Circulation 8,000

## Michigan Education Awards Ranked High

For Interior

More than 1,000 public school districts in 40 states have received edistricts in 40 states have received editorial editorial

Andrus Appoints Two



## Ottawas Receive **Additional Payment**

The Grand River Band of Ottawa Indians in Docket 49-K were awarded additional payment for 1,140,749 acres (b) their name or the name of a lineal docked and as Southeastern Michigah that docked the second of the s

On March 27, 1968, the Indian Claims
Commission entered a final amount of
S832,830.01 on their behalf for settlement of the claim. As of May 31, 1977,
the total amount available, principal
and interest, was \$1,483,180.06. The
funds will remain in an interest bipring
account until paid out in accordance
with the Act of Oct. 18, 1976 (PLE, §4with the Act of Oct. 18, 1976 (PLE, §4man and the set of the commission of the

regulations.

The Act of October 18, 1976 (P.L. 94-540) provides for the distribution of funds appropiate to pay a judgment to individuals who meet the following requirements for eligibility:

(a) They were born on or prior to and

(c) who possess Grand River Ottawa blood of the degree of one-fourth or more, and

Adult education for Indian people

NIEA is the only National organization which has as its central

purpose, expanding educational op-portunity for Indian people. Decision

## NIEA Convention to be Held

The ninth annual conventions of the National Indian Education Association will be held November 6-10, at the St. Paul Civic Center, St. Paul Minnesota.

The annual convention of NIEA is the only national convention for Indian Education. The NIEA convention attracts about 4000 participants, each involved in various aspects of education for Indian students. Participants are involved with Indian education through:

Community alternative schools for Indian children

Higher education programs for Indian students

Vocational-technical education for Indian people

makers from various programs in-cluding administrators and parent-Bureau of Indian Affairs Schools education for Indian students, Many school and community program Title IV Programs serving Indian students in public schools and private agencies

agencies

Tribally controlled and operated schools

Indian cultural activities, bi-lingual education, reading, special education, and remediation generally.

To obtain more information about the convention, including booth rates and housing, write: National Indian Education, Association, 9th Annual Convention, P.O. Box 14055, Minneapolis, Minnesota 53414, Phone: (612) 699-4711.

## Secretary of the Interior Ceeil D. Andres in July annuanced two togo Indian Affairs appointment in the Department of the Interior. George Vincent Goodwin, Jr., a member of the White Earth Chippeaw and Tribe now a Bureau of Indian Affairs Area Director at Minneapolis, was named Deputy Assistant Secretary for Indian. Affairs, and Thomas and Scilicitor for Indian Affairs, and Thomas and Edward Scilicitor for Indian Affairs in Indian Affairs, and Thomas and Edward Scilicitor for Indian Affairs, and Thomas and Edward Scilicitor for Indian Affairs in Indian Proceedings of the Native Americans, Scilicitor for Indian Affairs and Indian Proceedings of the Native Science and Science and Edward Science and Indians to attend U.N. For 1st Time

ficials and representatives from rer countries. It is hoped that through this con-ence, the United Nations will gain me understanding of the Indians aution regarding such things as atty rights and sowereignty. To voide the U.N. with information, titve Americans will bring cumentation regarding present day ing conditions, U.S. disregard of acty rights, and current govern-

## Indian Skeletons Found

Recently the skeletons of twentythree Indian people were unearthed
during the bulked of the Indian
Lapeer County. The private home in
MSU took possession of the bones and
removed them to Lansing.

At this step, the Indian Commission
was contacted by Bob Rosson of the
Genesee Indian Center who, together
with the Indian Affairs Commission
Director, James Billman, contacted the
the museum personnel at MSU. They
agreed to return the bones to the
Genesee Indian Center who they
supplied to the Indian
Center of the Indian
Commission on Indian
Affairs

2. Legislation will be introduced to
Strepthensible activities illegal.

3. Promission on Indian
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## Indians OK Relocation of Mounds

Madison, Wis. — Indian religious leaders have agreed to let some 9,000-year-old Indian mounds be moved so that part of Highway 131 can be relocated between Viola and LaFarge in Vernon County, state officials have reported.

