care

We believe no one should die of cancer because they cannot get the quality care they need. We are working to increase screening and reduce cancer risk for underserved communities and boost our investment in our transportation and lodging programs to help patients receive treatment and support.

### Patient and Caregiver Services

We provide patients and caregivers with resources that can help improve – and even save – lives. From free rides to chemo, places to stay when treatment is far from home, and our live 24/7 helpline, we're here for everyone with cancer questions and concerns, when and where they need us.

### Survivorship

We are transforming the care and long-term health of the 15.5 million cancer survivors in the US through innovative ways to mitigate the harmful long-term effects from cancer and cancer

treatment.

### We're making progress

By taking what we've learned through research and translating it into action, we've contributed to a 26 percent decrease in the overall US cancer death rate since 1991. That means that we helped avoid nearly 2.4 million cancer deaths during that time.

Find out about Board of Directors and how we use our donor dollars to move our mission forward. Download our Annual Report and other financial statements and forms.

### More of the American Cancer Society's financial information

2017 Annual Report is available online at: [www.cancer.org/content/dam/cancer-org/online-documents/en/pdf/reports/2017-annual-report.pdf](http://www.cancer.org/content/dam/cancer-org/online-documents/en/pdf/reports/2017-annual-report.pdf)

You can also call us to have a copy of the report sent to you free of charge.

### "Making a Difference"

The mission of the American Cancer Society is to save lives, celebrate lives, and lead the fight for a world without cancer. Thanks to those who generously invest in our mission, we are attacking cancer from every angle.

Learn about the impact we make on cancer, and on the lives of those impacted by the disease. We are dedicated to using every single donor dollar wisely to fund and provide the critical programs and services that people count on every day: [www.cancer.org/about-us/what-we-do/making-a-difference.html](http://www.cancer.org/about-us/what-we-do/making-a-difference.html).

# A charitable start

## Tips for raising children who will grow up giving

The message of giving has reached new levels in recent years. While charitable endeavors have long been the center of many local community groups' outreach efforts, social media has made charitable efforts as popular as ever, with millions taking part in exercises such as the Ice Bucket Challenge and other ventures meant to raise awareness for charitable causes.

Charitable giving is a family tradition in many households. Many parents find that the earlier they introduce their children to charitable giving and volunteering, the more likely their kids are to embrace these efforts, both immediately and into adulthood. Parents can impart lessons to their youngsters about the importance of giving during

the end of the year, when many charities raise their public profiles, or when newsworthy events, such as devastating storms, draw attention to the less fortunate.

Nancy Phillips, founder and president of DollarSmart Kids Enterprises, Inc., says it's been scientifically proven that giving increases self-esteem and self-confidence. Children who learn that they can help others will soon realize they have the power to make a difference. Recognizing that they can make a big change is a very empowering

Charitable continued on page 9



Courtesy photo

Generosity is something children can learn at an early age and continue into adulthood.

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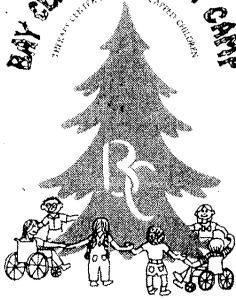
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# Wish List 2019



A place where dreams come true

There are many ways to support Bay Cliff and donating gently used/new items is a great way to show your support. The following items are of particular importance in our ability to serve our campers. Items are prioritized below.

Of course many other items would be appreciated as well, but please contact Bay Cliff (906-345-9314, baycliff@baycliff.org) before you come to visit. We have very limited storage on camp and we can only accept those items that can be of immediate use. Thank you for supporting the children and adults who attend all of our various programs!