Boye Ladd, Indian relations coor-dinator for the Department of Natural Resources, praised the commission for consulting with the Indians. "It's a monumental type thing for a state agency to consider their views," he said.

leaders for "being considerate enough to understand" the needs of a changing society.

The problem of what to do about the mounds came up in connection with putting to use a bridge that had been built over the Kickspoo River in 1975. A loop around a ridge was needed to make the bridge useful, but the mounds straddled the proposed new route.

The Highway Commission sought out the Indians to talk it over, and Ladd and Waldo Martin, another Indian, worked out an agreement with the religious leaders.

Under the agreement, the State Historical Society will be paid \$21, 523 to move six of the mounds a short distance to the vicinity of the other three.

## **GERARD NAMED** TO TOP POSITION

Secretary of the Interior Cecil D.

Andrus said recently that he was very pleased with President Carter's commination of Forrest J. Gerard to be the first Assistant Secretary of the Interior for Indian Affairs.

Andrus said that the Indian committy had expressed strong support for Gerard, a member of the Blackfeet Trible. "Forrest Gerard has proven himself an intelligent advocate of Indian Causes as well as an outstanding many than the work of the March Committee staff, Bureau of Indian Affairs and the Indian Health Service," Andrus said. "I am delighted that he will be the Department's first Assistant for the Senate Subcommittee on Indian Affairs from 1971 through 1976, Gerard was involved in the development of the Indian Self-Determination and Education to the White House.

As Italf Assistant for the Senate Subcommittee on Indian Affairs, As Staff Assistant for the Senate Carter of the Indian Self-Determination and Education to the White House.

Act, the Menominee Restoration Act, the Indian Health Care Improvenent Act and the legislation establishing the American Indian Polley Review Commission.

Gerard was Legislative Liaison Carter of the Indian Stafe University and a World War II Air Montan State Department of Public American Indian Polley Review Commission.

American Indian Policy Review Commission.
Gerard was Legislative Liaison Officer for the Bureau of Indian Affairst Commission.
Officer for the Bureau of Indian Affairst Commission of the Indian Health Service from 1897.
10 1986. Since 1978 he has represented a number of Indian Irlest through his firm, Forrest Gerard & Associates.
Andrus said that the nomination culminated a selection process begun in February when he wrote tribal leaders to ask them to recommend persons 'to ask them to recommend persons' to late them to ask them to recommend persons' to late them to the tribute of the Indian Affairs.



Gerard, 52, received the annual Heller Award this year from the National Congress of American Indians (NCAI) for outstanding service to Indian people nationwide.

He also received in 1965 the Indian Achievement Award presented by the Indian Council Fire, and the Superior Service Award of the Department of Health, Education, and Welfare.

Selections from a comprehensive paper on Indian affairs written in 1976 by Gerard have appeared recently in some Indian publications. The paper was entitled "Congressional Respon-sibility for American Indian Policy— History, Current Issues and Future Goals."

Gerard and his wife and five children reside in Bowie, Maryland.

## News Briefs

## Pueblo Pots Featured on Stamps

The Postal Service has issued a block of four 13-cent commermorative 1880-1920 period selected as typical of stamps featuring the potter y art of the full different Pueblos: Hopi, Zia. Pueblo Indians.

There has been a renaissance in Pueblo pottery making, and everyday between the potter paking, and everyday works of art: are now recognized assistant Period potter potter and potter po

## Nadar Knocks Housing Programs

Thomas Stanton, director of a hussing research group for Raiph Naders Center for Study of Responsive Law, said in a recent report that HUD built only 22,000 of the \$5,000 India homes promised eight years ago in 1999. Stanton also charged that the housing that was built was often so shody it was unsafe and unhealthy. In a letter release, the report, Stanton and Charles Trimble, NCAI Executive Director, told HUD Secretarry Patricia Harris: "Consecutive HUD Secretarry Patricia Harris: "Consecutive HUD Secretarry and the staff and more paeded to turn Indian housing from a departmental failure into a HUD success."

## Indian Heritage Society to be in Oklahoma

Marvin Franklin has announced that an Indian American Heritage Society, a national institute structured like the National Geographic Society, will be had on the following the property of the former interior official, affected and found of the following t

## **BRANDO FAVORS INDIANS**

DIKANDO FAY OKS INJUNION

London – Marion Brando is looking their lives, persecuted, poor, and for foreign aid to produce a 13-part ledvision series that would do for world."

American Indians what Roots did for Black Americans. He disclosed his intentions at a meeting with reporters award in his anger over the Indian issue religious to the Company of the Company

## The Mishnambe Hems

Published periodically by the Organization of North American Indian Students (ONAIS). Non-Profit Organization Protage Paid at Marquetre, Mich. 49935. Seath Change of Addiens Forms, editorial and advertising copy to Editorial Offices, 141 University. Catery. Northern Michigan University, Marquette, Mich. 4983.

Mich. 4983.

Mich. 4983.

Subscriptions by dentition only, Sugasted 50° per issue; 33 per year in USA; in Canada, 167 Carago, 187 Carago,



## Indians Losing Children

Kansas City. Mo. — American Indians face "cultural genocide" as number is increasing in some states. well as a threat from officials often using deceifful means to sterilize Indian women, a national Catholic tomber parents, and some doctors.

Indian women, a national Catholic newspaper says.

The first article of an investigative series by the National Catholic Reporter says Senate subcommittee velocies choices that many indian children would benefit from their parents. It says evidence shows that public and private welfare agencies operate as though Indian children would benefit from being trained to the proper series of the property of the propert

from their parents, and some doctors are using poverty to justify in-discriminate sterilization of Indian women, according to Dr. Connie Uri, a Choctaw and Cherokee Indian.

## **Newspaper Aide Booklet** Published

The NISHNAWBE NEWS stoff has dien groups and organizations by sublished a booklet designed to easist proper and organizations invested to the control of the Iso included.

WADOKASOD is available to all In- \*Ojāwa term ma

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## Letters To The Editor

## Service Offered

## CONTINUING THE TRAMPLING

## OF HUMAN RIGHTS

Generations later you are told that to move about in your own home you must admit that the guests are the owners of your home. You must agree with the destruction of your way of life and the beliefs that preserved your home while your guests had destroyed their own homes, ability to support them, and ran away.

You, who know how to preserve, will ever be allowed to teach the wasters our ancestors walk with us.

(Paul A. Shenandoah, Oneida Indian, uly 1977)

The continuing efforts made by copie in the United States to insure the merican. Indian, First American, with American, and American, and the company of the destruction of your own home by the same weaknesses that rule their shomes, they came from.

recognish the time! States to insure the Native American or Aborigine (Indian), do not gain control over their land or lives. The People of the United States do not want to act responsibly either to their Ireaties or to the Human Rights argument is the ability to migrate to another country of your choice. With this, the Indian is unique. The United States Continental area is part of their homeland.

Attempts made by the majority society to trample Treaty rights under a guise of protection of majority rights is treeponsible. Not allowing the Indian a land base large emongh with Indian land base large emongh with Indian land proper land they are the Indian land production. Introduction of the Christian influence weakened the Indian Indian Publish Introduction of the Indian Indian Publish Introduction of the Christian influence weakened the Indian Indian Publish Introduction of the Indian Indian Publish Introduction of the Christian influence weakened the Indian Indian Publish Introduction of the Christian influence weakened the Indian Indian Publish Introduction of the Christian influence

Human Rights are denied by force, fear, over 200 years of indoctrination, plenary power, broken treaties, cultural genocide, etc. As independent Nations, Indian people have the right to determine their existence and to control all that is necessary to make that determination.

## Employment Preference

Proposed regulations governing eligibility for preferance in employment in the Bureau of Indian Affairs are being published in The Federal Register.