## HIGH Priority Need

- Bed pillows (regular)
- COTTON twin sheet sets (regular and deep cut)
- Girls elastic waist shorts (sizes 6 & 8)
- Hair ties/barrettes
- Safety pins (2 inch)
- Wash cloths (not white)
- LED light bulbs (all types)

## PRIORITY Need

- Children's clothing (sizes 4-10)
- Women's clothing (sizes 14-20)
- Boys dress pants
- Boys ties
- Wagons
- Duct and painters tape
- Nature guide books

## ALWAYS Appreciated

- Arts and crafts supplies
- White tube socks
- Children's underwear (sizes 4-10)
- Office supplies
- Balloons
- Sidewalk chalk
- Recreation equipment (team)



Look for the Bay Cliff table at the CBC Fund Drive on April 14. We will be set up in the hallway and will collect any items from the Bay Cliff Health Camp Wish List you may want to bring in to donate. Thank you for your support to this wonderful cause.



**CAMP ADDRESS:**

PO Box 310  
Big Bay, MI 49808  
(906) 345-9314 | FAX (906) 345-9890

**MARQUETTE ADDRESS:**

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Marquette, MI 49855-4332  
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E-mail: baycliff@baycliff.org

[www.baycliff.org](http://www.baycliff.org)

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# Charitable

continued from page 7

discovery for kids. Here's how parents can foster a love of giving.

-Choose age-appropriate tasks. Young children do not have a lot of money, so try to find charitable tasks that allow them to donate their time and skills. Kids can help make cookies for bake sales or participate in food drives in front of grocery stores for certain charities.

-Let children choose the beneficiary of their efforts. Children may have their own ideas about who they want to help. Let kids choose because they're more likely to get behind the effort if they feel their input is valued.

-Lead by example. Don't just pay lip service to the idea of being charitable. Provide a good example by getting involved yourself. Make sure the entire family gets involved with the effort of giving.

-Let children see where their efforts are going. Writing a check is a rather unceremonious way of giving that may not resonate with young children. But if they can see food being delivered to the hungry or pet supplies going to an animal shelter, they can see the fruits of their efforts paying off.

-Create a giving account or box. Make it a family tradition that members of the household will donate an item they receive or a small amount of money to the box each month. At the end of the year, the family can deliver those funds and gifts to a charity of choice.

-Talk about giving at dinner. Make philanthropy a regular part of family conversation. Discuss the plight of the less fortunate with your children, focusing on the value of volunteering and helping others.

Children can learn to be generous and give to others at an early age, and those that do are more likely to grow into charitable adults.

# Obesity and children

## ACA reports cancer rates rising in young US adults

An American Cancer Society-led study finds rates are increasing for six of 12 cancers related to obesity in younger adults in the United States, with steeper increases in progressively younger ages and successively younger generations. The study, appearing in *The Lancet Public Health*, also looked at rates for 18 cancers unrelated to obesity, and found rates increasing for only two.

The obesity epidemic over the past 40 years has led to younger generations experiencing an earlier and longer lasting exposure to excess adiposity over their lifetime than previous generations. Excess body weight is a known carcinogen, associated with more than a dozen cancers and suspected in several more. Exposures to carcinogens during early life may have an even more important influence on cancer risk by acting during crucial developmental periods.

Several years ago, the authors of the current study identified increases in early onset colorectal cancer in the U.S., a trend that has been observed in several high-income countries and could partly reflect the obesity epidemic. For the new study, they extended that analysis by examining recent age-specific trends in 30 types of cancers, including 12 known to be associated with obesity.

Investigators, led by Hyuna Sung, Ph.D., analyzed 20 years of incidence data (1995-2014) for 30 cancers in 25 states from the

Cancer in North America database provided by the North American Association of Central Cancer Registries, covering 67 percent of the population of the U.S.

Incidence increased for six of the 12 obesity-related cancers (colorectal, uterine corpus [endometrial], gallbladder, kidney, multiple myeloma, and pancreas) in young adults and in successively younger birth cohorts in a stepwise manner. For example, the risk of colorectal, uterine corpus [endometrial], pancreas, and gall bladder cancers in millennials is about double the rate baby boomers had at the same age. In contrast, rates in successive younger birth cohorts declined or stabilized in all but two of 18 non-obesity related cancers, including smoking-related and infection-related cancers.