Descendants of such members who were, on June 1, 1934, residing within the present boundaries of any Indian reservation,

Those persons entitled to Indian preference, according to the regulations are:

• Members of any recognized Indian Tribe now under Federal jurisdiction.

• Descendants of such members who were, on June 1, 1934, residing within waters.

## ART SEMINAR

A seminar, entitled "Traditions in Northern Plains Indian Art" will be held October 2:23, at the Buffan Bill shift of the Plains Indian Art and Bill Historical Center in Cody, Wyoming, Speakers will include Pauling Dempsey, John C. Ewers, Norman Feder, and Richard Pohrt. There will be a fee of one dollar. The purpose of this seminar is to assemble a group of each other proposed of the Popular Seminar is to assemble a group of the College of the Seminar Code, Wyoming Eddis, Wyoming

## Inmates Appeal

## Support Needed

Support Needed

Dear Friends,
The Indian Halfway House of Streem of Streem Indian Communities and Indian Communities and Indian Organizations at large to contribute mis presently out of moines to operate a Residential Facility. The program is presently out of moines to operate a Residential Facility for Indian Symmetry, organizations at large to contribute the property of the Streem of Streem



Menominee case into the federal court in Milwaukee, Wisconsin.

Brothers and Sisters:

The Menominee Indian Tribe on December 22, 1973, was restored to its piror June 17, 1954, legal status, free from state civil and criminal jurisdiction by enactment of the Menominee Restoration Act. Yet, until Menominee Indian Reservation, with the results that there are many leases which occured on the Menominee Indian Reservation, with the results that there are many leases which course of the results that there are many first of the results and the results that there are many first of the results and the results of the results o

Restoration Act, December 22, 1973.

We are asking for contributions for legal fees which will enable us to take a Clarence A. Dickenson Waupun, Wisconsin 53963



OREY ON **INDIAN CRAFT SUPPLIES** 

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GREY OWL INDIAN CRAFT CO.

## NATIONAL NEWS

## INTERIOR SUPPORTS **CLAIMS**

Interior Department Solicitor Leo M.
Krulitz announced recently that on June 29 the Department made a fland arecommendation to the Justice Department on the Justice Department on the Justice Department on behalf and recommendation to the Justice Department on the Justice Department of Department of





## Do You Know Your Civil Rights?

If you feel that you have, or one being discriminated against because by your race, color, creed, age, sex, or fational origin, there are several alternatives you can take to remedy the situation. The civil rights that you possess are rights you have as a citizen of the United States, of your states, and of rights under the U.S. Constitution, federal law, and state law which protect you against unfair acts by government officials and private individuals.

In 1986 Congress passed the Indian Bill or Rights which gives you most of the same rights against your tribal officials. If you chose to join together in person who feels they are being discriminated against to file an individual formal complaint through the appropriate federal, state, or local civil rights commission.

This is one way of briging your complaint to the attention of those who have the responsibility to protect your rights are and how you can protect those rights.

## INDIAN CALENDAR **PUBLISHED**

The calendar may be obtained for \$1 from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402, The stock number is 024-002-00058-6.

## Fourth Annual Rodeo

production of beef and related agricultural activities.

Tulsa was selected as the site for these events in competition with Abbuquerque, N.M., Denver, Colo, Rapid City, S.D., and Lubbock, Tex. Fredericks and "the facilities at Expo Square are outstanding and the reception we have received from the diziens of Tulsa—Indian alkb—habe her temendous. We aim to put on an event that Tulsans can be proud of and that will be a credit to the Indian people."

Major country and western enterainment is being lined up to increase the week's the week's the prediction of the performents of t

The fourth annual North American Indian Rodeo Champiosships have been set for the Fairgrounds Pavilion at Exposition Square in Tulas on November 13-20, 1977, according to the president of the sponsoring organization, John Predericks of the National American Indian Cattlements Association.

Whitecrow, a noted Indian statesman and native Oklahoma, I can alway the state of the Association.