"Although the absolute risk of these cancers is small in younger adults, these findings have important public health implications," said Ahmedin Jemal, DVM Ph.D., scientific vice president of surveillance & health services research and senior/corresponding author of the paper. "Given the large increase in the prevalence of overweight and obesity among young people and increasing risks of obesity-related cancers in contemporary birth cohorts; the future burden of these cancers could worsen as younger cohorts age, potentially halting or reversing the progress achieved in reducing cancer mortality over the past several decades."



An American Cancer Society photo shows that rates are increasing for six of 12 cancers related to obesity in younger adults in the United States. The obesity epidemic over the past 40 years has led to younger generations experiencing an earlier and longer lasting exposure to excess adiposity over their lifetime than previous generations.

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### Bay Cliff Health Camp Services

Parents and interested persons can meet with camp representatives on Palm Sunday, April 14, from noon to 4 p.m. for consultation in the Break Room of the MHS Office.

Interviews will be available at this time in a private setting.

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## CBC HISTORICAL DATA

CBC collections for 51 years 1968-2018.....	\$1,850,905.34
CBC expenses for 51 years 1968-2018.....	\$139,542.42
Total amount given to charities 1968-2018.....	\$1,705,117.00
Total 2018 collections.....	\$62,704.38
2018 American Cancer Society donation.....	\$12,000.00
2018 Bay Cliff Health Camp donation.....	\$18,000.00
2018 Beacon House donation.....	\$18,000.00
2018 Schoolcraft County Cancer donation.....	\$6,000.00
2018 Schoolcraft County Bay Cliff donation.....	\$500.00

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**BID NUMBER**

All bid items are given a bid number; to help our bid operators please identify your bid item by this number.

**START TIME/END TIME**

All bid items will have a start time and end time. End times will vary. All normal bidding will end at 4 p.m.

**OVERTIME BIDDING**

Bids placed in the final 5 minutes before an auction's end time will extend the auction end time by 10 minutes. This will repeat until the item receives no bids 5 minutes before the end time, or until one hour has passed after the auction's original end time, whichever comes first. e.g. auction #1 is scheduled to end at 4 p.m. It receives a bid at 3:57 p.m. Since that bid is in the final 5 minutes, the auction's new end time will be 4:10 p.m. This process keeps going until the auctions has an end time of 5 p.m. All bidding will end at 5 p.m.

**BOARD VIEWING**

A bid board will be maintained near the main entrance for viewing.

**HOME VIEWING**

If you have computer access go to [www.cbcschoolcraft.org](http://www.cbcschoolcraft.org)

**BIDDING IN PERSON**

Bids may also be made in person at the Manistique High School. Look for signs.

**ALL BIDS CALL 341-4701**

**ALL PLEDGES CALL 341-9701**

Please pay for and pick up all bid items at the Manistique High School Office before 6 p.m. on CBC Sunday, April 14. Credit card payments will only be accepted CBC Sunday.



Thank you

CenturyLink for providing phone service for our Radio Fund Drive 2019 CBC Committee

# Your donations make a DIFFERENCE

With every dollar raised, you are helping the American Cancer Society be there for those affected by every cancer in every community, including those who are currently dealing with a cancer diagnosis, those who may face a diagnosis in the future, and those who may avoid a diagnosis altogether because of education and risk reduction.

**Northern Michigan & Upper Peninsula\***

- 28 people facing breast cancer received support with **Reach To Recovery**
- 102 patients received free or reduced lodging with **Hotel Partners Program**
- 381 people utilized **Hope Lodge**
- 1179 **Personal Health Managers** provided organizational support
- 250 wigs were gifted to men and women experiencing hair loss through **Wig Salon & Voucher Programs**
- 235 women participated in **Look Good Feel Better**
- 2,254 trips helped patients get to and from treatment with **Road To Recovery**
- 4 patients received air or cab transportation with **Road To Recovery**
- 9,841 patient related services provided to **NEMI**

*\*Preliminary 2017 statistics and still counting!*



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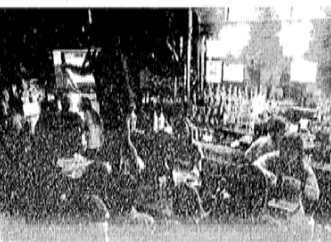


**RIDES - \$50** could help provide five rides to and from treatment for a cancer patient.



**RESEARCH - \$35** could help support three years of follow-up for one participant enrolled in our Cancer Prevention Study-3, a research study that will help us better understand what causes cancer so that we can ultimately help prevent it.

# An auction to remember



Courtesy photo  
It was standing room only recently at the annual Marley's Celebrity Bartender and Auction benefiting CBC Fund Drive. There were more than 75 items auctioned off and 19 local businesses represented for the Celebrity Bartending. mBank/Cloverland holds the honors of most tips in a 30-minute time slot, bringing in \$2,144. Second place went to UP Papers/Emerald City Dental with \$641. Each team brought in record amounts compared to year's past, with the tips totaling more than \$4,355. The overall event raised \$10,181 for CBC Fund Drive.

## CBC chairs

continued from page 10

far back as I can remember. I have either attended or watched CBC. When we were kids, we loved to listen for our name called when our donation was read, but bidding on the auction items is still one of my favorite parts.

"Last year was an eye opener to me," she continued. "This was my first time getting a glimpse behind the scenes of what it takes to pull this annual event off. I was amazed at our community and how they came together to help make this event a success. This is our 52nd year, and I plan on being a part of keeping this tradition going for another 50 years."

Stoll graduated from Manistique High School and went on to receive a bachelor's degree in electrical engineering technology from Lake Superior State University. After graduation, Stoll began his career by taking a position as an electrical project engineer with MJ Electric, based in Iron Mountain, Mich.

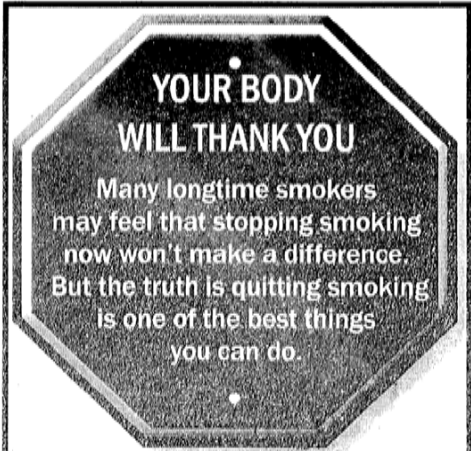
In 1999, Stoll and his family moved back to Man-

istique when he got his start in the mining industry at Oglebay Norton's Port Inland Plant. Then, in 2007, Stoll began his career with Western Lime (now Graymont) as the plant manager of the Port Inland Plant – a position he still holds today.

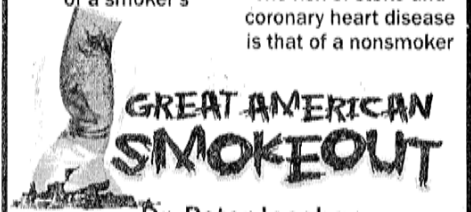
Stoll and his wife, Amy, continue to live in Manistique and have four daughters: Samantha, Ally, Lilly, and Paige.

"I am honored to be a part of CBC," Stoll said. "Each year, our CBC volunteers put forth a tremendous effort to ensure the CBC events continue to build on previous successes and we are so thankful for all your past and future contributions to the CBC charities. It is truly a privilege to serve a third chair this year."

For more information about the CBC Fund Drive, or to volunteer with or donate to the cause, visit [www.cbcschoolcraft.org](http://www.cbcschoolcraft.org) or the organization Facebook page: "CBC Schoolcraft County".



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# Camp Independence focuses on adults

## Physically challenged adult camp sponsored by Bay Cliff

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A wide variety of activities and special events are available for campers, all conducted under the direction of an attentive and caring staff.