The fourth annual convention of the Association, a national championship Pow Wow, and H-Indian Investock show and sale, and native arts-and-crafts exhibition and trade show will also be held at Exposition Square in conjunction with the rodeo.

John McClelland, president of the Tulsa Indian Coalition will be conjunction with the rodeo.

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the Indian people."

Similar events last year drew nearly 8,00 people to Sait Lake City, according to Association officials, "with a small local Indian community to draw support from. We expect a much larger participation in Tulsa," Fredericks pointed out.

Fredericks continued "these events and creativity of the Indian people, providing championship competition in native dance and rodeo. The livestock show and sale will serve to promote the cattle business as the most stable and viable economic enterprise on indian lands, and provide an excellent op-



### Labor Department Seeks Proposals

# Washington, D.C. — The Labor Department is soliciting proposals for new training projects in six areas for Indians and other Native American to be funded by \$1 million authorized for be funded by \$1 million authorized for Appropriations Act of \$1077, Austream Secretary of Labor Ernest G. Green announced. The six areas in which training will be funded are paralegal, paramedical management, domestic fuel development, waste disposal, and agriculture. The announcement was scheduled for publication in the Federal Register. Sponsors funded by the department's step of the proposals, the contact is Eric Rudert, DiNAP, Room 6402, 601 D. Street, N.W. Washington, D.C. 20213, telephone 202-376-7620.

## Drought Relief RESERVATION AID

Approval of \$4,086,000 to help carry out drought relief programs in California and Washington communities and on the Navajo Indian Reservation in Arizona, New Mexico and Utah was anounced by Robert T. Indi. Assistant Secretary of Commerce Indi. Indi.

## BUMPER STRIPS BY LESHOWMAR

## **WORLD'S LARGEST SELECTION** OF INDIAN BUMPER STRIPS **OVER 350 DIFFERENT SAYINGS**



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## Michigan And Great Lakes Area News

## ONAIS TO HOST **FOUR ARROWS**



## Tribal Health Explained



## Michigan Counties Hold Indian Names

## Sault Hires New Director



## **Upcoming Commission Meetings**

The Michigan Commission on Indian Affairs has established the following meeting schedule for the coming months:

Sept. 30 - Oct. 1,	197	7.													Saginaw
December 2-3, 19	77														. Grand Rapids
February 2, 1978															Lansing
April 3, 1978															. Traverse City

Doris Adams		Harbor Springs
Philip Alexis, Chairman.		. Benton Harbor
Joan Bemis		
Dave Dominic		At Large
Arnold Sowmick		At Large
Elaine Tufflemeyer		Grand Rapids
Muriel Youngblood		Baraga

## Advisory Council Reviewed

Dr. Joseph M. Cronin, state superintendent of education, represented the Ilinois Department of Education. Other agencies and department of the Company of th

## Red Schoolhouse

## New Directors Elected

## Fishing Rights



By JAKE GRUNDY

	Ottawa-Ojibwa	English
	Cheepakwewigamik	Kitchen
	Ngitik	Knee
	Mokoman	Knife
	Ngakendan	I know
	Sakaigan	Lake
	Wasakwanenjigan	Lamp
	Aki	Land
	Ishigeezhewewin	Language
	Mayagwewin	reign Language
	Pimide	Lard
	Ishkwesing or Ishkwawach	Last
	Tibikong	Logt night
	Ishkwawach itash	Lastly
	Kekapee	At last
	Weeka	Late
	Pama weeka	Later
	Mbap	Haugh
	Inakenikewin	Law
	Ngitim	I am lazy
	Ngakino	Hearn
	Bashkwekin	Leather
	NKinaganin I	am leaving you
	Nimaia	I am leaving
	Ninagadan	I am leaving it
	Nikat	Lea
13	Nawach punggee	Loce
1	Mawach pungee	Longt
	Mbakitinan	I lot it
í	Mbakitina	Flot him
9	Pimatisiwin	I ife
1	Nsakitoon	Tilkeit
1	Nsaki-a	Llikohim
6	Tapishko	Like
9	Anenendako?	What is it like?
-	Anenendakosit?	What is he like?
9	Mbizindam	I am listoning
	Agasin	It is little
3	Mbimadis	Llivo
1	Ngashkendam	Lam lonely
Ð	Kinokwan	This long
1	Nganawabandan	I look of it
1	Nganawabama	I look at him
B	Ndayayinap	I look around
1	Ninagajitoon	I look after it
1	Ninamamdawabandan	I look for it
1	Ninanandawabama	I look for him
I	Niwanitoon	Llose it
1	Niwania	I lose him