The entire experience is unique, different, and best described by the campers themselves:

"I enjoyed every minute of every day!" (James Rabideau)

"I loved it - I never thought I would - it went by too fast!" (Loma Gereau)

Camp Independence is a week of fun! It is a scrap book of memories that will last a lifetime!

**Picture yourself experiencing**

The kind of activities that just aren't possible in many home environments: Landing that big fish af-

ter a good "fight." Swimming or just splashing around in the camp's heated indoor pool. "Warming up to things" in the wheel chair accessible sauna.

Putting the finishing touches on a beautiful piece of art in the arts and crafts workshop.

Enjoying a peaceful boat ride along the shore of Lake Independence.

Feeling the relaxation of muscles during massage class.

"Competing" in the Camp Independence Olympic Games.

Enjoying a chicken barbecue in the apple orchard.

Applauding the best talent show north of the Yellow Dog Plains.

Dancing to your favorite tunes at the "Big Dance."

And much, much more!

**How to start making your own Camp Independence memories**

Application is open to adults, age 18 and up, who have physical impairments. Because of the limited purpose and duration of the program, the staff is not trained or qualified to serve persons who need extensive nursing care or have emotional or mental impairments. Camp runs

the third week of August and application deadline is Aug. 1. For an application

and additional information, contact: Camp Independence

C/O Bay Cliff Health Camp, PO Box 310, Big Bay, MI 49808; 906) 345-

9314; fax (906) 345-9890; email: baycliff@baycliff.org.

**2018 Financial**  
Kristine Ecclesine and Magan Peterson, CBC Treasurers

Beginning Balance	\$6,398.64		
<b>TOTAL INCOME</b>	<b>\$62,704.38</b>		
<b>TOTAL EXPENSES</b>	<b>\$5,486.44</b>		
<b>NET TOTAL</b>	<b>\$63,616.58</b>		
<b>DISTRIBUTION:</b>			
American Cancer Society	\$12,000.00		
Bay Cliff Health Camp	\$18,000.00		
Beacon House	\$18,000.00		
Schoolcraft County Cancer	\$6,000.00		
Schoolcraft County Bay Cliff	\$500.00		
<b>Remaining Balance / Contingency</b>	<b>\$9,116.58</b>		
Trust Account Balance	\$6,260.31		
<b>INCOME:</b>			
Auction Items	9,022.00		
Square Fee	-120.56		
Business & Industry	20,969.00		
Donations - All	8,395.65		
Less for Donations not Paid	-150.00		
Deposit for Kiwanis Games	650.00		
Interest	27.06		
Seed money back in	1,200.00		
Square Deposit	0.97		
Special Events	20,582.11		
SMH Candy Sales	48.20		
CBC Golf Outing	605.00		
Credit from Harland Clark	19.95		
Transnation Cornhole Tourney	1,455.00		
<b>TOTAL INCOME</b>	<b>\$62,704.38</b>		
<b>EXPENSES</b>			
State of Michigan	20.00		
Superior State Agency - Insurance	267.00		
Postage	97.29		
Jacks	99.98		
LMAS	54.00		
USPS	62.00		
Seed for Event for Bid Table	500.00		
Seed for Event for Food	700.00		
Main Street	147.10		
USPS	9.90		
Advisor	396.00		
Alan Augstine	150.00		
Bob Crumb	36.86		
Manistique Area Schools	743.60		
Binks	206.25		
Lisa Holmberg	658.10		
Harland Clark	19.95		
Stamps	0.98		
Pioneer Tribune	644.00		
Jacks	652.50		
Stamps	0.49		
Harland Clark	19.95		
Stamps	0.49		
<b>TOTAL EXPENSES</b>	<b>\$5,486.44</b>		

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# Bay Cliff Health Camp

## A look back at 2018

By Ben Talarico

Golden Coyotes, Queen Bees, Ice Cream Bandits: Bay Cliff had it all during its 85th summer session in 2018! This milestone anniversary saw 134 children from the Upper Peninsula and beyond come through Bay Cliff's gates in order to receive physical, occupational, speech, vision, and hearing therapies and instruction.