### Women's Interest - Indian Childbirth

and after childhirth to ease the direction of the country country to the country count

child's position. As a herbal medication, the Attest used engal (Prickly Pearl grounding up the leves and mixing in water as a drink.

If a woman was long overdue, the Alabama-Koasahs used holied roots of the cotton plant to act as no oxyroic-agent (promoting contractions). This is not to be a some use in white society today.

While lying flat on the back is the most accepted position toddy during delivery. Indian women assumed various positions. Delivery may have taken place while the woman was a some place while the woman was and knees and elbows. Lying sideways and knees and elbows. Lying sideways and knees and elbows. Lying sideways was another popular position, along with being elevated on a platform, head up, feet down. The advantages and ease of employing different positions during of the place of the contraction of the plantage of the place of the course, and the contraction of the horses, the roots of red handerry were and the placenta and stop hemorrhage, some Indian women would wrap a light bandage about their abdomen (Squaw Belt). The Cherokees used a mixture of mad dogs skullen, or leaf cup, saw the placenta and stop hemorrhage of the newborn. The bady was first bathed, and then rubbed down with a warm ointenent (usually buffail cow fail). The Cherokees used a mixture of mad dege skullen, or leaf cup, saw and the rubbed down with a warm ointenent (usually buffail cow fail). The character of the tribe. The lag was a good luck charm and would protect the bady.

## How The Robin Came To Be

An old man had a son named Iadilla. Iadilla had come to that age when Indians felt boys should make the long

ladilla had come to that age when Indians felt boys should make the long fast.

The old man wanted his son to be wiser and greater than any other man in his tribe. He thought that his son in his tribe. He thought that his son in his tribe. He thought that his son man in the second of the man in the second his son did not be come greater than the wisest men of the tribe. He showed his son how to get ready for the time when he must fast.

After he had been in the sweating lodge and bath several times, he told showed his son how to get ready for the time when he must fast.

After he had been in the sweating lodge and bath several times, he told lodge prepared for him. He told his son to bear his fast like a man. At the end of 12 days, he would receive food and the blessings of his father. The boy carefully followed his fathers orders, lying quite still, with his face overered, waiting for the good or fevil spirits to visit him. His father came to him to wait and endure the fast. The boy never replied a word to his father's words until the 9th day. He said, "My dreams tell med fevil to come. May I break my fast now, and at a better time make a new fast?"

The father answered, "My son, our own good."

The next morning the father came to his son's lodge with something for him to eat. When he got to the door, he was surprised to hear his son talking to himself. He bent down to listen. He looked through a small hole in the lodge and was even more surprised when he with a bright red color. The son was saying, "My father has away with my chances of making myself agreat man. He would not listen when I asked him if I could break my father has he with a bright red color. The son was saying, the same that he had been considered that he had been good and just to me. He has shown me pity in another way. He has given me another shape, and now I must go."

At that moment the old man broke in the top of the hodge by now. He sas given me had been the hodge by now. He sas given me had been changed into a beautiful robot redfreas.

## Mons-Ode-Ima Moose Heart The heart of the moose, like that of the deer, is one of the most tender game meats.

Recipes

meats.

a) you just have to brown it in melted butter in a frying pan.

b) Add a bit of thyme and pepper on top.

c) Cook in the oven at 300 degrees F for 30 minutes. Slice it, and you will taste the greatest delicacy existing in wild game meat.