The camp also offered the standard fare of any other summer experience away from home, including boat rides, camp outs with s'mores, arts and crafts, and tons of pool time!

Aiding the campers in their progress toward personal therapy goals was the dedicated staff of licensed therapists, professionals, and enthusiastic individuals passionate about serving the needs of others!

Bay Cliff has always attracted top talent, but this year was particularly special, in that were a couple new, yet returning, faces.

Dr. Clare Lutgen, otherwise known as "Mrs. Clare" to the campers and staff, joined Bay Cliff to officially become the sixth executive director of the organization, following in the footsteps of Dr. Goldie Corneliuson, Miss Elba Morse, Mr. Johnny Bullock, Mr. Bud Vargo, and the retired Mr. Tim Bennett.

Mrs. Clare, a U.P. native and graduate of Marquette High School, returned home after spending her career in public education in Indiana, where she attended Purdue and met her husband, Greg.

Said Mrs. Clare of her new stead: "While the road taken may be different, the journey will hold true to the destina-

tion. Bay Cliff will remain a place where all feel accepted, capable, and cherished. That is my charge, and I will be relentless in that pursuit, with a great deal of love and laughter along the way."

The other "new-returning" face in the staff was none other than Manistique's own Rayna Sherbinow, a former camper at Bay Cliff and recipient of the prestigious Abby Beecher-Roberts Camper of the Year award. As a staff member, Rayna became "Miss Rayna," and led campers in Arts' and Crafts sessions, teaching them lessons and relating with them along the way.

"As a camper, I didn't know what went on behind the scenes," wrote Rayna, who nonetheless "knew I wanted to give back...not only is working at Bay Cliff 'the hardest job you will ever love,' it is a gift that keeps on giving."

Miss Rayna, clearly, proved that Bay Cliff's greatest asset-its true gift that keeps giving-is also its most important resource and responsibility: its campers.

Many young people, like Miss Rayna, come to Bay Cliff and are transformed. Whether they are high school age individuals who work in the dining room that come back as counselors in college, or college counselors that come back as unit leaders, or even unit leaders who come back as licensed therapists, the mark Bay Cliff leaves on not just its campers, but staff, is undeniable.

The support of the CBC has made that possible.

For over 50 years, stories like these have happened because of you. Thank you! Thank you! We all say "Thank you" to you, to you!



Courtesy photo  
Rayna Sherbinow, right, a former Manistique resident, went from a camper to a staff member. Above, she poses with another staff member Amy Besecker, who was the Teen Coordinator when Rayna was a camper and returned as a Speech Pathologist.

## From camper to staffer: A different perspective

By Rayna Sherbinow

During my years as a camper at Bay Cliff, if someone had asked me if I would like to work there someday, my answer would have been yes. I have always loved Bay Cliff, and by the end of my last summer I planned on applying to work there someday.

Bay Cliff has done so much for me, from helping me learn how to tie my shoes to helping me walk again post-surgery. I knew I wanted to give back.

**Moving up**  
continued on page 14

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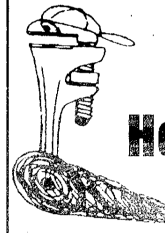
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# Stressed out?

There are mental, physical, behavioral side effects to stress

Stress affects people of all ages from all walks of life. Though work is a primary source of stress for many people, a recent survey from the American Psychological Association found that stress is more than just work-related.

In its 2017 "Stress in America" survey, the APA found that the future of the nation, money and violence and crime were significant sources of stress for more than half of survey participants. That's a dangerous notion, as the Mayo Clinic notes that the effects of the stress on the human body are considerable. Though everyone experiences and

responds to stress differently, these are some of the more common effects of stress, courtesy of the Mayo Clinic.

**Mental side effects**

Stress can have an adverse effect on mood and has even been linked to depression, which the World Health Organization reports is the leading cause of disability across the globe. People suffering from stress also may experience anxiety, restlessness and feelings of being overwhelmed. In addition, stress can compromise a person's ability to focus, adversely affecting a person's ability to complete their work-related tasks.

That's not insignificant, as 61 percent of respondents in the 2017 "Stress in America" survey reported that work was a significant source of their stress.

**Physical side effects**

Stress affects more than the mind, manifesting itself physically in various ways. The Mayo Clinic reports that common physical side effects of stress include headache, muscle tension or pain, including chest

pain, fatigue, and a change in sex drive. Upset stomach also may be a byproduct of stress. People dealing with stress may even have trouble sleeping.

**Behavioral side effects**

Behavior also can be affected by stress, which may cause some people to abuse drugs or alcohol. Some may even turn to tobacco, either becoming a smoker or smoking more if they're already smokers. Smoking

has been linked to a host of negative physical side effects, including an increased risk of developing cancer. Angry outbursts, social withdrawal and overeating or undereating are some additional potential side effects of stress on the body.

Coping strategies can be highly effective at alleviating stress and its negative side effects. Learn more about such strategies at [www.stress.org](http://www.stress.org).

## Visit



Palm Sunday, April 14 and contribute to CBC!

**15%**  
of days receipts are donated to CBC 2019

## Moving up

continued from page 13

As a camper, I didn't know what went on behind the scenes to keep the camp up and running. That changed last summer, when I was hired as the Arts and Crafts activity aide.

As a camper, I showed up at the Arts and Crafts building, completed the day's craft, and left proud of my accomplishments. As a staff member, I still showed up at the Arts and Crafts building.

However, instead of completing a project, now I might be helping to plan one.

Or I might help organize our inventory, help other staff find what they need to complete a project, or teach a group of campers to weave paper mats. Or sweep up beads that spill all over the floor, cheer on a camper who made a bracelet independently for the first time, see a camper beam with pride as he writes his own name, or watch a camper strengthen her hands by squeezing pieces of clay into shape.

Last summer, I watched creativity in action, and I had new and wonderful experiences. Not only is working at Bay Cliff "the hardest job you will ever love", it is a gift that keeps on giving.



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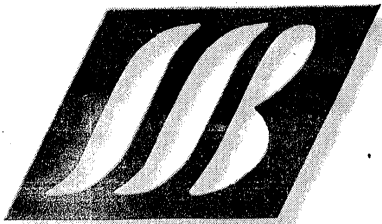
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# A new look at follow-up

## ACA looks to implement personal cancer care

A new approach to cancer follow-up cancer is needed to meet the needs of the growing population of cancer survivors in the United States while addressing provider shortages and rising costs, according to a new multi-agency report. The report, appearing in *CA: A Cancer Journal for Clinicians*, outlines national strategies to develop and implement care that addresses these issues by treating patients in personalized follow-up care pathways depending on the type(s) and level(s) of resources needed for their long-term care.

The number of cancer survivors in the United States is rising, from 15.5 million currently to an estimated 20 million by 2026. Cancer survivors need appropriate follow-up care: managing chronic and late effects of cancer and comorbid conditions; screening and treatment for potential recurrence and subsequent cancers; addressing psychosocial, economic, and family concerns; and encouraging lifestyle behaviors to improve health. Current follow-up care models fail to meet survivors' needs: many survivors report ongoing physical, functional, psychosocial, and emotional problems that limit participation in work and community roles, reduce quality of life and decrease survival.

In an approach in England and North-

*"Continuing to see most follow-up patients in oncology clinics will both fail to meet survivors' needs and make timely scheduling of new patients worse."*

ern Ireland, now being adapted for other countries, patients are triaged to one of three follow-up care pathways based on the severity of ongoing symptoms and other healthcare needs. All patients continue to see their primary care physician for noncancer-related care and are supported in self-managing their health to the fullest extent possible. This approach has been shown to meet survivors' needs while reducing healthcare costs and allowing clinicians to spend more time helping survivors with greater needs. In January, 2018, the American Cancer Society (ACS) and the American Society of Clinical Oncology (ASCO) convened a summit to identify the needed steps to move this work from concept to implementation in the U.S. Experts in oncology, nursing, primary care, academic research, health care delivery, government, research, and others heard from UK Survivorship Initiative leaders, who presented lessons learned and outcomes from the England and Northern Ireland experience.