## Wild Rice Casserole

1/5 to 3/c Cups Wild Rice
6 Strips Bacon
Onions
Mushrooms
Celery
Salt
Pepper
I Can Cream of Mushroom Soup
Wash rice thoroughly. Fry about six strips of bacon, crisp, drain and cool.
Remove most of the grease and saute onions, mushrooms and celery in remaining
drippings, add gartie powder to taste. Then add 1 cup milk; 1, can cream of
mushrooms soup and bacon. Mix all ingredients together. Salt and pepper to taste.
Bake about 48 minutes in 580 degree oven.

### Indian Corn Stew

Indian Corn Stew
2 medium onions, chopped fine
½ green pepper, chopped fine
2 tablespoons butter
1 lb. ground beef
1 no. 2 can whole kernal corn (2 cups)
1 medium can tomatoes
2 tesspoons sugar
1 tesspoons sugar
2 tesspoons flour blended with 2 tablespoons cold water
1 can cream of tomatoe soup
1 can cream of tomatoes of the cream of the cre

### Wild Rice Salad

2 Cups cooked wild rice
4 Hard cooked eggs, cut in wedges
5 cup chopped celery
5 cup chopped green pepper
7 Tablespoons minced onion
Salt and pepper to taste
10 Salt and pepper to taste
11 Salt and pepper to taste
12 Salt and pepper to taste
13 Salt and pepper to taste
14 Salt and pepper to taste
15 Salt and pepper to taste
16 Salt and pepper to taste
17 Salt and pepper to taste
18 Salt and

## Pueblo Sweet Bread Pudding

1 Loaf white bread (homemade is best)
one-half pound longhorn cheese
1 cup raisins
2 cups suger
2 cups suger
3 cups read the superior control of the superior control of the suger
in a medium-sized frying pan, stirring constantly suff!
in emedium-sized frying pan, stirring constantly sufficiently suf

## Indian Delight

Indian Delight
3 cups of all purpose flour
13 cups of all purpose flour
11 teaspoon baking sods
2 (teaspoons vegetable salt
33 cups of maple syrup
3 cups of maple syrup
3 cup of fresh corn
3 lix itogether all the dry ingredients.
b) Mix together all the dry ingredients.
c) Mix together maple syrup and milk.
c) Add dry ingredients to liquid ones.
d) Pour into a well-buttered earthenware pan and cover.
e) Put this pan on a stand inside a deep cauldron that can be closed tightly.
f) Pour boiling water in the cauldron to reach half-way up the earthenware pan.
g) Take the et cook for at least 3 hours.
g) Take the et cook for at least 3 hours.
g) Take one cook for all teast 3 hours.
h) Using a spatula, unmould this Indian delight, and turn it up-side down.



By MEGEFSEE NISATIN and GLENN C.JOINNSON.

INTRODUCTION. The mixing of plants with tobacco was a common skill during the early years of this country. It is a shame that the art seems to be given the property of the plants of t

"Kinni Kinnick"

beginning to store food away for the winter.

There are two things that I always do when gathering plants. First, I explain to the plant why I am taking it and thank it. Second, I take only what I am going to use, wasting as little as possible, for this would offend the plant and tend to make that plant bitter in laste.



## Poetry and Features



## Your Spirit

## Sun Dance

Sun Dance Time of Renwal Pray For the Circle Sing With the Eagle



## Indian In Heart

Uncle Sam, Uncle Sam, How long will you stand, For the suffering of our people, The devastation of this land? Have you heard of the annihilation, of the once mighty bands, and how they starved and killed, Our people by their power hungry hands. se best you can, ethis land, e

## Why The Porcupine Has A Quill



## Why The Buffalo Has A Hump





## The Road Back

I was once an Old man Who could hardly Who could hardly Who could hardly Who could hardly With head bent Eyes to my Mother Hands trembling As I touched her Torn breast. I could not see How someone could do How Someone could do How Someone could do How Someone Could for the How

By Michael Purtee