The summit identified four key strategies

going forward for the US: 1) developing a candidate model (or models) of care delivery; 2) building the case for implementation by conducting studies modeling the effects of personalized pathways of follow-up care on patient outcomes, workforce and health care resources, and utilization and costs; 3) creating consensus-based guidelines to guide the delivery of personalized care pathways; and 4) identifying and filling research gaps to develop and implement needed care changes.

"U.S. cancer care delivery systems are already struggling to treat the growing number of oncology patients. Continuing to see most follow-up patients in oncology clinics will both fail to meet survivors' needs and make timely scheduling of new patients worse," said Catherine M. Alfano, Ph.D., and lead author of the report. "U.S. healthcare systems should consider how implementing a personalized care pathway approach like the model used in England and Northern Ireland may help their system to ensure that affordable and high-quality cancer care is available to all in need."

## Charitable tips

### Establish a giving level

By examining their finances, people can get a better picture of how much money they have for discretionary spending, including charitable giving. However, income alone may not dictate just how charitable a person can be. For example, according to a McClatchy analysis of U.S. Bureau of Labor Statistics, the poorest Americans often donate larger percentages of their incomes than their wealthier counterparts. Generally speaking, the typical amount most people aspire to donate to charity ranges from 3 to 10 percent of taxed income.

### To make a charitable giving budget work, consider these tips.

-Make a list of charities that have meaning to you. If you do not have specific choices, select categories, such as politics, education and community, and then go from there.

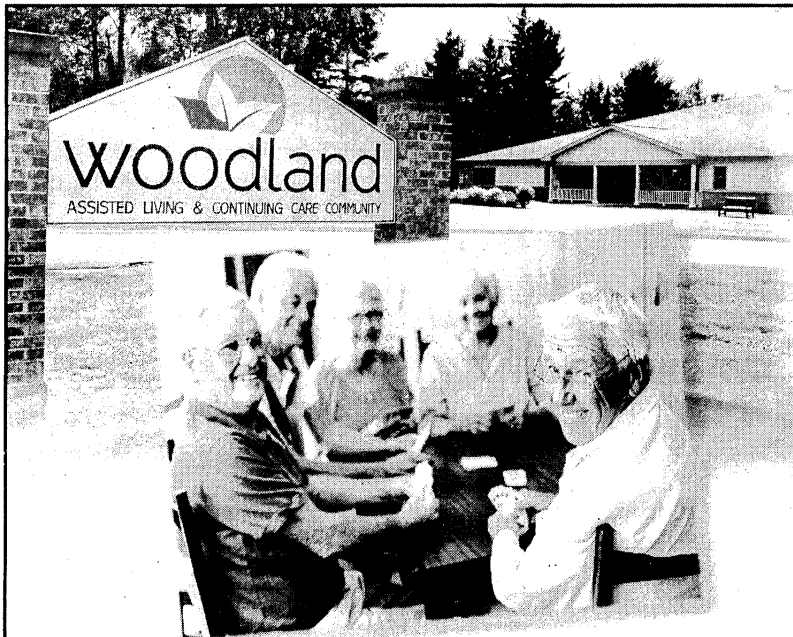
-Assess your giving ability in dollar value. Be sure charitable giving does not come at the expense of necessary daily living.

-Divide the available funds against the charities selected.

-Set aside specific times of year that you will make the donations so as not to feel burdened at any one time of year.

-Leave an emergency fund for donations that cannot be planned, such as disaster relief or to help someone with medical bills.

-Sign up for recurring payments for yearly giving to take the work out of remembering to give. Other organizations can distribute donations to the kinds of charities you prefer, making giving even more automatic.



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